CASA/Kinesiology
KIN 293A, Fall 2013

Contact Information

Instructor: Holly Brown, MA, ATC
Office Location: SPX 72
Telephone: (408) 924-3035
Email: Holly.brown@sjsu.edu
Office Hours: M 2:00pm-4:00pm
Class Days/Time: Scheduled

Faculty Web Page and MYSJSU Messaging (Optional)

Course materials such as syllabus, handouts, notes, assignment instructions, etc. can be found on Canvas. You are responsible for checking it regularly for any content or changes to the course.

Course Description

Advanced practical experience in athletic training under the direct supervision of qualified sports medicine professionals.

Course Goals and Learning Objectives

Course Learning Outcomes (CLO)

The overall purpose of this course is to provide experiences that will enable students to demonstrate the skills, abilities and attitudes required of an athletic trainer. The student will be able to:

1. Approach problems encountered in diverse athletic training settings and within diverse populations, using sound principles of analysis and problem-solving abilities.
2. Demonstrate knowledge and correct application of assessment and diagnostic/prescriptive techniques to meet the individual needs of patients in the athletic training environment.

3. Utilize the appropriate methods, techniques and materials in the athletic training setting to encourage optimal health care.

4. Communicate and work closely with diverse populations of athletes, coaches and sports medicine support personnel from many backgrounds.

5. Administer an athletic training setting according to the responsibilities outlined in the NATA Athletic Training Domains.

6. Communicate and participate in staff/faculty meetings and staff decision making processes.

Required Texts/Readings

All materials will be posted on Canvas.

Library Liaison

Silke Higgins silke.higgins@sjsu.edu (408) 808-2020

Course Requirements and Assignments

COURSE REQUIREMENTS:

200 hours of fieldwork experience

**Weekly Written Reports:** On a weekly basis, describe any new or interesting experiences and encounters. Relate these experiences to your philosophy of athletic training, future uses, and/or overall impressions. These reports should be no more than one page in length. Each will be due via e-mail by 5pm on the SUNDAY following your work week.

**Participation in Class and CANVAS discussions:** We will talk a lot in this class! Make sure to read any required readings posted on Canvas and come ready to talk in class. Also, watch Canvas for discussion board questions/topics.

**Final Written Clinical Report:** Summarize your experiences during all to your clinical experiences this semester. Include your thought on appropriateness, future uses, overall impressions, and how these experiences added to your personal philosophy of athletic training. Be thorough. Reports must be typed and either turned into the instructor’s
office or through e-mail. The final report will be due on the last day prior to final exams by 5pm.

**Professional Development:** You will participate in one professional activity involving sports medicine and athletic training. Choose one of the listed activities or another as permitted by instructor and discuss that activity in your weekly report. Provide any proof of the activity.

1. Engage in Local, Regional, State and/or University events related to athletic training.
2. Engage in local symposiums, workshops, and conferences on athletic training or health related issues.
3. Take an at home CEU course
4. Teach, guest lecture, or participate in presentations when available.
5. Engage in Dr. Henehan’s Journal Club

**CLINICAL COMPETENCIES**

**General Criteria** - Graduate students should be solely responsible for their own teams, athletes, and/or patient loads

**Prevention and Care** -
1. Participate in pre-participation physical examinations and exit physicals when applicable
2. Direct communication with coaches on athlete status
3. Familiarity or construction of emergency plan

**Evaluation and Treatment** -
1. Breadth and depth of evaluation techniques on various injuries and illnesses
2. Treatment protocol decisions appropriate for injury severity and individual activity level
3. Appropriate referral

**Health Care Administration** -
1. Record Keeping:
   a. Daily reports, coaches reports, injury reports, etc.
   b. When necessary, construct record keeping program
2. Physician appointments
3. Pharmacology ordering, maintenance and dispensation policy
4. Budget Issues
   a. Planning budget and purchasing
   b. Inventory and ordering supplies
5. Participate in staff/faculty meetings
6. Participate in and support staffing decisions
7. Policy and Procedures
8. Emergency Plan

**Rehabilitation** -
1. Pre and post surgical rehabilitation
2. Breadth and depth of rehabilitation techniques of major and minor injuries
3. Development of maintenance programs for athletes
4. Develop strength and conditioning programs for athletes to augment their rehabilitation both in season, out-of-season, and during vacation periods

**Grading Policy**

All course requirements must be completed to receive CR (credit) for the course.

**University Policies**

**Dropping and Adding**

Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Refer to the current semester’s Catalog Policies section at http://info.sjsu.edu/static/catalog/policies.html. Add/drop deadlines can be found on the current academic year calendars document on the Academic Calendars webpage at http://www.sjsu.edu/provost/services/academic_calendars/. The Late Drop Policy is available at http://www.sjsu.edu/aars/policies/latedrops/policy/. Students should be aware of the current deadlines and penalties for dropping classes.

