



San José State
UNIVERSITY

San José State University - Department of Kinesiology

ALUMNI NEWSLETTER

Chair's Message...

Looking Back 150 years, and Forward, Too!

Did you know that next year will be San José State University's sesquicentennial (150th)? Here's a brief department history, in reverse. How much of this can our readers remember personally? In 2004, we changed our department's name from Human Performance and the most recent additions to the department were Sport Management in 1991 and Athletic Training in 1980. In 1978 we had changed our name from the Department of Physical Education, which was a brief interlude following the separate departments of Physical Education for Women, and Physical Education for Men that had existed since 1927. If you ever wondered about the geography of YUH and SPX, it may make more sense if you know that the west end was originally the men's building (complete with pool, now disused), and the east end was originally the women's building. You can still just see where the old name used to be if you look very closely outside the doors into the courtyard.

Briefly, there was a separate Department of Intercollegiate Athletics for Women, with its own AD, parallel to the Department of Intercollegiate Athletics for Men. Before that, Men's Athletics was housed within Men's Physical Education, and Women's Athletics (in a somewhat less competitive format known as the Women's/Girls' Athletics Association) was within Women's Physical Education. If you go back to the 1920s and 1930s, women's sports was sometimes conducted via telegraphic meets where, for example, San Jose State College (as it was in those days) might have its women swim in the Women's Pool at, say, 3 PM, while at the same time, another college's women swimmers were racing at their own pool. Only later, when times were telegraphed, did the competitors know who won! This was designed to keep the women's sports less highly competitive because such competition was thought to be both unladylike and unhealthy for women.

Our department also gave rise to the separate Dance Department in 1974, because their goals were more performance-oriented than were ours, and to the Recreation Department in 1957 because it was less concerned with the physical fitness perspective. Also in the 1950s, we hired our first professor with a PhD, Dr. William F. Gustafson, who still visits the department from time to time.

All of our faculty until quite recently had their professional preparation in Physical Education teaching with perhaps a specialization in their area of expertise, be it measurement, philosophy, or exercise physiology. Indeed, it was only in the 1930s that SJSC offered its first non-teaching degree in any subject. At that time, enrollment was 2,700, the population of the City of San Jose was 80,000, and fees were \$9 per quarter. By comparison, today the enrollment is approximately 30,000; the city's population is over 1 million, and fees are \$1650 per semester. It wasn't until 1968 that Physical Education offered non-teaching concentrations, in science, dance, sport, or humanities.

In the 1920s, the university rejected a complete move to south campus, so as to support the local merchants. The land at South Campus cost \$25,000. There was a rise in enrollment following World War I (and II) but most of the students were women, so the numbers were not greatly affected. Numbers were much more affected by the 1917/18 influenza pandemic which gave rise to concern about student health and to our first college physical education requirement. In 1901, Swedish Ling gymnastics was popular, beating out the more stunt-oriented German gymnastics. Women's sports from England (such as field hockey) became popular alongside those from the US (such as basketball). For the men, football and baseball were popular but there was often a problem finding enough men for either team, since women outnumbered men by about 10 to 1.

Only in 1871 had the State Normal School (as it was then) moved to San Jose from San Francisco because the people were "intelligent, hospitable and moral" according to the catalogue. And so we get back to 1862, when a lady named Adele Parot offered our first classes in Physical Culture. She had been trained at the only US-based institution where such teachers were educated, the Dio Lewis Normal School in Massachusetts. That she made it from Massachusetts to California, before there was a transcontinental railroad, and when the telegraph was in its infancy, is little short of miraculous but from her small beginning came the first state physical education requirement anywhere in the US, in 1866, and from that, eventually, came you!

Look out for the many historical events in the spring and fall of 2007, commemorating the university's founding. By popular request, we will be bringing back the Alumni Luncheon, which will be held on Saturday, April 28. Save the date! More details will follow. This will be a very special year to be associated with San José State University and I hope you will take part in some events and thus be part of the unbroken chain. Check out <http://www.sjsu.edu/150TH/events.html> for more information.

Please do send me your news, either by email to sreekie@kin.sjsu.edu, or by regular mail to Dr. Shirley Reekie, Department of Kinesiology, San José State University, San José, CA 95192-0054, CA, or drop by in person. I'm a sport historian, so I love hearing old San José State stories!

