What an eventful year we had! At the graduation convocation on May 27 we celebrated 109 graduates (93 Bachelors and 16 Masters degrees).

**New Additions on Campus:** Our new President Dr. Mary Papazian arrived in July. Previously, she was President of Southern Connecticut State University in New Haven. She grew up in Southern California, and all of her degrees were earned at UCLA.

Also, we are happy to have a new Dean of our College of Applied Sciences and Arts Dr. Mary Schutten who just finished her first year at SJSU. Previously, she served as Associate Dean at Grand Valley State University in Michigan and completed her Masters degree at Long Beach State University in Kinesiology and Doctoral degree at Indiana University.

**Additions to our Department:** We are excited to welcome three new faculty members for the coming academic year, one in Packaging: Xiaojing (Kate) Liu from Wuhan University of Technology and two in Foodservice Management/Dietetics: Adrienne Widaman from University of California at Davis, and Jamie Kubota, our MS Alum who has been teaching part-time for us.

**New Chapters Ahead:** This year, I participated in the Faculty Early Retirement Program which requires a maximum of a 50% workload. Since the Department Chairperson position, for which I was elected, is already 50%, I could not officially teach courses. There is one year left of my four year Department Chairperson term, so I will do the same for the coming academic year. The following year 2017-2018 we will have a new Department Chairperson elected; however, I will stay on for my last year teaching supervision courses (field experience, dietetic internship and individual studies courses) so I can help make a smooth transition.

**A Sad Farewell:** Dr. Elveda Smith passed away on May 28. She will always be remembered for her dedication to the department. Please see the Memorial article on page 4 to learn about her extraordinary contributions.

**In closing:** We wish to thank everyone who contributed to this Alumni Newsletter including our editor and Circle of Friends Director Caroline Haas, as well as writers Maggie Li, Kirby Sanchez and Monika Riley.

Hope the year ahead is happy, healthy, and productive!

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**FEATURED FACULTY**

**JAMIE KUBOTA, MS, RD**

by Monika Riley

Nutrition, Food Science, and Packaging Department welcomes full-time faculty member Professor Jamie Kubota, MS, RD: baker, traveler, teacher, and dietitian.

She states “my biggest passion is getting people excited about whole foods nutrition. Research shows people are spending more and more of their food dollars away from home. I am passionate about getting people—and nutrition students—back in the kitchen and cooking healthy.”

Professor Kubota graduated with a Bachelor’s in Business Administration in Accounting from Texas A&M University at College Station. She always had a love of cooking and baking. After working in bakeries and caterers throughout high school and college, she enrolled in the California Culinary Academy where she graduated with a degree in Baking and Pastry. She worked at La Nouvelle Patisserie on Union Street and at Ernie’s Restaurant. After becoming a Pastry Chef, she booked a flight to Europe where she traveled for six weeks before settling down in Paris where she spent a year working at two boulangeries.

After returning to the states, she worked as a pastry chef in Texas but missed the Bay Area. She moved back and started a cake business. She found herself specializing in what she calls “healthy cooking, sinful baking,” which motivated her to go back to school to study nutri—

Continued on page 2
FACULTY ACCOMPLISHMENTS: JUST A “FEW” HIGHLIGHTS

Publications


Ashwini Wagle. Improving Quality of Life by Enhancing Dining Experience in a Skilled Nursing Facility. *Journal of Foodservice Business Research* and Evaluation and Improvement to the Nutritional Value of Meals and Student Satisfaction with Menu Changes at an Extended Learning Site. *Journal of Foodservice Business Research.*


Grants


Professional Awards/Honors


Other

Karen Knoblaugh, Game Design Contest, 3rd place. “Consumption: A Nutrition Board Game.” Kasuen Mauldin, Irene Chou, and Deepa Singamsetti. (Summer 2016). Faculty Led Programs to Hong Kong, Taiwan, and Puerto Rico, respectively. These programs offer a variety of nutrition courses and course related international travel.

