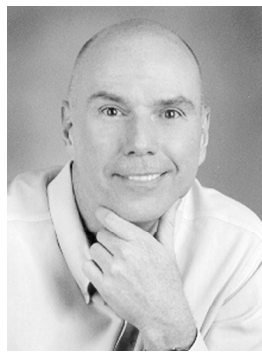




San José State
UNIVERSITY

San Jose State University - Department of Kinesiology

ALUMNI NEWSLETTER



Chair's Message...

Changing of the Guard

This August I will have been Chair of the Department of Kinesiology for six years. It's been gratifying, and I'm thrilled that I've done it. After all, representing such a dedicated department stocked full of top notch professional faculty and staff and such a mature and passionate student body can really be enjoyable. But, after considerable introspection, I'm feeling the urge to move back to the position that got me here – a regular faculty member in the Department of Kinesiology. I look forward to the increased flexibility of that position. It'll allow me more time for writing, research, and the professional activities that I was once able to tackle a bit more zealously. Being a faculty member may be the best job on campus. After all, we get to deliver on exactly why we're here – educating the students. I miss the more personal and direct interaction I had when I was teaching so much more. And, I miss my own discipline – that which I studied so long and hard for all those years ago. Yep, starting next Fall, I'll be back to teaching motor development, not to mention a few other things.

Leaving the position of department chair would be much more difficult, if I had doubts about our future leadership. This is one of the finest departments of its kind, and we do not want to sacrifice that. Fortunately, Dr. Shirley Reekie was elected by the department to assume the role. Shirley has been a faculty member here for nearly a quarter century (Sorry, Shirley!). Gosh, that sounds so much longer than twenty-four years. No question, Shirley will bring an energy, excitement, enthusiasm, wisdom, knowledge, and positivity to the role. The department will be well served.

I don't think many people realize how complex and just plain big our department really is. We often have as many as seventy faculty members with seven staff. We offer nearly 250 sections of classes each semester in close to three blocks or more of facilities. We have 650 undergraduate majors, close to 150 graduate students, and literally thousands of students enrolled in our physical activity program each semester. We also have a large (though, not usually large enough) and complex budget. In short, we have our share of issues and problems, but Shirley is up to the task. She is approaching the job with vigor. That, combined with her experience in the department, gives her the qualities needed to steer our big ship.

Shirley and I have already started her transition into office starting at the beginning of Fall semester, 2006. As a part of that transition, you'll find her first "words of wisdom" directly below, as we have created a joint "Chair's Message" for this edition. Meanwhile, I'll be here through the summer. So, I'd like to say thanks to everyone who helped me through what some call the "toughest job on any college campus" over the last several years. I'd also like to wish Shirley the best of luck in her new position.

Greg Payne

Do you recall attending a graduation ceremony yet remember little of the speech? The school I attended for 14 years in England has an annual service of thanksgiving for our founders, rather than graduation. Of the 14 speeches, I remember only 1, given by a headmistress from a school in South America. Her theme was "Cherish the past; adorn the present; create for the future."

Cherish the past. Are you aware that next year, 2007, will be San José State University's 150th birthday? As you'll know if you took Sport History, the institution wasn't called by that name then, nor was it in San José, but it did become SJSU. This seems a good excuse to party! After all, we're way older than that other institution up the peninsula. As you may also remember, our own department was begun in 1862, which gives us six years to plan for a great KIN (= family) celebration. If you have ideas for this, big or small, please let me know. Cherishing the past gives us a feeling of taking our places in a department with a wonderful lineage.

Continued on page 2

Chair's Message cont.

Adorn the present. I've been here for 24 years, having arrived with a one year contract. As an avid player in the outdoors, I quickly fell in love with California, the Bay Area, and San José State University. This is a very special place. I was fortunate to come to a department where faculty were well qualified, got along, and yet engaged in lively debate. This had been achieved over the previous 130 years but I'm sure there were contentious times. For example, we've "spawned" four other departments: Recreation, Dance, Intercollegiate Athletics for Men, Intercollegiate Athletics for Women, and re-combined the Men's and Women's Departments. Yet I found a strong department that had continued to grow, perhaps by finding out who it really was, through these restructurings. I hope I may play a part in continuing to make this a better place for students, faculty, and staff. History teaches us it is our small daily actions that set the tone of an institution, as much as it is our occasional momentous decisions. In both ways, we may "Adorn the present."

