HEHello ALUMNI AND FRIENDS!

The year 2007-2008 has been very eventful! The President of San José State University, Don Kassing, retired in June. We are very appreciative of all of his accomplishments during his 15 years at SJSU including the joint City/University Martin Luther King Library and the Campus Village residence halls. Our new President is Dr. Jon Whitmore. He was previously President of Texas Tech University. Welcome Dr. Whitmore!

We are excited about all of the renovation activities that are underway this summer! (A big thank you to our Technician Amanda Hilty for organizing everything). Room 122 in the Central Classroom Building (CCB) is being enhanced to include a food demonstration island. Storage cabinets and counters are being removed to accommodate more students within the Classroom space (40 instead of 30).

Rooms 229A and 229B in the Industrial Studies Building (IS) are also being transformed. Thanks to donations from the Circle of Friends and generous funding from our alum Phyllis Simpkins, we are able to renovate IS 229A into a Learning Center for student advising, statistical analysis of research data, and a gathering place for students to meet for group project assignments and student club meetings.

The IS 229B space is being renovated into a Nutrition and Metabolism laboratory which will house a metabolic cart, scales, treadmill, stationary bike, and other equipment. Class demonstrations for undergraduate students as well as research projects for Graduate students will be conducted there.

Other accomplishments include approval of two new packaging courses for fall and spring semesters (one for undergraduate and one for graduate students) and implementation of the electronic portfolio. Thanks to Dr. Kathryn Sucher, all of our dietetic interns are now using the electronic portfolio instead of those bulky binders that were compiled in the past. In addition, students in Professionalism NuFS 31 are utilizing electronic portfolios.

The goal is for all students in the department to eventually be using the electronic portfolio.

We are very proud that seven Masters Students/Faculty Poster research displays were presented at the annual meeting of the American Dietetic Association in Philadelphia last October. In addition 11 out of a total of 22 Posters (half!) were presented by our Department at the annual meeting of the California Dietetic Association in Los Angeles in April. We owe much of this success to our alum Molly Rauen, who with her husband Gene, created the Molly and Gene Rauen Endowed Research Assistance Fund to help support our students’ award winning research projects.

Our Department’s Circle of Friends continues to enhance the excellence of our department and our students’ learning experiences at SJSU. We are deeply thankful for all of their support. We wish to thank everyone who contributed to this Alumni Newsletter including our Editor Caroline Fee as well as writers Lisa Gilliland, Kiko Lenio, Astrid Shapiro, Jen Meltz and Shilpa Sharma.

Best wishes for a tremendously successful and enjoyable year ahead!

Lucy McProud, Ph.D, RD
Department Chairperson
Nutrition, Food Science and Packaging

DR. PANFILO (PAN) BELO
DEDICATION BEYOND COMPARE
By Jen Meltz

Dr. Panfilo (Pan) Belo’s passion to become a food scientist began at a young age. He was born in the Philippines where he lived with his parents and brother and sister. His father was a chemist at a sugar factory. Dr. Belo grew up thinking, “I want to be like him and
FACULTY EXCELLENCE: JUST A “FEW” HIGHLIGHTS

Accomplished Author

Judy Morrill coauthored the third edition of *Realities of Nutrition*.

Research Journal Publications

Caroline Fee and her advisee published 1 article in the *Journal of Human Nutrition*.

Marjorie Freedman and her student advisees published 9 articles, 3 in the *Journal of Nutrition Education and Behavior*, 4 in the *Journal of the American Dietetic Association*, and 1 in the *Journal of Human Nutrition*.

Ashwini Wagle and her advisee published 1 article in the *Journal of the American Dietetic Association*.

Research Presentations

Marjorie Freedman and her advisees presented 1 poster session at the California Dietetic Association Meeting in April and 1 at the American College Health Association in June.

Lucy McProud organized the Poster Session at the San Jose Peninsula District of the California Dietetic Association September meeting where 35 posters were presented. She and her advisees also presented 2 posters and 2 abstracts at the American Dietetic Association Annual Meeting in Philadelphia.

Ashwini Wagle and her graduate advisees presented 4 abstracts/poster sessions at the California Dietetic Association Meeting in April and 1 abstract/poster session at the annual American Dietetic Association Meeting in October.