Shirley H.M. Reekie

FACULTY/STAFF NEWS

At the last faculty meeting of the fall, we celebrated a 91 year old—**Tom O’Neill** had a birthday cake which he shared with current faculty and staff. Tom comes to San José State two or three times a week to swim, and while on the faculty taught swimming and diving and then became a much admired social dance teacher.



Dr. Susan Wilksinson writes: Good news from Sacramento for physical education! The Governor has allotted \$500 million dollars in his current budget (that is a half a billion dollars) to be spent for the Visual and Performing Arts and Physical Education Standards-based instruction. During the summer months professional groups from dance, music, art, drama and physical education came together to discuss the use of the money and created recommendations for how the money could best serve K-12 schools. As a result, a series of Administrator workshops are being provided up and down the state to assist superintendents, assistant superintendents, principals, district curriculum coordinators and department chairs to think critically about the implementation of standards based instruction in physical education and the visual and performing arts. One such workshop was held in San Jose on November 1 and 2. The committee has made their recommendations. They believe that the money should be invested in improving the quality of teaching by providing standards based professional development for teachers, leadership based professional development for school



site administrators, standards based curriculum development, assessment of student learning and the evaluation of instructional programs, and instructional resources to support standards based visual and performing arts and physical education. The committee also agreed that the money should reach all five content areas to provide sufficient access for all students in schools. This is an exciting time for school physical education. The hope is that the money will be spent "wisely" and evidence will be collected to be used to convince the Governor that more money will further the goal of implementing standards based instruction in the future.

Dr. David Furst ran, among other races, the back to School 5k earlier in the fall. He not only won the 60+ event but his time was faster than all the 50 year olds; one shouted to him “You’re my role model”! Way to run, David! David retired from the department in the fall, and we wish him well.



Dr. Mo Han is the new faculty contact for the Sports Medicine Club.

Lilienthal, S. K. (November, 2006) Socio-economic Inclusion in the Management of Sport: Experiences of Minimum Wage Workers in the Sport Industry. Paper presented at the Western Society for Physical Education for College Women Conference, Nov, 16-19, 2006, Asilomar, CA.

Lilienthal, S. K. & Pitts, B. (November, 2006). “Gay Market goes Mainstream”: A Discussion on the Gay and Lesbian Consumer Revolution in Sport. Presented at the Sport Marketing Association Annual Conference, Nov. 2-4, 2006, Denver, CO.

Dr. Emily Wughalter will be returning to the department full time in the spring following her successful time as Associate Dean for First Year Experience.



She recently attended the annual conference of the Western Society for Physical Education of College Women and completed her presidency of that organization. Welcome back, Emily!

Dr. Ted Butryn and **Dr. Matt Masucci** each presented a research paper at the North American Society for the Sociology of Sport Conference in Vancouver, British Columbia in November. Dr. Butryn’s paper was entitled, "Documenting the ring: An analysis of professional wrestling documentary films." Dr. Masucci’s paper was entitled, "As real as it gets?: An autoethnographic examination of a mixed martial arts academy."

Dr. Butryn also has a chapter in the recently released textbook entitled, "Foundations in kinesiology: Studying human movement and health." His chapter is entitled, "Technology, sport, and the body."

Dr. C. Daniel Weng led a cardio tai-chi team to Taiwan to the 1st World Cup Tai-chi Chuan in November. The five member California Cardio Tai-chi Team did very well and received a Certificate of "Excellence in Performance."



Over one thousand athletes from a 28 countries participated in this event watched by the Vice President of Taiwan. Leaders of teams from Malaysia, South Africa, Brazil and the hosting organizations were so impressed by the performances of Dr. Weng’s teams that they have invited him to intro-

duce this sport to their countries in the near future.

During his trip Dr. Weng lectured on Cardio Tai-chi at three cities. Lectures were given to the Department of Chinese Martial Arts, Chinese Culture University, the Department of Coast Guard, Central Police University, and the Graduate School of Leisure Study and Management of Recreational Sports, National Taiwan Institute of Physical Education. Dr. Weng met with Dr. Kuei-yuan Wang, Secretary General of Taiwan National Association of Self Defense, Fitness and Recreational Sports, and received from her an appointment letter as an Honorary President of their organization.