Create for the future. Of course, I've already touched on the future by writing of the past and present. One of the most rewarding things about teaching is that one touches the future daily by working with students who represent that future. I do remember one thing former President Caret said in a beginning-of-the-year speech: "Education is special because it gives us the opportunity to re-invent ourselves every 12 months." So, here's a challenge for us all, whether we are faculty, staff, or students: How will we re-invent ourselves in the next year? How can we make more of ourselves so that we have a brighter future? If you have ideas, small or big, for making our department better, whether it's a suggestion for a new course, or having a vending machine that sells healthy snacks/drinks, please let me know. (This one came from a student; if it gets support, I'll look into it). I'm at 924 3020 or sreekie@kin.sjsu.edu I plan on continuing Dr. Payne's "Open Door" policy and hope to see you soon.

Please do join me in thanking Greg personally for his six years of service as department chair. Among many other things, he has guided the department to a new name, brought in excellent new faculty and staff, and helped us plan a vision for our future. Thank you, Greg! And thank you to San José State University for giving me a great place to work, and this opportunity to serve the department I have grown to love.

Shirley H.M. Reekie

Dr. Sue Wilkinson, along with colleagues **Wendy Jones** from the Antioch Unified School District and **Dianne Wilson-Graham** of the California Department of Education, presented a Level II Workshop on the Physical Education Content Standards at the recent Annual Conference of the California Association for Health, Physical Education, Recreation, and Dance in Garden Grove, CA. Sue was also honored at the conference as she received the Past President's Award of Honor with special recognition she has given to her work on the California Content Standards and her recent appointment as Executive Director of the California Physical Education and Health Subject Matter Project.



Dr. Gong Chen made two presentations at the recent Annual Conference of the California Association for Health, Physical Education, Recreation, and Dance. His first presentation was titled, "Keeping the attacker away," and the second was, "Stationary Tai Chi for diverse populations."

Dr. Matt Masucci received a CASA Small Research Grant Award for 2006-2007. The funds will be utilized to support a qualitative investigation of social, coping, and motivational



factors in Mixed Martial Arts competitors. This work is being supported through the small research grant and in collaboration with the Department of Kinesiology Qualitative Research Laboratory.

KIN staff members, **Carol Bare**, **Jodi Mercer**, and **Winston Kwong** participated in the planning and implementation of a College of Applied Sciences and Arts – wide retreat for faculty and staff in early April. All three also participated on panels making presentations to the nearly fifty people in attendance. Carol's presentation was on, "Factors that impede productivity." Jodi spoke on "Faculty affairs," and Winston addressed "Scheduling." Great job by all!

Dr. Leamor Kahanov has been selected to receive the California Athletic Trainers' Associations Special Service Award at their Annual Clinical Symposium held at the Town and Country Hotel and Resort in San Diego. The award was presented at the awards banquet Saturday, April 8th. Great job, Leamor!



Jeff Roberts has been invited to become a member of the On-line Writing Team for the Exam Development Committee for the Board of Certification (BOC) exam in athletic training.

Dr. Greg Payne made the keynote presentation at "Passionate careers in a

changing world,” a program sponsored by the SJSU Career Center. Greg’s talk was entitled, “New tricks for old dogs?” and was one of a series of presentations and panel discussions held at the SJSU Student Union in mid-April.

Curt Sennewald will be going to CSU, Sonoma this summer for the U.S. Naginata trials. While there, Curt will participate in a Naginata seminar as well as the U.S. championship. These championships will be the trials for the USA team that will compete in Belgium next year at the 4th Annual World Naginata Championships. Curt hopes to earn one of the four spots for men on the National Team.

Former KIN faculty member, **Dr. Jim Bosco**, returned from Edmonton, Alberta, Canada where he participated in the World Master’s Badminton Championships. Jim had an incredible tourney where he garnered four gold medals.



Jim won the 75-79 year-old men’s singles, men’s doubles, mixed doubles, and the 70-79 year-old team category. Jim’s success culminated an amazing year of competition where he traveled throughout the world competing in badminton. In the past three years, Jim has been undefeated in national

and international competitions in the 75-79 year-old category. Jim says, he is already “...looking forward to next year’s World Championships in Sydney, Australia.