Grand Grantee

Lucy McProud received a $140,000 CalProNet grant from the California State Department of Education to help fund workshops for child nutrition specialists and school foodservice directors.

Savvy Speakers

Ashwini Wagle appeared on Channel 7 ABC News in November regarding the need for fast food nutrition labeling and presented on teen Nutrition at Harker High school in San Jose.

Kathy Sucher spoke on cultural competency in nutrition education at the Annual Meeting of the California Dietetics Association in April and on culturally appropriate diabetic diets at the Annual Kaiser Permanente Diabetes Symposium in November.

Elizabeth Brown presented two lectures at the US Rowing Annual Convention in December to help coaches better understand the role of nutrition, as well as the pros and cons of athletic supplements, in rowing performance.

Marjorie Freedman was an invited speaker at Stanford University, Jewish Family Services, C3 Childcare Providers, Healthy Communities Taking Action, and at the School Wellness Conference in Anaheim.

Professional Awards

Kathy Sucher received the CASA 2008 Outstanding Scholar Award.

Panfilo Belo received the CASA 2008 Award for Outstanding Professor.

Marjorie Freedman received the 2008 California Dietetic Association Outstanding Dietetic Educator Award, as well as the YMCA Activate American Community Award in 2007.

Ashwini Wagle was voted as Outstanding Professor of the Year by San Jose State University’s Nutrition and Food Science Club.
follow in his foot steps.” In classic American spirit, at 18 he wanted to leave home. “The University of the Philippines offered a degree in Agricultural Chemistry, and it was on the Island of Manila which was a plane ride away!”

After graduation, for two and a half years, he continued to live in the Philippines where he taught general and physical chemistry. Then one life altering day, he went to the library at the University of the Philippines and opened a book that listed all the food scientists in the United States. The page he opened had the name of the department chair at Michigan State. He decided to write him to see if he had any job openings. Within three weeks, he was offered a graduate assistant position. Off he went to earn his Masters and PhD degrees.

While at Michigan State he met his soul mate who eventually became his wife. Amazingly, she had also attended the University of the Philippines but they never meet there. In Dr. Belo’s own words, “We’ve been married a long time.” His great personal joys are his wife and married son and daughter with their four “perfect” grandchildren!

Dr. Belo’s PhD is in carbohydrate metabolism. However, he also worked on several projects that included toxicological studies, lipid metabolism, and mercury toxicity. He did his thesis on onions, in which he identified the enzymes and volatile components of the onion via enzymatic reactions.

While at Michigan State, one of Dr. Belo’s advisors worked with Gilroy Foods in California. His advisor knew they were doing research on onion oil so he mentioned Dr. Belo’s name. They offered him an interview, and he was hired. He worked in their R&D department for 3 years.

While Dr. Belo was working at Gilroy Foods, he developed an onion ring recipe which they tried to sell to McDonalds. He still remembers using their test kitchen which was huge. Unfortunately, they didn’t buy the recipe. Thus, “Belo Onion Rings” remain a secret treasure!

From Gilroy, Dr. Belo went to UC Berkeley where he worked on dietary fiber research projects. There, he attended an International Food Technologist (IFT) conference where he saw a job posting for a temporary position in the Nutrition and Food Science Department at San Jose State University. He applied and was offered the job. After years of hard work, he became a tenured Professor.

Since the early 1980’s he muses, “I’ve taught lots of courses! In addition, he continues to serve as the department graduate advisor, a position in which he has no equal. All agree, his dedication to students is beyond compare!

DARE TO DREAM
by Lisa Gulliland

The dream to create a Student Learning Center and Nutrition and Metabolism Laboratory is about to become a reality. Renovation of Industrial Studies (IS) 229A and 229B is underway!

IS 229A is being designed for student advising and a place for students to study and work together on class projects. Also, computers for statistical analysis of graduate research will be available. The room will also serve as a place for holding both formal and informal meetings.

New furniture is being purchased to serve these purposes, and carpeting will be installed. An L-shaped desk/client configuration will be put in specifically for student advising. Modular tables will be featured in the room that can be placed apart for small group work or wheeled together to use as a large conference table. Also, a white board with computer and other audiovisual capabilities will be an invaluable addition. To provide more light and energize the room, two interior windows will be installed between IS 229A and 229B.

