Department of Kinesiology
CHHS, SJSU
Transfer Orientation
Department | Overview

**Number of full-time faculty (23)**

**Number of PT faculty 21; 40+ activity instructors**

**Number of undergrads (nearly 1000;) 100 graduates**

**Broad, yet Specialized Academic Discipline**
- IPAC – Pre-OT
- Athletic Training – grad only
- Exercise and Fitness - PreAT
- Rehab Science - PrePT
- Sport Management & Culture - PreMBA
- PETE – teacher ed
- AAT-transfer
Leadership

Department Chair:
Dr. Tamar Semerjian

Manages the department and staff.

See her only by appt for critical issues only.

No drop in hours.

She signs-off on many department forms.

Forms should be dropped off in the KIN office not to her office directly.

She is a last option for advising: See your advisor first, then the KIN Dept. Advising Manager, then CHHS student success center, then Student Services/Clark Hall.
Undergraduate Program

Undergrad Coordinator: Dr. Jessica Chin

3 Degrees: AT, KIN, & Teaching (each has strong internship component)

Graduate Program

Grad Coordinator: Dr. Ted Butryn

1 Degree, 4 Concentrations: Athletic Training, Exercise Physiology, Sport Management, Sport Studies; also Human Factors Ergonomics (with COE)

Internships: Stanford, SCU, SJSU & other colleges/HS

GE Program

GE Coordinator: Dr. Peggy Plato

7 GE classes offered

Activity Program

Activity Coordinator: Dr. Gong Chen

35 different activities offered

Advising

Adv Mgr: Daniel Murphy

Signs grad forms

Provides backup advising
### Technology Platforms | Integration

<table>
<thead>
<tr>
<th>Platform</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Facebook</td>
<td>Dept. of KIN &amp; PA Program, images, videos, updates, events, news</td>
</tr>
<tr>
<td>YouTube</td>
<td>Faculty/student videos, award-winning KIN videos</td>
</tr>
<tr>
<td>Twitter</td>
<td>Dept. Tweets, news updates, events, digital-redirector</td>
</tr>
<tr>
<td>WPress</td>
<td>Faculty and student blogs, news, events, digital-redirector</td>
</tr>
<tr>
<td>Pinterest</td>
<td>Image Sharing, Infographics, events, faculty books</td>
</tr>
<tr>
<td>Google+</td>
<td>Dept. digital interface platform</td>
</tr>
<tr>
<td>Change</td>
<td>Social actions, online petition forum for KIN</td>
</tr>
</tbody>
</table>

**Daniel Murphy**: Social Media Manager, KIN
Department Overview

### Department

1. Most historic program in KIN on the West Coast
2. One of the largest majors on campus
3. One of the largest UG KIN programs in the US
4. 3 different degrees
5. International scholars
6. Numerous partnerships
7. High graduation rates
8. Brand new facilities
9. Expanding labs

### Community

Our students hail from a variety of backgrounds, which helps to create a diverse and active academic environment.

Refer to faculty as Dr. or Professor + last name.

Most professors do not give out add codes via email.

Most faculty do not answer emails over summer and winter breaks.

Knock on office doors before you walk in; ask to be invited in. Be polite.
# Program Requirements

## Categories

1. KIN Prereqs (15-18 units)
2. KIN Core (16 units)
3. KIN Specialization (30 – 33 units)
4. SJSU Upper Div GE (12 units Area R, S, V, & Z)
5. Activity (6 units)
6. Internship (1-3 units)
7. Int’l Experience (req/waivers)
8. Graduate School Prereqs (3-12 units)

## Schedules

Each semester: take 1 or 2 KIN core classes, 1or 2 specialization courses, 1 activity, 1 Upper DIV SJSU Studies course. (if possible!)

