We have had another eventful year with lots of exciting changes and developments. At the university, level in addition to our new President Dr. Mo Qayoume arriving last July 2011, we have a new Provost Dr. Ellen Junn who came in January. Dr. Junn was previously the Assistant Provost at Fresno State University. In addition, a new athletic director has been hired. Gene Bleymaier was previously the athletic director at Boise State University and will help us to transition from the Western Athletic Conference to the Mountain West Conference in 2013.

At the department level we are happy to welcome our new faculty member this year, Dr. Kasuen Mauldin. She teaches the nutrition laboratory sections as well as other courses and replaced Dr. Nancy Lu who retired in December 2010. Dr. Mauldin has had a very successful year in teaching and has already received two grants and has given several presentations to professional meetings.

Even though funding from the state is grim for the coming year with a $33 million shortfall, and the requirement to cancel several course sections for Fall and Spring semesters, we still have a lot to be thankful for. Our students were accepted for numerous dietetic internships this year, both external and internal. External dietetic internship placements included: Anchorage, Alaska; Cal Poly, San Luis Obispo; Fresno State University; University of Nevada, Reno; two at University of Michigan; and one at Dominican University located near Chicago. Several research studies were approved for poster session presentations at both state and national meetings. In addition, Packaging has developed a program to serve the packaging industry (i.e., shelf life studies) which also provides valuable laboratory learning experiences for packaging students.

We have also been watching the building of the new Student Union right across from our Central Classroom Building (CCB). The frames of the building are up now and completion is projected for 2013 (no general funds are being used). You will all have to come to campus to visit the new Student Union when it is completed!

We are especially thankful to our Circle of Friends who is celebrating their 20th year of enhancing the excellence of the department with their contributions to our students’ educational experiences and to our student scholarships.

As always we wish to thank everyone who contributed to this Alumni Newsletter including our editor Caroline Fee, as well as writers Amy Norrish, Rida Wali, and Fatemeh Tabib.

Best wishes for a tremendously successful and healthy year!

Lucy McProud, PhD, RD
Department Chairperson
Nutrition, Food Science & Packaging

PHYLLIS FORWARD SIMPKINS
BA HOME ECONOMICS 1946

In recognition of Phyllis Simpkins’ extraordinary life of giving, this year’s newsletter is dedicated to Phyllis.

Phyllis Simpkins began her involvement with the department 20 years ago and was instrumental in the creation and support of the Department’s “Circle of Friends,” a coalition of alumni, faculty, students, and friends whose mission is to raise private funds to enhance the department’s dedication to excellence.

Whenever specific needs of the department arose, Phyllis was excited to “get the ball rolling” by giving a lead major gift and helping raise the additional funds needed!
FACULTY ACCOMPLISHMENTS: JUST A “FEW” HIGHLIGHTS

Accomplished Authors

Izzie Brown published the Boat-house Row Cookbook: Dig in. Be inspired. Eat up. and help Fred along the way (2011).

Dr. Kasuen Mauldin authored a chapter titled Nutrition alterations and Management in the textbook: Critical Care Nursing: Diagnosis and Management (7th ed.).

Publications

Dr. McProud, Ashwini Wagle and their advisees published a peer reviewed article on the effects of food labeling on customer purchases in hospital cafeteria in the Journal of Foodservice Business Research.

Dr. Marjorie Freedman published three peer reviewed articles in journals of Advances in Nutrition, Nutrition Education and Behavior, and Nutrition Research. Topics included: the role of processed food in achieving the dietary guidelines nutrient recommendations and designing a tool to identify older adults in need of increased fruit and vegetable intake.

Ashwini Wagle and Dr. Kathryn Sucher and their advisees published an article on point of selection nutrition information and meal choices at restaurants in the Journal of Foodservice Business Research.

Dr. Fritz Yambrach published two articles in Packaging World on package machinability and sustainability in packaging. He also published an article in Photon das Solarstorm Magazine.

Research Presentations

Dr. Marjorie Freedman and her advisees presented one poster at the California Child Obesity Conference, two posters at the California Dietetic Association (CDA) meeting, and two posters at the Academy of Nutrition and Dietetics (AND) meeting.