Some of her research interests include quantifying cooking skill levels among students entering and exiting didactic programs, and the effectiveness of hands-on culinary training and academic nutrition curriculum in terms of diet quality and student’s confidence in counseling others. She is also interested in the effect of menu management and the use of targeted cultural menus on the incidence of malnutrition in skilled nursing facilities.

Professor Kubota offers the following advice to students, “follow your passion—figure out what you love to do and set a path to take you in that direction, but be open to opportunities that come your way. Find a mentor in your chosen field, network, and stay involved—more opportunities are likely to come find you when you stay connected.”
A CELEBRATION OF LIFE
ELVEDA SMITH - FEB.18, 1935 - MAY 28, 2016

To truly understand the extraordinary contributions of Elveda Smith, the following remembrances shed some light. Lucy McProud writes:

We were very fortunate to have Elveda Smith involved in our department. Dr. Smith served as the Chair of Home Economics from 1966-1968 and continued as a faculty member as the department evolved to Nutrition and Food Science until her retirement in 1992. As the Graduate Coordinator of the Master’s program, Elveda’s eye for detail was especially appreciated as she kept careful track of each graduate students’ progression through their Master’s program, nudging them along with timely reminders of important deadlines.

Jean Downes faculty emeritus, colleague and close friend gives a special perspective on Elveda’s 27 years at San Jose State University:

The most cherished relationship to have with Elveda was to know her as a friend. Her varied interests might have surprised some students who only saw her serious side. She was a football fan; a 49er Faithful. She enjoyed attending light opera performances and often listened to books on tape. An invitation for lunch at her favorite fish restaurant was never rejected. To know her away from work was to know that she very much enjoyed having a good time.

Upon her retirement, she established the Elveda Smith Scholarship that provides yearly $2000 student awards to help students reach their goal of graduation. Caroline Haas (Fee) remembers the timing of Elveda Smith’s retirement with the inception of the Department’s Circle of Friends:

Dr. Elveda Smith - teacher, mentor, and leader - always had the best interest of students in her heart. She was not only a founding member of the Circle of Friends, but she also worked tirelessly in finding alumni who had lost touch with the department. Her great joy was to connect them to the Circle of Friends so that present and future students would benefit with enhanced educational opportunities and scholarships.

Dr. Elveda Smith embodied the excellence and heart of the San Jose State University: Department of Nutrition, Food Science and Packaging. Her commitment to providing every student with a quality education was paramount. Her influence helped create a department culture of excellence among students and faculty that remains to this day. She will be missed by all who knew her and by the many who have been touched by her lasting legacy.

It is with great thankfulness and deepest appreciation to Elveda that we dedicate this newsletter to celebrate her life.
ALUMNI SPOTLIGHT CAROL CASEY, MS, RD

Carol Casey, MS, RD has had an amazing career path! Her first job and passion was working with animals for the San Francisco Zoo as a Licensed Veterinary Technician in their Veterinary Hospital. She then went back to San José State University to earn her master’s degree in Nutritional Science. After working for several years as a Registered Dietitian, she was asked to return to the zoo, as she was fondly remembered and revered for her lifelong commitment to animal wellness. In fact, a new position was created for her. In her new role, as Zoo Nutritionist, Carol works with the Veterinary, Animal Care and Wellness Departments to provide nutritional direction for the diverse animal collection and ensures healthy and appropriate dietary recommendations. Carol has forged a unique career incorporating her love of animals, nutrition, and did we mention, she is an expert at hand rearing giraffes!

“STELLAR RESEARCH ACCOMPLISHMENTS”
MASTER OF SCIENCE GRADUATES FALL 2015/SPRING 2016

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<td>Yi Zhang</td>
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Internal Dietetic Internships