Dr. Bethany Shifflett was on sabbatical leave Spring semester working on a project that would convert one of our General Education courses (KIN 067) into a stand alone online version of a course that is currently offered in the classroom setting.



Jeff Roberts, Clinical Coordinator of our undergraduate Athletic Training Program, gave a presentation on “Brachial plexus” with several students from our program at the Far West Athletic Trainers Association Conference in San Diego on April 8, 2006.

Jeff also completed the Performance Enhancement Specialist Certification from the National Academy of Sports Medicine (NASM-PES) over the winter break and is currently serving as a manuscript reviewer for the newly formed *Athletic Training Education Journal*.

Dr. Gong Chen just published the second edition of his table tennis book co-authored with Professor Wang from China. The book is published by XanEdu Publishing Company.

Faculty Service Recognition

The Seventh Annual San Jose State University Faculty Service Recognition Luncheon was held in early May at the Barrett Ballroom of the Student Union. Three KIN faculty were acknowledged for their service to the University. **Dr. Gong Chen** and **Dr. Nancy Megginson** were acknowledged for fifteen years of service, and **Dr. Dick Montgomery** was acknowledged for twenty-five years of service at the University. According to University President, **Don Kassing**, these three have been “...good stewards of the University.... not merely teachers, but student mentors and friends; they are dedicated, hard-working, and enthusiastic. They have given us stability, continuity, and strength, and they connect the University’s past to its present, and that way, give meaning to our history and traditions.”



Dr. Chen



Dr. Megginson



Dr. Montgomery

Dr. Shirley Reekie recently acquired a grant of \$6,500, from the California Department of Boating and Waterways (CDBW) for the purchase of two new Sunfish sailing dinghies. This will bring to nine the total number of Sunfish boats available for SJSU’s use at Lake Cunningham Regional Park, and all boats have been funded by CDBW. The five Hobie 14 sloops which the class also uses have been similarly funded, as well as the 20 kayaks and trailer for that class. Thank you CDBW!! Funds for these grant monies come from the vessel registration (stickers) that all boat owners must pay, and are to be used for education about safe vessel usage.

Dr. Ted Butryn, along with first-author Dr. Theresa Walton of Kent State University, published an article in the March, 2006 issue of the *Sociology of Sport Journal* entitled, “Policing the race: U.S. Men’s distance running and the crisis of whiteness.” Ted was also recently notified of his promotion to Associate Professor. Congratulations, Ted!



2006 KIN President's and Dean's Scholars

Congratulations to the following students who are President's and Dean's Scholars for 2006:

President's Scholars

- Hiroki Akiyama
- Shirla Choy
- Yvonne Esquer
- Louie Hung

Dean's Scholars

- Kellie Arnone
- Carlo Blanco
- Lynette Castro
- David Clewett
- John Colendich
- Deborah Confer
- Benjamin D'Antonio
- Spencer Joseph
- Joshua Moreali
- Aivarus Sajus
- Megan Sales
- Stacy Schmidt
- Shaun Simmons
- Cesar Cardenas
- Melissa Logan
- Katherine Wilson

President's Scholars are those students who have achieved a 4.0 average for two contiguous semesters in the three preceding the honors convocation. Dean's Scholars are those students who have achieved a 3.65 or higher for two contiguous semesters prior to the convocation.

KIN Distinguished Alumni

This year's KIN Distinguished Alumni Award was presented to **Dr. Carol Christensen**. Carol was a KIN faculty member for over two decades prior to a two year stint as department chair. Carol then assumed duties as College of Applied Sciences (CASA) and Arts Associate Dean prior to becoming interim Dean of upon the resignation of former Dean Michael Ego. Carol was honored at the College of Applied Sciences and Arts Awards Banquet on May 1st in the SJSU Student Union. Carol joins a long and outstanding list of KIN grads. Congratulations, Carol!



Special Thanks

to

Mahmoud Sadri (BS '83, MA '91) for Sponsoring this edition of the Department of Kinesiology Alumni Newsletter.

