San José State University  
Kinesiology  
Spring 2014, KIN 45A  
Beginning Lindy and Swing Dance

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Office Hours: By appointment only
Class Meetings – MW 9:30 SPX 89

Course Description
Designed to enhance students' understanding of Lindy and Swing dancing and to improve fundamental dance skills in dances such as Street, East Coast, Lindy and West Coast Swing.

Web Resource
Course materials, including the course calendar, may be found on the e-campus Canvas learning management system: http://www.sjsu.edu/at/ec/canvas/. You are responsible for regularly checking the Canvas discussion board and email for information and messages. Login using your my.sjsu username and password.

Course Goals and Student Learning Objectives
Following activities and assigned reading, students will be able to demonstrate through dance and written exams,

I. Knowledge of fundamental dance steps, principles of leading and following, rhythmic patterns and technique related to swing dancing.
II. Proficiency in dancing the fundamental steps and variations of each dance covered.
III. Ability to move rhythmically and with appropriate style.
IV. Ability to identify and explain the influence of culture on the emergence and evolution of ballroom dances as well as their characteristic style.
V. An understanding of the applicable history, competitive structure, safety and etiquette appropriate to ballroom dancing.
VI. An understanding of the mental and physical health benefits to be derived from ballroom dancing.

Activity Program Learning Outcomes
Students will be able to
• demonstrate the acquisition and application of motor skills appropriate to the specific activity.
• demonstrate an understanding of the applicable history, rules, strategies, current research, safety and etiquette appropriate to the specific activity.
• demonstrate an understanding of the benefits of a specific activity as it relates to physical and mental health.

Required Text/Readings
Course supplement required. Class Notes
I. Places to practice: SPX courtyard (keep noise level down as classes and offices are nearby); SJSU event center; Ballroom Dance Club – Fridays 7:30pm – 10pm.
II. Partners will change throughout each class period. In addition, each test can be done with a
different person.

III. Web site (Canvas) includes practice questions for review before final exam.

IV. Written exam will be taken online (via Canvas).

V. Written Exam cannot be made up.

VI. Drop requests will not be accepted after the SJSU drop deadline.

VII. For dance exams student are expected to dress their best and to the extent possible coordinate with their test partner.

VIII. Class protocol: Students are expected to arrive on time and participate fully in all activities throughout the class period. Turn cell phone off and put away for the duration of the class.

Good hygiene is important as well as respectful interactions with all dance partners.

Course Requirements and Grading Policy

Grading Plan Grading Scale

35% Dance Exam 1
35% Dance Exam 2
30% Dance Outings

90 – 100% A- to A+
80 – 89% B- to B+
70 - 79% C- to C+
60 – 69% D- to D+
< 60% F

Dance tests: For the dance tests, students will choose one dance for the 1st test (Street or East Coast Swing) and one dance for the 2nd test (Lindy, or West Coast Swing). For the dance selected, you and your partner will dance the steps covered in class to a one to 1 1/2 minute selection of music of your choice for that dance.

Outings (3) Minimum: 1 hour lesson at a ballroom studio, club, or SJSU Dancesport. Use the form in your course supplement to record outings and attach receipts from club/studio to the form.

Success in this course is based on the expectation that students will spend, for each unit of credit, a minimum of forty-five hours over the length of the course. This would include preparing for class, participating in course activities, and completing assignments/projects. Generally this will amount to 1 hour a week outside of class.

University Policies

Dropping and Adding

Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Refer to the current semester’s Catalog Policies section at http://info.sjsu.edu/static/catalog/policies.html. Add/drop deadlines can be found on the current academic year calendars document on the Academic Calendars webpage at http://www.sjsu.edu/provost/services/academic_calendars/. The Late Drop Policy is available at http://www.sjsu.edu/aars/policies/latedrops/policy/. Students should be aware of the current deadlines and penalties for dropping classes.

Information about the latest changes and news is available at the Advising Hub at http://www.sjsu.edu/advising/.

Academic Integrity

Your commitment as a student to learning is evidenced by your enrollment at San Jose State University. The University’s Academic Integrity policy, located at http://www.sjsu.edu/senate/S07-2.htm, requires
you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The Student Conduct and Ethical Development website is available at http://www.sjsu.edu/studentconduct/.

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person’s ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include your assignment or any material you have submitted, or plan to submit for another class, please note that SJSU’s Academic Integrity Policy S07-2 requires approval of instructors. Note: outings completed for another class cannot be counted for this course.

**Campus Policy in Compliance with the American Disabilities Act**

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 at http://www.sjsu.edu/president/docs/directives/PD_1997-03.pdf requires that students with disabilities requesting accommodations must register with the Disability Resource Center (DRC) at http://www.drc.sjsu.edu/ to establish a record their disability.