A week long course of lectures, panel discussions, case study analysis, toolbox developing, hands on and interactive experiential learning designed to increase the knowledge base of the attendees while providing strategies with which to be more effective in the delivery of client-centered occupational therapy.

Course Objectives:

- Participants will be able to apply the OTPF to a variety of practice settings and client populations
- Participants will be able to identify contemporary methods of evaluation and intervention in selected practice areas
- Participants will be able to describe the influence of context on client outcomes
- Participants will gain knowledge and develop skills for more effective delivery of client-centered occupational therapy
- Participants will obtain information about current best practice that can be used to enrich their own professional expertise and value to current and future employers
- Participants will prepare a “toolbox” with tangible ideas and strategies that can be applied to the work setting

When and Where:

- Wednesday – Sunday, June 3 – 7, 2009
- At San Jose State University, Main Campus
- Deadline for Registration: May 15, 2009
Thursday
Cognitive and Perceptual Deficits and its Influences on Functional Performance
This year’s workshop will outline what is meant by cognition and perception and its impact on occupational functioning across the life span. Normal structure and function of the central nervous system will be reviewed as well as the impact of pathology on brain physiology and performance. Case studies and current clinical evidence will be used to address best practice for the assessment and intervention of cognitive and perceptual dysfunctions. You will come away with updated strategies for your toolbox for working with a variety of client populations.

Friday and Saturday
Two full-day concurrent tracks will take place allowing the attendees to become immersed in a practice area of choice. Attendees will have a choice of two practice areas: Mental Health or Physical Disabilities. Attendees will leave this workshop with an understanding of assessment and treatment for the young child.

Occupational Therapy with the Older Adult
Older adults are routine in hospitals and nursinghomes suffering a series of acute illnesses as they age. They are discharged earlier from hospitals to skilled nursing facilities, and then returned to the community to a variety of care settings to cope with chronic conditions that affect their functional performance and quality of life. Therapists must be prepared for this change. As a result of this workshop participants will be equipped to provide services in: skilled nursing, in community care alternatives, and in home care settings. Basic information, role delineation, age-related changes in vision, perception, and emotions will be offered with recommendations for age-appropriate evaluations that address occupational performance. Best practices interventions directed at safe mobility, fall prevention, mindfulness and aging in place, clinical assessment of driving skills, home modification, personal utilization of support systems, family/caregiver training and engagement in meaningful occupations to promote wellness will be addressed.

Sunday
AM - Documentation
Accurate, concise, concise and clear documentation is an integral part of Occupational Therapy practice and is the key to reimbursement for services. It provides the therapists with the mechanism for successful communication with the health care team, other professionals and third party payers. The Occupational Therapy Practice Framework provides therapists with the structure for documentation across all practice settings. This session will review key components of effective documentation, demonstrate how to use the OTFP as a guide during documentation and identify skilled terminology to support reimbursement.

PM - Where Do You Go From Here?
The Refresher Course is over. What will you now do to launch yourself back into practice (for those of you who are returning clinicians); move into a new practice area, or implement some of the ideas you encountered this week? You will learn how to access information to increase your knowledge and make use of the best research and resources available to you with clinical decision making. This will include instruction on how to use electronic data bases to investigate current and emerging practice trends. We will also help you to update your professional portfolio, gain strategies to develop a transitional resume, and generate a plan of action to meet your future goals.

Workshop Within a Workshop Evaluation and Assessment Tools
Thursday and Friday Evening 6:00-8:00 pm
Up-to-date knowledge and skills in performing client evaluation is critical to providing best-practice intervention to our clients. This optional workshop will introduce participants to current approaches in occupational therapy assessment across all practice settings.

Attendees will be exposed to a variety of tools used to evaluate occupational performance in individuals with varied conditions across multiple contexts. Practical approaches to functional assessments will be presented. Small group activities will be used to help attendees develop strategies for assessing client factors and areas of occupation.

Workshop participants will have opportunities for hands-on interactions with an assortment of contemporary instruments being used in various practice areas. (4 PDUs)

PROFESSIONAL DEVELOPMENT UNITS
Attendees can earn up to 41.5 PDUs that will be recognized by the California Board of Occupational Therapy (CBOT) for license renewal and the National Board for Certification of Occupational Therapy (NBCOT) recertification. A certificate of completion with accrued hours will be mailed to you within 2 weeks after the completion of the course.

CONFERMATIONS & REFUND POLICY
Confirmation of registration will be sent via email within three days of receipt in our office. Checks will not be processed until after the registration deadline date of May 15th. If you have not received confirmation within five days of the course please call 408-924-3070 to verify registration. Tuition will be refunded except for $50.00 administrative charge if written request for withdrawal is received on or before two weeks prior to course dates. Cancellation by sponsor will result in full refund of tuition.

An email with specific workshop information, registration, classroom locations and parking directions will be sent one week before the course.

For additional information or assistance please contact: Amy Kilgore
Professional Development Coordinator
akilgore@sjsu.edu

HOUSING INFORMATION
There are a number of hotels in the downtown area surrounding SJSU. Information can be obtained on the internet (http://www.sanjose.org/visitors/stay/main.php or http://www.jdowntown.com/)

Directions to SJSU
Directions to San Jose State University - A map of the campus can be obtained through the SJSU Parking and Transportation website at www.sjsu.edu/about/sjsu/campus_maps

For further information, please contact SJSU’s Traffic and Parking Operations at 408-924-6596. Contact SJSU’s Alternative Transportation Office at 408-924-7433.