

San Jose State University

CASA/Kinesiology KIN 293D, AT Fieldwork, Spring 2015

Contact Information

Instructor:	Holly Brown, MA, ATC
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Office Hours:	By appointment only
Class Days/Time:	Scheduled

Faculty Web Page and MYSJSU Messaging (Optional)

Course materials such as syllabus, handouts, notes, assignment instructions, etc. can be found on Canvas. You are responsible for checking it regularly for any content or changes to the course.

Course Description

Advanced practical experience in athletic training under the direct supervision of qualified sports medicine professionals.

Program Learning Outcomes (PLO)

At the end of a Bachelor of Science degree program in the Department of Kinesiology students should be able:

PLO 1- to obtain a critical understanding and the ability to apply theoretical and scientific knowledge from the subdisciplines in kinesiology for personal fitness, healthy lifestyles, sport, and/or therapeutic rehabilitation.

PLO 2- to effectively communicate the essential theories, scientific applications, and ethical considerations related to kinesiology.

PLO 3- to apply scholarship and practice of different movement forms to enhance movement competence in kinesiology.

PLO 4- to recognize and apply sustainable approaches as they relate to kinesiology.

PLO 5- to identify social justice and equity issues related to kinesiology for various populations.

Course Goals and Learning Objectives

Course Learning Outcomes (CLO)

The overall purpose of this course is to provide experiences that will enable students to demonstrate the skills, abilities and attitudes required of an athletic trainer. The student will be able to:

1. Approach problems encountered in diverse athletic training settings and within diverse populations, using sound principles of analysis and problem-solving abilities.
2. Demonstrate knowledge and correct application of assessment and diagnostic/prescriptive techniques to meet the individual needs of patients in the athletic training environment.
3. Utilize the appropriate methods, techniques and materials in the athletic training setting to encourage optimal health care.
4. Communicate and work closely with diverse populations of athletes, coaches and sports medicine support personnel from many backgrounds.
5. Administer an athletic training setting according to the responsibilities outlined in the NATA Athletic Training Domains.
6. Communicate and participate in staff/faculty meetings and staff decision making processes.

Required Texts/Readings

All materials will be posted on Canvas.

Library Liaison

Emily Chan Emily.chan@sjsu.edu (408) 808-2020

Course Requirements and Assignments

COURSE REQUIREMENTS:

200 hours of fieldwork experience

Weekly Written Reports: On a weekly basis, describe any new or interesting experiences and encounters. Relate these experiences to your philosophy of athletic training, future uses, and/or overall impressions. These reports should be no more than one page in length. Each will be due via e-mail by 5pm on the SUNDAY following your work week.

Participation in CANVAS discussions and Google hangouts as scheduled: Make sure to read any required readings posted on Canvas and come ready to talk in class. Also, watch Canvas for discussion board questions/topics.

Final Written Clinical Report: Summarize your experiences during all to your clinical experiences this semester and in the program overall. Include your thoughts on appropriateness, future uses, overall impressions, and how these experiences added to your personal philosophy of athletic training. Be thorough. Reports must be typed and either turned into the instructor's office or through e-mail. The final report will be due on May 13, 2015

Professional Development: You will participate in one professional activity involving sports medicine and athletic training. Choose one of the listed activities or another as permitted by instructor and discuss that activity in your weekly report. Provide any proof of the activity.

1. Engage in Local, Regional, State and/or University events related to athletic training.
2. Engage in local symposiums, workshops, and conferences on athletic training or health related issues.
3. Take an at home CEU course
4. Teach, guest lecture, or participate in presentations when available.
5. Engage in Dr. Henehan's Journal Club

CLINICAL COMPETENCIES

General Criteria - Graduate students should be solely responsible for their own teams, athletes, and/or patient loads

Prevention and Care -

1. Participate in pre-participation physical examinations and exit physicals when applicable
2. Direct communication with coaches on athlete status
3. Familiarity or construction of emergency plan

Evaluation and Treatment -

1. Breadth and depth of evaluation techniques on various injuries and illnesses
2. Treatment protocol decisions appropriate for injury severity and individual activity level
3. Appropriate referral

Health Care Administration -

1. Record Keeping:
 - a. Daily reports, coaches reports, injury reports, etc.
 - b. When necessary, construct record keeping program
2. Physician appointments
3. Pharmacology ordering, maintenance and dispensation policy
4. Budget Issues
 - a. Planning budget and purchasing
 - b. Inventory and ordering supplies
5. Participate in staff/faculty meetings
6. Participate in and support staffing decisions
7. Policy and Procedures
8. Emergency Plan

Rehabilitation -

1. Pre and post surgical rehabilitation
2. Breadth and depth of rehabilitation techniques of major and minor injuries
3. Development of maintenance programs for athletes
4. Develop strength and conditioning programs for athletes to augment their rehabilitation both in season, out-of-season, and during vacation periods

Grading Policy

All course requirements must be completed to receive CR (credit) for the course.

