

Department of Kinesiology
Center
San Jose State University
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Description: Emphasis will be on reviewing the students the understanding of the game of tennis. Student will be given a chance to review and practice all aspects of the game, which will include strokes, tactics, strategies, etiquette, rules, benefits and applications of the knowledge and skills in the games.

Objectives and Learning Outcomes: Upon successful completion of the course, the students will be able to:

- a. Demonstrate knowledge of how tennis principles can be applied to the older adult.
- b. Display an understanding of the basic history of tennis including the contemporary state of game.
- c. Demonstrate an understanding of the terminology, rules, tactics and etiquette of the game.
- d. Demonstrate their ability to perform the skills of tennis in game play.
- e. Display an understanding of the safety precaution utilized in class.
- f. Select and care of equipment.

Course Requirements: All students must bring 2 cans of unopened tennis balls, and their own racquet.

- a. Attendance is not taken into consideration in determining the final grade; however, unless qualified for an incomplete $\frac{3}{4}$ of the course work (participation) will not receive a passing grade.
- b. Class begins at 20 minutes to the hour, on the courts.
- c. Class ends at 10 minutes after hour.
- d. No gym clothes, no court shoes- NO PLAY!!!
- e. Must have NON-Marking sole shoes.

Content:

- a. Rules
- b. Terminology
- c. Etiquette

- d. Tactics- Singles and Doubles
- e. Scoring- Regular and No-Ad

- f. Review Skills-
 - 1. Grips- Forehand and backhand
 - 2. Position of readiness
 - 3. Volley
 - 4. Forehand and backhand strokes
 - 5. Serves
 - 6. Overheads and lob
- g. Safety
- h. Equipment- Selection and care

Methodology

- a. Primary methodology- laboratory
 - 1. Tournament matches
 - 2. Informal games
- b. Specific methodology
 - 1. Lecture/demonstrate
 - 2. Discussion
 - 3. Written examination

Evaluation:

- a. Skill test..... 25%
 **evaluated by subjective and objective observation
- b. Final exam..... 25%
 **based on lectures on court and in the classroom
- c. Evaluation of individual and team skills.....50%
 **class participation

Final Examination:

The final examination will be given in South Campus lecture room (SC137) during the last scheduled of the class.

Rainy days: Class will meet in the South Campus lecture room (SC137).

Recommended reading: Bryant, James: Game, Set and Match. Fourth Edition.

Required to watch at least 2 SJSU Women's Tennis team matches and a written summary.

University Policies

Academic integrity

Your commitment as a student to learning is evidenced by your enrollment at San Jose State University. The University's Academic Integrity policy, located at <http://www.sjsu.edu/senate/S07-2.htm>, requires you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The Student Conduct and Ethical Development website is available at http://www.sa.sjsu.edu/judicial_affairs/index.html. Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as you own, or the use of another person's ideas without giving proper credit) will result in a failing grade and sanction by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include your assignment or any material you have submitted, or plan to submit for another class, please note that SJSU's Academic Policy S07-1 requires approval of instructors.

Campus Policy in Compliance with the American Disabilities Act

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 requires that students with disabilities requesting accommodations must register with the [Disability Resource Center](http://www.drc.sjsu.edu/) (DRC) at <http://www.drc.sjsu.edu/> to establish a record of their disability.