San José State University  
Department of Kinesiology (CASA)  
KIN 292A-01, Leadership and Administration in Athletic Training  
Fall 2014

Course and Contact Information

Instructor: Masaaki Tsuruike, PhD, ATC  
Office Location: Yoshihiro Uchida Hall (YUH) 110J  
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Email: masaaki.tsuruike@sjsu.edu  
Office Hours: M: 5:00 pm-6:00 pm  
T: 2:30-3:30 pm  
All other times by appointment only.  
Class Days/Time: W: 5:00 pm – 6:50 pm  
Classroom: YUH 128  
Prerequisites: Students must be ATC or equivalent

Course Description

This is a graduate course that focuses on current issues and problems related to the field of athletic training. Topics will include, but are not limited to: professional ethics and competencies, legal issues, administration, governmental affairs, stress management, pharmacology, the AT job search, post-graduate education, etc.

Department of Kinesiology Graduate Program Learning Outcomes

Upon completion of the Master’s degree program in the Department of Kinesiology, students should be able to:

1. Demonstrate the ability to conduct and critique research using theoretical and applied knowledge.  
2. Interpret and apply research findings to a variety of disciplines within Kinesiology.  
3. Effectively communicate essential theories, scientific applications, and ethical considerations in each student's Kinesiology program concentration.
4. Interpret and apply research findings through acquired skills in order to become agents of change to address issues in Kinesiology through the application of knowledge and research.

**Course Learning Outcomes (CLO)**

The overall purpose of this course will be to discuss current topics associated with the fields of athletic training and sports medicine. The course will promote a better appreciation of administrative duties charged to Athletic Trainers, as allied health professionals. Specific objectives are as follows:

1. To engender a strong sense of leadership in young, professional Athletic Trainers.
2. To increase understanding of the multi-faceted approach to optimal health care.
3. To increase student awareness of the implications of current issues in the field.
4. To provide a forum of open discussion to explore the controversial, moral and ethical questions facing the Athletic Trainer.
5. To critically think about the application of evidence to make sound decisions regarding the application of modalities and exercises.

**Required Readings**

Instructor will assemble materials and distribute them as needed. All readings will be posted on Canvas.

**RECOMMENDED JOURNALS:**

1. Journal of Athletic Training
2. Athletic Training Education Journal

**Course Requirements and Assignments**

Each student will be required to:

1. Play an active role in classroom discussions and presentations.
2. Select current issues in the field of athletic training, utilizing supportive literature of sound results and outcomes.
3. Critically review selected literature.
Grading Policy

COURSE EVALUATION:

The course is based on a point scale (125 total points). The breakdown is as follows:
90-100% A
80-89%   B
70-79%   C
60-69%   D
59 and below F

Emergency Action Plan (EAP) for Your Clinical Facility (40 pts – SLO1-3,5-6): You will construct a working and current EAP for your specific facility/athletic training setting (i.e., high school, community college, university, etc.) from the perspective of the Head AT. You should devise the plan such that your intended audience is the athletic department at that institution. The plan should be developed for use by the athletic training staff, coaches, athletic administrators, athletes and other medical personnel.

The comprehensive plan should include as flows:
1) contact information, position, and credentials for all personnel
2) means for communication among those individuals (athletic training room phone numbers, venue phone numbers or private cellular phone etc.)
3) locations for emergency equipment
4) role of first responder/secondary responders; directions for activating EMS
5) directions and preferred routes to the each of the venues (including maps)
6) after hours procedures (AT not present)
7) non-emergency procedures and medical provider phone numbers
8) blood exposure procedures
9) crisis procedures (catastrophic injury, fire, poisoning, lightning and inclement weather).

These are minimum standards and the student may choose to include other elements in his/her EAP.

Sample plans will be available via the instructor or online resources. A rough draft of your plan design will be due on OCT 15. The final project due date is NOV 19.

POSITION STAND SUMMARY (40 pts – SLO1-6): You will find 2 position stand (position statement/opinion) papers (20 pts each) on current issues in athletic training (i.e., heat illness, mild traumatic brain injury, lightning, etc.). The position stands must be published in a peer-reviewed journal or posted on a credible website (check with instructor). For each position paper, you will write a 1 page summary (single space) of the guidelines and how they pertain to you as a healthcare provider at your specific clinical site.