Dr. Kasuen Mauldin and her advisees presented two posters at the California State University Program for Education and Research in Biotechnology Symposium and one poster at the CDA meeting.

Dr. Luci McProud and her advisees presented one poster at the CDA meeting and one poster at AND.

Dr. Kathryn Sucher and her advisees presented two posters at the CDA meeting and one poster at AND.

Ashwini Wagle and her advisees presented three posters at the CDA meeting and five posters at AND.

Savvy Speakers

Dr. Kasuen Mauldin was invited to give 8 presentations including: 1 presentation to international students from Japan and 1 presentation at the annual AND’s Dietetic Educators and Practitioners meeting.

Dr. Marjorie Freedman was invited to speak at 8 professional events including: the Santa Clara County Public Health Leadership meeting and the Network for a Healthier California meeting in San Jose.

Dr. Fritz Yambrach spoke on “Packaging and Solid waste” during a panel discussion on KQED.

Grand Grantees

Dr. Marjorie Freedman received a grant for $90,000 from Communities Putting Prevention to Work, Santa Clara County Public Health Department.

Dr. Lucy McProud and Ashwini Wagle received a grant for $148,121 from the CA State Dept. of Edu. for Cal Pro Net Center to provide training for child nutrition personnel and school foodservice directors.

Dr. Kasuen Mauldin has received 8 grants totaling $291,018, including a grant from the Almond Board of California ($224,663).

Professional Awards

Ashwini Wagle was recognized as the full time “Outstanding Professor of the Year” 2011-2012 by the Nutrition and Food Science Club.

Caroline Fee was recognized as the part time” Outstanding Professor of the Year” 2011-2012 by the Nutrition and Food Science Club.

Dr. Marjorie Freedman was the recipient of the Outstanding Student Organization, CEED Award. She was also awarded the Cesar Chavez Award in Higher Education by the California Teacher’s Association.
The Department of Nutrition, Food Science and Packaging was recognized for its contribution to the SJSU community with two awards. Dr. Marjorie Freedman and her group of over 25 students received the Committee to Enhance Equity and Diversity (CEED) “Outstanding Student Organization” Award for their work with The Most Holy Trinity (MHT) Church. In the past year, the MHT project provided health and nutrition education and resources to over 7000 low-income families in the San José area. It also enabled SJSU students gain a better understanding of social determinants of health while providing valuable services to underserved communities.

Also at the event, Ms. Sandra K. Queen received our Department’s Distinguished Alumni Award. Sandy earned her MS in Nutrition/Food Science in 1998 and has been an active member of the San José community since then. She served as the Coordinator of Cal-Pro-Net for 7 years, taught courses in the Department, and continues to volunteer at the San José Family Shelter. (Please see article below) Sandy retired last year, and we all miss seeing her!

Sandy has also given so much to the San Jose Family Shelter and continues her work as a volunteer for Rebuilding Together Silicon Valley. Every summer, Sandy serves as a Guatemala Mission Volunteer Team member doing nutritional counseling. In addition, she volunteers for the Good Samaritan Hospital’s “No One Dies Alone” Program and recently completed volunteer training for Hospice of the Valley.

The Department of Nutrition, Food Science and Packaging is so proud to recognize Sandy Queen or more aptly put, Sandy Queen, “Queen of Hearts.”
NEW FACULTY!

DR. KASUEN MAULDIN, R.D.

by Amy Norrish

We would like to extend a warm welcome to our newest faculty member Dr. Kasuen Mauldin. Dr. Mauldin has diverse educational experiences. Her first degree was from the Southern Methodist University where she graduated magna cum laude with degrees in Anthropology and Chemistry. Dr. Mauldin then attended the University of California, Berkeley where she received her PhD in Molecular and Biochemical Nutrition. She then completed a clinical nutrition dietetic internship at the University of California, San Francisco Medical Center and passed her registry exam to become a Registered Dietitian.