**January 2016**

Christine Brownell: Santa Clara Valley Medical Center
Wan Cahyadi: Santa Clara Valley Medical Center
Janette Cen: Idylwood
Angie Dyck: Mills Peninsula
Yasaman Khadivi: Kaiser San Jose
Patty Lopez: Alum Rock School District
Garrett Meo: Nutrition Therapy Essentials
Manu Misra: Idylwood
Carolyn Nealis: Mills Peninsula
Michelle Pilant: Nutrition Therapy Essentials
Becky Ringer: VA-San Francisco
Rachel Sepulveda: Stanford Hospital
Natsuko Tsui: Santa Clara School District
Kristen Ueberschaer: Nutrition Therapy Essentials
Cassidy Willingham: Stanford University Dining Service
Jason Wong: Los Gatos Meadows
Katie Woten-Adams: Nutrition Therapy Essentials
Laura Wullschleger: Stanford Hospital
Barbora Zlatuskova: Nutrition Therapy Essentials

**June 2016**

Tugba Bayrak: Dignity Hospital Redwood City
Kathy Deng: VA San Francisco
Ashley Hoover: Santa Clara Valley Medical Center
Ivonne Hull: Nutrition Therapy Essentials
Tram Huynh: Mills Peninsula
Venus Kalami: Stanford Hospital
Maria Koerner: Nutrition Therapy Essentials
Kristi Matthews: Nutrition Therapy Essentials
Christina Patrone: Santa Clara Valley Medical Center
Kristin Siu: Nutrition Therapy Essentials

External Dietetic Internships

Amanda Aufdermauer: Boston University MS/DI Program
Aaron Noe: Golden Gate Dietetic Internship
Grace Palm: Sea Mar Community Health Center, Seattle
Tommy Ronquillo: VA Los Angeles

Nutrition Student Club Activities

President Fernanda Garcia and her leadership team led the Student Club with great energy and productivity! There were many opportunities for student members to network with peers and professionals. Locally, students were able to attend the San Jose Peninsula Dietetic District annual “Trends in Nutrition” conference held at Mission College. On the state level, the club provided scholarships for students to attend the California Academy of Nutrition and Dietetics (CAND) Annual Conference held in Riverside on April 21-23.

Nutrition legislation was also highlighted. Students were able to participate in a Public Policy Workshop in Sacramento. The club provided scholarships to cover the costs of those who attended. Attendees were then able to share their experiences with others club members.

Community outreach was a priority. A fund raising event “Empty Bowls” was organized and held on April 4 in the new SJSU Student Union Ballroom. The proceeds from this event went to Martha’s Kitchen, an organization that provides food and services to those in our community that deal with food insecurity and hunger.

Packaging Program Student Highlights

Dr. Fritz Yambrach Packaging Program Coordinator led his students in another terrific year! Suitcases were packed, seatbelts were fastened, and off they went.

Twenty-eight Packaging students travelled to Las Vegas for the PMMI Pack Expo, a national packaging show. Also, an international experience was on the agenda. Dr. Yambrach organized a trip to ESI Reims, France. While there, French Packaging students hosted SJSU Packaging students for the week, while Professor Yambrach lectured every day on Medical Device Packaging.

Closer to home, the Packaging students enjoyed field trips to the Tesla Plant in Fremont and Perishable Foods Council Plants. To round out the year, the students also hosted guest speakers from the Packaging industry, including Colleen Murray from Foster Farms.
Circle of Friends Scholarships
Circle of Friends Scholarship
Rachel J. Carey - $2000

Dietetic Internship Scholarship
Kristen Ueberschaer - $2000

Jean Downes Scholarship
Hilary Anderson - $2000

Elveda Smith Memorial Scholarship
Roberta Ritter Spier - $2000

Rose Tseng Scholarship
Luz Isela Aceves Gonzalez - $2000

James P. Burke Memorial Scholarship
Tommy Ronquillo - $1000

Fern Wendt Memorial Scholarship
Meng Yan (Maggie) Li - $2000

Molly and Gene Rauen Research Assistance Awards
Brittney Patterson - $1000
Hemlata Kundargi - $800
Meng Yan (Maggie) Li - $1000
Caroline Wiswell - $900

