

San José State University
Department of Kinesiology
KIN 19A Beginning Soccer, Sections 01 and 02, Spring 2013

Instructor: Christopher Behler

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Class time: Section: 01 Wednesday, 9:30am - 11:20am
Section: 02 Tuesday, 9:30am – 11:20am

Meeting location: East Field (outside Spartan Stadium) located at
10th and Alma St

Office Hours: M 9-11:00am, TR/F 9:30-11:30am, or
by appointment

MySJSU Messaging

In order to ensure that you receive all pertinent email communication, you must have a current and accurate email address in the MySJSU system. Please check to make sure your email is updated in MYSJSU. Also, copies of course materials such as the green sheet (syllabus), major assignment handouts, etc. may be found on Desire2Learn (D2L). If you do not have a D2L account, you will need to set one up. For more information on setting up your account go to <http://www.sjsu.edu/ecampus/students>.

DESCRIPTION

Emphasis will be on learning fundamental soccer skills, basic tactics, etiquette, basic rules, and applications of the knowledge and skills in games. There is no prerequisite. It is assumed that students enrolled in the class have little or no experience in basic soccer skills or knowledge.

OBJECTIVES

Upon successful completion of course requirements students will:

- a. demonstrate an understanding of the basic terminology, rules, tactics, and etiquette of the game,
- b. demonstrate ability to perform the basic beginning level soccer skills, and to apply basic skills, rules, tactics, and etiquette in games, as well as in practice,
- c. demonstrate ability to properly warm up and to use simple drills,

- d. demonstrate an understanding of soccer for diverse populations and how it is viewed throughout the world.

CONTENT

Knowledge:

- a. Concepts, brief history, and contemporary status of the game.
- b. Benefits of playing soccer
- c. Basic etiquette
- d. Strategies
- e. Basic rules and game procedures.
- f. Basic terminology.
- g. Using and taking care of the equipment
- h. Carry-on after class is over

Performance:

- a. Basic skills:
 - 1. Dribbling
 - 2. Passing
 - 3. Trapping
 - 4. Defending
 - 5. Heading
 - 6. Throw-ins
 - 7. Shooting
 - 8. Goalkeeping
- b. Basic offensive / defensive tactics
- c. Warm-up routine and basic drills
- d. Games

COURSE REQUIREMENTS / CLASSROOM PROTOCOL

- a. Active participation in all class activities, including lectures, practice, discussion, quizzes, written examinations, skill test, games and tournament, and assignment, etc..
- b. Class starts promptly at 9:45am (this allows time to get from main campus to field)
- c. Class location is the East Field outside Spartan Stadium located at 10th Street and Alma
- d. Attending classes in a timely manner. Excessive tardiness will not be tolerated and will effect grade accordingly (1 point each time)
- e. Proper Soccer attire (see KIN policy) - Shirts, shorts or sweats and sport shoes (soccer cleats and shin guards recommended) for ease of movement and safety, no jeans or other street clothes in class.
- f. Cooperation and mature behavior are expected in the class.
- g. At least 5-10 minutes warm-up period is required before any skill practice.
- h. Department's soccer balls and pennies are available, while students may bring their own soccer ball. It is everybody's responsibility to take care of the department soccer balls and pennies and return them when the class is over and to set up or take down the nets whenever needed.
- i. The last class meeting:

Section 01 - May 8, 2013	Final Due May 16, 9:30am
Section 02 - May 7, 2013	Final Due May 17, 12 noon
- j. It is suggested the students bring water to every class
- k. No cell phone usage while in class unless in case of emergency
- l. Students are permitted only two unexcused absences (i.e. illness, emergency, etc.)