Dr. Mauldin teaches several Nutrition Laboratory sections, Advanced Nutrition, and Advanced Metabolism here at San Jose State University. She also teaches Advanced Clinical Interpretation of Laboratory Values to UCSF Medical Center Dietetic Interns and is an adjunct faculty member of the Division of Gastroenterology, Hepatology, and Nutrition at UCSF. Dr. Mauldin currently advises four M.S. Candidates and one Undergraduate Scholar. Her enthusiastic and professional teaching style make taking her classes a positive and meaningful educational experience.

Dr. Mauldin’s research interests include understanding the metabolic mechanisms involved in the development of obesity and the metabolic syndrome. Her research background is in lipoprotein metabolism and specifically apolipoprotein structure-function analysis. Her current research focuses on dietary interventions and how they affect pregnant overweight/obese Asian women and their offspring. Dr. Mauldin is working in collaboration with Dr. Janet King of the Children’s Hospital Research Institute to further investigate optimal dietary interventions to improve maternal metabolism during pregnancy. Dr. Mauldin had previously published nine peer-reviewed articles and has had seven abstracts and poster presentations.

On a personal note, Dr. Mauldin enjoys arts, crafts, scrapbooking, and baking. She also is a skilled seamstress and sews her own Halloween costumes every year. An interesting fact about Dr. Mauldin is that she has an identical twin who also lives in the Bay Area.

We are lucky to have such a committed and enthusiastic teacher, colleague, and advisor here at SJSU and are thankful she has joined our department.

“Phyllis Simpkins” continued from page 1

Among the major projects accomplished by her generosity and caring were the:
• Creation of a Nutrition and Metabolism Laboratory,
• Creation of a Student Learning Center
• Renovation of the Food Preparation Modular Kitchen Laboratory
• Renovation of the Food Science Pilot Plant Laboratory

Phyllis was not only a “guardian angel” for our Department, but she also touched the lives of so many with her support of SJSU athletics, band, marine science, kinesiology, music and dance, and international programs.

Her energy was boundless and infectious. Phyllis not only gave financial support to her many philanthropic projects, but also did fundraising and was totally involved with the planning and execution. In fact, there are three buildings on campus that Phyllis was instrumental in founding: the Simpkins Stadium Center, the Phyllis F. Simpkins International House, and the Alan B. Simpkins Intercollegiate Athletic Administration Building.

Her son, Robert Simpkins, “remembers his mother as a compassionate woman whose devotion to her causes were her life’s calling. When I look back on it, she was just extremely warmhearted. If she saw that something needed to get done, she would do it.”

Phyllis received numerous awards including the SJSU College of Applied Sciences and Arts Distinguished Alumna Award and the SJSU Tower Award. In 1996, she received California State University’s highest award: CSU Honorary Doctor of Humane Letters degree in 1996. Additionally, in 2008, Phyllis received a Commendation from the CSU Chancellor for her lifetime support to San José State University.

In addition to spending time with her loving family, daughter Diane, sons Bob and Bill, her 7 grandchildren, and her many friends, Phyllis continued her active involvement at SJSU with her many projects.

Phyllis was extraordinary woman whose love and devotion to her family, friends, and her dear alma mater, SJSU are legendary. She will be remembered always!

CASA STUDENT SUCCESS CENTER

The College of Applied Science and Arts (CASA) opened their Student Success Center on February 2nd with the goal of continuing to improve graduate and retention rates. sjusstudentsuccess@gmail.com The center’s director is our very own Dr. Kathryn Sucher. Phyllis, once again, gave a lead-off gift to begin raising the funds needed to complete the project.
ALUMNI SIGHTINGS - OLYMPIC GOLD!

In Training:
Ashleigh Coffeng, MS’ writes that her three boys (ages 6, 4, and 20 months) are keeping her in shape. To ramp up her training workouts, she is also considering going back to work part time. This sounds like a perfect example of cross training!

Top Form: Charu Jain Bhat, MS’ 2011 is now working as Senior Food Service Supervisor at UCSF Medical Center in San Francisco.

Kati Fosselius, MS’ sends news that she enjoying her job as Director of Dietetic Internships at Cedar Crest College in Allentown PA. She has 10 on site and 15 distance interns and says it’s been a whirlwind, but she enjoys the work very much.

