San José State University  
Kinesiology  
Fall 2013, KIN 46a, Beginning Social Dance

Instructor: Dr. Bethany Shifflett
Office Location: SPX 83
Telephone: 408-924-3016
Email: bethany.shifflett@sjsu.edu
Office Hours: Mondays, Wednesdays, 11 - noon; and by appointment

Class Meetings M-W, 1:30-2:20; SPX 89

Web Resource
Course materials, including the course calendar, may be found on the e-campus Canvas learning management system: http://www.sjsu.edu/at/ec/canvas. You are responsible for regularly checking the Canvas discussion board and email for information and messages. Login using your mysjsu username and password.

Course Description
Designed to enhance students' understanding of social/ballroom dancing and to improve fundamental dance skills in dances such as the Waltz and Cha Cha.

Course Goals and Student Learning Objectives
Following activities and assigned reading, students will be able to demonstrate through dance and written exams,

- Knowledge of fundamental dance steps, principles of leading and following, rhythmic patterns and technique related to social/ballroom dancing.
- Proficiency in dancing the fundamental steps and variations of each dance covered.
- Ability to move rhythmically and with appropriate style.
- Ability to identify and explain the influence of culture on the emergence and evolution of ballroom dances as well as their characteristic style.
- An understanding of the applicable history, competitive structure, safety and etiquette appropriate to ballroom dancing.
- An understanding of the mental and physical health benefits to be derived from ballroom dancing.
Activity Program Learning Outcomes

Students will be able to

• demonstrate the acquisition and application of motor skills appropriate to the specific activity.
• demonstrate an understanding of the applicable history, rules, strategies, current research, safety and etiquette appropriate to the specific activity.
• demonstrate an understanding of the benefits of a specific activity as it relates to physical and mental health.

Required Text/Readings

Course supplement required. Available at Maple Press (on San Carlos - east of campus)

Class Notes

➢ Places to practice: SPX courtyard (keep noise level down as classes and offices are nearby); SJSU event center; Ballroom Dance Club – Fridays 7:30pm – 10pm.
➢ Partners will change throughout each class period. In addition, each test will be done with a different person.
➢ Course grades will be posted on Canvas by the end of finals week.
➢ Web site (Canvas) includes practice questions for review before final exam.
➢ Written exam will be taken online (via Canvas).
➢ Students may make up one dance test with instructor (grade with instructor substituted for original).
➢ Ballroom dance video tapes can be checked out - see course supplement.
➢ Written Exam cannot be made up.
➢ Drop requests will not be accepted after the SJSU drop deadline.
➢ For dance exams student are expected to dress their best and to the extent possible coordinate with their test partner.
➢ Class protocol: Students are expected to arrive on time and participate fully in all activities throughout the class period. Turn cell phone off and put away for the duration of the class. Good hygiene is important as well as respectful interactions with all dance partners.
➢ Recording class: Instruction may not be recorded. If classmates ask you to record their dancing for later review make sure it is done before or after class rather than during class. Do not post or otherwise share the recording.

Course Requirements and Grading Policy

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<thead>
<tr>
<th>Grading Plan</th>
<th>Grading Scale</th>
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<tbody>
<tr>
<td>30% Dance Exam 1</td>
<td>90 – 100% A- to A+</td>
</tr>
<tr>
<td>35% Dance Exam 2</td>
<td>80 – 89% B- to B+</td>
</tr>
<tr>
<td>15% Dance Project</td>
<td>70 - 79% C- to C+</td>
</tr>
<tr>
<td>15% Written Exam</td>
<td>60 – 69% D- to D+</td>
</tr>
<tr>
<td>05% Dance Outings</td>
<td>&lt; 60% F</td>
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**Dance tests:** For the dance tests, students with a partner (assigned) will choose one dance for the 1st test (Waltz, Two Step, or Cha Cha) and one dance for the 2nd test (Tango, Rumba, or East coast Swing). For the dance selected, you and your partner will dance the steps covered in class to a one-minute selection of music (provided by Dr. Shifflett) for that dance.

**Dance Project: Perform/Compete:** 3 Options are available. **Select one:**
- With a partner enter and compete at the SJSU Ballroom Classic Competition (Saturday, November 16th). Choose one the following:
  - 2 Jack & Jill Events (no partner needed) or
  - Any 3 events in the American Smooth or Rhythm categories (partner needed).
- Join, practice and compete with the Fall Formation Group at the SJSU Ballroom Classic Competition (November 16th). Dance is Night Club Two Step.
- Performance: With other students in this class, choreograph a group (formation) or partner piece and perform in class.

**Outings (3) Minimum:** 1 hour lesson at a ballroom studio, club, or SJSU Ballroom Dance Club. Use the form in your course supplement to record outings and attach receipts from club/studio to the form.

Success in this course is based on the expectation that students will spend, for each unit of credit, a minimum of forty-five hours over the length of the course. This would include preparing for class, participating in course activities, and completing assignments/projects. Generally this will amount to 1 hour a week outside of class.

**University Policies**

**Dropping and Adding**

Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Refer to the current semester’s Catalog Policies section at [http://info.sjsu.edu/static/catalog/policies.html](http://info.sjsu.edu/static/catalog/policies.html). Add/drop deadlines can be found on the current academic year calendars document on the Academic Calendars webpage at [http://www.sjsu.edu/provost/services/academic_calendars/](http://www.sjsu.edu/provost/services/academic_calendars/). The Late Drop Policy is available at [http://www.sjsu.edu/aars/policies/latedrops/policy/](http://www.sjsu.edu/aars/policies/latedrops/policy/). Students should be aware of the current deadlines and penalties for dropping classes.

Information about the latest changes and news is available at the Advising Hub at [http://www.sjsu.edu/advising/](http://www.sjsu.edu/advising/).

**Academic integrity**

Your commitment as a student to learning is evidenced by your enrollment at San Jose State University. The University’s Academic Integrity policy, located at [http://www.sjsu.edu/senate/S07-2.htm](http://www.sjsu.edu/senate/S07-2.htm), requires you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The Student Conduct and Ethical Development website is available at [http://www.sjsu.edu/studentconduct/](http://www.sjsu.edu/studentconduct/).

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person’s ideas without giving proper credit) will
result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include your assignment or any material you have submitted, or plan to submit for another class, please note that SJSU’s Academic Integrity Policy S07-2 requires approval of instructors. Note: outings completed for another class cannot be counted for this course.

**Campus Policy in Compliance with the American Disabilities Act**

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 at [http://www.sjsu.edu/president/docs/directives/PD_1997-03.pdf](http://www.sjsu.edu/president/docs/directives/PD_1997-03.pdf) requires that students with disabilities requesting accommodations must register with the Disability Resource Center (DRC) at [http://www.drc.sjsu.edu/](http://www.drc.sjsu.edu/) to establish a record of their disability.