Dr. Nancy Megginson attended the 2006 National Conference on Physical Activity for the Exceptional Individual held in Los Angeles, Nov. 9-11. Three Kinesiology students also attended-- **Rita Brum**, **Liz Gonzalez**, and **Rachel Christensen**-- and should be congratulated on their self-initiated professional involvement and development!



Dr. Jinhong Jung gave two presentations at the National Physical Education Teacher Education Conference which was held on October in Long Beach: "A Guided Reflection Protocols in PETE," and "Levels in Action: Make Hellison’s Model Fun with Games."

Please check out our website to see what we are currently doing.

Go to:
<http://www.sjsu.edu/kinesiology/>

Dr. Bethany Shifflett served as MC for the 10th annual SJSU Ballroom Classic in November. It was a tremendously successful event with 85 competitors entered in one or more of 75 American or International style events.



Participants included competitors from 12 teams including Utah State, Stanford, Cal Poly SLO, San Diego State, and UCSB. For those looking to brush up on their dancing or looking for a place to get started, check the SJSU ballroom dance club website: <http://www.sjsu.edu/orgs/sjsubdc/>

While on sabbatical this past spring Dr. Shifflett redesigned the CASA web site, converted the KIN portion of the course "Development of Human Potential" to a stand-alone online format, and submitted for publication two articles.

Dr. Greg Payne was recently honored by the American Academy of Kinesiology and Physical Education for two years of service on the executive board. He has just completed the 7th edition of Human Motor Development: A Lifespan Approach.



According to McGraw-Hill, it is the most used motor development text. He is also co-editor, along with a Chinese Scholar, of an intro to motor development book for the People's Education Press of Beijing, China. Dr. Payne was invited to make the first E.C. Davis Honor Lecture honoring the first society president of the Western Society for Kinesiology and Wellness, "A healthy mind in a healthy body" in Reno in October.

Dr. Peggy Plato gave two presentations at ACSM this summer in Denver: "Predicting lactate threshold in cyclists using ventilatory threshold" with **Michael McNulty** (MA, '02), Steven Crunk (Ph.D. in Mathematics) & **Alev Tug Ergun** (MA, '05); and "Cardiovascular and metabolic responses to noncontact kickboxing in Females" **Alev Tug Ergun, Peggy Plato, & Craig Cisar**. The conference was also attended by **Kristina Drummond** (current graduate student and part-time instructor), **Mary Rosenberger** (MS, '04) currently in a doctoral program at Boston University, **Jennifer Han** (MS, '03) currently in a doctoral program in Oklahoma, and **Alev Tug Ergun** (MA, '05, part-time instructor)

Dr. Gong Chen met with Vice Minister Xiao-ya Chen of Ministry of Education of China, and Dr. Jin Yang, division president of Basic Instruction in the Ministry of Education of China regarding promoting self-defense education in K-12 in China. He was given the title of guest professor by Northwestern Polytechnic University, a top university in China. Dr. Chen is the first guest professor from the physical education profession. Dr. Chen also completed the project "Teaching self-defense in public schools in Zhejiang Province" collaborated with Shaoxing Institute of Sciences and Arts.



Dr. Shirley Reekie in October attended the bi-annual CSU Kinesiology Chairs' meeting at Cal Poly San Luis Obispo, and the CSU New Chairs' meeting at CSU Long Beach.

Dr. Stan Butler again directed the summer National Youth Sports Program (NYSP). This program offers a free five-week long summer sports and education program for children from disadvantaged families. In addition to giving free medical exams, this year Kaiser Permanente donated \$10,000 to help support the program.



Former KIN Professor and SJSU Water Polo Coach, **Lee Walton**, recently coached the NorCal Alums to the US Water Polo Masters 55+ Championships. Along the way, the former Spartans defeated the team from Stanford and another team composed of former Southern California collegiate stars. Walton's team followed the National Championship with a tournament championship at the FINA World Masters Water Polo Championships held at Stanford

University. Among the former SJSU water polo stars playing for the Nor Cal Alums was KIN alum **Bruce Watson** ('76). In a recent volume of JOPERD: **Lilienthal, S. K. & Mowrey, R. J.** (September, 2006). Stop "Passing the Trash": Addressing the Circulation of Repeat Sex Offenders in Coaching. JOPERD 77 (7), 3-5, 54.