Manual Villacorta, MS’ 2004 returned to campus last September to give a rousing presentation on “Nutrition Career Advice” to a packed audience. The event was planned by our very own Student Nutrition and Food Science Club. Manual can also be found on his website: http://www.nutrition4you.com

James Burke, MS’ 2002 continues to bring home the gold in his “Santa Rosa Nutrition” business where he does nutrition consultations and group facilitation. His wife Jenn is also staying in top form training for Relay for Life, the American Cancer Association’s fund raiser to help raise money for cancer research

Olympic Committee: Jean Downes, MA’ 1974 flew in from Arlington Virginia for a family vacation in Lake Tahoe. However, before driving north she met for lunch with her friends from her years teaching in the department: Sue Martineck, MA’, Caroline Fee, MA’ 1979, and Elveda Smith, Emeritus Professor. In addition to 3 hours of nonstop conversation, the group learned that Elveda had been featured (including a wonderful photo) in the SJSU Heritage publication describing her decision to bequest 50% of her estate to the Elveda Smith Scholarship Fund for Nutrition and Food Science. In her own words. “I spent my life in education and that’s where my heart is…. I still miss the students’ enthusiasm.”

Champions: Keri Leone Weindel, MS’ one of our very own is now working in San Diego as Director of Professional Education for Dexcom, a continuous glucose monitoring company.

Stephanie Brooks, MS’ 1996 former lecturer for the department and owner of Bay Area Nutrition www.bayareanutrition.com recently added two new classes to her offerings: “Nutrition for Pregnancy” and “Breastfeeding and Nutrition for Baby: Starting Solids and Beyond.” Stephanie’s nutrition consulting business also continues its champion status.

Molly Rauen, MA’ 1978 and her husband Gene were delighted to hear that Marilyn Baker Venturini, MS’ 2011 who received one of their research assistance grants (made possible by the Molly and Gene Rauen Endowed Fund) had her research” Nutritional Status as a Risk factor for Falls Among Older Adults,” published in Aging and Society: An Interdisciplinary Journal.

Unbeatable Alison Lynch (Armas), BS’ sends news form Rexburg, Idaho where her husband is attending university. She says it is a small town very different from California, but it is also kind of nice because effort the dietary aide position she applied for, 10-15 other people also applied, but she got the job because she was the only one with a degree in Dietetics

Medalists: Karen Knoblaugh, MS’2007 continues her medal class teaching for the department and is also involved in the International Association of Culinary Professionals. In addition, she works at LYFE Kitchen in Palo Alto and is rolling out a new Summer menu: “Great-tasting food that’s good for you.”

Jessica Reynolds MS’ is now giving her all as a Clinical Dietitian at ValleyCare Health System, while Madoka Gaspar, BS’ is collecting medals as the Nutrition Program Supervisor at Second Harvest Food Bank of Santa Clara and San Mateo Counties Community.

Record Breaking: Mandana Mirabrisami, MS’ 2011 sends news from Santa Barbara where she is busy scoring points as a Kids Nutrition Educator for the Foodbank of Santa Barbara County. Mandana is also giving her all as a Yoga Instructor for “Hike n’ Yoga.”

Marilyn Baker Venturini MS’ 2011 is right at the head of the pack and breaking all records as Director of Meal on Wheels at Peninsula Volunteers, Inc, in Menlo Park. The challenges of her job are keeping her in top form.  

We have come to a close for this year’s sightings. However, as always: Whether near or far, please send us your news. We would love to hear from YOU.
STUDENT CLUB

The Nutrition, Food Science and Packaging Club enjoyed tremendous success in 2011-2012. The annual Welcome Social featured Manuel Villacorta RD, a SJSU graduate who provided invaluable career advice to attendees.

The club also hosted several speakers such as Carol Sloan RD, Bill Rudolph and Fritz Yambrach who provided students with great insight into doing well in school as well as in the nutrition world.

Additionally, the club also took over running the Smart Cart this year and helped spread the message of healthy eating to students across campus. The NUFS club received funding from Associated Students and proudly sponsored registration fees for two students to the Academy of Nutrition and Dietetics Conference in San Diego.

