Update on the election and beyond…

As 2012 winds down, let’s not forget that it was 150 years ago, in December of 1862, that the founder of our department, Mlle Adele Parot, came west from Boston to start what became our Kinesiology Department. In time, this department also “gave birth” to the Department of Recreation, the Department of Intercollegiate Athletics, and the Dance Department. We were the first institution of higher education in the west to teach physical activity. We morphed into having a Men’s and Women’s Department of Physical Education, which in turn led to the building of what are now the YUH and SPX buildings. And in turn, that is why they are in such need of renovation, having been built as separate departments in a very different time. While physical activity remains important and underpins so much of what we do, the original buildings were not built with the research, labs, and seminar rooms that we now need so badly.

Renovation of YUH is planned to in December and the building will be closed for both spring and fall 2013. Full time faculty housed in YUH will move to SSC as will most part timers, although a few will move to SPX 301 for one year. Then in spring and fall 2014, YUH should re-open with new labs, research and classroom space, and SPX will close for the whole of 2014 for its own renovation.

The funding for these extensive renovations comes from a bond measure from the state that was specifically passed for construction. Thus, no funds are being diverted that could have been used for instruction…which brings us to the passage of Proposition 30.

The fact that Prop. 30 passed means the following:

• we will not have to implement the deep cuts in class offerings in the spring that we would have had to if it failed but there will probably still need to be some cuts because SJSU has been living beyond its budget
• student fees will be rolled back in spring to what they were in 2011
• students will receive a small refund in some form

If you voted for this proposition, or helped others to understand its importance, thank you! It should, in time, mean the stabilization of funding to higher education in California. After 150 years, maybe this is the chance to renew the department in so many ways and build for those who come after us, as others did before, for us.

Meanwhile Happy Thanksgiving and I hope your finals go well.

Shirley H. M. Reekie, Chair
Student News

Erin Enguero, Pre-PT Club Co-Treasurer and active student of the Kinesiology Department, was recently chosen to represent San José State for the CSU William Randolph Hearst Trustee Award Scholarship and was also named Trustee William Hauck Scholar. See the official CSU website: http://www.calstate.edu/foundation/hearst/awardees/2012/sj-enguero.shtml

She attended the awards ceremony Tuesday September 18th. Congratulations!!

Congratulations to KIN graduate students Dominique Hunter and Matt Bejar, and their mentors, Drs. Jessica Chin and Ted Butryn. Dominique and Matt were each awarded an SJSU 2012-2013 Graduate Equity Fellowship; they were two of 35 recipients selected from a competitive university-wide pool of just over 90 applicants.

Looking for Faculty?

Effective December 12th, the following will have a new office space in the Student Success Center:

Stan Butler SSC 514
Ted Butryn SSC 512
Gong Chen SSC 517
James Kao SSC 513
Matt Masucci SSC 515

Winter Schedule 2013*

<table>
<thead>
<tr>
<th>Course</th>
<th>Days</th>
<th>Times</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kin 14A Beg. Volleyball</td>
<td>M-F</td>
<td>1000-1200</td>
</tr>
<tr>
<td>Kin 27A Beg. Table Tennis</td>
<td>M-F</td>
<td>1400-1600</td>
</tr>
<tr>
<td>Kin 35A Beg. Weight Training</td>
<td>M-F</td>
<td>0800-1000</td>
</tr>
<tr>
<td>Kin 46A Beg. Social Dance</td>
<td>M-F</td>
<td>0800-1000</td>
</tr>
<tr>
<td>Kin 55A Beg. Self Defense</td>
<td>M-F</td>
<td>1200-1400</td>
</tr>
<tr>
<td>Kin 61A Beg. Hatha Yoga</td>
<td>M-F</td>
<td>1000-1200</td>
</tr>
<tr>
<td>Kin 69 Stress Management</td>
<td>M-F</td>
<td>0900-1210</td>
</tr>
<tr>
<td>Kin 100W Writing Workshop</td>
<td></td>
<td>See below</td>
</tr>
<tr>
<td>Kin 101 Sport in America</td>
<td>M-F</td>
<td>1230-1540</td>
</tr>
<tr>
<td>Kin 155 Exercise Physiology</td>
<td>M-F</td>
<td>1100-1320</td>
</tr>
<tr>
<td>Sec. 2 Lab</td>
<td>M-F</td>
<td>0830-1050</td>
</tr>
<tr>
<td>Sec. 3 Lab</td>
<td>M-F</td>
<td>1330-1550</td>
</tr>
<tr>
<td>Kin 169 Div. Stress &amp; Health</td>
<td>M-F</td>
<td>0900-1210</td>
</tr>
<tr>
<td>Kin 175 Measure. &amp; Eval.</td>
<td>M-F</td>
<td>1100-1320</td>
</tr>
<tr>
<td>Sec. 2 Lab</td>
<td>M-F</td>
<td>0830-1050</td>
</tr>
<tr>
<td>Sec. 3 Lab</td>
<td>M-F</td>
<td>1330-1550</td>
</tr>
<tr>
<td>Kin 186 Pharmacology</td>
<td></td>
<td>Online</td>
</tr>
<tr>
<td>Kin 188 Prev. Care Ath. Inj.</td>
<td>M-F</td>
<td>0830-1050</td>
</tr>
<tr>
<td>Kin 189 Prev. Care Ath. Inj. Lab</td>
<td>M-F</td>
<td>1100-1320</td>
</tr>
</tbody>
</table>

*all classes are tentative and subject to meeting enrollment targets

Need KIN 100W but can never get the class?