Members of the After School All Stars Judo Program, run by Program Director **Dave Williams**, participated in the National Junior Olympic Judo Championships, held at the Event Center in early July. They had another great tournament with four students winning medals.



Amy Freitag (MA '05) former student and front office staff member. now has a baby daughter, Ariana Elena, born Sept. 13th.

The Alumni Luncheon is Back!

Saturday, April 28

Department of Kinesiology
and incorporating the former
Departments of Human Performance,
Men's Physical Education,
and Women's Physical Education

After a gap of a few years, and in conjunction with the 150th celebrations, we have decided to reinstitute the Alumni Luncheon. This will be held on Saturday, April 28th, on the San José State campus. Details will follow but please save the date and plan to attend! Both men and women are most cordially invited to attend. We hope to have some current faculty and students attend, as well as a number of retired faculty.

Please bring with you old photographs, yearbooks, and any other memorabilia from your time at San José State, to share with friends.

Three New Faculty This Fall

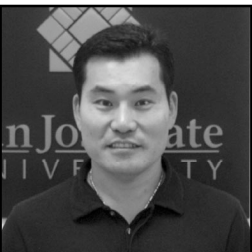
Dr. Sonja Lilienthal has always been passionate about promoting sport. Her first committee position (at age 10) was the media and PR director for the local swimming club. Since then she has held numerous volunteer positions in amateur and collegiate sporting organizations in Australia and in the USA. Dr. Lilienthal has taught sport management at the University of Canberra (Australia) and at the Hong Kong Sports Institute and has many practical experiences in sport management. She has worked in venue management at Penn State, Ohio State, at the 1996 Atlanta Olympic Games, and most recently worked at the 2004 US Olympic Trials for Rhythmic Gymnastics as the Volunteer Coordinator. She is the author of a book entitled “Newtown Tarts: A History of the Sydney University Women’s Sports Association” detailing the unique beginnings of women’s collegiate sport in Australia. Dr. Lilienthal spends any free time exploring Northern California with her trusty canine companion on the look out for the next In-N-Out Burger! She has lived throughout the world, returning to San Jose State following a one year stint as a “Gator” at the University of Florida. A fan of many sports, overseas travel, and Study Abroad Programs, she directs the Sports Management programs within the Department of Kinesiology.



Dr. JinHong Jung earned his Bachelor’s and Master’s degree in Physical Education at Seoul National University and his doctorate in Physical Education Pedagogy at the University of Georgia. He has over ten-years teaching and coaching experience at public schools in South Korea. While there, he served as a lead teacher of the Action Research Team of the public schools as well as a coordinator of Korean Sport Pedagogy Association. He was recognized as an outstanding teacher by the Ministry of Education of South Korea. Prior to his joining San José State University in 2006, he also taught courses in the Physical Education Teacher Education Program at Bridgewater State College. His major research interest is curriculum and instruction in physical education. In particular, he is interested in reflective teaching, teachers’ knowledge development, and alternative teaching models such as responsibility model, sport education model, and games for understanding. He is a member of American Educational Research Association (AERA), the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), and the National Association of Sports and Physical Education (NASPE).



Dr. KyungMo “Mo” Han is the Director of the Undergraduate Athletic Training Education Program (ATEP). Prior to his current position, Mo was the ATEP Director at CSU Dominguez Hills. Currently, Mo is the Chair of the Sports Rehabilitation Specialist Education Council and Sports Rehabilitation Specialist Board of Certification of the Korean Association of Certified Exercise Professionals (KACEP) in Seoul, Korea. He also serves as a Board of Certification (BOC) Examiner. Dr. Han’s research interests are lower extremity injury and rehabilitation, and lower extremity biomechanics.



FIT SPONSORSHIP

Special thanks to Thom Downing (MA, 1996) for sponsoring this edition of the Alumni Newsletter. Thom owns and operates F.I.T:

"F.I.T. is a training company started by trainers with a passion to guide people in all areas of health & fitness, including nutrition, massage, and rehabilitation.