Josephine and Frank Morris Awards
Amanda Aufdermauer - $250
Aaron Noe - $250

Bertha Kalm Scholarship Award
Luz Isela Aceves Gonzales - $4500

Nu/FS & Pkg Department Service Awards
Rachel Carey - $50
Anthony Co - $50
Chia-Yu (Nancy) Liu - $50
Andrew Vasquez - $50
Anne-Hortense Carrot - $50
Amanda Duong - $50
Dennis Garcia - $50
Alexea Kouris - $50
Kevin Oshiro - $50
Kenneth Savage - $50
Kathleen Briones - $50
Fernanda Garcia - $50
Navdeep Sheena - $50
Maria Koerner - $50

Outstanding Student Awards
Baccalaureate Candidates
Setareh Venus Kalami for Nutrition - $100
Tommy Ronquillo for Nutrition - $100
Timothy Go for Food Science & Technology - $100
Sachiyo Abe for Packaging - $100

Masters Candidate
Carolyn Nealis for Nutrition - $100

STUDENTS SPARKLE WITH SUCCESS
2016 “STARS”

Nutrition Club Officers
Irabely Acevedo, Rachel Carey, Navdeep Sheena, Fernanda Garcia
Just imagine: If everyone cared as much as you.

Excerpts from two of our Circle of Friends Scholarship Award recipients capture our impact.

Kristi writes, “I am very happy and appreciative to have been the lucky recipient of a Circle of Friends scholarship. The support and guidance I’ve been given through my journey at SJSU has strengthened my spirit. The Nutrition Department has inspired me to move forward. Thanks to you, in the near future I will finally achieve my goal, which is to keep people in my community healthy with my work as a dietitian.”

Venus, last year’s Circle of Friends Scholarship recipient, shares some thoughts the weeks before her graduation in May, ‘Here comes the final stretch – the papers, the exams, and the stress, but also comes the time to look around, take in our surrounding, and appreciate the opportunity we’ve had to grow and be challenged. Perhaps, now is the time to show your appreciation to those who have helped you along the way. Recognize the contributions these people have made. What a privilege it has been to be a NU/FS Spartan. I have been overwhelmed by an unparalleled education and kindness from my peers and professors that I will bottle and warmly revisit throughout my lifetime.”

As you can see, these and so many more of our talented and deserving students are passionate about their education and desire to help others in their future careers in nutrition. With our help, they can realize their dreams. What an amazing opportunity we have to make a lifetime of difference.

Please join us by sending the enclosed membership form on the back of this newsletter with your so appreciated gift.