The adjoining room, IS 229B, is being transformed into a Nutrition and Metabolism Laboratory. The Body Gem resting metabolism analyzer and Bioelectric Impedance body composition analyzer (currently held in CCB 221) are being relocated to this space. A treadmill and other exercise and research equipment will also be purchased to enable graduate research. In fact, Elizabeth Brown, our sports nutrition faculty expert, already has graduate students lined up with research projects rearing to go. Hands on learning experiences for all nutrition majors are also planned.

Both rooms are scheduled to be completed in Fall 2008. When the renovation is complete, there will be a celebratory unveiling which will provide the perfect opportunity to thank everyone who made this possible: Phyllis Simpkins for her generous donation (without which the whole renovation project would not have been possible), Caroline Fee and Lucy McProud for their vision, Amanda Hilty for her hard work coordinating the endeavor, and the Circle of Friends for all their support.

We eagerly await the grand opening!
The rains finally came today. That is good news. It has been really dry here in my part of Ethiopia; a drought year they were saying. In a country where the actuality of famine is real, recurring, and remembered by most, the rain coming is something prayed for by all. Today, everyone is happy!

I am serving as a U.S. Peace Corps Volunteer (PCV) in Oromia region, Ethiopia. This is my second round as a PCV. Just prior to my service here, I spent two years as an HIV/AIDS volunteer in the country of Lesotho, a small, independent country completely surrounded by South Africa with an estimated HIV rate of 25%.

While there, my main projects were to design programs targeting the prevention of mother to child transmission of HIV and also infant feeding guidelines for HIV positive mothers. My time in Lesotho gave me a clearer understanding of the many challenges of working within resource poor healthcare systems. It also prepared me to mentally absorb and process the myriad of compounding health problems affecting the rest of the continent, such as HIV/AIDS, TB, malaria, diarrheal diseases, and extreme malnutrition.

While here in Ethiopia I am also technically an HIV/AIDS volunteer. However, in the four months I’ve been here, my primary jobs are being an advisor to a high school girls group and a nutrition and HIV lecturer to college level nursing students. On the street, I often give impromptu lessons on Vitamin A rich foods, HIV prevention, and reducing HIV stigma and discrimination. Occasionally, I get to do really fun things like tag along on house to house visits during rural immunization campaigns or act as a partially bilingual support volunteer for organizations on medical missions such as Operation Smile which works to correct cleft lips and palates. Everything here is a learning experience. And while most days have their share of minor (and sometimes not too minor) frustrations, living in a resource poor country offers me a perspective on humanity which I cherish. People everywhere are remarkably the same, but sometimes those who have the least are the ones that can give you the most.
The San José State University College of Applied Sciences and Arts (CASA) held its Dean’s Awards Reception, “Salute to the Stars” on May 5th in the Barrett Ballroom. The “Magic of Las Vegas” theme and décor matched the fun and energy of the event. Barbara Conry, Acting Dean of Applied Sciences and Arts, began the event with a warm welcome, followed by enthusiastic congratulations from Provost Carmen Sigler.

Awards began with the presentation of the Dean’s Undergraduate Scholarships. Recipients of these prestigious awards represent outstanding accomplishment of scholarship and service. Dietetics student, Ericka Deshmukh, received one of these esteemed awards for her well-rounded experience and academic achievement.

Research and Thesis Awards were presented next. Outstanding Graduate Research award was presented to Susanne Rough for her thesis: Qualitative Analysis of Cancer Patients’ Experiences Using Donated Human Milk. Clarie Hollenbeck and Caroline Fee were her research advisors. Shweta Mishra received a Small Research grant for her thesis: Study of Three Growth Factors—Choline, Myoinositol, and Glutathione in the Nematode Caenorhabditis Elegans. Yang Zhao also received a Small Research grant for her thesis: The Requirements of DL-Thioctic Acid and Para-Aminobenzoic Acid and the Blockages in Their Biosynthetic Pathways in the Nematode Caenorhabditis Elegans. Dr. Nancy Lu is research advisor for both Shweta and Yang’s projects.