The fitness industry is constantly changing and F.I.T. prides itself on staying current with the latest scientific research, industry trends, and business concepts. Its trainers are not quick to adopt many trendy training devices or concepts. Instead they stay abreast of the information and train clients with the most effective, evidence based methods available.

We strive to hire trainers with excellent training-related knowledge, solid educational backgrounds, engaging personalities, practical experience, professionalism, and passion for helping people. The compensation and benefits package at F.I.T. is, therefore, industry leading. This is to ensure that we can attract and retain only the highest quality trainers. Thus leading to the best possible experience for F.I.T.’s clients.

While striving to maintain this high standard of hiring practice, F.I.T. recognizes that every staff member has unique knowledge and experience to share and therefore helps raise everyone to a higher level. In order to preserve this standard, F.I.T. has created an internal web-based forum, sets aside financial aid dedicated to the staff’s continuing education. Trainers spend free time exercising together, sharing practical experience, and living the lifestyle they preach. It is not unusual for staff members to volunteer coaching or massage services in a variety of settings and sporting events. Countless hours per week are spent sharing information online and at industry related seminars. F.I.T. also prides itself in its community relationships, supporting local and national charities and schools of all kinds.

These founding principles have led to the development of a company philosophy that requires treatment of each person as a unique individual, scaling exercises to a safe and appropriate level, acting professionally, using methods with proven efficacy, delivering results, and having fun!"

www.focusedtrainers.com
 FIT, 600 Fremont Ave, Los Altos, CA 94024
 Contact Thom at thom@focusedtrainers.com



CLOSE UP! *This new feature will focus on full time and part time faculty and staff*

Ms. Heidi Peterson...

Since I graduated from San Diego State University with my P.E degree I have often wondered at the "tool-kit" of skills, abilities, knowledge, and confidence I gained through my educational experiences. I was a typical student, with a twenty hour-a-week job and a twenty-hour-a-week Athletic Training Internship, so finding time to study was always a struggle. It became clear early on that P.E was no cake-walk, my studies encompassed a variety of sciences, history, sociology, psychology, and philosophy, not only in a theoretical manner but I had to learn to apply the concepts to real world, life and death situations. I found that coming to class with some preparation - actually reading the recommended information as delineated on the course description (green sheet) led to better understanding and an ability to successfully apply the information - and I learned more!

Our field has grown and expanded significantly in the past thirty years, and while I may not remember everything I learned, I do

know how to find the information and comprehend it. This has served me well as in order to make ends meet, I have often encountered the question "Can you also..." teach an activity, coach a sport, run an event, operate a press conference, serve as a research intern, write a policy and procedures manual, negotiate a contract, sell season tickets, raise money, promote, speak, - well, you name it and I seem to have been asked to do it! Because I had a solid foundation in anatomy, kinesiology, biomechanics, motor learning, pedagogy, administration/management, exercise physiology, sports psychology, nutrition, and perhaps, most importantly, human nature, I have managed to not only survive but succeed!

I am proud to be a Physical Educator first and foremost, as well as a Certified Athletic Trainer, I can think of no other area of study that encompasses so much variety in scope and skills and better prepares one for whatever the future may bring.

Heidi J. Peterson

...and Dr. Gong Chen:

Gong Chen graduated from Shenyang Physical Education Institute in 1976 and became an instructor there. He received his master's degree from Beijing Physical Education University in 1981 and returned to Shenyang as a lecturer. He went to Cal Poly Pomona as a visiting professor 1985-1987, and became Dr. Chen in 1990 at the University of Arkansas, Fayetteville. He joined SJSU as an activity specialist in 1990.

Badminton is Chen's favorite activity. He started the SJSU badminton club in 1995 with 20+ students and had 160+ members in fall 2006. The club won the Northern Collegiate championship in 1995-06 with a 8-0 record after defeating Stanford, UC Berkeley, UC Davis. The club won the championship again in 1996-97 with a 7-0 record. The club's achievement was commended by Former President Caret, former Provost Bain, and the Academic Senate. Chen also started badminton camps; in 1990 the invited coach was 9-time national champion Ben Lee and the 2002 camp featured world champion Dr. Ling-wei Li. These professionals brought new concepts, professional skills and instructional strategies to SJSU badminton. Chen has published two badminton books and a DVD, and co-organized many badminton tournaments including the annual spring and fall Bay Area Open, Northern California Championship, Northern California Collegiate Championships, and annual NCCAF (Northern California Chinese Athletic Federation) Open.

