

San José State University
KIN 21A-02
Beginning Tennis, Fall 2018

Course and Contact Information

Instructor:	Kristina Hollander
Office Location:	Simpkins Athletic Building 135
Telephone:	Preferred method of communication via email
Email:	Kristina.hollander@sjsu.edu
Office Hours:	Available via appointment
Class Days/Time:	Tuesday: 130-3:20pm
Classroom:	SJSU Tennis Courts - 1251 S. 10 th St, San Jose 95112

Course Description

This is a beginning tennis course in which students will develop the basic skills necessary to play the game of tennis. Technical skills include groundstrokes, volleys, lobs, overheads and the serve as well as proper footwork. Students will also learn the fundamental rules, basic strategies, and court positioning for singles and doubles play. It is assumed that students enrolled in the class have little or no experience in the basic skills or knowledge.

Course Goals and Learning Outcomes

1. To present to the student the fundamental skills and knowledge of tennis.
2. To improve each student's skill in hitting all of the basic strokes: forehand; backhand; serve; volley; lob; and overhead.
3. To introduce or reacquaint each student to the basic rules, scoring, and etiquette of tennis.
4. To offer each student an opportunity to apply their skill and knowledge in actual match play.
5. To make each student aware of the basic differences in strategy for singles and doubles and to provide an opportunity to apply this information in actual match play.
6. To provide each student with information about current tennis trends, specifically in regard to local tennis programs, professional tournaments and equipment selection.
7. To encourage each student to pursue tennis as a life-time leisure activity.

Course Requirements and Assignments (Required)

All students are required to:

- 1. Bring 2 cans of unopened tennis ball and their own racquet.**
2. Participate in all class activities, including lectures, practices, practical test, physical test, match play, and written assignments.
3. Be on time to class.
4. Have NON-marking black sole shoes, and appropriate gym clothes. No exception will be made – No court shoes, no gym clothes – NO PLAY!

Include University's Credit Hour Requirement below.

“Success in this course is based on the expectation that students will spend, for each unit of credit, a minimum of 45 hours over the length of the course (normally 3 hours per unit per week with 1 of the hours used for lecture) for instruction or preparation/studying or course related activities including but not limited to internships, labs, clinical practica. Other course structures will have equivalent workload expectations as described in the syllabus.”

Final Examination or Evaluation

The final exam will be given during the finals week.

Grading Information (Required)

Class Participation ----- 60%
Final Exam ----- 40%

University Policies

Academic integrity

Your commitment, as a student, to learning is evidenced by your enrollment at San Jose State University. The [University Academic Integrity Policy F15-7](#) requires you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. Visit the [Student Conduct and Ethical Development](#) website for more information.

Campus Policy in Compliance with the American Disabilities Act

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. [Presidential Directive 97-03](#) requires that students with disabilities requesting accommodations must register with the [Accessible Education Center](#) (AEC) to establish a record of their disability.

Dropping and Adding

Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Add/drop deadlines can be found on the current academic year calendars document on the [Academic Calendars webpage](#). Students should be aware of the current deadlines and penalties for dropping classes ([Late Drop Information](#)).

Information about the latest changes and news is available at the [Advising Hub](#).

Course Number / Title, Semester, Course Schedule

List the agenda for the semester including when and where the final exam will be held. Indicate the schedule is subject to change with fair notice and how the notice will be made available.

Course Schedule

Week	Date	Topics, Readings, Assignments, Deadlines
1	Aug 21	Course Introduction
2	Aug 28	Conditioning, agility, coordination
3	Sep 4	Conditioning, forehand and backhand introduction, mini tennis
4	Sep 11	Conditioning, serve introduction, review forehand and backhand, mini tennis play
5	Sep 25	Conditioning, return introduction, review serve, work with ball machine
6	Oct 2	Conditioning, volleys and overheads introduction, review return, work with ball machine
7	Oct 9	Conditioning, introduce lobs, review volleys and overheads, work with ball machine
8	Oct 16	Conditioning, review everything we have learned so far, prepare for skills test
9	Oct 23	Skills Test
10	Oct 30	Introduction to singles; Scoring
11	Nov 6	Work with ball machine, match play
12	Nov 13	Work with ball machine, match play; introduce doubles
13	Nov 20	Work with ball machine, match play
14	Nov 27	Match Play, Final Exam Review
	Final Exam	December 4