HEARTFELT THANKS TO THE CIRCLE OF FRIENDS MEMBERS FOR THEIR GENEROSITY AND CARING

Marian Crockett
Lacy Amor
Julie Anderson
Lois Atkinson
Darcy Becker
Panfilo S. Belo
Dean Biersch
Dolores Billman
Pauline Bischoff
Walter M. Bortz
Brianda Brashear
Lucia Briceno
Stephanie Brooks
Elizabeth Brown
Barbara Chang
Sally Chaves
Nicole Choyce
Don Christopher
Ann Coulston
Narsai M. David
Margaret A. Davis
Helen DeMarco
Norma Jean Downes
Alice Fagundes
Lauffer Family Trust
John W. Farquhar
Cade Fields-Gardner
Alan Finkelstein
Doris C. Fredericks
Marjorie Freedman
Kathleen Gamez
Rita K. Garcia
Christopher Gardner
Gina Giambra
Barbara H. J. Gordon
Dan Gordon
Mildred Haas
Caroline H. Haas (Fee)
Jane K. Harmer
Keimim Harris
Doris Allread Hartwig
Sarah Hashmi
Jo Ann Hattner
Leta Marie Hayden
Frances V. Henderson
Nancy Hikoyeda
Haiyan Huang
Nancy Jacobson
Carolyn Jung
Patricia Kearney
Anne Milliken Keller
Pamela Goyan Kittler
Karen Knoblaugh
Lee Ann Langan
Marrisa Shealy Lebowitz
Gabriel Lisera
Lela Llorens
Nancy C. Lu
Audrey Lupo
Diane Madgic
Victoria Major
Sue Martinek
Kasuen Mauldin
SUSAN P. McCloud
Patricia McDonald
Janet McDonald
Lucy McProud
Jennifer Meltz
Joanne Mitani
Marcia Moore
Judi Morrill
Michelle Morris
Toby McPherson Morris
Sumedha Mullick
Jean E. Frankenberg
Mureany
Tina Powell Nano
Interagency Nutrition Council
Dale F. Olds
Mary S. Olive
Suzanne Ousey
Donna Phillips
Melinda D. Poliarco
Kimberly Potter
Peyvand Pourhosseini
Sandy Queen
Mary (Molly) C. Rauen
Harold Redsun
Ami Reisenberg
Claire Reyes
Margaret Richardson
Karen P. Ross
Najwa Saah
LaPuala Sakai
Karen Scarpulla
Patricia Schaaf
Judith Morrison Schallberger
Mr. and Mrs. Blaine Shull
Deepa Singamsetti
Monica Slingerland-Moore
Phyllis Simpkins Endowment
Elveda Smith Endowment
Stephanie Spencer
Betty Wattles Starr
Laurie Steinberg
David L. Stone
Carol M. Strong (Bogert)
Sharon Meuth Studdert
Kathryn Sucher
Julie Suzuki
Alice Morris Swanson
Linda Sweeney
Raniayu Tangangoa
Michelle Taylor
Nancy Theisen Bennett
(daughter of Jean Theisen)
Aimee Thomas
Raquel Ting
Rose Tseng
Kim Vagt
Carolyn Valoria
Gretchen Vannice
Justina Vega
Sarah Viaggi
Janice Wai
Holly E. Weber
Philip R. Wente
James Werle
Ryann Maloney Williams
Martha J. Wilson
Carol Whiteley Wolf
Diana Wright
Martin Yan
Stephanie Ziemann
What is it?
A coalition of Alumni, Students, Faculty, and Friends who have joined together to provide ongoing private support to preserve the Department’s dedication and commitment to excellence.

Why the Need?
“Shrinking” state budget for higher education make this support crucial to continue to offer the highest quality education and training to our students. Private funding is now critical to safeguard course offerings, laboratory supplies, computer labs, equipment, and scholarships. SJSU can no longer be considered as state supported but state assisted.

Circle of Friends Goals:
To reestablish Alumni relationships with the Department
To encourage Student participation
To promote Alumni - Student - Faculty synergy
To involve Community Partners
To facilitate networking
To celebrate SJSU Department of Nutrition and Food Science comradeship
To invest in and build a LEGACY FOR THE FUTURE

Benefits of Membership:
Networking with Alumni - Faculty - Students - Community Partners in cooperative ventures/endeavors and in seeking and filling positions
Membership Recognition: NuFS Newsletter/SJSU Contributors to Excellence Membership Directory

☐ Check here if you DO NOT wish your name to be included in the Directory

2016-2017 MEMBERSHIP / RENEWAL APPLICATION

Directory info: (please enter only changes since last directory edition)

Name: ____________________________

(*Alums: Name(s) while at SJSU): ____________________________

College/University(s):
(circle degree)

BS/BA yr: ____ Deg./Emphasis
MS/MA yr: ____ Deg./Emphasis
Ph.D/Other yr: ____ Deg./Emphasis

Home Address: ____________________________

City State Zip

Phone: ( ) ____________________________

Email: ____________________________

Employer: ____________________________

Title/Position: ____________________________

Address: ____________________________

Phone: ( ) ____________________________

Email: ____________________________

Area of Expertise: ____________________________

CIRCLE OF FRIENDS GIVING LEVELS
(Please indicate the level of your gift)

Current Students $10 - $24 _________
Supporter Circle $25 - $99 _________
Golden Circle $100 - $499 _________
Dean’s Circle $500 - $999 _________
President’s Circle $1000 - _________

All gifts go directly to the Department and are fully tax deductible.

Please make checks to:
TOWER FOUNDATION, NUFS, CIRCLE OF FRIENDS

PLEASE RETURN APPLICATION BY October 15 TO BE INCLUDED IN THE MEMBERSHIP DIRECTORY

*We’d like to hear from you! Please attach a separate sheet with your news.