

San José State University
Kinesiology
Fall 2018, *KIN 20A BEGINNING BADMINTON*

Contact Information

Instructor: LEI CAI

Office Location: TBA

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Office Hours: M T 8-8:30

Class Meetings & location SPX 107B

Prerequisites: **NONE**

Course Description

This course is focused on the development of fundamental badminton skills, basic tactics, simple strategies, etiquette, rules, and their application in single and double games.

Web Resource

Course materials (GAME RULES) may be found on the <https://bwfbadminton.com/>

Course Goals and Student Learning Objectives

Following activities and assigned reading, students will be able to demonstrate through class activities/assignments, skills tests, and written exams,

- Knowledge of fundamental skills, technique, *related to BADMINTON*
- Proficiency in execution of the *BADMINTON* skills covered.
- An understanding of the history, rules, strategies, current research, safety and etiquette associated with *BADMINTON*.
- An understanding of the mental and physical health benefits to be derived from *BADMINTON*

Activity Program Learning Outcomes

After completion of the physical activity graduation requirement, students shall be able to:

- Demonstrate proficiency in the execution of the motor/sport skills appropriate to the specific activities completed.
- Identify and/or explain the applicable history, rules, strategies, current research, safety, and etiquette related to the specific activities completed.
- Identify and/or explain the benefits of physical activity as related to physical and mental health.

Course Notes

- Class protocol: Students are expected to arrive on time and participate fully in all activities throughout the class period. Turn cell phone off and put away for the duration of the class. Interactions with classmates and the instructor are expected to be respectful at all times.
 - Recording class: Instruction may not be recorded. If classmates ask you to record their performance for later review make sure it is done before or after class rather than during class. Do not post or otherwise share the recording.
 - Intellectual property: Course materials developed by the instructor (e.g., exam/quiz items, videos, lecture notes), are the instructor's intellectual property and cannot be shared or uploaded in any form publicly without the instructor's approval.
 - If you have pre-existing medical or physical problems you should consult your physician before participating in this class and alert the instructor to any required limitations.
 - Report any accidents to the instructor immediately.
 - Success in this course is based on the expectation that students will spend, for each unit of credit, a minimum of 45 hours over the length of the course (normally three hours per unit per week) for instruction, preparation/studying, or course related activities.
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- Places to practice: CAMPUS OPEN GYM FREE FOR ALL STUDENTS
 - Course grades will be posted
 - In class games cannot be made up.
 - Written Exam cannot be made up.
 - Drop requests will not be accepted after the SJSU drop deadline.
 - Outings/assignments completed for another class cannot be counted for this course.

Course Requirements, Assignments, and Grading

Tests:

- Skills Test information/explanation here: serve clean drop drive
- Written Exam/Quizzes information/explanation here:

Assignments/Projects: **TBA**

- In class single games
- In class double games

Grading

- Extra credit options, not available.

Grading Plan

- 40% Skills Test 4 Skill will be tested, (each skill 10%)
- 20% Assignment/Project (In class single tournaments 10% Double tournament 10%)
- 40% Written Exam (Total 4)

Grading Scale used to determine letter grade for each component above.

Grading Scale used to determine final course grade.

Percentage	Equivalent Grade
97% - 100%	A+
93% - 96%	A
90% - 92%	A-
87% - 89%	B+
83% - 86%	B
80% - 82%	B-
77% - 79%	C+
73% - 76%	C
70% - 72%	C-
67% - 69%	D+
63% - 66%	D
60% - 62%	D-
below 60%	F

University Policies

Information pertaining to university programs and policies designed to facilitate student success can be found here:

<http://www.sjsu.edu/gup/syllabusinfo/>

Course Calendar (subject to change with fair notice by announcement in class and/or email)

Put brief descriptions in the table of activities/assignments, exams, etc; include due dates and exam dates.

Week	Course Content (Assignments, Exams/Quizzes, ...)
1	Welcome day
2	Equipment, Add Drop etc. Rules
3	Single Rules, Serve
4	Skill- Clear Drive
5	Skill-Drop
6	History Test 1
7	Skill-Smash
8	Single Game
9	Single Game
10	Single Rule Test 2
11	Double Game
12	Double Game
13	Double Game Test 3
14	Prepare for Skill Test week
15	Skill Test
16	Skill Test