In addition to hosting professional development events, the club held several game/craft nights, a Chopped style cooking competition, and a trip to the beach to encourage member interaction. With increasing member participation every year, the club is looking forward to an exciting 2012-2013!

PACKAGING PROGRAM
LEADER OF THE PACK!

The Packaging Program in the Department of Nutrition, Food Science and Packaging is focused on creating experts in the areas of the protection and movement of products from manufacturers to consumers. It is one of a handful of programs in the world focusing on containers, materials and design. The program has been growing steadily over the last 5 years, since Dr. Fritz Yambrach, the Coordinator, came to San Jose State University (SJSU).

California State University and SJSU’s financial issues have affected the Packaging Program’s planning. The new strategy is focused on industry partnerships. A closer connection to industry through an internship program, lab testing agreements, and graduate student work projects is expected to insulate the program from the financial issues the CSU will be experiencing over the next 10 years. We are happy to have several relationships with local industries which include: Bare Essentials, Xpedx, and several Medical Device firms, where the Packaging Program provides package development and testing services for a fee. These fees go to support the program’s activities, lab maintenance, and adjunct faculty salaries.

The internship program for Packaging students has grown exponentially and is a real success story. Once firms began to realize that the Packaging Program at SJSU was again viable and producing students they started requesting students to fill positions. Several of these firms have established rotating positions where 1-2 Packaging students are constantly employed at the firms and turn over every 6 months.

An Advisory Board was formed this year and has played a vital role in an effort to bring more national and international presence and focus on future needs of education in the Packaging industry. Members include leaders from: Estee Lauder, SP Containers in Lestershire, England, Johnson and Johnson’s Pharmaceutical R&D Center, Smashbox, and Sealed Air.

Much of the success of the program can be tied to the efforts of the teaching faculty including the Coordinator, Dr. Fritz Yambrach, who provides strong leadership and also teaches courses. In addition, Herb Schuneman is a stalwart in advising graduate and undergraduate students as well as being senior advisor to the Program.

Our students continue to attend the yearly Packaging shows in Chicago and Las Vegas and are given a booth to demonstrate the SJSU program and accomplishments the students have made in the last year. This serves as the first introduction of new students to the Packaging Industry and also serves as a conduit for graduating seniors to meet prospective employers.

As a concrete measure of accomplishment, upon graduation our students have been very successful in obtaining professional positions as Packaging Engineers, including being hired at Boston Scientific, Gilead, Xpedx, and Genentech.
<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jacquelyn Yvonne Ambrogio</td>
<td>Increasing Healthful Food Access Through a Mobile Food Stand on an Urban College Campus.</td>
</tr>
<tr>
<td>Catherine Bartoli</td>
<td>Food Intake Patterns and Plate Waste Among Community Meal Center Guests in San Jose, CA.</td>
</tr>
<tr>
<td>Barbara Steffeck Biehl</td>
<td>Utilization of Therapeutic Diets in Adult Day Health Care Centers.</td>
</tr>
<tr>
<td>Lucia Eugenia Briceno Alliegro</td>
<td>Do Group Classes Using Diabetes Conversation Maps Help Low-Income Patients with Type 2 Diabetes Manage Blood Glucose Levels?</td>
</tr>
<tr>
<td>Beth A. Boutry</td>
<td>Creation, Implementation, and Evaluation of a Cooking Matters Train-The-Trainer Curriculum.</td>
</tr>
<tr>
<td>Kanika Chhabra</td>
<td>The Set-Up and Evaluation of a Vermicomposting System at a Hindu Temple in Order to Defer Food Waste from the Waste Stream.</td>
</tr>
<tr>
<td>Erika Deshmukh</td>
<td>New Weigh of Life Research Study: A Lifestyle Program Evaluation of a Three Month Intervention and a Six Month Follow-Up.</td>
</tr>
<tr>
<td>Vashti Hayes</td>
<td>Creating a Culturally Appropriate Menu at a Long-Term Care Facility.</td>
</tr>
<tr>
<td>Mary K. Kahn</td>
<td>Evaluation and Outcomes Assessment of the Programs Offered by the Department of Nutrition, Food Science and Packaging at San Jose State University.</td>
</tr>
<tr>
<td>Juliana King</td>
<td>An Investigation Into the Current Model of Community Supported Agriculture and its Feasibility as a Long-Term Distribution Channel.</td>
</tr>
<tr>
<td>Phoebe Li</td>
<td>Fluid Balance in Older Adults who Exercise in a Therapeutic Pool.</td>
</tr>
<tr>
<td>Ariana Loijos</td>
<td>The Influence of Package Design on Consumer Evaluation of Wine.</td>
</tr>
<tr>
<td>Ranna Modir</td>
<td>Assessing the Hospital Food Environment for Employees and Visitors.</td>
</tr>
<tr>
<td>Diana Oliveira Urcuyo</td>
<td>Evaluation and Improvement of the Nutritional Value of Meals and Student Satisfaction with Menu Changes at an Extended Learning Site.</td>
</tr>
<tr>
<td>Shraddha Patel</td>
<td>Evaluation of Ketocalculator.</td>
</tr>
<tr>
<td>Anne Russell</td>
<td>The Effect of Point-Of-Purchase Nutrition Information on the Food Purchasing Habits of College Students.</td>
</tr>
<tr>
<td>Mireille Salib</td>
<td>The Evaluation of a Nutrition/Physical Fitness Course on Improving Food and Lifestyle Choices Among College Students.</td>
</tr>
<tr>
<td>Leanne Frances Sapad</td>
<td>Development and Evaluation of a Tool to Assess the Food Environment of Faith-Based Organizations.</td>
</tr>
<tr>
<td>Ming-Chang Tsai</td>
<td>The Effect of Static Magnetic Field on the Growth of Saccharomyces Cerevisiae.</td>
</tr>
</tbody>
</table>
STUDENTS SPARKLE WITH SUCCESS  
2012 “STARS”