KIN is offering an additional section of 100W this winter/spring (Special Session) on Fridays and Saturdays (yes, Saturdays) for 6 weeks, from 8:30 AM to noon, for 12 meetings, starting on Jan 4 and ending on Feb 16.
Announcements/ Club News

Carol Sullivan will once again hold the annual Aerobic-thon event. For details see p. 5.

SPATO will be sponsoring a tree at “Christmas in the Park.” Look for the tree with lots of blue and gold!

The 2012 Disability Sport Expo was a big success!! The DSE is an annual event hosted by the KIN 159 class, supported by the Adapted Physical Activity Club, and promotes adapted physical activities. The event highlighted the benefits of physical activity for all individuals and also helped spread awareness regarding the lack of available programs and resources. The DSE offered students an opportunity to participate in a variety of adapted sports, including wheelchair football, power soccer, and adapted volleyball. Shira Leeder, Miss Wheelchair California 2012, gave a very inspirational speech and even played power soccer with us! Thank you to all who attended and helped out with the event, and if you missed it this year, make sure to attend next Fall!!

The SJSU Rowing Team (comprising 3 members of the fall 2011 class, 3 from the spring 2012 class and 3 from the current class) competed recently in a regatta in Foster City. Teams included many CSU and UC teams, as well as high school and masters teams. Our team came second in the men’s novice masters 8+, a great achievement for such a relatively inexperienced crew. Stroke seat was KIN major José Rangel and the coxswain was Brittany Manrubia. The team was coached by Dr. Shirley Reekie.

The clubs of Kinesiology held the Kinesiolloween/Faculty and Staff Appreciation event on October 31st, and it was a great success! The event provided an opportunity for the students to thank the faculty and staff for all their work, and also acted as a fund raiser for the clubs. Students prepared a BBQ, bake sale, games, and activities, and were able to mingle with faculty (some of whom were quite unrecognizable!!). Overall everyone had a lot of fun and some amazing memories were made. We hope to make this event a tradition and anticipate it will be even better next year!
Department of Kinesiology Contacts

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**Interim Undergraduate Athletic Training Program Director**
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**Club Advisors**
**Kin Ambassadors Club**
Jessica Chin - Jessica.Chin@sjsu.edu

**Adapted Physical Activity Club**
Dr. Nancy Megginson - Nancy.Megginson@sjsu.edu

**Spartan Athletic Training Organization (SPATO)**
Holly Brown - Holly.Brown@sjsu.edu

**Pre-Physical Therapy Club**
Rachel Vimont - Rachel.Vimont@sjsu.edu

**Sport Management Club**
Dr. Sonja Lilienthal - Sonja.Lilienthal@sjsu.edu

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Alumni News

Congrats to **Anthony Reyes** (BS, ‘04), one of our undergraduate ATEP alums. He is the asst. ATC for the SF Giants (World Series Champions).

**Ramin Naderi** (MA, ‘02) writes that the National Indian Health Board Chair accepted Regional Impact award for him. It is for all the Wellness Center Programs for the AI/AN community in Santa Clara County. Below is a link to his presentation at the APHA: [https://apha.confex.com/apha/140am/webprogram/Paper261476.html](https://apha.confex.com/apha/140am/webprogram/Paper261476.html)

**Jason Whitcomb** (BS, ‘11) has accepted permanent employment with the National Football League following completion of a very competitive internship there. Congratulations, Jason!

**David Doak** (BS, ‘64) gave a historic piece of equipment from San Jose State College that he had used in his 37 years at Lincoln High School, a Heartometer. David recalled his professors: Bosco, Gustafson, McPherson with great fondness and talked of one of his classmates, Dan Landers in a visit back to see the Men’s Gymnasium that “hasn’t changed much since the early 1960s”!

Yes, we are anxious for that renovation to begin!!

**Hilary Barnes** (BS, ‘10) writes: “Just wanted to write and let you know that SJSU did a great job of preparing me for PT school. I am 1/3 of the way done with my second year and having a great experience. I am especially grateful for Dr. Kao’s biomech class and all of Dr. Han’s and Holly Brown’s great AT courses. Many of the classes at SJSU were either great preparation or right on par with what I am taking in PT school.” She’s also just bought a kayak, following taking the class here!

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Upcoming Dates:

- **November 21, 2012** - All classes after 5pm will not meet
- **November 22-23, 2012** - Holiday, Campus Closed
- **December 10, 2012** - Last Day of Instruction
- **December 11, 2012** - Dead Day
- **December 12-18, 2012** - Final Exams
- **December 19, 2012** - Make-Up Exams
- **December 22, 2012** - Winter Recess Begins
AEROBIC THON
2012

Sponsored by: Aerobics section of the
Department of Kinesiology,
San Jose State University

FRIDAY, NOVEMBER 30, 2012
4:00 TO 6:30 PM
SPX-C 44 (GYM)

SAN JOSE STATE UNIVERSITY
San Carlos Street between 4th and 7th Streets

Bring your club, family, sorority, fraternity..!!!

Aerobics for Your Heart!!
Aerobics for Your Stress!!
Aerobics for Fun!!

"Tell a friend, bring a friend."

Fabulous Aerobics Instructors
Hi/Lo Aerobics
Cardio Hip Hop
Kickboxing
Zumba
Bollywood Aerobics

Admission: $5.00 per person
(Fees will go towards purchase of aerobic equipment)

How do you spell 'STRESS RELIEF'? aerobicthon

For more information see or contact CAROL SULLIVAN, 924-3022 or carol.sullivan@sjsu.edu