

INSTRUCTIONS FOR COMPLETING KIN MAJOR FORM

Read these instructions fully BEFORE attempting to fill in the Major Form. Altered or messy forms are not acceptable.

1. Fill in your name, minor, student id number, current email address, current phone number, and planned graduation date. Type or print clearly. All grades for Kinesiology courses must be C- or above.
 2. In core curriculum section, enter only one class where alternatives are permitted (KIN 160 **or** 161 **or** 164; 165 **or** 166).
 3. Use "**IP**" if class is in progress; use "**TBT**" if course is to be taken. If for any reason a TBT course is being substituted after Major Form has been handed in to the Registrar, be sure to complete a Change of Program Petition (available in SPX 56).
 4. Complete Activity Courses in Core section by entering course numbers and names, as well as grades received. List courses in numerical order (e.g., KIN 002B before KIN 014C).
 5. Fill in Emphasis area (e.g., Adapted Physical Activity, Athletic Training, etc.); enter course numbers, names, unit values, and grades received.
- Fill in courses in support of major section (e.g., Bio 65, 66, Chem 30A, GE Math, KIN 100W) by entering course number, name, unit value, and grade received
 - Fill in the course substitution section, if appropriate.
 - If you took a course at another institution, abbreviate the name of the institution in the margin next to the appropriate SJSU course number, and list department and course number.
 - Attached transcripts for all course work listed on Major Form.
 - Take the completed Major Form to your advisor for checking and signing. Your advisor will forward the form to the Advising Manager and the Undergraduate Coordinator.
11. When the form has been signed, or if a problem arises, you may be notified on the KIN bulletin board **OR** you can pick it up in SPX 56. You are responsible for picking up your major form from the office.
 12. Once the form has been approved, submit the white copy of the Major Form in a sealed envelope and the application for graduation (once paid at the Bursar's Office) form with the registrar in Admissions & Records. The department keeps a yellow copy of the Major Form, and a pink copy is for your records.

The University Catalog and Schedule of Classes both have information about the university rules and deadlines.

**BE SURE TO READ EVERYTHING
ABOUT GRADUATION APPLICATION
AT LEAST ONE YEAR BEFORE YOU INTEND TO GRADUATE.**
(Information is in the Catalog; deadlines are in the Schedule of Classes)

**SAN JOSE STATE UNIVERSITY
DEPARTMENT OF KINESIOLOGY
MAJOR FORM**

Name: _____ Major: Kinesiology Kinesiology – Athletic Training
 Student ID Number: _____ Email Address: _____
 Current Phone #: _____ Expected Graduation Date: Month _____ Year _____
 First College Semester was FALL SPRING of the YEAR _____ Yr of Handbook followed _____
 Have you been continuously enrolled? YES NO if not, when did you re-enter: FALL SPRG YEAR _____
 Will you have a minimum of 120 units completed by the time of graduation? YES NO

- If a course is taken at another university/college, please indicate institution's name and course number in the margins.
- All course work listed on major form must be documented by a grade report or transcript. Attached? Y N
- List all KIN Emphasis Courses SEQUENTIALLY in order of course numbers from LOW to HIGH.
- List all non-KIN Emphasis Electives ALPHABETICALLY, by department, and SEQUENTIALLY, in order of course numbers from LOW to HIGH.
- All Core (including 4 Activity Classes) and Emphasis courses must be completed with a C- or better
 - Exceptions: KIN 100W and GE Math which must be completed with a C or better (University policy)

CORE CURRICULUM:

Course	Title	Units	Grade
KIN 070	Intro to Human Perf	3	_____
KIN 155	Physiology of Human Perf	3	_____
KIN 158	Biomechanics	3	_____
KIN 160	History of Sport & PE	3	_____
or 161	Philosophy of Sport	3	_____
or 164	Soc-Cult Perspectives	3	_____
KIN 165	Motor Development	3	_____
or 166	Motor Learning	3	_____
KIN 175	Measurement & Evaluation	3	_____
KIN 185	Senior Seminar	3	_____

EMPHASIS: _____

Course	Title	Units	Grade
KIN _____	_____	_____	_____
KIN _____	_____	_____	_____
KIN _____	_____	_____	_____
KIN _____	_____	_____	_____
KIN _____	_____	_____	_____
KIN _____	_____	_____	_____
KIN _____	_____	_____	_____
KIN _____	_____	_____	_____
KIN _____	_____	_____	_____

COURSES IN SUPPORT OF MAJOR:

Course	Title	Units	Grade
Bio 65	Human Anatomy	4	_____
Bio 66	Human Physiology	5	_____
Chem 30A	Introduction to Chemistry	3	_____
_____	GE Math Area B4	3	_____
KIN 100W	Writing Workshop	3	_____
_____	_____	_____	_____
_____	_____	_____	_____

ACTIVITY COURSES FOR THE KIN CORE (4) AND FOR UNIVERSITY GRADUATION (2):

Note: The four (4) activity courses for the KIN Core must be from four (4) different movement areas

Note: Only one (1) activity course from University Athletics (ATH) may be used

KIN _____	_____	_____	_____	KIN _____	_____	_____	_____
KIN _____	_____	_____	_____	KIN _____	_____	_____	_____
KIN _____	_____	_____	_____	KIN _____	_____	_____	_____

Substitute _____ for _____
 Substitute _____ for _____

Advisor: _____ Date _____
 Advising Manager: _____ Date _____
 UG Coordinator/Dept. Chair: _____ Date _____