Information about the latest changes and news is available at the Advising Hub at http://www.sjsu.edu/advising/.

**Academic integrity**

Your commitment as a student to learning is evidenced by your enrollment at San Jose State University. The University Academic Integrity Policy S07-2 at http://www.sjsu.edu/ senate/docs/S07-2.pdf requires you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The Student Conduct and Ethical Development website is available at http://www.sjsu.edu/studentconduct/.

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person’s ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include your assignment or any material you have submitted, or plan to submit for another class, please note that SJSU’s Academic Integrity Policy S07-2 requires approval of instructors.

**Campus Policy in Compliance with the American Disabilities Act**

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 at http://www.sjsu.edu/president/docs/directives/PD_1997-03.pdf requires that students with disabilities requesting accommodations must register with the
Accessible Education Center (AEC) at http://www.sjsu.edu/aec to establish a record of their disability.

In 2013, the Disability Resource Center changed its name to be known as the Accessible Education Center, to incorporate a philosophy of accessible education for students with disabilities. The new name change reflects the broad scope of attention and support to SJSU students with disabilities and the University's continued advocacy and commitment to increasing accessibility and inclusivity on campus.

**SJSU Writing Center**

The SJSU Writing Center is located in Clark Hall, Suite 126. All Writing Specialists have gone through a rigorous hiring process, and they are well trained to assist all students at all levels within all disciplines to become better writers. In addition to one-on-one tutoring services, the Writing Center also offers workshops every semester on a variety of writing topics. To make an appointment or to refer to the numerous online resources offered through the Writing Center, visit the [Writing Center website](http://www.sjsu.edu/writingcenter) at http://www.sjsu.edu/writingcenter. For additional resources and updated information, follow the Writing Center on Twitter and become a fan of the SJSU Writing Center on Facebook. (Note: You need to have a QR Reader to scan this code.)

**SJSU Counseling Service**

The SJSU Counseling Services is located on the corner of 7th Street and San Fernando Street, in Room 201, Administration Building. Professional psychologists, social workers, and counselors are available to provide consultations on issues of student mental health, campus climate or psychological and academic issues on an individual, couple, or group basis. To schedule an appointment or learn more information, visit [Counseling Services website](http://www.sjsu.edu/counseling) at http://www.sjsu.edu/counseling.
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List the agenda for the semester including when and where the final exam will be held. Indicate the schedule is subject to change with fair notice and how the notice will be made available.

Course Schedule

<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Topics, Readings, Assignments, Deadlines</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>8/27</td>
<td>Introduction &amp; Administration&lt;br&gt;Each meeting will be discussion on experiences at clinical sites and regarding how to resolve issues at the clinical sites.</td>
</tr>
<tr>
<td>2</td>
<td>9/3</td>
<td>No class – outside assignment – to be sure to journal first few weeks experiences</td>
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<tr>
<td>3</td>
<td>9/10</td>
<td>Communication and resolving issues with coaches</td>
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<tr>
<td>4</td>
<td>9/17</td>
<td>Documentation and insurance billing issues</td>
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<tr>
<td>5</td>
<td>9/24</td>
<td>Legal issues</td>
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<tr>
<td>6</td>
<td>10/1</td>
<td>What is professionalism? How does it change between ATS and ATC?</td>
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<tr>
<td>7</td>
<td>10/8</td>
<td>Stress and time management and avoiding burnout</td>
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<tr>
<td>8</td>
<td>10/15</td>
<td>Healthy lifestyles as a GA</td>
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<tr>
<td>9</td>
<td>10/22</td>
<td>Planning classes for upcoming semesters</td>
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<tr>
<td>10</td>
<td>10/29</td>
<td>Educational leadership – what can you do to help educate the ATS and improve their education both in the classroom and at clinical sites</td>
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<tr>
<td>11</td>
<td>11/5</td>
<td>Planning research topic, finding advisors, what to get started on now!</td>
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<tr>
<td>12</td>
<td>11/12</td>
<td>Free discussion of experiences and topics</td>
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<tr>
<td>13</td>
<td>11/19</td>
<td>Free discussion of experiences and topics</td>
</tr>
<tr>
<td>14</td>
<td>11/26</td>
<td>Guest speaker TBA</td>
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<tr>
<td>Week</td>
<td>Date</td>
<td>Topics, Readings, Assignments, Deadlines</td>
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<tr>
<td>15</td>
<td>12/3</td>
<td>Final class overview and discussion</td>
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<tr>
<td>16</td>
<td></td>
<td>Materials for the class due December 9, 2013</td>
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</tbody>
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