

San José State University
Kinesiology
FA18: KIN 25A SEC 03 Beginning Golf

Course and Contact Information

Instructor:	Don Allio
Office Location:	Spartan Golf Complex 579 E. Alma Avenue San José, CA 95112 Located between 10 th and Senter, adjacent to the track.
Telephone:	(408) 426-0256
Email:	donald.allio@sjsu.edu
Office Hours:	Thursdays 12-2pm or by Appt.
Class Days/Time:	TuTh 9:30-10:20
Classroom:	Classes will be held at the North Tee Spartan Golf Complex 532 East Humboldt Street. San José, CA 95112 Located between 11th and 12th Street on E. Humboldt

Course Description

This course is designed for those who have never played golf or who have played very little and have had no basic formal instruction. This course will provide the student with a sound set of fundamentals to prepare for further instruction, if desired.

Course Goals and Student Learning Objectives

Following activities and assigned reading, students will be able to demonstrate through class activities/assignments, skills tests, and written exams:

- Knowledge of fundamental skills, technique, in the sport of golf.
- Proficiency in execution of the sport of Golf skills covered
- An understanding of the history, rules, strategies, current research, safety and etiquette associated with the sport of Golf
- An understanding of the mental and physical health benefits to be derived from the sport of Golf

Activity Program Learning Outcomes

Upon successful completion of this course, students will be able to:

- Demonstrate proficiency in the execution of the motor/sport skills appropriate to the specific activities completed
- Identify and/or explain the applicable history, rules, strategies, current research, safety, and etiquette related to the specific activities completed.
- Identify and/or explain the benefits of physical activity as related to physical and mental health.

Faculty Web Page and MYSJSU Messaging

Course materials can be found at: [Canvas Learning Management System course login website](http://sjsu.instructure.com) at <http://sjsu.instructure.com>. You are responsible for regularly checking with the messaging system through [MySJSU](http://my.sjsu.edu) at <http://my.sjsu.edu> to learn of any updates.

Required Texts/Readings

The basic golf rules and etiquette found at the website [Http://www.usga.org](http://www.usga.org)

Course Notes

- Students are expected to arrive on time and participate fully in all activities throughout the class period. Turn cell phone off and put away for the duration of the class. Interactions with classmates and the instructor are expected to be respectful at all times.
- Instruction may not be recorded. If classmates ask you to record their performance for later review make sure it is done before or after class rather than during class.
- Intellectual property: Course materials developed by the instructor (e.g., exam/quiz items, videos, lecture notes), are the instructor's intellectual property and cannot be shared or uploaded in any form publicly without the instructor's approval.
- If you have pre-existing medical or physical problems you should consult your physician before participating in this class and alert the instructor to any required limitations.
- Report any accidents to the instructor immediately.
- A semester class fee of \$60.00, payable to Spartan Golf Complex by credit card, check or cash at our second class meeting, entitles you to practice balls, access to and use of Spartan Golf Complex during scheduled class times. Note: You will not have access to the Spartan Golf Complex outside of scheduled class times.
- Course grades will be posted on Canvas by the end of finals week.
- BRING TO EACH CLASS: Your own golf clubs. If you do not have golf clubs, clubs will be provided.
- Prior to playing a golf hole as the Final Exam, you are required to review and have knowledge of the basic golf rules and etiquette found at the website <http://www.usga.org>
- Written Exam cannot be made up.
- Drop requests will not be accepted after the SJSU drop deadline.
- Cell phones turned off during class
- Clothing – comfortable athletic gear recommended. “Layered” clothing is recommended for weather changes. Collared “polo” style shirts are encouraged. Tank tops are not acceptable. Tennis type shoes or soft spike golf shoes are permissible. Due to soft and wet grass conditions it

is not recommended to wear shoes you would not like to get wet and dirty. No sandals or shoes with elevated heels. Hat, sunscreen, and sunglasses recommend. SJSU apparel is encouraged!

- Provide your own water

Course Requirements, Assignments, and Grading

Participation in class = 30% skills, assignments.

Improvement = 30% skills tests

Midterm = 20%

Final examination – 20% skills and playing tests, Play - 1 hole at The Spartan Golf Complex

LAST DAY OF CLASS = FINAL

Attendance is critical to participation.

Grading Percentage Breakdown:

94% and above: A

90%-93%: A minus

87%-89%: B plus

84%-86%: B

80%-83%: B minus

77%-79%: C plus

74%-76%: C

70%-73%: C minus

67%-69%: D plus

64%-66%: D

60%-63%: D minus

Below 60%: F

“Success in this course is based on the expectation that students will spend, for each unit of credit, a minimum of 45 hours over the length of the course (normally three hours per unit per week) for instruction, preparation/studying, or course related activities, including but not limited to internships, labs, and clinical practice. Other course structures will have equivalent workload expectations as described in the syllabus.”

University Policies

Per University Policy S16-9, university-wide policy information relevant to all courses, such as academic integrity, accommodations, etc. will be available on Office of Graduate and Undergraduate Programs' [Syllabus Information web page](#)

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Schedule is subject to change with fair notice by announcement in class and/or email.

Course Schedule

Week	Topics, Readings, Assignments, Deadlines
1	YUH 106 First Class meeting, course policies, and syllabus review Introduction to Golf: the golf club, the golf course, basic rules, golf etiquette, and the golf swing.
2	Holding the golf club. Standing next to the golf ball. Body Motion.
3	Full Swing and Putting
4	Full Swing and Pitching
5	Full Swing and Putting
6	Chipping and Body Motion
7	Full Swing Drills and Putting
8	Pitching and Swing Drills
9	Body Motion and Putting
10	Driver and Short Game
11	MIDTERM – Play a golf hole and written assignment
12	Putting and Full Swing
13	Pitching and Chipping
14	Review all clubs – Body Motion and Chipping
15	Putting and Full Swing Review
16	FINAL – Play golf hole at Spartan Golf Complex