Self-defense is the area where Chen has spent most of his time for research, curriculum design, and promotion. His research included "A study on subjects taught in American nationwide university self-defense courses" and "Chances of survival dealing with different attacks in lab studies". His curriculum design projects include "University Self-defense Curriculum" and "Self-defense in Public School". The university curriculum was presented at the 1993 National Basic Instructional Program Conference, 1996 SW AAHPERD conference, 2002 World Physical Education Conference. It was adopted by China's leading Beijing University

in 2002, and many other universities in China in 2004 through the National University Self-defense Instructor Training Project. The school self-defense curriculum was published in Strategies in 1999 and featured in several projects in China.

Chen invented a model self-defense curriculum--SmarTough Self-defense--for university self-defense courses. This new system was presented at the 1996 Southwest American Alliance Convention, and was commended as "the first curriculum which turns self-defense into a science". Chen's book, A new concept of self-defense, represents this invention, and one year later Self-defense and crime prevention was published in the Chinese language, the first systematic and comprehensive self-defense book in China's history. In June 2004, Chen published his third self-defense textbook, A comprehensive guide to self-defense. This book included first-hand research results, and new theories and applications for diverse populations. Also in June 2004, Chen (co-authored with Professor Zhang at Beijing University) published another book Safety education and self-defense for nationwide university self-defense courses in China. Each new book has a DVD. Chen gave two widely televised speeches on self-defense on Chinese TV in 2004 and was invited as a top researcher and curriculum designer on self-defense to give a lecture to the Chinese nationwide physical education department chairs training program. Chen was a guest professor at Northwestern Polytechnic University, a top university in China in 2006 and was an honorary professor at Shenyang Physical Education Institute in 1996.

Chen is also a taichi and table tennis instructor and practitioner. He has published two table tennis books and a taichi book. Chen published a creativity textbook in 1985 and translated (published) a creative thinking book in 1986. These works helped Chen's creation in self-defense. Chen likes to play with ideas since he believes that although necessity is recognized as the mother of invention, the father is the playing.

Gong Chen

STUDENT NEWS

The 2006 Adapted Physical Activity Club has new board members! **Adam Elix**--President; **Philip Dao**--Vice-President; **Nicar Bocalan**--Treasurer; **Rita Brum**--Secretary; **Chris Navas**--Public Relations. The club is planning a trip to Lake Tahoe for a Blaze Disability Winter Sport Camp training conference, Dec. 14-16, 2006.

Anyone interested may contact any of the board members or **Dr. Nancy Megginson** for more information.

The following students have accepted offers of admission to the Undergraduate Athletic Training Education Program for the 2007 spring semester: **Kyle Tanedo, Kiira Rodriguez, Sunly Chan, Adam Mendez, Nathan Ubl, Mikel Jackson, Sean Nafarrete, Jennifer Reed, Yoshiaki Tsuboyama, Amanda Farmer, Austin Toloza, Leily Kazemi, Steven Alcantara, Richard Osheim, Ashley Mamola, Tarin Gambello, Candase Heath, Cory Floyd, Javier Margarito, Matthew Guthrie, Timothy Leong, Lauren Dykema, Jessica Stacy**

The following affiliated clinical sites have been added as new venues for athletic training students to complete their required practicum experiences:

Bishop O'Dowd HS in Oakland, Canada College in Redwood City, St. Mary's College in Moraga (pending risk management approval), Presentation HS in San Jose, Westmont HS in Campbell.

December Dodson was the Athletic Trainer of the Month for November for the Undergraduate Athletic Training Program. Congratulations!



December Dodson

Brien Arakaki created the following high school website link: <http://www.mvla.net/apps/comm.asp?Q=397> Check it out!

The PEK club officers for 2006-2007 will be elected at the start of the spring semester, and the Faculty Advisor is Dr. Matt Masucci. In the absence of elected officers, the student representative is **Brianna Brown**, the website designer is **Courtney Wong**, and **Lynn Wang** is in charge of public relations.

