

Department of Kinesiology, SJSU
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Office Hours: MW 8-10:00am, TR9:30-10:30am, F 7:30-8:20am, or by appointment

KIN 27B Intermediate Table Tennis

DESCRIPTION

Emphasis will be on improving fundamental skills and drills, tactics and strategies, etiquette and rules, and applications in games; and learning intermediate/advanced skills, drills, strategies for more effective games. Students enrolled in the class should have taken a beginning class or have equivalent skills, experience, and knowledge in table tennis.

OBJECTIVES Upon successful completion of course requirements students will:

- a. demonstrate an understanding of the overall terminology, rules, tactics and strategies, and etiquette of the game,
- b. demonstrate ability to effectively perform intermediate table tennis skills, and to apply intermediate skills and strategies in single and double games.
- c. demonstrate ability to efficiency of skills and drills in practice,
- c. demonstrate ability to properly warm up and to perform basic drills,
- d. demonstrate an understanding of the value of table tennis for health/wellness of diverse populations.

CLASS CONTENT:

Knowledge

- a. Concepts, history, and contemporary status of the game.
- b. Etiquette, overall rules and game procedures.
- c. Overall terminology
- d. Intermediate tactics and strategies
- e. Analysis of different playing styles
- f. Benefits to human life, and table tennis as a lifetime sport
- g. Equipment - selection and care
- h. How professionals play

Performance

Review:

- a. Basics: grips, stance, position, movement.
- b. Forehand and backhand basic strokes.
- b. Serves and returns: flat, back spin, and side (top) spin
- c. Offensive Strokes: push and block, smash
- d. Defensive Shots: block, backspin, and chop.
- e. Warm-up routines and body conditioning.
- f. Basic drills
- g. Single and double games:
 1. round robin tournament

2. elimination tournament
3. team competition

New:

- a. Change of grips, stance, position, and movement in intermediate games
- b. Forehand and backhand strokes with intermediate placement.
- c. Intermediate serves and applications
- d. Return serves with intermediate skills and tactics
- e. Intermediate strokes and returns
- f. Imitate different styles and develop one's own style

COURSE REQUIREMENTS

- a. Active participation in all class activities, including lectures, practice, discussion, quizzes, written examinations, skill test, games and tournament, and assignment, etc..
- b. Attending classes in a timely manner.
- c. Loose fitting clothes and sport shoes for ease of movement and safety, no jeans or other street clothes/shoes in classroom.
- d. Cooperation and mature behavior are expected in the class.
- e. A warm-up period is required before any skill practice.
- f. Department's paddles are available while students may bring their own paddles. It is everybody's responsibility to take care of the paddles and balls and return them when the class is over and to set up, take down, and store the tables.
- g. No food and drink are allowed in the gym except water.
- h. The last class meet will be the last day of the class before the "DEAD DAY" for the semester. All tests and exams will be conducted before the Dead Day. This class (and all activity classes) will not follow the university testing schedule.

EVALUATIONS

- a. Skill test.....40%
 --evaluated by subjective and objective observation
 --no make-up for missing tests except in extreme cases
- b. Written midterm.....20%
 --based on the textbook, handouts, and lectures
 --no make-up for missing tests except in extreme cases
- c. Class Assignment (tournament games).....30%
- d. Written final.....10%
- e. Criteria: A =90%--100% B =80%--89% C =70%--79%
 D =60%--69% F = 59% or lower

TEXTBOOK (Required)

Wang, Y.P., & Chen, G. (2006). Table Tennis, 2nd edition, National Archive Publishing Company, at Spartan Bookstore.

INFORMATION

1. Academic integrity statement (from Office of Judicial Affairs): “Your own commitment to learning, as evidenced by your enrollment at San José State University and the University’s Academic Integrity Policy requires you to be honest in all your academic course work. Faculty are required to report all infractions to the Office of Judicial Affairs. The policy on academic integrity can be found at <http://www2.sjsu.edu/senate/S04-12.pdf>

2. Campus policy in compliance with the Americans with Disabilities Act: “If you need course adaptations or accommodations because of a disability, or if you need special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 requires that students with disabilities register with DRC to establish a record of their disability.”

TETATIVE SCHEDULE

| Class | Skills | Knowledge |
|-------|--|--|
| 1-2 | Warm-up routine Skill screening Review stance/footwork/body motions Review forehand/backhand flat serve Review flat shots (forehand/backhand) Single games with flat shots and serves | Green-sheet/class procedures Review etiquette Review rules on serves Benefits |
| 3 | Forehand/backhand flat shot rally Review forehand/backhand smash | Review rules on shots and Let |
| 4 | Review forehand slice serve Review forehand slice shot | Single game rules Serving strategies |
| 5 | Review backhand slice serve and shot Long slice and chop rally | Receiving strategies |
| 6 | Elimination single tournament Loop shots | Rally strategies |
| 7 | Side spin serves Fake serves Round robin single tournament Style development | Styles and features |
| 8 | Round robin single tournament | Midterm written exam |
| 9 | Double games Elimination double tournament | Double game rules, format Double serving/receiving strategies |
| 10 | Round robin double tournament | Double rally strategies |
| 11 | Round robin double tournament | Selected topics |
| 12 | Team Competition | |
| 13 | Skill test-1/ Challenge games | |
| 14 | Skills test-2/ Challenge games | Written review |
| 15 | Challenging games/ Make-up games | Final Written examination |