12 units = full load, most students take 1 activity class per semester. 13-16 units total per semester. You can add up to 18/19 units in a semester. Wait list 1-15 units on [my.sjsu.edu](http://my.sjsu.edu)

Take no more than 16 units max per semester. Take no more than 2 classes (6 units) over summer max. Take only x1 class (3 units) in winter max.
#1 KIN Prereqs
- Bio 65
- Bio 66
- Chem 30A or higher
- Math Area B4
- KIN 70

Advice
- Take care of these in Fall if needed, plus any other missing Area A-E SJSU lower Division GE
- Stats is needed for most grad schools
- Chem 1 can take the place of Chem 30A
- Bio65L (lab only) transfer for human cadaver lab if Rehab Science
- Must have C- or better
- Check with CHHS SSC
## 2. KIN CORE COURSES (MANDATORY) (20 units)

- All courses here are useful to take 1<sup>st</sup>/2<sup>nd</sup> semesters; 3 units courses (*except 185 – senior seminar, 1 units)
- KIN 155
- KIN 158
- KIN 160 or
- KIN 161 or
- KIN 164
- KIN 165
- KIN 166 (*one in core; one in specialization; not including SMC)
- KIN 175
- KIN 185
- X4 Activity courses
3. Specialization Areas – Degrees (choose x1 area/degree pathway)

**Athletic Training B.S. Degree**

**Kinesiology B.S. Degree - Specializations**
- Exercise & Fitness Specialist (Exercise Physiology) (PreAT; PreChiro; Fire/Police; S&C)
- Inclusive Physical Activity in Communities (IPAC) (PreOT)
- Individualized Studies
- Rehabilitation Sciences (PrePT; PreMed; PrePA)
- Sport Management & Culture
- Transfer Curriculum Studies

**Kinesiology B.S. Degree - Preparation for Teaching**
- Single Subject Teaching
- Adapted Physical Education

Note: For students interested in information pertaining to a career in physical therapy, check this page: [www.sjsu.edu/kinesiology/kin_pt/](http://www.sjsu.edu/kinesiology/kin_pt/)
4. SJSU UPPER DIVISION GE
Students complete 9 to 12 units of SJSU studies: 9 units of upper division general education courses (Areas R, S, and V) and 0 to 3 units of 100W (Area Z).

Completing Area Z with a grade of "C or better" (C- not accepted) is a graduation requirement.
Prior to enrollment, all SJSU Studies courses require completion of core GE, satisfaction of Writing Skills Test and upper division standing.

Pre/Co-requisite of a 100W course is strongly recommended for enrollment in Areas R, S, and V.

Mandatory for all students
Area Z - KIN 100W: Writing Workshop / or
HPRF 100W. (C or better)

Dble count for IPAC
Area S - KIN 169: Diversity, Stress and Health

Dble count Rehab Science
Area R - KIN 163: Physical Fitness and Nutrition

Open to all
Area V - KIN 111: Sport & Movement in a Global Context

KIN 111ITL: Sport & Movement in a Global Context: International Experience
5. INTERNSHIPS

KIN 198 is the internship: read here: http://www.sjsu.edu/kinesiology/internships/

1 unit = 50 hours;
2 units = 100 hours;
3 hours = 150 hours.

- Summer is a good time to take care of internships.
- Mandatory for most specialization areas.
- You can break up the internship across semesters.
- Most grad schools will want min. of 100-150 hours.
- Hours do not count for KIN until signed up for KIN 198.

Finding an internship/fieldwork.

Kinesiology student email list. Not getting emails? contact Winston Kwong (KIN staff) at winston.kwong@sjsu.edu


Web-based job listings. Paid internships are fine. So, if you're searching for a sport-related job, here's an example of a website to check out: https://www.teamworkonline.com/
Physical Activity | Program

- Need 6 classes total
- Improves student health and well-being; reduces stress
- Previous classes taken at CC usually count
- Need at least 4 different areas covered (Areas 1-6)
- X2 For University; x4 for KIN
Graduate School

Overview

Most grad schools:
100 - 150 hours min internship; 3.5 gpa and up, 80% on GRE scores and up, x3 letters of rec, solid letter, resume, & field experience

Ph.D. Program
Prereqs vary

Chiropractic
Prereqs vary

MBA
Prereqs vary
Do the business minor if SMC

MA Sport Mgmt/Sport Psy
Prereqs vary

Medical School
Chem/Bio/Phys/Ana/Physio
Prereqs vary

Occupation Therapy
Take Psy 110, Art 46, Bio 109/OCTH190, KIN 163 for guided electives

Physical Therapy
Take KIN 163; Psy 110 for guided electives