San José State University
CASA/Kinesiology
KIN 197D, Practicum, Spring 2014

Instructor: Holly Brown
Office Location: Spartan Complex 72
Telephone: (408)924-3035
Email: Holly.Brown@sjsu.edu
Office Hours: Monday 2:30pm – 4:00 pm
Class Days/Time: Wednesday 7:30am-8:20am; sometimes extended until 9:00am
Classroom: Spartan Complex 75

Course Description
This course is designed to provide the student with introductory and diverse, supervised practical experiences within the athletic training profession. Selected on- and off-campus clinical settings are utilized to assist the student in the development of cognitive, psychomotor and affective domain competencies related to the athletic training profession. Students will be supervised on-site on a daily basis by Approved Clinical Instructors (ACIs). Meetings time with instructor will focus on preparation for the NATABOC Exam.

Program Learning Objectives:

1. Obtain a critical understanding and the ability to apply theoretical and scientific knowledge from the subdisciplines in kinesiology for personal fitness, healthy lifestyles, sport, and/or therapeutic rehabilitation.
2. Effectively communicate the essential theories, scientific applications, and ethical considerations related to kinesiology.
3. Apply scholarship and practice of different movement forms to enhance movement competence in kinesiology.
4. Recognize and apply sustainable approaches as they relate to kinesiology.
5. Identify social justice and equity issues related to kinesiology for various populations.

Course Goals and Student Learning Objectives
At the completion of this course, the student will demonstrate:
1) Accumulation of a minimum of 200 hours of supervised clinical experiences engaged in the practice of various hands-on athletic training techniques at an affiliated practicum site.

2) Completion of required clinical proficiencies/competencies associated with this practicum course (see attached schedule) – proficiencies/competencies must be initialed and dated by an Approved Clinical Instructor (ACI) to indicate successful completion.

3) Completion of all course evaluation methods as noted in this document.

4) Active participation in the orientation meeting, weekly practicum meetings and the final semester meeting by sharing experiences and discussing solutions to problems encountered in the athletic training practicum experiences.

5) Professional Growth and Development

6) Preparation and practice for the NATABOC Exam

Suggested Texts:


Dropping and Adding

Students are responsible for understanding the policies and procedures about add/drops, academic renewal, etc. Information on add/drops are available at http://info.sjsu.edu/web-dbgen/narr/soc-fall/rec-298.html. Information about late drop is available at http://www.sjsu.edu/sac/advising/latedrops/policy/. Students should be aware of the current deadlines and penalties for adding and dropping classes.
Assignments and Grading Policy

Evaluation Methods

1) Clinical proficiency/competency completion – all required elements. (SLO 2)
2) Practicum hours log – accumulation of minimum 200 hours. (PLO 1,3,5; SLO 1)
   a. *NOTE* - A maximum of 20 hours per week should be spent in the affiliated clinical
      practicum site – students cannot be required to participate in more than 20 hours per week
      at their assigned practicum site. In the event that a student voluntarily participates in more
      than 20 hours per week at their assigned practicum site, only 20 hours can be counted toward
      the required 200 hours for the semester.
3) Weekly practicum course attendance and active participation and completion of in class assignments
   related to BOC Preparation. (SLO 4, 5, 6)
4) Evaluation of student by Preceptor at practicum site. (SLO 1)
5) Evaluation of Preceptor at practicum site. (SLO 1)
6) Self-evaluation of clinical and professional development. (SLO 1)
7) Written documentation of a full evaluation of an athletic injury signed off by an Preceptor. (PLO
   1,2;SLO 1).
8) Updated Resume (PLO 1;SLO 5)
9) Signed handbook verification forms for each affiliated practicum site. (SLO 1, 2)
10) Completion of NATABOC Online Mock Exam by March 7, 2014 (SLO 6)
11) Photocopy of current CPR/AED certification per BOC standards (Healthcare Provider, Professional
    Rescuer or like course) – due first course meeting. (SLO 1,2)
12) Photocopy of current personal professional liability insurance policy – due first course meeting. (SLO 1)
13) Documentation of professional development (CATA, Hit the Hill, FWATA, or other as approved by
    the instructor).

All relevant course materials utilized for evaluation of the student are due by May 13, 2014 unless otherwise
noted in this document or in class.

Grading

This practicum course is graded as credit/no credit only (CR/NC). No credit (NC) in this practicum course will
be given if ALL of the course requirements are not successfully completed in full detail. This supervised
practicum course is approved for 1 (one) unit of academic credit. ALL proficiency/competency evaluations
must be completed with a minimum score of 4/5 (80%) per the Athletic Training Education Program
Competency Manual in order to successfully complete each evaluation associated with this practicum course.

University Policies

Academic integrity

Students should know that the University’s Academic Integrity Policy is available at
Your own commitment to learning, as evidenced by your enrollment at San Jose State
University and the University’s integrity policy, require you to be honest in all your
academic course work. Faculty members are required to report all infractions to the office of
Student Conduct and Ethical Development. The website for Student Conduct and Ethical
Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person’s ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include in your assignment any material you have submitted, or plan to submit for another class, please note that SJSU’s Academic Policy F06-1 requires approval of instructors.

Campus Policy in Compliance with the American Disabilities Act

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 requires that students with disabilities requesting accommodations must register with the DRC (Disability Resource Center) to establish a record of their disability.


# KIN 197D, Spring 2011

## Table 1 Course Schedule

<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Topics, Readings, Assignments, Deadlines</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>1/29</td>
<td>Begin BOC Prep – NATA Information, Athletic Training History (Arnheim Chapters 1-5)</td>
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<tr>
<td>2</td>
<td>2/5</td>
<td>General Medical (Arnheim Chapters 28,29 &amp; Cuppett &amp; Walsh)</td>
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<tr>
<td>3</td>
<td>2/12</td>
<td>Administration, Legal and Ethical Considerations (Ray), NATA Position Statements</td>
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<tr>
<td>4</td>
<td>2/19</td>
<td>Tissue Response to Injury, Injury Mechanisms, Nutritional and Environmental Considerations (Arnheim Chapters 4-7,9, 10)</td>
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<tr>
<td>5</td>
<td>2/26</td>
<td>Psychological Considerations (Arnheim Chapter 11, Prentice Chapter 4, Ray &amp; Wiese-Bjornstal)</td>
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<td>6</td>
<td>3/5</td>
<td>Emergency Care &amp; Off the Field Care(Arnheim Chapter 12,13)</td>
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<tr>
<td>7</td>
<td>3/12</td>
<td>Therapeutic Modalities (Arnheim Chapter 15, Starkey)</td>
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<tr>
<td>8</td>
<td>3/19</td>
<td>Therapeutic Exercise (Arnheim Chapter 16, Prentice, Kisner &amp; Colby)</td>
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<tr>
<td>9</td>
<td>3/26</td>
<td>Spring Break</td>
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<tr>
<td>10</td>
<td>4/2</td>
<td>Assessment of Upper Extremity</td>
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<tr>
<td>11</td>
<td>4/9</td>
<td>Assessment of Lower Extremity</td>
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<tr>
<td>12</td>
<td>4/16</td>
<td>Scenarios upper extremity</td>
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<tr>
<td>13</td>
<td>4/23</td>
<td>Scenarios lower extremity</td>
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<td>14</td>
<td>4/30</td>
<td>Reviews</td>
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<tr>
<td>15</td>
<td>5/7</td>
<td>Semester and Program Reflection</td>
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<tr>
<td></td>
<td>Final Exam</td>
<td>All work due by May 13, 2014</td>
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