The San José State University Alumni Association Scholarships were then awarded. Our very own Sally Chaves received one for her high academic achievement, outstanding accomplishments in scholarship, and community service.

Distinguished Alumni Awards were presented next. Rita K. Garcia, MS, (BA Home Economics, Foods, Nutrition and Dietetics) was chosen to receive the award for our Nutrition, Food Science, and Packaging Department. (See article below).

To complete the star filled event, CASA Outstanding Faculty Awards were presented. Our faculty walked away with two out of four! Pan Belo received the Outstanding Professor Award, and Kathy Sucher received the Outstanding Scholar Award. Congratulations to all of the award recipients. You enrich us all!

Rita Garcia’s legacy of expertise and dedication to her profession culminated with great honor in 2006 when she retired from her position as Vice President, Facility & Hospitality Services, at Saint Louise Regional Hospital in Gilroy.

Rita earned her BA degree in 1974 at San José State University in Home Economics (Foods, Nutrition, and Dietetics). She went on to become a Registered Dietitian and gained a reputation as a leader in administration. She was recognized not only for her expertise in food and nutrition services management, but also for her excellence in overseeing diverse operations in a hospital setting.

To support her passion for administration, Rita returned to school in 1988 and earned her MS degree in Health Services Administration from St. Mary’s College. Her responsibilities and areas of expertise continued to expand, culminating in her final position as Vice President, Facility & Hospitality Services, at Saint Louise Regional Hospital. There, she was the administrative leader for multi departments, providing leadership in budget planning, services integration, and quality management.

Additionally, she had overall responsibility for the physical plant, property, and support services of two healthcare campuses which included an acute hospital, three medical office buildings, and one heliport!

In sum, Rita is an incredible role model who exemplifies the strength of our Home Economics roots that have continued to nourish the excellence of our Nutrition, Food Science, and Packaging Department.
**ALUMNI SIGHTINGS - UNCOVERED TREASURES**

**Mother Lode:** Andrea Whitson MS '03 proudly announced the addition of her second son Logan who was born October 8, 2007. Ringing in a joyous 2008, April Vandiver MS '99 gave birth to Angelo Frank on New Year’s Day. In the spirit of gender diversity, Rachel Frieberg Tano, MS '03 announced the birth of her baby girl Isabella May who arrived on the scene February 2, 2008.

**Sparkling Gems:** Judy Quitoriano BA ’77 has been dazzling visitors at the Pacifica Art Guild for 23 years where she has been showing her ceramics and sculptures and has received awards for her outstanding work.

Lauren Adams BS '04 completed her dietetic internship at Pennsylvania State University and passed the RD exam with flying colors. She then moved to Florida with her fiancée and was hired by Orlando Regional Medical Center Lucerne Hospital, a 140 bed hospital where she sees a variety of patients since the hospital has a dialysis unit, a rehab center, and general medical floors. Jeegna Patel BS ’87 is now working as a Registered Dietitian for Masonic Homes of California in Union City and continues to work per diem at Washington Hospital in Fremont.

Corina Zaglmayr, BS ’07 sends news she is employed in Salinas as a hospital Registered Dietitian responsible for the ARU unit, where most of her patients are seniors. She describes how much she enjoys her job, especially working with her older patients. Raquel Trenado, BS ’07 reports she is working with Stanislaus County WIC (in Modesto) as a Public Health Nutritionist I. She is excited about her job and the opportunity to work in a community nutrition setting.

Sunny Henderson, MS ’07 recently past her RD exam and works for Community Medical Center in Fresno for their corporate wellness program. Besides doing wellness coaching, she is developing an outpatient nutrition counseling program, expected to begin mid-August. Arianel Torres BS ’04 writes she is currently working as a Renal Dietitian for DaVita Dialysis, a healthcare company with different clinics throughout the Central Valley. She adds there is additional need to hire RDs to cover their Los Banos, Turlock, and Merced clinics.

**Nuggets of Gold:** Orit Rosen, MS ’89 writes that after graduation she moved back to Israel and remarried. She now goes under the name of Orit Rosen-Yazdi and is a mother of a son 5 1/2 and a daughter 4. She has moved back in to the US and lives in MI and is planning to apply for a position at Wayne State University. Sima Dahi, MS ’98 sends news she is now the Director of Meals on Wheels, Peninsula Volunteers, Inc. which is located in Menlo Park. Also, spotted working as a Registered Dietitian and Nutrition Consultant in private practice in Menlo Park is Gwen D’Antoni, MS ’95.

