

**San José State University**  
**Kinesiology**  
**Fall 2018, KIN 27A-4 Beginning Table tennis**

**Contact Information**

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Office Hours:	MW 8:30-10:00am TR 13:30-14:20pm Or by appointment
Class Meetings & location	TR 16:30-17:20, SPX 107A
Prerequisites:	None

**FYI - not included in syllabus: Link to new syllabi policy:**  
<http://www.sjsu.edu/senate/docs/S16-9.pdf>

**Course Description**

This course is focused on the development of fundamental table tennis skills, basic tactics, simple strategies, etiquette, rules, and their application of in single and double games.  
<http://info.sjsu.edu/web-dbgen/catalog/departments/KIN-courses.html>

**Web Resource**

Course materials may be found on the e-campus [Canvas learning management system](http://www.sjsu.edu/at/ec/canvas/) at <http://www.sjsu.edu/at/ec/canvas/>. You are responsible for regularly checking the Canvas discussion board and email for information and messages. Login using your mysjsu username and password.

**Course Goals and Student Learning Objectives**

Following activities and assigned reading, students will be able to demonstrate through class activities/assignments, skills tests, and written exams,

- Proficiency in execution and application of basic table tennis warm-up, skills, and drills in table tennis games and practice.
- An understanding of the basic terminology, applicable history, rules, etiquette, safety, tactics, strategies, current research and practice, and applications of these cognitive knowledge in table tennis games and practice,
- An understanding of the mental and physical health benefits to be derived from table tennis.

### **Activity Program Learning Outcomes**

After completion of the physical activity graduation requirement, students shall be able to:

- Demonstrate proficiency in the execution of the motor/sport skills appropriate to the specific activities completed.
- Identify and/or explain the applicable history, rules, strategies, current research, safety, and etiquette related to the specific activities completed.
- Identify and/or explain the benefits of physical activity as related to physical and mental health.

### **Text/Readings**

1. Wang, Y.P., & Chen, G. (2006). Table Tennis, 2<sup>nd</sup> edition, National Archive Publishing Company, ISBN 1-59399-223-8, **on Canvas (free for students in class)**.
2. Classroom posters

### **Course Notes**

- If you have pre-existing medical or physical problems you should consult your physician before participating in this class and alert the instructor to any required limitations.
- Report any accidents or broken facility/equipment to the instructor immediately.
- Class protocol: Students are expected to arrive on time and participate fully in all activities throughout the class period. Turn cell phone off and put away for the duration of the class. Interactions with classmates and the instructor are expected to be respectful at all times. Class manner guidelines must be followed for the entire semester.
- Sport shoes are required and sportswear is strongly recommended for all class sessions except written exams.
- A warm-up period is required before any skill practice. Class safety guidelines must be followed for the entire semester.
- It is everybody's responsibility to bring in and take care of the paddles and balls, and to set up, take down, and store the tables.
- No food and drink or wheels are allowed in the gym except water.
- Recording class: Instruction may not be recorded. If classmates ask you to record their performance for later review make sure it is done before or after class rather than during class. Do not post or otherwise share the recording.
- Intellectual property: Course materials developed by the instructor (e.g., exam/quiz items, videos, lecture notes), are the instructor's intellectual property and cannot be shared or

uploaded in any form publicly without the instructor's approval.

- Success in this course is based on the expectation that students will spend, for each unit of credit, a minimum of 45 hours over the length of the course (normally three hours per unit per week) for instruction, preparation/studying, or course related activities.

## **Course Requirements, Assignments, and Grading –**

### **Grading Plan**

- 40% Skills Test
- 30% Tournament Assignments
- 20% Written Exam 1
- 10% Written Exam 2

**Skill Tests:** The skill test will include five basic skills on serves, rallies, and other shots. It will be evaluated 50% based on the number of successful serves/shots/rallies, and 50% based on proper forms, grips, and quality of serves/shots/rallies. Review guides will be posted in class before the test.

**Tournament Assignments:** The assignments will include about 25 brand single and double matches (most are best two out of three games). The tournament assignments will be evaluated based on the percentage of completed tournaments and quality that requires correct grip of the paddle, correct playing stances, complete focus, applications of learned skills and rules in games, non-cellphone play, and non-irrelevant socials. The grade of the assignments will be determined in a format: # of matches x percentage (A, B, C, D).

**Written Exam 1:** The midterm will cover basic skills and applications, basic rules and applications, single games procedures and strategies, and benefits and importance of physical activity/table tennis. Review guides will be posted in class before the test.

**Written Exam 2:** The written exam will cover double game procedures, rules, and games strategies. Review guides will be posted in class before the test.

### **Other information:**

- Students may make up skill test or ONE missed assignment for DOCUMENTED emergency or pre-arranged situation with the instructor upon the time limit.
- Written Exam cannot be made up except documented emergency or pre-arranged situation with the instructor.
- All tests/assignments/makeups must be completed by the last day of the class
- Missing tests or assignments will result in lowering the grade. .

**Grading Scale used to determine final course grade.**

Percentage	Equivalent Grade
97% - 100%	A+
93% - 96%	A
90% - 92%	A-
87% - 89%	B+
83% - 86%	B
80% - 82%	B-
77% - 79%	C+
73% - 76%	C
70% - 72%	C-
67% - 69%	D+
63% - 66%	D
60% - 62%	D-
below 60%	F

**University Policies**

Information pertaining to university programs and policies designed to facilitate student success can be found here:

<http://www.sjsu.edu/gup/syllabusinfo/>

**Course Calendar (subject to change with fair notice by announcement in class and/or email)**

<b>Week</b>	<b>Course Content (Assignments, Exams/Quizzes, ...)</b>
1	Policy sheet, syllabus
2	Warm-up, basic stances, footwork, swings, flat serves, flat shots
3	Flat shot rally, smash
4	Single game procedure, rules on serves, shots, and lets
5	Slice serves, slice shots, combination of flat and slice serves
6	Single game strategies, Single tournament,
7	Single tournament
8	Single tournament
9	Lecture on benefits, <b>written exam 1</b>
10	Double game procedure, double games
11	Double strategies, Double tournament
12	Introduction of loop shot, side-spin serves Double tournament
13	Double tournament
14	<b>written exam 2</b> <b>skill test</b>
15	<b>skill test</b> challenging games
16	<b>skill test</b> challenging games