

San Jose State University  
Dept. of Kinesiology  
Spring 2013

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OFFICE HOURS BY APPOINTMENT ONLY

Beginning Lindy and Social Swing KIN or DANC 45A-01

- I. Course Description:** This course covers basic social dance skills, steps and technique, for Street, East Coast, Lindy and West Coast Swing
- II. Pre-requisites:** None for beginning classes.
- III. Required Text:** Class handouts
- IV. Objectives:**
1. Develop a basic understanding of dances.
  2. Demonstrate a basic understanding of and ability to execute dance steps, patterns and technique.
  3. Express fundamental knowledge verbally; skill performance; and written forms.
  4. Develop the ability to work with different partners.
- V. Evaluation:**
- |                   |           |
|-------------------|-----------|
| 1. Midterm:       | 50 points |
| 2. 5 Field Trips: | 50 points |
| 3. Final Exam:    | 50 points |

135 - 150 = A- -> A
120 - 134 = B- -> B+
105 - 119 = C- -> C+
90 - 104 = D- -> D+
Below 90 = F

**VI. Midterm:** You'll need to demonstrate your knowledge and ability of each dance at the end of each unit. With a partner, you will select one a dance to perform in class. You must select music that is at least 1 minute and no more than 1 minute 30 seconds. Record your music on a CD WAV Format or MP3 player, and bring it with you on the day of your presentation. Or, you can use the music that I have here. Your music **MUST** be cued and ready to go when it's your time to dance (-5 points if not cued). Your choreography can consist of steps and patterns that you have acquired from this class, another class, studio, video, show or other observations. Each test is worth 50 points.

**MIDTERM**

**March 11 and 13, 2012**

**VII. Field Trips:** You are required to attend 5 **APPROVED DANCE LESSONS** outside of this class. You **MUST** provide a receipt and signature from the instructor. A 4 ¼" x 5 ½" Supplemental "Proof of attendance" sheet will be provided in class. Attach the receipt to your "Class Card (passport) and turn the in on the required dates. (If you need to make special arraignments to meet this requirement, please see me immediately.) You **MUST** have your name, student id number, class day, and class

time printed on your extra credit in order to receive full credit. Choose ONE (1) lesson from the following list:

**Field Trip Days**

**Dance Boulevard  
1824 Hillsdale Ave.  
San Jose, CA 95124**

**Fridays\* 8 – 9 PM lesson    Bring SJSU card Save \$2  
1<sup>st</sup>, 3<sup>rd</sup> and 5<sup>th</sup> Fridays  
Lessons \$10 w SJSU Card**

**Every Sunday 7 – 8 PM**

**Field trips (Homework) are due on/or before the following dates:**

- #1 Week of Feb 4**
- #2 Week of Feb 19**
- #3 Week of March 18**
- #4 Week of April 15**
- #5 Week of May 6**

**You may take an instructor approved lesson elsewhere. Please ask instructor for approval before the Field Trip Due Date. *EACH FIELD TRIP IS DUE ON THE WEEK OF THE SCHEDULED DATE. -2 points per field trip if late.***

**VIII. FINAL EXAM:  
May 6<sup>th</sup> and 8<sup>th</sup>**

You'll need to demonstrate your knowledge and ability of each dance at the end of each unit. With a partner, you will select one a dance to perform in class. You must select music that is at least 1 minute and no more than 1 minute 30 seconds. Record your music on a CD WAV Format or MP3 player, and bring it with you on the day of your presentation. Or, you can use the music that I have here. Your music **MUST** be cued and ready to go when it's your time to dance (-10 points if not cued). Your choreography can consist of steps and patterns that you have acquired from this class, another class, studio, video, show or other observations. Each test is worth 50 points.

**Final exams may not be rescheduled. No make-up tests will be given. If you are unable to meet the requirements of this course or you're unable to attend the**

**Midterms or Final, then you are strongly advised to take this class for credit/no-credit.**

- IX. *Extra Credit:*** You may earn extra credit by taking additional lessons from the 2 field trip locations listed above. You may also get extra credit when you dance with 2 or more partners for your midterm or finals. Additional lessons are worth 5 points, extra partners are worth 10.
- X. *Clothes & Shoes:*** Please wear appropriate and comfortable clothing for a dance and movement class. **Exposed underwear will not be tolerated.** Please wear leather-soled or rubber-soled shoes that have some slide to them. If you are unsure of your shoes, please have your instructor check and approve your shoes. **Slings, flip-flops, sandals, boots, mules, or anything else the instructors determine unsafe are unacceptable; and you will not be allowed to dance with improper shoes.**
- XI. *Credit/No-Credit:*** Midterms and Final exams may not be rescheduled, taken early or Taken Late. No make-up tests will be given. If you are unable to meet the requirements of this course or you're unable to attend the Midterms or Final, then you are strongly advised to take this class for credit/no-credit. You must receive 70% overall to receive credit for the class. If you are taking this class for PE credit, then you MAY NOT take the class for credit/no-credit. It is your responsibility to fill out all necessary paper work with Admissions and Records in a timely manner if you are planning to exercise this option.
- XII. *Other Information:***
1. Practicing outside of class is not required but it will show in your dancing and could reflect in your dance skills performance and grade.
  2. Since you'll be dancing with other people, please remember the importance of good personal hygiene– we will all thank you. ☺
  3. If you have questions, please feel free to ask me before, during and after class. Or, I will return your phone call within 48 hours from the time that you've left a voice mail message. I prefer and can respond faster via email.
  4. I'm available by appointment if you have problems or questions with the course material. Please don't hesitate to ask me. Remember – it's your grade.
  5. **It's imperative that you use and read the required text. You will be tested on this information.**
  6. You may be given pop-quizzes during class time which will reflect in the overall points for this class.
  7. The current schedule may change without prior notification.
  8. Ballroom dance video tapes can be checked out **for ONE night only** at the HuP facilities office. If videos are not returned in a timely manner, you will be assessed a \$1.00 fee PER DAY THAT THE TAPE IS LATE and/or a grade hold AFTER 5 WORKING DAYS.
  9. Grades will not be posted.

- 10. TURN OFF all electronic equipment, cell phones, pagers, watches, cameras. Unless you've made prior arraignemnts with me, electronic equipment must be silent.**
- 11. Please do not bring your friends and family to class. Unless you've made prior arraignments with me, they will be asked to leave the room.**