

Department of Kinesiology		Degree Mapping - 4 Year program	
B.S in Kinesiology - Pre-Professional Emphasis			
Freshman Status			
Fall - 16 units		Spring - 16 units	
KIN 70 - 3 units Introduction to Kinesiology		GE - 3 units	
GE - 3 units (Engl 1A)		GE - 3 units (Chem 30A)	
GE - 4 units (Bio 65)		GE - 3 units (Engl 1B)	
GE - 3 units (Stat 95 or other GE Math)		GE - 3 units	
GE - 3 units		GE - 3 units	
		Activity Class - 1 unit***	
Sophomore Status			
Fall - 13-16 units		Spring - 14-17 units	
GE - 3 units		KIN 160 or 161 or 164 - 3 units	
GE - 3 units		GE - 3 units	
GE - 3 units		Kin 188- 2 units	
GE - 3 units		Kin 189 - 1 unit	
American Institutions - US History / Government - 0-3 units*		American Institutions - US History / Government - 0-3 units*	
Activity Class - 1 unit***		GE - 5 units (Bio 66)	
Junior Status			
Fall - 16 units		Spring - 16 units	
SJSU Studies Area R - 3 units		SJSU Studies Area V - 3 units	
Kin 100 W - Writing Workshop - 3 units		Activity Class - 1 unit***	
Kin 155 - Exercise Physiology - 3 units		Kin 165 or 166 - 3 units	
Kin 158 - Structural & Mechanical Kinesiology - 3 units		Kin 175 - Measurement and Evaluation - 3 units	
Kin 191A - 3 units		Kin 191B 3 units	
Activity Class - 1 unit***		Kin 195 - 3 units	
Senior Status			
Fall - 16-18 units		Spring - 14 - 16 units	
Kin 198 - Internship - 1 unit**		Kin 185 - Senior Seminar - 3 units	
Kin Elective - 3 units		Kin 174 - 3 units	
Kin 194 - 3 units		Activity Class - 1 unit***	
Add'l Coursework (3 - 5 units)		Add'l Coursework (3 - 5 units)	
Elective - 3 units (Kin or course outside kin)		Elective - 3 units (Kin or course outside kin)	
SJSU Studies Area S - 3 units		Activity Class - 1 unit***	

*American Institutions courses may be satisfied in the Core GE. Refer to the Schedule of Classes General Education Requirements page.

**If taking 1 unit of KIN 198, must also take an additional 2 units of Elective coursework

***4 activity courses must be from 4 of 6 movement areas