Circle of Friends Scholarships

Fern Wendt Memorial
Sucheta Gehani $1500

Nancy C. Lu Scholarship
Fatemeh Tabib $1500

Jean Downes Scholarship
Lucia E. Briceno $1500

Elveda Smith Scholarship
Michelle Stroebe $1500

Rose Y.L. Tseng Scholarship
Nani Glass $1500

Circle of Friends Scholarship Award
Thomas Armenta $1500

Josephine & Frank Morris Award

Lacy Amor - $200

NuFS & Pkg Department Service Awards

Romana G. Cruz - $100
Janelle Estournes - $100
Sucheta Gehani - $100
Susan Huynh - $100
Hien Nguyen - $100
Krystal Nneka Oji - $100
Valerie Roberson - $100
Grace Antonia Tonna - $100
Sylwia Klos - $100

Outstanding Student Awards

Baccalaureate Candidate

Miranda Westfall for Dietetics/Nutrition - $150

Gabriel Sanchez for Packaging - $150

Masters Candidate

Leanne Sapad - $150

Molly and Gene Rauen Research Assistance Awards

Lucia E. Briceno - $947
Marian Crockett - $1000
Diana Oliveira Urcuyo - $531
Rida Wali - $560
Lucy Qian Chang - $1000
Fatemeh Tabib - $1000

Barozzi Scholarship for International Education

Lucia E. Briceno $ (International Student from Venezuela)

Nutrition Education Action Team (NEAT) Scholarship

Stephanie Monterozza - $750
Carly Hoobler - $750
DEPARTMENT OF NUTRITION, FOOD SCIENCE, AND PACKAGING
BACHELOR OF SCIENCE
CLASS OF 2012

