

San José State University
Kinesiology
Fall 2018, KIN 19a, Beginning Soccer, Sections 01, 02

Contact Information

Instructor: Marty Behler
Office Location: SPX Office 170
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Office Hours: T – 1:30pm – 3:30pm or by Appointment
Class Meetings & location Section: 01 Wednesday, 9:30am – 11:20am
Section: 02 Tuesday, 8:30am – 10:20am
First Class meets at YUH 106
* Remaining classes meet at Spartan Stadium

Link to new syllabi policy: <http://www.sjsu.edu/senate/docs/S16-9.pdf>

Course Description

This course is designed to introduce students to the game of soccer, and to provide students with the fundamental ability and knowledge needed to enjoy this game as players and as spectators.

Web Resource

Course materials may be found on the e-campus [Canvas learning management system](http://www.sjsu.edu/at/ec/canvas/) at <http://www.sjsu.edu/at/ec/canvas/>. You are responsible for regularly checking the Canvas discussion board and email for information and messages. Login using your mysjsu username and password.

Course Goals and Student Learning Objectives

Following activities and assigned reading, students will be able to demonstrate through class activities/assignments, skills tests, and written exams,

Knowledge of fundamental skills, technique, in the sport of soccer.

Proficiency in execution of the sport of soccer skills covered.

An understanding of the history, rules, strategies, current research, safety and etiquette associated with the sport of soccer.

An understanding of the mental and physical health benefits to be derived from the sport of soccer

Activity Program Learning Outcomes

After completion of the physical activity graduation requirement, students shall be able to:

- Demonstrate proficiency in the execution of the motor/sport skills appropriate to the specific activities completed.
- Identify and/or explain the applicable history, rules, strategies, current research, safety, and etiquette related to the specific activities completed.
- Identify and/or explain the benefits of physical activity as related to physical and mental health.

Text/Readings

<http://www.fifa.com/worldfootball/lawsofthegame.html>

Read the PDF attached to this page regarding the rules

Course Notes

- Active participation in all class activities, including lectures, practice, discussion, quizzes, written examinations, skill test, games and tournament, and assignment, etc. means being present for the whole time and participating in an active manner.
- Class starts promptly at Tuesday 8:30am , Wednesday 9:30am (this allows time to get from main campus to field)
- Class location is Spartan Stadium located at 10th Street and Alma
- Attending classes in a timely manner. Excessive tardiness will not be tolerated and will effect grade accordingly (1 point each time)
- Proper Soccer attire (see KIN policy) - Shirts, shorts or sweats and sport shoes (soccer cleats and shin guards recommended) for ease of movement and safety, no jeans or other street clothes in class.
- Cooperation and mature behavior are expected in the class.
- At least 5-10 minutes warm-up period is required before any skill practice.
- Department's soccer balls and pennies are available, while students may bring their own soccer ball. It is everybody's responsibility to take care of the department soccer balls and pennies and return them when the class is over and to set up or take down the nets whenever needed.
- The last class meeting: Section 01 – Dec 5, 2018
 Section 02 – Dec 4, 2018
- It is suggested the students bring water to every class
- No cell phone usage while in class unless in case of emergency
- Recording class: *KIN19a, Marty Behler* For example: Instruction may not be recorded. If classmates ask you to record their performance for later review make sure it is done before or after class rather than during class. Do not post or otherwise share the recording.
- Intellectual property: *KIN19a, Marty Behler* Course materials developed by the instructor (e.g., exam/quiz items, videos, lecture notes), are the instructor's intellectual property and cannot be shared or uploaded in any form publicly without the instructor's approval.
- Students are permitted only two unexcused participation days (i.e. illness, emergency, etc.)
 - If a student becomes ill or has an injury which effects class participation will require a doctor's note to be excused

Course Requirements, Assignments, and Grading -

- a. Team Play / Skills Test (during scrimmages and games) 1pt a day = 15 points
- b. Active Participation
 -- evaluated by in-class participation, drills, questions and answers
 -- preparation for classes (with proper clothing and equipment)
 3pts / Day, 15 meetings = 45 points
- c. Midterm = 15 points
 -- Topic from class discussion
- d. Final- written = 25 points
 -- based on technical and tactical skills developed in class
 -- based on the rules of game and lectures
 -- no make-up for missing final
- Total Points = 100
- e. ****Extra credit paper**** (only 1) = 5 points

Grading Scale used to determine final course grade.

Percentage	Equivalent Grade
97% - 100%	A+
93% - 96%	A
90% - 92%	A-
87% - 89%	B+
83% - 86%	B
80% - 82%	B-
77% - 79%	C+
73% - 76%	C
70% - 72%	C-
67% - 69%	D+
63% - 66%	D
60% - 62%	D-
below 60%	F

University Policies

Information pertaining to university programs and policies designed to facilitate student success can be found here:

<http://www.sjsu.edu/gup/syllabusinfo/>

Course Calendar (subject to change with fair notice by announcement in class and/or email)

Week	Skills	Knowledge
1	YUH 106	Green sheet, policies
2	Dribbling	Instep, inside, outside, sole Basic drills, games
3	Passing	Inside, instep, short, long, power Basic drills, games
4	Trapping	Chest, thigh, foot, sole of foot Basic drills, games
5	Defending	Positioning, 1v1/2v1 Poke, block, Basic drills, games
6	Throw-ins	Technique Basic Drills
7	Heading / MIDTERM	Technique (shooting/clearing) Basic drills MIDTERM
8	Shooting	Technique Foot (inside, outside, instep) Basic drills, games
9	Goalkeeping	Basic techniques Hands, diving, positioning
10	1-4-4-2	Basic understanding of player's roles and tactics Offensively and Defensively
11	1-4-5-1	Basic understanding of player's roles and tactics Offensively and Defensively
12	1-3-5-2	Basic understanding of player's roles and tactics Offensively and Defensively
13	1-3-4-3	Basic understanding of player's roles and tactics Offensively and Defensively
14	Formation Review and free games	Review for written exam
15/16	Challenge game	Pass out final exam