

**San José State University**  
**Kinesiology**  
**FA18: KIN 25B SEC 01 Intermediate Golf**

**Course and Contact Information**

<b>Instructor:</b>	Don Allio
<b>Office Location:</b>	Spartan Golf Complex 579 E. Alma Avenue San José, CA 95112 Located between 10 <sup>th</sup> and Senter, adjacent to the track.
<b>Telephone:</b>	(408) 426-0256
<b>Email:</b>	donald.allio@sjsu.edu
<b>Office Hours:</b>	Thursdays 12-2pm or by Appt.
<b>Class Days/Time:</b>	TuTh 10:30-11:20
<b>Classroom:</b>	Classes will be held at the North Tee Spartan Golf Complex 532 East Humboldt Street. San José, CA 95112 Located between 11th and 12th Street on E. Humboldt

**Course Description**

**Course Goals and Student Learning Objectives**

Development of intermediate golf skills and knowledge with a focus on technique that facilitates the acquisition of consistent intermediate level performance. This course will demonstrate the basic skills needed to be able to play a full round of golf. Show, assess, and integrate how to properly putt, chip, pitch, half and full golf swing during a round of golf. Students will demonstrate, analyze and execute the rules, safety, equipment, etiquette and strategy of golf during a round of golf.

Prerequisite: KIN 25A or equivalent.

Following activities and assigned reading, students will be able to demonstrate through class activities/assignments, skills tests, and written exams:

- Knowledge of fundamental skills, technique, in the sport of golf.
- Proficiency in execution of the sport of Golf skills covered
- An understanding of the history, rules, strategies, current research, safety and etiquette associated with the sport of Golf

- An understanding of the mental and physical health benefits to be derived from the sport of Golf

### **Activity Program Learning Outcomes**

Upon successful completion of this course, students will be able to:

- Demonstrate proficiency in the execution of the motor/sport skills appropriate to the specific activities completed
- Identify and/or explain the applicable history, rules, strategies, current research, safety, and etiquette related to the specific activities completed.
- Identify and/or explain the benefits of physical activity as related to physical and mental health.

### **Faculty Web Page and MYSJSU Messaging**

Course materials can be found at: [Canvas Learning Management System course login website](http://sjsu.instructure.com) at <http://sjsu.instructure.com>. You are responsible for regularly checking with the messaging system through [MySJSU](http://my.sjsu.edu) at <http://my.sjsu.edu> to learn of any updates.

### **Required Texts/Readings**

**The basic golf rules and etiquette found at the website [Http://www.usga.org](http://www.usga.org)**

### **Course Notes**

- Students are expected to arrive on time and participate fully in all activities throughout the class period. Turn cell phone off and put away for the duration of the class. Interactions with classmates and the instructor are expected to be respectful at all times.
- Instruction may not be recorded. If classmates ask you to record their performance for later review make sure it is done before or after class rather than during class.
- Intellectual property: Course materials developed by the instructor (e.g., exam/quiz items, videos, lecture notes), are the instructor's intellectual property and cannot be shared or uploaded in any form publicly without the instructor's approval.
- If you have pre-existing medical or physical problems you should consult your physician before participating in this class and alert the instructor to any required limitations.
- Report any accidents to the instructor immediately.
- A semester class fee of \$60.00, payable to Spartan Golf Complex by credit card, check or cash at our second class meeting, entitles you to practice balls, access to and use of Spartan Golf Complex during scheduled class times. Note: You will not have access to the Spartan Golf Complex outside of scheduled class times.
- Course grades will be posted on Canvas by the end of finals week.
- BRING TO EACH CLASS: Your own golf clubs. If you do not have golf clubs, clubs will be provided.
- Prior to playing a golf hole as the Final Exam, you are required to review and have knowledge of the basic golf rules and etiquette found at the website <http://www.usga.org>
- Written Exam cannot be made up.
- Drop requests will not be accepted after the SJSU drop deadline.
- Cell phones turned off during class
- Clothing – comfortable athletic gear recommended. “Layered” clothing is recommended for weather changes. Collared “polo” style shirts are encouraged. Tank tops are not acceptable. Tennis type shoes or soft spike golf shoes are permissible. Due to soft and wet grass conditions it

is not recommended to wear shoes you would not like to get wet and dirty. No sandals or shoes with elevated heels. Hat, sunscreen, and sunglasses recommend. SJSU apparel is encouraged!

- Provide your own water

### **Course Requirements, Assignments, and Grading**

Participation in class = 30% skills, assignments.

Improvement = 30% skills tests

Midterm = 20%

Final examination – 20% skills and playing tests, Play - 1 hole at The Spartan Golf Complex

LAST DAY OF CLASS = FINAL

“Success in this course is based on the expectation that students will spend, for each unit of credit, a minimum of 45 hours over the length of the course (normally three hours per unit per week) for instruction, preparation/studying, or course related activities, including but not limited to internships, labs, and clinical practice. Other course structures will have equivalent workload expectations as described in the syllabus.”

Attendance is critical to participation.

Grading Percentage Breakdown:

94% and above: A

90%-93%: A minus

87%-89%: B plus

84%-86%: B

80%-83%: B minus

77%-79%: C plus

74%-76%: C

70%-73%: C minus

67%-69%: D plus

64%-66%: D

60%-63%: D minus

Below 60%: F

### **University Policies**

Per University Policy S16-9, university-wide policy information relevant to all courses, such as academic integrity, accommodations, etc. will be available on Office of Graduate and Undergraduate Programs' [Syllabus Information web page](#)

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Schedule is subject to change with fair notice by announcement in class and/or email.

### Course Schedule

Week	Topics, Readings, Assignments, Deadlines
1	YUH 106 First Class meeting, course policies, and syllabus review
2	Golf Etiquette/Rules. Skills Assessment. Body Motion.
3	Full Swing and Putting
4	Full Swing and Pitching
5	Full Swing and Putting
6	Chipping and Body Motion
7	Full Swing Drills and Putting
8	Pitching and Swing Drills
9	Body Motion and Putting
10	Driver and Short Game
11	MIDTERM – Play a golf hole and written assignment
12	Putting and Full Swing
13	Pitching and Chipping
14	Review all clubs – Body Motion and Chipping
15	Putting and Full Swing Review
16	FINAL – Play golf hole at Spartan Golf Complex