Dietetics
Lacy Amor
Tobias Austin
McGowan
Keirnin Balaban
Denisse B. Mendez
Kara Boller
Melissa Miracle
Chia-Yi Chen
Jamie Morris
Romana G. Cruz
Anh-Thu Nguyen
Melanie Dunstan
Teresa Nigro
Janelle Marie Estournes
Amir Nosratifard
Sucheta Gehani
Krystal Neena Oji
Kristin Geronimo
Christina Patron
Janine Sharie
Gonzalez
Valerie Roberson
Susan Huynh
Sarah Samet
Monica Juarez
Rachel Solis
Sylwia Klos
Aimee Thomas
Brittany Felicia Knowles
Imran Valiani
Justina Ann Lau
Keri Waller
Lauren Le Blanc
Miranda Westfall
Shuyun Tsai Lin
Shelley Wood
Amandeep (Deepi) Mann
Emphasis in
Environmental Food & Health Specialist
Mercedes Carbajal
Mary Kathryn Paine
Dennis Ly
Emphasis in
Food Management
Christopher A. Gonzales
Stephanie Merport
Emphasis in
Nutrition Education
Corinne Cates
Stephanie Del Carmen Monterroza
Nazarina Nuevo Larida
Nia Sabedra
Odezza Nuevo Larida
Yadira Valdez
Emphasis in
Nutrition Science
Greg A. Esselmann
Jenny Loi
Jonathan Jacinto
Sandra Suarez
Emphasis in
Sports Nutrition
Jeremy Hui
Jenny Thach
Amelea Lowery
Grace Antonia Tonna
Erin Aya Motofuji
Daniel Velarde
Food Science & Technology
Samantha T. Tran
Packaging
Ronald Gonterman
Kirsten Trammell
Thura Lin Khanh
Vinh Truong
Hien Minh Nguyen
Zachary Mackinac
Yambrach
Samson Nguyen
Makeyen Yan
Carolina Osorio
Salin Yousefnia
Erika Perez
Soeini Yousefnia
Gabriel Mendoza
Sanchez

Internal Dietetic Internships

Fall 2011
Jacquelyn Amrogio            El Camino Hospital
Lucia Briceno                Washington Hospital/Choices for Children
Marian Crockett             Community Hospital of Monterey Peninsula
Janelle Estournes           Valley Care/Santa Cruz City Schools
Susan Huynh                 Idlewood Care Center
Denisse Mendez              Kaiser Oakland/Alum Rock School District
Diana Urcuyo                Kaiser Oakland/Mount Diablo School District

Spring 2012
Kara Boller                 VA Medical Center
Rachna Jawa                 Kaiser Santa Clara/Choices for Children
Katie Kahn                  El Camino Hospital Mountain View campus
Juliana King                Idlewood Care Center
Dominique Lee              Los Altos Sub-acute and Rehabilitation/San Jose Unified
Phoebe Li                   Idlewood Care Center
Vi Nguyen                   Regional Medical Center/Cupertino School District
Amir Nosratifard           Nutricopia (formerly HM Composite)
Amelia Robinson            Valley Care Medical Center/Milipitas Unified School District
Anne Russell               Nutricopia
Daphne Sambajon             El Camino Hospital/Washington Hospital
Miranda Westfall           Santa Clara Valley Medical Center/Alum Rock School District

External Dietetic Internships

Spring 2011
Sarah Hashmi                 Sacramento State University
Jodi Richards               Cornell University
Shweta Verma                UC San Diego

Spring 2012
Krystal Oji                 University of Michigan, Ann Arbor
Lacy Amor                   University of Michigan, Ann Arbor
Teresa Nigro                Cal Poly, SLO
Smitha Poulo                 University of Nevada, Reno
Leanne Sapad                Fresno State,
Danna Largo                 University of Alaska, Anchorage
Sahar Saffi                  MBA/RD Program, Dominican University
THE JOYS OF GRADUATION
CIRCLE OF FRIENDS
“20 YEARS AND STILL COUNTING”

The Circle of Friends celebrates its 20th Anniversary!

We began in 1992 when the California state budget for higher education nose-dived. For the first time, higher education was no longer state supported, but state assisted. In response, a core group of alumni convened. Our purpose was to create a Circle of Friends to provide private funds to help the Department continue to provide the highest quality education to our students and help them reach their goal of graduation.

Now, 20 years later, higher education is faced with the worst blow to state funding, ever, and the future is uncertain. In addition to shrinking course offerings, our students are faced with even more obstacles to graduation. Increases in tuition loom, and crushing student debt grows.

Since student scholarships are one of the most direct ways we can help, this year’s major project is crucial. We plan to continue the new Circle of Friend’s scholarship that was created last year, and also infuse each of our six existing scholarships awards with $1000. Thus, for the first time all Circle of Friends scholarship awards will be $2000!