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Ed Jonathans (BS '02) has conducted nearly 100 workshops in the past 3 years as a Senior Trainer for the Stanford based Positive Coaching Alliance. Ed also serves as a product development consultant for a major Japanese consumer electronics manufacturer nearing completion of a personal health device that redefines the fusion between fitness and entertainment. In January the company launched the IMBragBox offering Interactive Metronome training for individuals seeking athletic and/or academic performance improvements. IMBragBox trainees learn to improve motor planning, sequencing and timing, which are involved in sensory-motor regulation and the ability to focus and attend.

Anthony Reyes, a graduate of our athletic training program, has been appointed Athletic Trainer for the Giants Double A affiliate team in Connecticut. This will be Anthony's third season with the team.

Alev Tug Ergun (MA '05) has been hired as a research assistant at the Palo Alto VA Hospital working for Dr. Anne Friedlander in the area of exercise physiology. According to Alev, it will be doing, "what she really likes." Alev says she takes great pride in having been a part of the department as a student and a former part-time instructor.

Mahmoud Sadri (BS '83, MA '86) owns and operates a Northern Italian and Southern French restaurant in Mountain View (108 Castro Street) called Vaso Azzurro. Go to www.vasoazzurro.com and get information about the restaurant and Mahmoud's Spartan Card for a 25% discount at his restaurant along with proof of your being a present or former student at SJSU. If you are a former Kinesiology student, Mahmoud has pledged to sing you a song.

Congratulations to KIN part-time faculty member **Amy Chang** (MA, '05)

who has been notified that her thesis was selected from all the theses submitted in the College of Applied Sciences and Arts for 2006 to be forwarded for consideration as the SJSU "Outstanding Thesis." Amy's paper is entitled "The resonance performance model: Applications to exercise adherence and well-being." Amy's thesis committee was chaired by

Dr. David Furst.

KIN grads **Vern Caruz** (BS '97), Hayward Unified School District, and **Jud Sickler**, Cupertino Union School District, presented "The role of Physical

Education on GATE students," at the recent Annual Conference of the California Association for Health, Physical Education, Recreation, and Dance.

Terrell Jones (BS '98) was recently hired by the San Jose State University Division of Intercollegiate Athletics at Director, Strength, Conditioning, and Athletic Performance. Terrell was formerly in a similar position with the San Francisco Forty-Niners for seven years prior to spending that last year with the Tampa Bay Buccaneers.

Laurel Stender (BS '05) completed a 50K (31 miles) trail run in the Calico Mountains just outside of Barstow where she won her age division. This was Laurel's first ultra marathon. Last year she worked the last aid station and couldn't believe that the runners would want cookies and soda and chips and candy and potatoes while they were running. Laurel says she "... thinks that race was the hardest thing I have ever done, but I'll do more, and in a few years, a 50K will just be like another training run." Laurel is currently in school at UNLV while working at a high school as an athletic trainer.

Hisashi Imura (BS '06) has been hired as the season-long athletic training intern for the Oakland Raiders for the 2006-07 season after two seasons as a training camp intern with the team.

James Johnson (BA, MA) retired last year after 51 years of coaching basketball and track at Capuchino High School in San Bruno, CA. After a recent knee operation, James also retired from masters track and field competition in the pole vault, long jump, triple jump, and high jump.

Raul Hurtado (BS '03) is currently applying to medical schools. He recently ran the Boston Marathon finishing in a personal best of 3:04.

Dan Landers (BS '63), this year's American Alliance for Health, Physical Education, Recreation, and Dance made a presentation to students, faculty, and guests on "Issues in our field" in early February here on campus. Dan's trip to San Jose was sponsored by AAHPERD as a part of his Alliance Scholar

activities for 2006. Dan is a graduate of this department and was selected the departments Distinguished Alumni in 1996. Dan's accomplishments in his scholarly area of sport and exercise psychology are many and varied. They include his selection as one of the top five sport psychologists in the world and his publication of nearly 400 scholarly articles and books.



STUDENT NEWS

Congratulations to the KIN students who presented at the Far West Athletic Trainers' Annual Conference in early April in San Diego. What a wonderful professional way to represent San Jose State University, Department of Kinesiology! Grad students, **Alise Mc Brien** and **Josie Moody**, presented poster presentations of their research/thesis. Undergraduate students, **Rachel Sorris**, **Becky Roark**, **Kevin Geiger**, **Hank House**, **Cesar Cardenas**, **Heather Teerbek**, and **Caitlin Wall** presented "Brachio-Plexus injuries" at the Student Symposium. Overall, what a great showing by our students at the conference. We had great representation!

