

SAN JOSE STATE UNIVERSITY
School of Nursing

HEALTH REQUIREMENTS

As health conscious role models, nurses, student nurses, and other health care providers must practice preventive health behaviors. Therefore, the School of Nursing expects certain health promotion and prevention activities of students. Some of the requirements can be obtained from the Student Health Services on campus, others from the Santa Clara County Health Department, and some from your private physician. Each student is responsible for maintaining a current record and that record must be presented each semester during orientation to the practicum instructor. The process begins before admission to the nursing clinical courses and continues throughout enrollment in the program.

REQUIREMENTS

The following health requirements/vaccinations are mandatory in the School of Nursing:

HEALTH STATEMENT--Verification of a Physical Examination

Forms available in HB 420. Can be completed by SJSU Student Health Center, Nurse Practitioner, or physician. To be completed prior to entering Semester 3,(if a Generic/Native BSN student,) or prior to Bridge Semester, (if a Bridge RN Undergraduate Student.) A current copy must be kept in folder for remainder of the program. See attached table for requirements.

TYPE OF STUDENT

DUE DATE

Generic/Native

prior to beginning Semester 3

Bridge RN

prior to Bridge Semester

DRUG FREE BEHAVIOR

In the judgment of the classroom or clinical instructor, including nurse preceptors, if the student does not exhibit mental alertness and safe judgment, he or she may be asked to leave the setting. Mental alertness and sound judgment are necessary for critical thinking and safe performance of nursing skills. The student is referred to the Safety Policy in the Nursing Student Handbook.

HEALTH INSURANCE

Health Insurance is mandatory when a nursing student is enrolled in clinical and laboratory classes. Students must show proof of health insurance on entry to Semester 3. Health insurance may be obtained through the SJSU Health Services (very basic coverage, does not offer 24 hours/7 days per week care), or, a student may obtain coverage through a private health insurer.

VACCINATIONS/IMMUNIZATIONS

See attached table for requirements and schedules.

SAN JOSE STATE UNIVERSITY
School of Nursing

STUDENT HEALTH CENTER SERVICES

The Student Health Center shall provide immunizations without cost to those students unable to obtain acceptable proof of immunizations.

Services provided by the Student Health Center are designated either as Basic or Augmented. Basic services are those required for the treatment of acute or subacute conditions including illnesses or injuries. Augmented services are elective in nature or those not required for acute or subacute conditions.

1. Basic care (for diagnosis and treatment of illness) is without charge.
2. All augmented care (screening) has or may have a charge.
3. There is a charge for each immunization.
4. There is a charge for a physical examination. The physical examination includes:
 - a. chest x-ray (if needed),
 - b. urinalysis - hemogram,
 - c. Pelvic or Pap Test if student chooses. There is an additional charge for the Pap Test.
5. Medication obtained at the Student Health Center is usually inexpensive.
 - a. All medications filled by the Student Health Center must be prescribed by a physician in the Student Health Center.
 - b. Chronic disease prescription (e.g., insulin, etc.) will not be filled at the Student Health Center.
6. Immunizations can be obtained from the Student Health Center on the second Thursday of the month.