- Position statements by NATA: [http://www.nata.org/position-statements](http://www.nata.org/position-statements)
Position stands by ACSM:
http://www.acsm.org/access-public-information/position-stands

Position Stand | Due Date
--- | ---
#1 | OCT 8
#2 | NOV 5

**CURRENT TOPICS DISCUSSION (20 pts – SLO1-6):** You and a partner (2) will choose a current issue within the field of athletic training, which can be related to one of your position statements (stands), and lead a discussion in class on Oct 1st through 15th. Some examples of topics are: state legislature for/against AT; licensure/certification issues; pharmacology; institutional policies and procedures in the ATR; clinical techniques; AT education; ethical issues in athlete care/training room practices; medical documentation and related issues; the sports medicine team and the AT’s role; comparing different evaluative, treatment and rehabilitative techniques, etc. **As a pair, you will assemble a set of reading materials (at least 3 media pieces from journals, newspapers, news clips, websites, etc.) and distribute them to the class the week prior to your discussion.** You will construct a set of discussion questions, activities, etc. The discussion should last a minimum of 45 minutes. You may use any combination of methods to drive your discussion (lecture, power point, video, written activities, etc.), but ultimately the discussion should result in actual classroom dialogue.

**ACTIVITIES (25 pts – SLO1-6):** You will be assigned a number of short activities during the course of the semester. You will organize what you discussed in the class for 400 words with doubled spaced, which are as follows: 1) Cervical Spine Injured Athlete, 2) Concussion, 3) Syncope and Sudden Death in Athletes, 4) Pharmacology, and 5) Leadership in Athletic Trainer.

**University Policies**

**Dropping and Adding**

Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Refer to the current semester’s Catalog Policies section at http://info.sjsu.edu/static/catalog/policies.html. Add/drop deadlines can be found on the current academic year calendars document on the Academic Calendars webpage at http://www.sjsu.edu/provost/services/academic_calendars/. The Late Drop Policy is available at http://www.sjsu.edu/aars/policies/latedrops/policy/. Students should be aware of the current deadlines and penalties for dropping classes.

Information about the latest changes and news is available at the Advising Hub at http://www.sjsu.edu/advising/.
Consent for Recording of Class and Public Sharing of Instructor Material

- “Common courtesy and professional behavior dictate that you notify someone when you are recording him/her. You must obtain the instructor’s permission to make audio or video recordings in this class. Such permission allows the recordings to be used for your private, study purposes only. The recordings are the intellectual property of the instructor; you have not been given any rights to reproduce or distribute the material.”
  - In classes where active participation of students or guests may be on the recording, permission of those students or guests should be obtained as well.
- “Course material developed by the instructor is the intellectual property of the instructor and cannot be shared publicly without his/her approval. You may not publicly share or upload instructor generated material for this course such as exam questions, lecture notes, or homework solutions without instructor consent.”

Academic integrity

Your commitment, as a student, to learning is evidenced by your enrollment at San Jose State University. The University Academic Integrity Policy S07-2 at http://www.sjsu.edu/senate/docs/S07-2.pdf requires you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The Student Conduct and Ethical Development website is available at http://www.sjsu.edu/studentconduct/.

Accommodation to Students' Religious Holidays

San José State University shall provide accommodation on any graded class work or activities for students wishing to observe religious holidays when such observances require students to be absent from class. It is the responsibility of the student to inform the instructor, in writing, about such holidays before the add deadline at the start of each semester. If such holidays occur before the add deadline, the student must notify the instructor, in writing, at least three days before the date that he/she will be absent. It is the responsibility of the instructor to make every reasonable effort to honor the student request without penalty, and of the student to make up the work missed. See University Policy S14-7 at http://www.sjsu.edu/senate/docs/S14-7.pdf.

