

San José State University
Department of Kinesiology
KIN 20A, Beginning Badminton, Section-1, Spring 2012

Instructor: Gong Chen
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Office Hours: MW 8:30-9:30am
TR 11:30am-12:30pm
F 7:30-8:20am
Class Days/Time: MW 13:30-14:20pm
Classroom: SPX 44A

Course Description

Emphasis will be on learning fundamental badminton skills, benefits, basic tactics, etiquette, basic rules, and applications of the knowledge and skills in games. It is assumed that students enrolled in the class have little or no experience in basic badminton skills or knowledge.

Course Goals and Student Learning Objectives

Upon successful completion of course requirements students will be able to:

1. demonstrate an understanding of physical and mental benefits of participation in badminton for diverse populations,
2. demonstrate an understanding of the basic terminology, applicable history, rules, etiquette, safety, tactics, strategies, current research and practice, and applications of these cognitive knowledge in badminton games and practice,
3. demonstrate the acquisition and application of badminton warm-up, skills, and drills in badminton games and practice, and
4. achieve moderate to vigorous exercise intensity during practice and games.

Required Texts/Readings

Textbook

Chen, G., & Chen, C. (2008). Coaching Badminton 101. Coach Choices/Healthy Learning, CA: Monterey. In Spartan Bookstore, or online at www.coacheschoice.com (ISBN 978-1-60679-038-0).

Classroom Protocol

- a. Active participation in all class activities, including lectures, practice, discussion, quizzes, written examinations, skill test, games and tournament, and assignment, etc..
- b. Attending classes in a timely manner.
- c. Loose fitting clothes and sport shoes for ease of movement and safety, no jeans or other street clothes/shoes in classroom.
- d. Cooperation and mature behavior are expected in the class.
- e. At least 5 minutes warm-up period is required before any skill practice.
- f. Department's rackets are available, while students may bring their own rackets. It is everybody's responsibility to take care of the rackets and shuttlecocks and return them when the class is over and to set up or take down the nets and/or poles whenever needed.
- g. The last class meet will be the last day of the class before the "DEAD DAY" for the semester. All tests and exams will be conducted before the Dead Day. This class (and all activity classes) will not follow the university testing schedule.

Dropping and Adding

Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Refer to the current semester's [Catalog Policies](http://info.sjsu.edu/static/catalog/policies.html) section at <http://info.sjsu.edu/static/catalog/policies.html>. Add/drop deadlines can be found on the [current academic calendar](http://www.sjsu.edu/academic_programs/calendars/academic_calendar/) web page located at http://www.sjsu.edu/academic_programs/calendars/academic_calendar/. The [Late Drop Policy](http://www.sjsu.edu/aars/policies/latedrops/policy/) is available at <http://www.sjsu.edu/aars/policies/latedrops/policy/>. Students should be aware of the current deadlines and penalties for dropping classes.

Information about the latest changes and news is available at the [Advising Hub](http://www.sjsu.edu/advising/) at <http://www.sjsu.edu/advising/>.

Assignments and Grading Policy

- a. Skill test.....40%
--evaluated by subjective and objective observation
--no make-up for missing tests except in extreme cases
- b. Written midterm.....20%
--based on the textbook and lectures
--no make-up for missing tests except in extreme cases
- c. Class Assignment (scheduled tournaments).....30%
- d. Written final.....10%
--based on the textbook and lectures
--no make-up for missing tests except in extreme cases
- e. Grading: A =90%--100%, B =80%-- 89%, C =70%-- 79%, D =60%-- 69%, F = 59% or lower

University Policies

Academic integrity

Your commitment as a student to learning is evidenced by your enrollment at San Jose State University. The [University's Academic Integrity policy](http://www.sjsu.edu/senate/S07-2.htm), located at <http://www.sjsu.edu/senate/S07-2.htm>, requires you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The [Student Conduct and Ethical Development website](http://www.sjsu.edu/studentconduct/) is available at <http://www.sjsu.edu/studentconduct/>.

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person's ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include your assignment or any material you have submitted, or plan to submit for another class, please note that SJSU's Academic Policy S07-2 requires approval of instructors.

Campus Policy in Compliance with the American Disabilities Act

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 requires that students with disabilities requesting accommodations must register with the [Disability Resource Center](http://www.drc.sjsu.edu/) (DRC) at <http://www.drc.sjsu.edu/> to establish a record of their disability.

KIN 20A-1 Beginning Badminton Course Schedule

Table 1 Course Schedule

Week	Date	Topics, Readings, Assignments, Deadlines
1	1/25	Green-sheet, policy sheet, manners
2	1/30 2/1	Warm-up, stances, position, court, lines, grips, swings, drive shot, clear serve, clear shot
3	2/6 2/8	Smash and return, overhead drop, underhand clear, play at back-court
4	2/13 2/15	Net drops, backhand shots, footwork,
5	2/20 2/22	Combinations drills, playing single game, single game strategies
6	2/27 2/29	Rules on serves, shots, and lets, single tournaments
7	3/5 3/7	Single tournaments
8	3/12 3/14	Single tournaments
9	3/19 3/21	Lectures of benefits of badminton, review for written midterm, written midterm
10	4/2 4/4	Short serves and returns, double game rules, double games
11	4/9 4/11	Double format and strategies, double tournament
12	4/16 4/18	Double tournament, review and practice for skills test
13	4/23 4/25	Team tournaments and practice for skill test
14	4/30 5/2	Team tournaments, skill test and challenge games
15	5/7 5/9	Skill test and challenge games
16	5/14	Final written exam , challenge games, and make ups
Final		N/A

Week	Date	Topics, Readings, Assignments, Deadlines
Exam		