Your commitment and help have never been more vital, and our students’ progress to graduation has never been more challenging. What better time to renew our determination to make a difference for our students, while celebrating the spirit, energy and major accomplishments of the last 20 years.

(Details are included below).

Please join us and our extraordinary Circle of Friends members who are energized by the challenges our students face and, most important, the possibilities offered by the future leaders in Nutrition and Food Science.

(A membership application is printed on the back of the Newsletter).

CIRCLE OF FRIENDS
MAJOR ACCOMPLISHMENTS

The “Circle of Friends,” a coalition of alumni, faculty, students, and friends, has joined together to sustain the department’s dedication to excellence. Our members’ generosity and caring have made so many things possible. Here are just a “few” major accomplishments:

| Creation of a Nutrition and Metabolism Laboratory including state-of-the-art equipment. |
| Creation of a Student Learning Center. |
| Renovation of the Food Preparation Modular Kitchen Laboratory. |
| Renovation of the Food Production Classroom and Dining Room. |
| Creation of a “Teaching Toolbox, “including videos and models, to enhance student learning. |
| Realization of a Department Web Site of the highest quality and professional caliber. |
| Funding of yearly $1000 Student Research Assistance Awards. |
| Purchase of “BodyGem,” an instrument that measures resting body metabolism. |
| Purchase of a Bioelectric Impedance Analyzer, an instrument that measures body composition. |
| Enhancement of Student Scholarships: $500 was given to the Circle of Friends’ Elveda Smith, Jean Downes, Fern Wendt, Nancy Lu, and Rose Tseng Scholarship Funds to build each award to $1500. |
| Creation of a new Circle of Friends $1500 Scholarship Award. |
| Sponsorship of the Student Convocation and Celebration: $1000 is given each year to the Student Club to enable all graduates to participate in this “once in a lifetime” event. |
| Production of a yearly Members’ Only Directory. |
| Production of a yearly Department Newsletter |
What is it? A coalition of Alumni, Students, Faculty, and Friends who have joined together to provide ongoing private support to preserve the Department’s dedication and commitment to excellence.

Why the Need? “Shrinking” state budget for higher education make this support crucial to continue to offer the highest quality education and training to our students. Private funding is now critical to safeguard course offerings, laboratory supplies, computer labs, equipment, and scholarships. SJSU can no longer be considered as state supported but state assisted.

Circle of Friends Goals:
- To reestablish Alumni relationships with the Department
- To encourage Student participation
- To promote Alumni - Student - Faculty synergy
- To involve Community Partners
- To facilitate networking
- To celebrate SJSU Department of Nutrition and Food Science comradeship
- To invest in and build a LEGACY FOR THE FUTURE

Benefits of Membership:
- Networking with Alumni - Faculty - Students - Community Partners in cooperative ventures/endeavors and in seeking and filling positions
- Membership Recognition: NuFS Newsletter/SJsu Contributors to Excellence
- Membership Directory

☐ Check here if you DO NOT wish your name to be included in the Directory

---

<table>
<thead>
<tr>
<th>2012-2013 MEMBERSHIP / RENEWAL APPLICATION</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>CIRCLE OF FRIENDS GIVING LEVELS</th>
</tr>
</thead>
<tbody>
<tr>
<td>(Please indicate the level of your gift)</td>
</tr>
<tr>
<td>Current Students $10 - $24 __________</td>
</tr>
<tr>
<td>Supporter Circle $25 - $99 __________</td>
</tr>
<tr>
<td>Golden Circle $100 - $499 __________</td>
</tr>
<tr>
<td>Dean’s Circle $500 - $999 __________</td>
</tr>
<tr>
<td>President’s Circle $1000 - ________</td>
</tr>
</tbody>
</table>

All gifts go directly to the Department and are fully tax deductible.

Please make checks to:
NUFS, CIRCLE OF FRIENDS, SJSU

PLEASE RETURN APPLICATION BY October 15 TO BE INCLUDED IN THE MEMBERSHIP DIRECTORY

*We’d like to hear from you! Please attach a separate sheet with your news.