**Teresa Harnden**, MS ’03 reports she is employed as a Food Administrator at the California Medical Facility in Vacaville. This is a prison facility where she works as an independent contractor. Her responsibilities include analyzing diet menus offered to inmates on special diets.

**Grace Shih**, MS ’85 continues to provide outstanding nutrition counseling and education wearing many hats including that as a Registered Dietitian at Children’s Hospital at Stanford, a consultant dietitian for three teen clinics at Kaiser Permanente, a consultant dietitian for Children’s Recovery Center, and a private practice dietitian for over 20 years. Check out her website at www.GraceNutrition.org

Cassy Chen Yonemoto, MS ’05 will be teaching as a part-time Professor at Diablo Valley College (DVC) for the Fall 2008 semester. Cassy will be working with Helen DeMarco, MS ’96, former Nu/FS faculty member and current Chair of the Nutrition Program at DVC. Joan Giampaoli MS ’91 another former Nu/FS faculty member, sends news she has moved to Minnesota and has accepted a job as an Eating Disorders Dietitian.

**Brilliant Stars:** Manuel Villacorta MS ’04 has been featured on ABC’s San Francisco’s Morning News show. Manuel’s has developed an innovative program “Nutrition for You”—a web-based approach to weight loss and weight management that focuses on whole nutrition, portion management, and behavioral changes founded on sound nutrition science. Check out his program at: www.nu4you.net

Molly Paulson, MS ’03 has taped several nutrition segments for CNN Health Minute. Molly did her internship at Emory University and finished in 2004. She took time off and had a baby girl, and then she started a very successful private practice. She took another break to have twin boys in ’06, but she’s back to work now. It’s great to see one of our very own brilliant stars on national TV.

**Connie Wittenbaugh (Blommers), BA ’75 is not only the Director of Food and Nutrition Services at Knoxville Hospital and Clinics in Knoxville, Iowa, but she also writes a column, “In Good Taste,” for three local newspapers and is on the board of Marion County Nutrition Promoters. In her spare time, she has become a vexillogist (flag expert) and does presentations on the US and Iowa flags.**

*We have come to a close for sightings. However, as always: Whether near or far, please send us your news. We would love to hear from YOU.*