Among items on their agenda for this year are planning the graduation dinner, beginning a speakers' series in the Kinesiology Department, and conducting a survey on what snacks and drinks Kinesiology majors would like to have in the vending machines in our department. The club is also looking to become involved in the community and if any alumni work at a school or clinic or hospital where KIN Club members could volunteer, please contact Brianna at bribrown17@yahoo.com



DEPARTMENT EVENTS

Another very successful Aerobicthon was held on Friday, December 1 with approximately 450 students attending. This event, now in its 15th year, aims to reduce stress, and promote aerobic fitness right before final exams kick in. Invited instructors and refreshments provide for students across the university a great ending to the last full week of classes. The event was held in SPX 44B and was coordinated by **Ms. Carol Sullivan**. One of the guest instructors was **Jerrie Moo Thurman** (BS', 81).

Our traditional fall picnic for all students, faculty, and staff in the Department was held on Monday, October 16th at the barbecue pits behind Spartan Complex. Over 250 people attended.

The Sixth Annual DisAbility Sport Expo was organized by **Dr. Nancy Megginson**, with assistance from **Mrs. Janet Clair** and students, held Nov. 13th in the SPX 44B gymnasium and was a huge success! KIN 159 students and the Adapted Physical Activity Club sponsored the event which consisted of three hours of various disability sports, food, raffles, and a silent auction. Approximately 100 persons were in attendance at some point during the Expo!

Dr. Nancy Megginson, together with students from her 156, 159, and graduate classes, ran the Bill Duncan Memorial Wheelchair Basketball Tournament in early December. Really fast-paced stuff, with these teams: Phoenix, Albuquerque, Utah, Lakers, Clippers, and Golden State Road Warriors. **Chrissie Morris** (BS, '02) came to watch.

A CPR class for the professional rescuer was conducted by **Dr. Leamor Kahanov** in December. Approximately 25 students and faculty from the Department were certified.

DONATIONS

As usual, you will find enclosed in this Alumni Newsletter an envelope for any donation you may be able to give to help the Department. Currently, we are seeking funds for:

* **equipment for the exercise physiology, biomechanics, adapted, athletic training, teacher education, motor behavior, stress management, and qualitative research laboratories**

* **faculty release time for research and moving toward some endowed positions**

* **classroom upgrades are slowly ongoing but help would be much appreciated here, too**

* **international exchange of faculty and students who bring so much back from their experiences abroad**

* **at the other end of the scale, we would like to give all the students who pass our introductory class Department T shirts. Sponsorship here would be most welcome.**

Any donation is very much appreciated—thank you!

George R. Haney (BS '39), of Glendale, CA, now 91 years old, writes that he well recalls Walt McPherson and Bob Bronzan, 15 meals in the school cafeteria for \$3.25 a week, and school costing \$9.00 per quarter.

Instructor **Ms. Lee Pate's** sister **Lisa Pate-Baum** (BS '92) guest instructed Lee's Kin 31 Body

sculpting class. Lisa is a successful personal trainer in Aptos (holds NSCA CPT certification) and has also been voted the "Best Aerobics Instructor" in a "Best of Santa Cruz" edition of the local paper. People wait up to 45 minutes to get into one of her classes where she teaches at Spa Fitness Center in Capitola.



Susan Garcia Tinkley (BS '65) played on the tennis and swim teams and recalls major camp

each year. She taught for 11 years at El Rancho HS in Pico Rivera, CA, and then after a masters in counseling, moved to Nogales HS where she served as a counselor for 23 years until retirement. She reads, runs (has completed several 5Ks) and lifts weights. Susan and husband of 39 years, Bill, recently drove across the US.

Amy Chang (MA '06) recently gave a presentation at the Association for the Advancement of Sport Psychology conference in Miami, FL. Her presentation, was entitled: "The Resonance Performance Model: Applications on Exercise Adherence and Well-Being" and her co-authors were **Dr. Butryn**, **Dr. Furst**, and **Dr. Masucci**.