Congratulations to **Cesar Cardenas** who passed all three sections of the NATA-BOC certification exam on his first attempt. Cesar is now a Certified Athletic Trainer.

According to Program Director, **Dr. Leamor Kahanov**, only thirty percent of test takers across the nation pass all three sections on the first attempt.

Daisuke Daiku, a current graduate student in KIN who completed our undergraduate program with an emphasis in Exercise and Fitness Specialist, recently passed the ACSM Health & Fitness Instructor certification. Congratulations, Daisuke!

Two SJSU students, both formerly students in the KIN Handball class taught by **Sol Aber** and **Roberto Chavez**, traveled to Texas A&M University in late February to compete in the Collegiate National Handball Tournament.



Sol Aber

Ricardo Diaz won the Open Title becoming the National Collegiate Handball Champion with **Jonathon Fanning** winning the Novice Class. This was Fanning's first tournament! Ricardo also won the All American Award presented to the top four competitors in both singles and doubles divisions. Sol and Roberto also co-advise the SJSU Handball Club. Congratulations to teachers and students!



Roberto Chavez

David Clewett graduated from our program this May, and has been accepted to the Physical Therapy Program at CSU, Sacramento for this fall semester!

Congratulations to **Aivaras Sajus** who was recently awarded a \$500 Dean's Undergraduate Scholarship by the College of Applied Sciences and Arts at San Jose State. The scholarship was based on academic performance and leadership. Aivaras was present-

ed his check at the formal ceremony for the College of Applied Sciences and Arts on May 1, 2006 in the Barrett Ballroom here on campus.

Joe Aceto, former student in both Beginning and Intermediate Judo with instructor, **Dave Williams**, recently won the Western National Regional Tournament in Judo. As a result, Joe is now ranked eleventh nationally. Joe is also one of the instructors for the After School All-Star Judo Program held here at San Jose State. Congratulations, Joe!

The following students in the undergraduate athletic training education program volunteered with KIN faculty member, **Jeff Roberts**, to provide medical services to participants in "Pat's Run" held at Leland High School in late April in honor of Pat Tillman and to raise funds for the foundation established in his name: **Cesar Cardenas**, **Lynn Castro**, **Lisa Trudel-Morano**, **Caitlin Wall** and **Eugene Deluna**.



Nolan Millare (Exercise and Fitness Specialist Emphasis) is starting his internship in cardiopulmonary rehabilitation at El Camino Hospital, working with **Diane (Augustine) Pearce**, a Master's degree graduate of KIN.

Andrew Turner (Exercise and Fitness Specialist Emphasis) is doing an internship in strength and conditioning coaching at Sacred Heart Cathedral Preparatory High School working with **Colin Peuse** one of our current Master's students.

Two students in the Exercise and Fitness Specialist Emphasis are doing internships with Bay Sport: **Kelly Dybdahl** is working at National Semiconductor and **Vincent Gatlula** is working at Adobe.

The following students have accepted offers of admission to the Undergraduate Athletic Training Program for the fall semester:
Also Vasquez
Christopher Habr
Christopher Stegemann
Amanda Flores
Maria Ramirez
Seung-Hyuk Choi
Chelsie Morehead
Jessamy Meu
Jason Boyd
Max Mann
Marilou Bibat
Winston Louie
Kae Ataka
Marie Cabugos
Yuri Koshibe
Masami Ohnuma
Hiroe Shidhara
Deanna D'Arcangelo

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Thanks for your continued support of the department!

In Memorium

Betty Hoffman Hansen ('43) of San Jose recently made a donation to KIN in honor of the passing of her friend and classmate, **Ruth Burmester Krohncke** ('41) of Rio Vista, CA. According to Mrs. Hansen, Mrs. Krohncke graduated with distinction. She was also a member of the Black Masque and Tau Gamma. She taught at Analy High in Sebastopol and Hayward High School in Hayward, CA.

The following information is according to the SJSU Washington Square of Spring 2006.