**PHYLLIS SIMPKINS - CROWN JEWEL**

Phyllis Simpkins, BA ’46 received a special commendation Tuesday, May 13, 2008 from the California State University Board of Trustees. Phyllis and her husband, the late Alan Simpkins, were honored for their enormous contributions of vision, energy, and financial support to the university. Among their many accomplishments benefiting their alma mater, Phyllis and Alan established the first international center in the California State University system at SJSU, rescued the SJSU marching band from extinction, and helped maintain a viable SJSU Division I-A Intercollegiate Athletics program. Phyllis continues to be our Nu/FS Circle of Friends guardian angel. She has provided support to our department over the last 16 years that has been instrumental in completion of our major projects, including providing funding for our SMART classrooms, state-of-the-art nutrition and food science equipment, and our new Student Learning Center and Nutrition and Metabolism Laboratory.
<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>Patricia Chung</td>
<td>Evaluation of Dietary, Exercise, and Weight Management Practices of Students at a Diverse Multicultural College Campus</td>
</tr>
<tr>
<td>Katherine Dittman</td>
<td>The Relationship Between Body Awareness, Intuitive Eating, and Spiritual Beliefs in Women Who Practice Yoga</td>
</tr>
<tr>
<td>Neela Ganesh</td>
<td>Determination of Total Polyphenol Content and Ferric Reducing Ability of Dehydrated Mangosteen Pericarp</td>
</tr>
<tr>
<td>Ayn Garvisch</td>
<td>Consumer Acceptance of Bio-Based Disposable Food Wares in a Community Hospital Cafeteria</td>
</tr>
<tr>
<td>Lisa Gilliland</td>
<td>A Comparison of Methodologies Used for Portion Size Estimation</td>
</tr>
<tr>
<td>Roopa Gokul</td>
<td>Impact of Nutrition Education Knowledge and Behavior Change Among Asian Indian Seniors</td>
</tr>
<tr>
<td>Damara Johnson</td>
<td>Program Assessment Report for the American Dietetic Association for the Didactic Program in Dietetics at San Jose State University</td>
</tr>
<tr>
<td>Ashmeet Kaur</td>
<td>HACCP Implementation in a School District Located in Northern California</td>
</tr>
<tr>
<td>Rebekah Keck</td>
<td>Program Assessment Report for the American Dietetic Association for the Didactic Program in Dietetics at San Jose State University</td>
</tr>
<tr>
<td>Jeeinn Kim</td>
<td>Evaluation of the Harvest Of the Month (HOM) Classroom Tool Kit</td>
</tr>
<tr>
<td>Kiko Lenio</td>
<td>Use of Electronic Portfolios for Program Assessment: Nutrition, Food Science &amp; Packaging Department at San Jose State University</td>
</tr>
<tr>
<td>Barbara Morris</td>
<td>Assessing Food Choices in Hospitals for Visitors and Staff.</td>
</tr>
<tr>
<td>Vijaya Parameswaran</td>
<td>Healthy Khana: A Nutrition Education Website Targeted at South Asians</td>
</tr>
<tr>
<td>Teri Pomerleau</td>
<td>Development of a Medical Nutrition Therapy Resource Guide Outline for Dietetic Students and Interns at San Jose State University</td>
</tr>
<tr>
<td>Divya Puri</td>
<td>Truncal Adiposity in Asian Indian Children and its Relationship to Maternal Health</td>
</tr>
<tr>
<td>Deborah Turquie</td>
<td>Relationship Between Diet Consumption and Visceral Fat</td>
</tr>
</tbody>
</table>
Sally Chaves

**San Jose State University**

*Alumni Association Scholarship*  
$1250

*Sally Chaves*

**College of Applied Sciences and Arts**

*Outstanding Award for Graduate Research*

Susanne Rough  
$500

**Jean Downes Scholarship**

Erika Deshmukh  
$1000

**Elveda Smith Scholarship**

Astrid Shapiro  
$1000

**Fern Wendt Memorial Scholarship**

Mohammad Beheshtaein  
$1000

**Rose Tseng Scholarship**

Jason Mousel  
$1000

**San Jose State University**

*Alumni Association Scholarship*  
$1250

*Sally Chaves*

**College of Applied Sciences and Arts**

*Dean’s Equity & Diversity Awards*

Sally Chaves

**Small Research Grants**

Shweta Mishra  
$500
Yang Zhao  
$500

Shweta Mishra  
$500
Yang Zhao  
$500

**College of Applied Sciences and Arts**

*Dean’s Undergraduate Scholarship*

Erika Deshmukh  
$500

**Josephine & Frank Morris Award**

Kiko Lenio  
$150
Kristin Wood  
$150

**Molly and Gene Rauen Research Awards**

Leah Haritan  
$1000
Shweta Mishra  
$1000
Julie M. Smith  
$1000
Yang Zhao  
$1000
Ayn Garvisch  
$489
Lisa Gilliland  
$521
Shilpa Sharma  
$250

**Circle of Friends Scholarship Awards**

**Nancy C. Lu Scholarship**

Shweta Mishra  
$1000
Yang Zhao  
$1000

**American Dietetic Association: Mead Johnson Nutritionals Award**

Erika Deshmukh  
$3000

**American Dietetic Association: Dorothy MaCrae Hyman Memorial Scholarship**

Erika Deshmukh  
$1000

**American Dietetic Association Foundation Award**

Luisa Garrett  
$1000
DEPARTMENT OF NUTRITION AND FOOD SCIENCE
Bachelor of Science
Fall 2007/Spring 2008/ Summer 2008

Dietetics
Diana Beydoun
Debbie Cabrieto
Freddie Cadiente
Erika Dhemshuk
Agnieszka Dziduszko
Brian Feldmeier
Crizel Fernandez
Atoussa Ghasemmaghami
Arthur Gonzalez
Jamie Jessop
Yun-Chien Ku
Nicholas Liang
Karen Luu
Ryann Maloney
Michael Manansala
Jeremy Rosenberg
Jamie Schneider
Than-Hoa Thach
Ka Yan Wong
Kristin Wood