The following recent graduates of the Graduate Athletic Training Education Program are now employed in the following places:

Alise McBrien - Vanguard University, Assistant Athletic Trainer

Cindy Mak - Cañada College, Head Athletic Trainer
Brad Sain - Stanford University, Assistant Athletic Trainer
Bryce Schussle - San Francisco State University, Assistant Athletic Trainer

Sara Seibert (BS, '05) a graduate of the pre-professional emphasis, has started her first year in the PT program at CSU-Fresno.

Cesar Cardenas (BS, '06) was hired as the head athletic trainer at Holy Names University in Oakland, CA.

Becky Roark (BS, '06) is a graduate assistant in athletic training at Azusa Pacific University, in Azusa, CA working with the women's volleyball, and men's baseball teams.

Jeremy Lawson (MA '03) was appointed Head Strength & Conditioning Coach at Marin Catholic High School in Kentfield, CA.

Kellie Arnone (BS, '05) was accepted to the PT program at CSU-Long Beach.

Bill Yanowsky (BS MA) was hired as the Head Athletic Trainer at Delaware State University. Bill was formerly the Associate Head Athletic Trainer here at SJSU.

Courtney Siler (BS, '05) is serving as a graduate assistant in athletic training at Portland State University.

Rachael (Rolle) Joye (MA '06) just accepted the position as Head Athletic Trainer at Philadelphia Biblical University, a NCAA DIII school in Langhorne, PA.

Teoma Taylor (BS, '05) was accepted to Howard University's Physical Therapy Program in Washington, D.C.

Kelly Dybdahl (BS '06) Exercise & Fitness Specialist emphasis had a second son, Dominic, born on June 2.

In Memorium

Armando Morales Moreno (BS, '57) was a champion for disadvantaged students and recent immigrants, an avid golfer, restaurant entrepreneur, and active Senior Olympian. Armando served in the United States Naval Air Service. He loved spending time with his two children and eight grandchildren. A memorial service was held on July 17th, 2006.

Joel Craig Jr. (BS '71) at age 69, on June 16, in Capitola. An Arkansas native, Craig served for two years as a medical corpsman with the US Marines. With his family, he moved to Australia in 1973 and taught physical education and coached. He returned to Capitola in 2000.

Diane Cluff, Physical Education, died at age 78 on July 6 in Rossmoor. Cluff headed the Physical Education Department at Hillsdale High School in San Mateo until her retirement in 1983.

Many will have known Dr. Betty Jane Trotter and will be saddened to hear of her death.

Thanks to Margaret Fay Maxfield, MS Occupational Therapy, 1974 for sending this:

Dr. Betty Jane Trotter, 83

Dr. Betty Jane Trotter, an educator, author, coach and life-long advocate of women's athletics, died Nov. 2 at Fort Sanders Sevier County Nursing Home. She was the last of nine children of Emert Arthur and Ollie Tinsley Trotter of Sevierville.



Trotter served in educational posts in Texas and California, retiring as a full professor from San Jose State University. She was a graduate of the University of Tennessee (Kappa Delta and Phi Beta Kappa) and earned her masters and doctoral degrees from Teachers College, Columbia University in New York. During her career, Trotter authored a noted textbook "Volleyball for Girls and Women" and served as a coach with the U.S. Women's volleyball team for

the Pan Am Games.

She was preceded in death by her eight siblings, Sadie, John, Mell, H.D., James, and Mary Emily Trotter, Virginia Trotter Stafford, and Dorothy Trotter McMahan. She is survived by her niece, Virginia Trotter Betts, Nashville, TN, and two nephews, Jim Trotter, Jr. and Bob Trotter of Denver, Colorado, two first cousins Patsy B. Davenport, Knoxville and Ralph Butts, a sister-in-law, Mary Evelyn Trotter of Gatlinburg, four great nieces and two great nephews and their children. The family wishes to acknowledge with gratitude her long time caregiver, Lois Smyre.

After retirement to her home on Douglas Lake, she and her business partner, Fay Maxfield, of Canberra, Australia, operated a Christmas tree farm near Kodak, TN. Trotter was an active member of First United Methodist Church in Sevierville, the Manthano Club, and served on the board of Sevier County's Safe Space and the Sevierville Humane Society. She was an avid supporter of UT women's sports.



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