

**San José State University**  
**Department of Kinesiology**  
**KIN 27a-3 Beginning Table Tennis, Spring 2013**

**Instructor:** Gong Chen  
**Office Location:** SSC 517  
**Telephone:** (408) 924-3033  
**Email:** gong.chen@sjsu.edu  
**Office Hours:** MW 8:30-9:30am  
TR 12:30-13:20pm  
**Class Days/Time:** Fridays 8:30-10:20am  
**Classroom:** SPX 44B

### **Course Description**

Emphasis will be on learning fundamental table tennis skills and drills, basic tactics and strategies, basic etiquette and rules, and applications of the knowledge and skills in games. It is assumed that students enrolled in the class have little or no experience in table tennis.

### **Course Goals and Student Learning Objectives**

Upon successful completion of course requirements students will be able to:

1. demonstrate an understanding of physical and mental benefits of participation in table tennis for diverse populations,
2. demonstrate an understanding of the basic terminology, applicable history, rules, etiquette, safety, tactics, strategies, current research and practice, and applications of these cognitive knowledge in table tennis games and practice,
3. demonstrate the acquisition and application of basic table tennis warm-up, skills, and drills in table tennis games and practice, and
4. achieve moderate to vigorous exercise intensity during table tennis practice and games.

### **Required Texts/Readings**

Wang, Y.P., & Chen, G. (2006). Table Tennis, 2<sup>nd</sup> edition, National Archive Publishing Company. At Spartan Bookstore or at [www.xanedu.com](http://www.xanedu.com), ISBN 1-59399-223-8.

## Classroom Protocol

- a. Active participation in all class activities, including lectures, practice, discussion, quizzes, written examinations, skill test, games and tournament, and assignment, etc..
- b. Attending classes in a timely manner.
- c. Loose fitting clothes and sport shoes for ease of movement and safety, no jeans or other street clothes/shoes in classroom.
- d. Cooperation and mature behavior are expected in the class.
- e. A warm-up period is required before any skill practice.
- f. Department's paddles are available while students may bring their own paddles. It is everybody's responsibility to take care of the paddles and balls and return them when the class is over and to set up, take down, and store the tables.
- g. No food and drink are allowed in the gym except water.
- h. The last class meet will be the last day of the class before the "DEAD DAY" for the semester. All tests and exams will be conducted before the Dead Day. This class (and all activity classes) will not follow the university testing schedule.

## Dropping and Adding

Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Refer to the current semester's [Catalog Policies](http://info.sjsu.edu/static/catalog/policies.html) section at <http://info.sjsu.edu/static/catalog/policies.html>. Add/drop deadlines can be found on the [current academic calendar](http://www.sjsu.edu/academic_programs/calendars/academic_calendar/) web page located at [http://www.sjsu.edu/academic\\_programs/calendars/academic\\_calendar/](http://www.sjsu.edu/academic_programs/calendars/academic_calendar/). The [Late Drop Policy](http://www.sjsu.edu/aars/policies/latedrops/policy/) is available at <http://www.sjsu.edu/aars/policies/latedrops/policy/>. Students should be aware of the current deadlines and penalties for dropping classes.

Information about the latest changes and news is available at the [Advising Hub](http://www.sjsu.edu/advising/) at <http://www.sjsu.edu/advising/>.

## Assignments and Grading Policy

- a. Skill test.....40%  
--evaluated by subjective and objective observation  
--no make-up for missing tests except in extreme cases
- b. Written midterm.....20%  
--based on the textbook, handouts, and lectures  
--no make-up for missing tests except in extreme cases
- c. Class Assignment (tournament games).....30%
- d. Written final.....10%
- e. Criteria: A =90%--100%, B =80%--89%, C =70%--79%, D =60%--69%,  
F = 59% or lower

## **University Policies**

### **Academic integrity**

Your commitment as a student to learning is evidenced by your enrollment at San Jose State University. The [University's Academic Integrity policy](http://www.sjsu.edu/senate/S07-2.htm), located at <http://www.sjsu.edu/senate/S07-2.htm>, requires you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The [Student Conduct and Ethical Development website](http://www.sjsu.edu/studentconduct/) is available at <http://www.sjsu.edu/studentconduct/>.

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person's ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include your assignment or any material you have submitted, or plan to submit for another class, please note that SJSU's Academic Policy S07-2 requires approval of instructors.

### **Campus Policy in Compliance with the American Disabilities Act**

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 requires that students with disabilities requesting accommodations must register with the [Disability Resource Center](http://www.drc.sjsu.edu/) (DRC) at <http://www.drc.sjsu.edu/> to establish a record of their disability.

## KIN 27a – 3 Beginning Table Tennis Tentative Schedule

| Week | Date | Topics, Readings, Assignments, Deadlines   |
|------|------|--|
| 1    | 1/25 | Policy sheet, greensheet, Warm-up, basic stances, footwork, swings, flat serves, flat shots,     |
| 2    | 2/1  | Flat shot rally, smash, single game procedure, single game trial out                             |
| 3    | 2/8  | Rules on serves, shots, and lets. Single games. Practice of flat shot rally,                     |
| 4    | 2/15 | Slice serves, slice shots, combination of flat and slice, slice shot rally,                      |
| 5    | 2/22 | Loop shots, Single tournament  |
| 6    | 3/1  | Single strategies, sidespin serves, single tournament  |
| 7    | 3/8  | Single tournament  |
| 8    | 3/15 | Practice of flat shot rally, slice shot rally, and smash. Single tournament, Lecture on benefits |
| 9    | 3/22 | <b>midterm written exam</b> , Double game procedure, try double games                            |
| 10   | 3/29 | No class (spring break)  |
| 11   | 4/5  | Double rotations, strategies, double tournament  |
| 12   | 4/12 | Double tournament  |
| 13   | 4/19 | Double tournament  |
| 14   | 4/26 | Team tournament, <b>skill test</b>   |
| 15   | 5/3  | Team tournament, <b>skill test</b>   |
| 16   | 5/10 | <b>Final written exam</b> , challenging/makeup games   |