Food Science & Technology
Samantha (Sze Nga) Chu
Yat Wong

Emphasis in Nutrition Science
Stephanie Cayabyab
Bahareh Ebadat

Emphasis in Environmental Food and Health Specialist
Bryan Lea
Delilah Macedo

Emphasis in Nutrition Education
Farozan Ansari
Jacqueline Balthazor
Stacey Hoover
Jenny Mendez
Iman Rana

Emphasis in Food Management
Gemma Chmielewski
Lynn Truong

External Dietetic Internships
Kristin Wood, Sodexho Dietetic Internship

Internal Dietetic Internships
Katie Boswell, VA Medical Center, San Francisco
Jyoty Brar, HM Composite
Patricia Chung, Cupertino Unified School District and Kaiser Santa Clara
Katherine Dittman, Novato USD and VA Medical Center, San Francisco
Lisa Gilliland, Stanford Hospital and Clinics
Damara Johnson, Livermore Valley Unified School District and Valley Care Medical Center
Rebekah Keck, VA Medical Center, Palo Alto
Soo Jeong Kim, HM Composite
Jeremy Lampel, Watsonville Community Hospital
Kiko Lenio, Livermore Valley Unified School District and Regional Medical Center of San Jose
Nicholas Liang, Fremont Health Center
Dana McCabe, Alum Rock School District and Regional Medical Center of San Jose
Barbara Morris, Santa Clara Valley Medical Center
Sepideh Moslehi, Seton Medical Center
Jason Mousel, VA Medical Center, San Francisco
Vicky Niblack, Alum Rock School District/HM Composite
Audrey Nickell, HM Composite
Teresa Pomerleau, Sutter Maternity & Surgical Center and Regional Medical Center of San Jose
Rebecca Rubenstein, Regional Medical Center of San Jose
Margarita Villagomez, Washington Hospital
Kerry White, Seton Medical Center
Shamrock Wong, Watsonville Community Hospital

The Day has arrived! Left to right are Karen Luu, Lindsay Ladner, Taisiya Kupriyanova, and Yun-Chien Ku

DIETETIC INTERNSHIP PLACEMENTS 2007-2008
THE JOYS OF GRADUATION

Yippee. Our names are in the program!

Mom hurry. The ceremony is about to start!

Haven’t felt this energetic in years!

Can hardly wait until they call my name!

It was all worth this moment!

Time to go celebrate with my best buddy!

Thank you. Thank you. Thank you!
A PROMISE MADE IS A PROMISE KEPT!

After two years of planning and saving, a space for our Student Learning Center and Nutrition and Metabolism Laboratory has finally been secured. Renovation of these two adjacent rooms has begun!

The Student Learning Center is an invaluable addition to enhancing our students’ success. Here, students will be able to collaborate in planning class and community projects, hold peer counseling sessions, and perform computer based research activities including dietary and statistical analysis. This multifunctional center will also house a reference library that will contain internship information, graduate projects, and theses, and provide a permanent location for Student Nutrition Club meetings.

The adjacent Nutrition and Metabolism Laboratory will enable our students to do research projects in vital areas, including weight control and sports nutrition. In fact, collaborative plans are in the works to involve SJSU athletes. Equipment already purchased includes a metabolic cart (which measures energy used at rest and during physical activity) and a bioelectric impedance analyzer (which measure percentage of body fat and lean body mass). Hands on learning opportunities will also be available for all nutrition majors.

Let me assure you every dollar you have contributed has helped us continue to provide essential scholarships and reach this monumental goal. Our Circle of Friends savings stand ready to cover the infrastructure costs of renovation of the two rooms (plumbing, electrical, asbestos removal, flooring, cabinetry, painting, and audiovisual capability). However, we still need help to furnish the Student Learning Center and purchase additional equipment to make the Nutrition and Metabolism Laboratory operational.

We can only do this with the support of caring and generous friends, just like you.

Please join us in this historic accomplishment in enhancing the excellence of our students’ education by sending the membership form on the back of this page with your check.