SAN JOSE STATE UNIVERSITY
SCHOOL OF NURSING
HEALTH IMMUNIZATION REQUIREMENTS

Vaccines	General Information	Indications/Precautions	Schedule
Tetanus/Diphtheria	<ol style="list-style-type: none"> For those who have never received this toxoid, the primary immunization is 2 doses 4-8 weeks apart with a 3rd dose 6-12 months after the 2nd. 	<ol style="list-style-type: none"> All hospital personnel should received Td toxoid boosters every 10 years. 	Completed by the end of Semester 3 or Bridge Semester.
<p style="text-align: center;">Polio</p> <p style="text-align: center;">Inactivated Virus Vaccine (IPV) or Live Attenuated Virus Vaccine (OPV)</p>	<ol style="list-style-type: none"> Series with boosters confers lifetime immunity. IPV: 2 doses, 4-8 weeks apart. Third dose 6-12 months after 2nd dose. IPV is for primary vaccination of adults who have never received any polio vaccine before. For those partially immunized with OPV, complete with OPV or IPV. OPV: 2 doses, 6-8 weeks apart with 3rd dose 6-12 months after 2nd dose. 	<ol style="list-style-type: none"> Avoid immunizing pregnant woman. OPV should not be given to immunocompromised individuals or those with known immunocompromised family members. Instead IPV should be used. OPV sheds for 4-6 weeks through urine and stool ONLY. MUST USE UNIVERSAL PRECAUTIONS to protect patients who are immunocompromised, children or the aged. IPV eliminates shedding from any future oral polio. There is no shedding from IPV. 	Completed by the end of Semester 3 or Bridge Semester.
Tuberculin Skin Test Mantoux	<ol style="list-style-type: none"> Done every year. Two-step PPD must be done on entry to School of Nursing. Those with BCG vaccine or positive Mantoux test, need chest X-ray, one time only and annual symptom review. 	<ol style="list-style-type: none"> Those with positive skin test must submit verification of negative X-ray one time only, IF asymptomatic, and annual symptom review.. 	Yearly (if not positive) or more often as requested by the health care agency.
Hepatitis B Vaccine	<ol style="list-style-type: none"> It requires 3 doses with 2nd and 3rd given 1 & 6 months after first dose. Need for booster is unknown. 	<ol style="list-style-type: none"> Do not start over if sequence is interrupted. Contraindicated in pregnancy and immunocompromised persons. Previous immunization is not a contraindication. 	Completed by the end of Semester 3 or Bridge Semester.

<p style="text-align: center;">Varicella (Chickenpox)</p> <p style="text-align: center;">Live Attenuated Virus Vaccine</p>	<ol style="list-style-type: none"> 1. One dose to persons ages 12 mo. to 12 yrs. Persons 13 yrs. or older 2 doses, 4-8 weeks apart. 2. Individuals should be considered immune ONLY if they have documented Varicella seropositivity or documented receipt of two doses of chickenpox vaccine on or after the first birthday. 	<ol style="list-style-type: none"> 1. Presence of + serosensitivity titer or evidence of vaccine is needed for health care providers. 2. Contraindicated in pregnancy and immunocompromised patients. 3. Anaphylactic reaction. 4. Previous immunization is not a contraindication. 5. Individuals on antiviral should not be immunized. 6. Vaccine should not be administered 5 months after the administration of blood/blood products or receipt of immune globulin preparation. 7. Contraindicated in those with an acute illness (with or without fever). 8. Contraindicated on active, untreated TB. 9. Previous immunization is not contraindicated. 10. If rash occurs 7-20 days after immunization, avoid contact with immunocompromised patients for the duration of the rash. 11. Varimax sheds for 4-6 weeks through urine and stool ONLY. MUST USE UNIVERSAL PRECAUTIONS to protect patients who are immunocompromised, children or the aged. 	<p>Completed by the end of Semester 3 or Bridge Semester.</p>
<p style="text-align: center;">Measles</p>	<ol style="list-style-type: none"> 1. Those born in 1957 or later and at risk of contact with infected patients should be considered immune ONLY if they have documented measles seropositivity or documented receipt of two doses of chickenpox vaccine on or after the first birthday. 2. Documentation of 2 doses, at least 1 month apart of vaccine is acceptable. 	<ol style="list-style-type: none"> 1. Presence of + serosensitivity titer or evidence of vaccine is needed for health care providers. 2. Contraindicated in pregnancy and immunocompromised individuals. 3. History of anaphylactic reactions to egg or neomycin. 4. Receipt of immune globulin or blood/blood products during in the preceding 3 months. 5. Previous immunization is not a contraindication. 	<p>Completed by the end of Semester 3 or Bridge Semester.</p>

<p>Rubella</p>	<ol style="list-style-type: none"> 1. Before immunizing, serologic screening is required. 2. It requires documentation of one dose, no booster. 	<ol style="list-style-type: none"> 1. All HCP, both male and female, who are likely to have contact with pregnant patients must be immune to Rubella. 2. Contraindicated in pregnancy, immunocompromised individuals, history of anaphylactic reactions to neomycin. 3. Previous immunization is not a contraindication. 	<p>Completed by the end of Semester 3 or Bridge Semester.</p>
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References:

1. Recommended immunizations for hospital and medical outpatient facility personnel. Infectious Disease Branch, California Department of Health Services, 1990.
2. County of Santa Clara, Public Health Department, Disease Control and Prevention (L. Levin, PHN).
3. American Academy of Pediatrics Committee on Infectious Disease. (1995). Pediatrics, 95, 791-796.
4. Consultation Line for Health Care Staff: 1-800-9-VARIVAX.