- a. If a student becomes ill or has an injury which effects class attendance or participation will require a doctor's note to be excused

EVALUATIONS

- a. Team Play / Skills Test (during scrimmages and games) 1pt a day = 15 points
- b. Active Participation
-- evaluated by in-class participation, drills, questions and answers
-- preparation for classes (with proper clothing and equipment)
4pts/Day, 15 meetings = 60 points
- c. Final = 25 points
-- multiple choice
--based on the rules of game and lectures
--no make-up for missing final
- Total Points = 100
- d. ****Extra credit paper**** (only 1) = 5 points
- e. Grading: A =90%--100% B =80%-- 89% C =70%-- 79% D =60%-- 69% F = 59% or lower

TEXTBOOK

<http://www.fifa.com/worldfootball/lawsofthegame.html>

Read the PDF attached to this page regarding the rules

Dropping and Adding

Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Refer to the current semester's Catalog Policies section at <http://info.sjsu.edu/static/catalog/policies.html>.

Add/drop deadlines can be found on the current academic calendar web page located at http://www.sjsu.edu/academic_programs/calendars/academic_calendar/.

The Late Drop Policy is available at <http://www.sjsu.edu/aars/policies/latedrops/policy/>. Students should be aware of the current deadlines and penalties for dropping classes.

Information about the latest changes and news is available at the Advising Hub at <http://www.sjsu.edu/advising/>.

UNIVERSITY POLICIES

Academic integrity

Your commitment as a student to learning is evidenced by your enrollment at San Jose State University. The [University's Academic Integrity policy](http://www.sjsu.edu/senate/S07-2.htm), located at <http://www.sjsu.edu/senate/S07-2.htm>, requires you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The [Student Conduct and Ethical Development website](http://www.sa.sjsu.edu/judicial_affairs/index.html) is available at http://www.sa.sjsu.edu/judicial_affairs/index.html.

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person's ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include your assignment or any material you have submitted, or plan to submit for another class, please note that SJSU's Academic Policy S07-2 requires approval of instructors.

Campus Policy in Compliance with the American Disabilities Act

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 requires that students with disabilities requesting accommodations must register with the [Disability Resource Center](http://www.drc.sjsu.edu/) (DRC) at <http://www.drc.sjsu.edu/> to establish a record of their disability.

Student Technology Resources (Optional)

Computer labs for student use are available in the Academic Success Center located on the 1st floor of Clark Hall and on the 2nd floor of the Student Union. Additional computer labs may be available in your department/college. Computers are also available in the Martin Luther King Library.

A wide variety of audio-visual equipment is available for student checkout from Media Services located in IRC 112. These items include digital and VHS camcorders, VHS and Beta video players, 16 mm, slide, overhead, DVD, CD, and audiotape players, sound systems, wireless microphones, projection screens and monitors.

Learning Assistance Resource Center (Optional)

The Learning Assistance Resource Center (LARC) is located in Room 600 in the Student Services Center. It is designed to assist students in the development of their full academic potential and to motivate them to become self-directed learners. The center provides support services, such as skills assessment, individual or group tutorials, subject advising,

Tentative Schedule

Week	Skills	Knowledge
1	YUH	Green sheet, policies
2	Dribbling	Instep, inside, outside, sole Basic drills, games
3	Passing	Inside, instep, short, long, power Basic drills, games
4	Trapping	Chest, thigh, foot, sole of foot Basic drills, games
5	Defending	Positioning, 1v1/2v1 Poke, block, Basic drills, games
6	Throw-ins	Technique Basic Drills
7	Heading	Technique (shooting/clearing) Basic drills
8	Shooting	Technique Foot (inside, outside, instep) Basic drills, games
9	Goalkeeping	Basic techniques Hands, diving, positioning
10	1-4-4-2	Basic understanding of player's roles and tactics Offensively and Defensively
11	1-4-5-1	Basic understanding of player's roles and tactics Offensively and Defensively
12	1-3-5-2	Basic understanding of player's roles and tactics Offensively and Defensively
13	1-3-4-3	Basic understanding of player's roles and tactics Offensively and Defensively
14	Formation Review and free games	Review for written exam