HEARTFELT THANKS TO THE 2007/2008 CIRCLE OF FRIENDS MEMBERS FOR THEIR GENEROSITY AND CARING

Connie Blommeres  Julene Dutcher  Carolyn Jung  Molly S. Olive
Sandra A. Akrawi  Alice Fagundes  Jamie Keel  Eva Prudhomme Orton
Lois Atkinson  John W. Farquhar  Sorn Kham  Melanie D. Poliarco
Joey Au  Caroline H. Fee  Pamela Goyan Kittler  Monique Posadas
Darcy Becker  Cade Fields-Gardner  Karen Knoblaugh  Gina Prichard (Giambra)
Laurie Becker  Alan Finkelstein  Anne Kolker  Sandy Queen
Mohammad Bemesmtein  Louis Fischl  Maria Kwok  Mary (Molly) C. Rauen
Dean Biersch  Doris C. Fredericks  Lee Ann Langan  Harley Redsun
Walter M. Bortz  Marjorie Freedman  Leo Chun Liu  Stacey Rippey
Stephanie Brooks  Molly Freeman  Lela Llorens  Karen P. Ross
Mary Ann Bullock  Kathleen Gamez  Nancy C. Lu  Rebecca Rubinstein
James Burke  Rita Garcia  Diane Madge  Sahar Safi
Christie K. Chan  Sandra Garcia  Christopher Gardner  LaPaula Sakai
Jacob Chermack  Dan Gordon  William Hillard  Emily M. Sawyer
Don Christopher  Mildred Haas  Jennifer Gardner  Patricia Schauf
Hsin Yi Chu  Jacqueyn Rogers Hackbart  Janet McDonald  Judith Morrison Schallberger
Angelo Corvino  Jane K. Hamer  Lucy McDпровод  Heather Schwartz
Erika Costanzo  Leta Marie Hayden  Jennifer M. Metz  Phyllis Forward Simpkins
Ann Coulston  Nancy Kowalski Henry  Shweta Mishra  Deepa Singamsetti
Narsai M. David  Nancy Hikoyeda  Yashmi Mistry  Elveda Smith
Margaret A. Davis  Jennifer Hoesel  Joanne Mitani  Caroline Spinali
Helen DeMarco  Haiyan Huang  Judi Morrill  Betty Wattles Starr
Antonella Dewell  Nancy Jacobson  Michelle Neyman Morris  David L. Stone
Alanna Bennam Dittoe  Damara Johnson  Jean E. Frankenberg Mulreany  Carol M. Strong (Bogert)
Norma Jean Downes  

Kathryn Sucher  Mary Ann Sullivan  Alice Morris Swanson  Linda Sweeney
Jean Crandall Theisen  Rose Tseng  Marlene D. Tutt  Kim Vagt
Gretchen Vannice  Sarah Viaggi  Margarita Villagomez  Mary Foley Von Ploemnics
Ashwini Wagle  Janice Wai  Holly E. Weber  Philip R. Wente
James Werle  Marianne M. Wilcox  Martha J. Wilson  Shelly Wingert
Carol Whiteley Wolf  Diana Wright  Martin Yan  Yang Zhao
What is it? A coalition of Alumni, Students, Faculty, and Friends who have joined together to provide ongoing private support to preserve the Department’s dedication and commitment to excellence.

Why the Need? “Shrinking” state budget for higher education make this support crucial to continue to offer the highest quality education and training to our students. Private funding is now critical to safeguard course offerings, laboratory supplies, computer labs, equipment, and scholarships. SJSU can no longer be considered as state supported but state assisted.

Circle of Friends Goals:
- To reestablish Alumni relationships with the Department
- To encourage Student participation
- To promote Alumni - Student - Faculty synergy
- To involve Community Partners
- To facilitate networking
- To celebrate SJSU Department of Nutrition and Food Science comradeship
- To invest in and build a LEGACY FOR THE FUTURE

Benefits of Membership:
- Networking with Alumni - Faculty - Students - Community Partners in cooperative ventures/endeavors and in seeking and filling positions
- Membership Recognition: NuFS Newsletter/SJSU Contributors to Excellence
- Membership Directory

☐ Check here if you DO NOT wish your name to be included in the Directory