Alice Braden Loos (BS '26) at age 100 on October 6, 2005, in Hayward, CA. Loos taught at Frick Junior High School for 17 years and later worked as a secretary at H.F. Walker Company in Oakland.

Lavaughn Adele Schohr (BS '53) at age 73, on September 10, 2005 in Yuba City, CA. Schohr taught and coached at Gridley High School from 1953 to 1956 and at Biggs High School from 1964 to 1994. She became a member of the Biggs Lions Club in 1987 and for several years served as President.

Yoshio Shibata (BS '61) at age 68, in Sacramento, CA. Shibata taught for 38 years in the Sacramento City Unified School District before retiring in 1999.

Former faculty member, **Janice Williams Carkin**, 89, passed away on March 23, 2006 at her home in Temple City, CA. Janice moved to Southern California in 1982 to live near friends after retiring from San Jose State University after 28 years of teaching in the Department of Physical Education for Women. Janice graduated in 1937 from Oberlin College. In 1952, she earned a Doctorate from Stanford University.

George Frederick Haines (BS '50) founded the Santa Clara Swim Club and was widely acclaimed to be one of the greatest swim coaches in the world, a pioneer in his sport. Beyond coaching, George was described as humble and lively with a contagious spirit that motivated swimmers and others. In his over fifty years of coaching swimming, George coached over 50 Olympians; most won Olympic Gold Medals. In addition, George was US Olympic Team Swim Coach three times and American Swimming Coaches Associations Coach of the Year four times. The International Swim Center in Santa Clara was recently named The George F. Haines Swimming Pool in honor of George, his life, and his accomplishments.

Announcements

The KIN Activity Committee, under the direction of Activity Coordinator, **Dr. Gong Chen**, is involved in creating a website for the departmental activity program. The website will include photos and video clips as well as discuss the benefits of physical activity with supporting research. According to Dr. Chen, the website will also include instructor's photos and background with information about each class. So, be on the lookout for the new activity program website coming your way!



Dr. Gong Chen

After School All-Stars Continue Successful Ways

February 12, 2006 was a great day for the San Jose After School All Stars Programs housed here at San Jose State in the Department of Kinesiology. Two competitions for the sites participants were held on the same day.

The Dance Program participated in their first dance competition of the year in San Mateo. The group of 7 to 10 year olds won their grouping (8 teams), but also achieved a special award for their performance and then were awarded 3rd place over all for the whole competition. **Rosa Betancourt** should be commended for her hard work with her participants, along with her new intern **Carina Dean**.

The Judo Program participated in the Western Regional for USA Judo held at the SJSU Event Center. The Sensei Memorial has been the strongest event on the West coast for over 20 years. This year the event hosted more than 650 athletes, and was highlighted with a webcast on USA Judo's website.

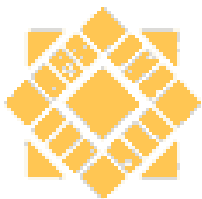
Sixty-seven teams participated and the SJ After School All Star Judo athletes finished 5th overall this year. Individual results included:

Haven Olmos - 7 - Gold
 Eddie Duran - 7 - Bronze
 Jessica Abad - 8 - Gold
 Estevan Tamayo - 8 - Bronze
 Fabianna Saucedo - 8 - Gold
 Ryan Olmos - 8 - Silver
 John Duran - 9 - Bronze
 Brandon Ballestros - 8 - Bronze
 Jessica Beltran - 9 - Gold
 David Lucas - 9 - Bronze
 Sarena Olmos - 9 - 4th
 Victor Tamayo - 10 - Gold
 David Maestez - 10 - Gold
 Michelle Olmos - 10 - Silver
 Jerry Houston - 11 - 4th
 Alexandra Duran - 13 - 4th
 Jon Tolentino - 15 - 4th
 Marcello Estrada - 15 - Bronze
 Lisette Abad - 15 - Bronze - and in Black belt division - 4th



David Williams

Congratulations to ASAS Judo Program Coach and Director, **David Williams**, who also continues to teach Judo for the Department of Kinesiology. These two programs have had a busy but successful weekend. The fact that we are just entering the beginning of the Junior season heading towards this summers national events, our participants are looking extremely strong.



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