University Policies

Dropping and Adding

Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Refer to the current semester's [Catalog Policies](http://info.sjsu.edu/static/catalog/policies.html) section at <http://info.sjsu.edu/static/catalog/policies.html>. Add/drop deadlines can be found on the current academic year calendars document on the [Academic Calendars webpage](http://www.sjsu.edu/provost/services/academic_calendars/) at http://www.sjsu.edu/provost/services/academic_calendars/. The [Late Drop Policy](http://www.sjsu.edu/aars/policies/latedrops/policy/) is available at <http://www.sjsu.edu/aars/policies/latedrops/policy/>. Students should be aware of the current deadlines and penalties for dropping classes.

Information about the latest changes and news is available at the [Advising Hub](http://www.sjsu.edu/advising/) at <http://www.sjsu.edu/advising/>.

Academic integrity

Your commitment as a student to learning is evidenced by your enrollment at San Jose State University. The [University Academic Integrity Policy S07-2](http://www.sjsu.edu/senate/docs/S07-2.pdf) at <http://www.sjsu.edu/senate/docs/S07-2.pdf> requires you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The [Student Conduct and Ethical Development website](http://www.sjsu.edu/studentconduct/) is available at <http://www.sjsu.edu/studentconduct/>.

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person's ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include your assignment or any material you have submitted, or plan to submit for another class, please note that SJSU's Academic Integrity Policy S07-2 requires approval of instructors.

Campus Policy in Compliance with the American Disabilities Act

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. [Presidential Directive 97-03](http://www.sjsu.edu/president/docs/directives/PD_1997-03.pdf) at http://www.sjsu.edu/president/docs/directives/PD_1997-03.pdf requires that students with disabilities requesting accommodations must register with the [Accessible Education Center](http://www.sjsu.edu/aec) (AEC) at <http://www.sjsu.edu/aec> to establish a record of their disability.

In 2013, the Disability Resource Center changed its name to be known as the Accessible Education Center, to incorporate a philosophy of accessible education for students with disabilities. The new name change reflects the broad scope of attention and support to SJSU students with disabilities and the University's continued advocacy and commitment to increasing accessibility and inclusivity on campus.

SJSU Writing Center

The SJSU Writing Center is located in Clark Hall, Suite 126. All Writing Specialists have gone through a rigorous hiring process, and they are well trained to assist all students at all levels within all disciplines to become better writers. In addition to one-on-one tutoring services, the Writing Center also offers workshops every semester on a variety of writing topics. To make an appointment or to refer to the numerous online resources offered through the Writing Center, visit the [Writing Center website](http://www.sjsu.edu/writingcenter) at <http://www.sjsu.edu/writingcenter>. For additional resources and updated information, follow the Writing Center on Twitter and become a fan of the SJSU Writing Center on



Facebook. (Note: You need to have a QR Reader to scan this code.)

SJSU Counseling Service

The SJSU Counseling Services is located on the corner of 7th Street and San Fernando Street, in Room 201, Administration Building. Professional psychologists, social workers, and counselors are available to provide consultations on issues of student mental health, campus climate or psychological and academic issues on an individual, couple, or

group basis. To schedule an appointment or learn more information, visit [Counseling Services website](http://www.sjsu.edu/counseling) at <http://www.sjsu.edu/counseling>.

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List the agenda for the semester including when and where the final exam will be held. Indicate the schedule is subject to change with fair notice and how the notice will be made available.

Course Schedule

Week	Date	Topics, Readings, Assignments, Deadlines
1	As scheduled Week of 1/26	Introduction & Administration Each meeting will be discussion on experiences at clinical sites and regarding how to resolve issues at the clinical sites.
2	Wk of 2/02	Resolving issues with coaches
3	Wk of 2/09	Helping with licensure and legislature
4	Wk of 2/16	Documentation and insurance billing issues
5	Wk of 2/23	Hit the Hill Day 2/23 in Sacramento
6	Wk of 3/02	What is professionalism? How does it change between ATS and ATC? And how is your professional philosophy evolving?
7	Wk of 3/09	Stress and time management and avoiding burnout at this stage in your career
8	Wk of 3/16	Networking and Job Hunting, review of resumes and cover letter writing
9	Wk of 3/23	Spring Break
10	Wk of 3/30	Educational leadership – what can you do to help educate the ATS and improve their education both in the classroom and at clinical sites
11	Wk of 4/6	Future of athletic training
12	Wk of 4/13	Additional certifications and programs
13	Wk of 4/20	Being an NATA Mentor
14	Wk of 4/27	Projects May 8 th ? Finalizing project details.

Week	Date	Topics, Readings, Assignments, Deadlines
15	Wk of 5/4	Alumni relations
16	Wk of 5/11	Final Class Discussion and Reflection Due