San José State University  
Kinesiology  
Fall 2016, *KIN 25a, Beginning Golf Sections 01, 03*

**Contact Information**

**Instructor:** Marty Behler  
**Office Location:** SPX 170  
**Telephone:**  
**Email:** martha.behler@sjsu.edu  
**Office Hours:** Tues / Thurs 12pm – 2pm or by Appt.  
**Class Meetings & location**  
First Class @ YUH 106, 2nd Classes will be held rain or shine at San Jose Municipal Golf Course Driving Range starting at 9:30am sharp.  
Monday, Section 01, 9:30am – 11:20am  
Thursday, Section 03, 9:30am – 11:20am  

**Prerequisites:** none

**Link to new syllabi policy:** [http://www.sjsu.edu/senate/docs/S16-9.pdf](http://www.sjsu.edu/senate/docs/S16-9.pdf)

**Course Description**

This course is designed for those who have never played golf or who have played very little and have had no basic formal instruction. This course will provide the student with a sound set of fundamentals to prepare for further instruction, if desired.

**Web Resource**

Course materials may be found on the e-campus [Canvas learning management system](http://www.sjsu.edu/at/ec/canvas/) at [http://www.sjsu.edu/at/ec/canvas/](http://www.sjsu.edu/at/ec/canvas/). You are responsible for regularly checking the Canvas discussion board and email for information and messages. Login using your mysjsu username and password.
Course Goals and Student Learning Objectives

Following activities and assigned reading, students will be able to demonstrate through class activities/assignments, skills tests, and written exams,

- Knowledge of fundamental skills, technique, in the sport of Golf.
- Proficiency in execution of the sport of Golf skills covered.
- An understanding of the history, rules, strategies, current research, safety and etiquette associated with the sport of Golf.
- An understanding of the mental and physical health benefits to be derived from the sport of Golf.
- An appropriate level of proficiency in personal fitness as it relates to components such as cardiovascular endurance, muscular strength and endurance, flexibility, body composition, balance, coordination, and agility.

Activity Program Learning Outcomes

After completion of the physical activity graduation requirement, students shall be able to:

- Demonstrate proficiency in the execution of the motor/sport skills appropriate to the specific activities completed.
- Identify and/or explain the applicable history, rules, strategies, current research, safety, and etiquette related to the specific activities completed.
- Identify and/or explain the benefits of physical activity as related to physical and mental health.

Text/Readings

The basic golf rules and etiquette found at the website http://www.usga.org

- Course Reader assigned in first class

Course Notes

- Class protocol: KIN 25a, Marty Behler For example: Students are expected to arrive on time and participate fully in all activities throughout the class period. Turn cell phone off and put away for the duration of the class. Interactions with classmates and the instructor are expected to be respectful at all times.
- Recording class: KIN 25a, Marty Behler For example: Instruction may not be recorded. If classmates ask you to record their performance for later review make sure it is done before or after class rather than during class. Do not post or otherwise share the recording.
- Intellectual property: Course materials developed by the instructor (e.g., exam/quiz items, videos, lecture notes), are the instructor’s intellectual property and cannot be shared or uploaded in any form publicly without the instructor’s approval.
- If you have pre-existing medical or physical problems you should consult your physician before participating in this class and alert the instructor to any required limitations.
- Report any accidents to the instructor immediately.
• A semester class fee of $50.00, payable to San Jose Municipal Golf Course at our second-class meeting, entitles you to (10 large buckets of) range balls, access to and use of the practice facilities for the class.
• Course grades will be posted on Canvas by the end of finals week.
• The last day of class (TBD) is the “playing final” at a 9-hole or par-3 course. Students pay a $10.00 green fee
• BRING TO EACH CLASS: a golf towel and your own clubs (putter for second class meeting).
• Course grades will be posted on Canvas by the end of finals week.
• The last day of class (TBD) is the “playing final” at a 9-hole or par-3 course.

Course Requirements, Assignments, and Grading

Participation in class = 30%. skills, assignments.
Improvement = 30%. skills tests
Midterm = 20% topic TBD in class discussion
Final examination = 20%. written and playing tests, 3 holes on golf course
LAST DAY OF CLASS = FINAL
Extra Credit Assignment = only one, 5%

Attendance is (obviously) critical to participation. Arriving after class has begun is irritating and rude. If you are persistently late or frequently absent, you can expect at best a marginal grade in the course. If your schedule is such that you anticipate missing many classes, you should not enroll in this course.

Grading Percentage Breakdown:
Percentage. Grade.
94% and above. A.
90%-93%. A minus.
87%-89%. B plus.
84%-86%. B.
80%-83%. B minus.
77%-79%. C plus.
74%-76%. C.
70%-73%. C minus.
67%-69%. D plus.
64%-66%. D.
60%-63%. D minus.
Below 60%. F.
University Policies

Information pertaining to university programs and policies designed to facilitate student success can be found here:

http://www.sjsu.edu/gup/syllabusinfo/
Course Calendar (subject to change with fair notice by announcement in class and/or email)

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<thead>
<tr>
<th>Week</th>
<th>Course Content (Assignments, Exams/Quizzes)</th>
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<tbody>
<tr>
<td>1</td>
<td>YUH 106 First Class meeting, course policies and syllabus review</td>
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<tr>
<td>2</td>
<td>Meet at San Jose Municipal Driving Range, 9:30am sharp</td>
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<tr>
<td>3</td>
<td>Grip and Putting</td>
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<tr>
<td>4</td>
<td>Putting</td>
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<td>5</td>
<td>Short Irons (9, Wedges)</td>
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<tr>
<td>6</td>
<td>Short Irons (9, Wedges)</td>
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<td>7</td>
<td>Mid – Irons (5, 6, 7, 8)</td>
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<tr>
<td>8</td>
<td>Mid – Irons (5, 6, 7, 8), Mid-term</td>
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<tr>
<td>9</td>
<td>Long Irons (3, 4)</td>
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<td>10</td>
<td>Long Irons (3, 4)</td>
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<tr>
<td>11</td>
<td>Fairway Woods (3 and 5)</td>
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<tr>
<td>12</td>
<td>Fairway Woods (3 and 5)</td>
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<td>13</td>
<td>Drivers and review Irons</td>
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<tr>
<td>14</td>
<td>Review of all clubs</td>
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<td>15</td>
<td>On course play, Final</td>
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