Student Technology Resources

Computer labs for student use are available in the Academic Success Center at http://www.sjsu.edu/at/asc/ located on the 1st floor of Clark Hall and in the Associated Students Lab on the 2nd floor of the Student Union. Additional computer labs may be available in your department/college. Computers are also available in the Martin Luther King Library. A wide variety of audio-visual equipment is available for student checkout from Media Services located in IRC 112. These items include DV and HD digital camcorders; digital still cameras; video, slide and overhead projectors; DVD, CD, and audiotape players; sound systems, wireless microphones, projection screens and monitors.
CLASSROOM PROTOCOL

1. As graduate students, you are expected to maintain proper etiquette in the classroom and the clinic, demonstrating respect for yourself and others. Please do your best at all times to demonstrate professionalism to the faculty and staff, your peers and undergraduate AT students, and the profession, itself.

2. Please place all cell phones to the OFF or VIBRATE position prior to entering the classroom. If you are expecting an important call, inform the instructor ahead of time and choose a seat in the class that will permit an easy non-disturbing exit.

3. iPods, MP3 players, and other audio devices should be turned off and headphones, ear buds, etc. be removed prior to entering the classroom.

4. Laptops should be limited to class-related purposes only. Should this privilege become disruptive to the flow of class (i.e., Facebook, e-mail, TV/Hulu, etc.), laptops or similar devices will be banned from the classroom with the exception of presentation use.

5. Students who consider missing the class due to their clinical duties, such as covering their team’s game, may make up the class attendance for submitting the assignment given by the instructor only if the students ask at least a week prior to the class you are absent. No more than two assignments are given to make up in the course.

6. Students are responsible for understanding the policies and procedures about expectations regarding classroom behavior. For more information see the Academic Senate Policy S90-5 on Student Rights and Responsibilities.

7. Students are responsible for understanding the San Jose State University Student Conduct Code – 41301: Standards for Student Conduct.
KIN292A-01: Leadership and Administration in Athletic Training

***NOTE:*** The course outline of topics is tentative and subject to change with fair warning; we will cover topics as time permits and according to guest speaker availability. Once all guest speakers and facilities have confirmed, the instructor will issue a course schedule.***

**Course Schedule**

<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Topics, Readings, Assignments, Deadlines (Tentative)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>8/27</td>
<td>Introductions, Leadership Issues in AT, Graduate AT Education Program</td>
</tr>
<tr>
<td>2</td>
<td>9/3</td>
<td>Emergency Action Plan, Cervical Spine Injured Athlete</td>
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<tr>
<td>3</td>
<td>9/10</td>
<td>Syncope versus Epileptic Seizures in the Athlete, and Sudden Death in Athletes</td>
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<tr>
<td>4</td>
<td>9/17</td>
<td>Administrative Case Studies and Insurance Issues in AT</td>
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<tr>
<td>5</td>
<td>9/24</td>
<td>Concussion and MTBI (mid traumatic brain injury)</td>
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<tr>
<td>6</td>
<td>10/1</td>
<td>Health Care Provider, Personal Trainer Leadership and Management</td>
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<td>7</td>
<td>10/8</td>
<td>Stress Management</td>
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<tr>
<td>8</td>
<td>10/15</td>
<td>Pharmacology and Drug Testing versus Supplements</td>
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<tr>
<td>9</td>
<td>10/22</td>
<td>Leadership in Athletic Trainer</td>
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<tr>
<td>10</td>
<td>10/29</td>
<td>Current Topics Groups 1</td>
</tr>
<tr>
<td>11</td>
<td>11/5</td>
<td>Current Topics Groups 2</td>
</tr>
<tr>
<td>12</td>
<td>11/16</td>
<td>Current Topics Groups 3</td>
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<tr>
<td>13</td>
<td>11/19</td>
<td>Current Topics Groups 4</td>
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<tr>
<td>14</td>
<td>11/26</td>
<td><strong>NO CLASS THANKSGIVING HOLIDAY</strong></td>
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<tr>
<td>15</td>
<td>12/3</td>
<td>Current Topics Groups 5</td>
</tr>
<tr>
<td>16</td>
<td>12/10</td>
<td>Current Topics Groups 6</td>
</tr>
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