**232 Field Journal**

A field journal is a requirement all MSW field students. The field journal provides you with the opportunity to think critically about your field experience, reflect on your learning, and demonstrate your knowledge of and ability to apply theory. The journal should include a summary of the activities you have engaged in, social work skills you are working on and or have mastered, the link between the activities and classroom learning, and your thoughts and reactions to your learning. In addition, any challenges or concerns, highlights of the internship, and questions you have should be included.

Choose **one prompt** to journal about for each week the journal is due. Each journal entry is expected to be about 1 page and must be submitted on a bi-weekly basis using the format at the end. The journal should be submitted first to your Field Instructor and then to your Faculty Field Liaison.

**September 19**

1. Based on the NASW Code of Ethics, discuss one ethical responsibility as a professional that especially applies/resonates to your experience in field at this time.
2. What is family therapy?
3. Discuss your understanding of the family life-cycle theory.
4. What are examples of contemporary family structures?
5. Discuss how one of practices below applies to your field agency and why:
   1. Transcultural social work;
   2. Multi-systems social work practice;
   3. Practice with culturally diverse and marginalized, oppressed, and disenfranchised families.
6. Discuss how one of the following applies to service delivery in your agency:

* Cultural, racial and socioeconomic issues;
* Families at-risk (family dysfunction);
* Family resilience (strengths-based model);
* Systemic interactions related to health, and mental health challenges, including parent, and child emotional and behavioral problems.

**October 10**

1. Discuss a challenge or success that you’ve had using the bio-psycho-social assessment as tool for working with families.

2. Discuss your understanding of the multicontextual life-cycle framework for clinical assessment.

3. Discuss your experience using a genogram, ecomap, or culturegram.

4. What is an example of a theory or approach applied to family practice that is used at your agency?

5. Explain “Family Therapy: A systemic integration.”

6. Discuss family intervention from a transcultural multi-systems practice or a culturally competent perspective.

7. Discuss the lifecycle of African American families living in poverty.

8. Discuss techniques for delivering services to lesbian, gay, bisexual and transgender families.

**October 24**

1. Discuss how anyone of the following manifest in your agency or field of practice:
   1. Violence in the home;
   2. Child abuse;
   3. Ritual abuse;
   4. Intergenerational violence.
2. What are the challenges of treating co-dependency?
3. What cultural considerations and or distinctions should be made when addressing “family rescuing?”
4. How does violence impact the family life-cycle?
5. How do alcohol problems impact the family life-cycle?

**November 7**

1. What are your thoughts about spiritual notions in service delivery of families?
2. How does spirituality impact the family life-cycle.
3. Discuss a few highlights from your family observation experience.

**November 21**

1. Discuss the critical aspects to consider when addressing “grief and loss.”
2. What are some challenges that result from aging families?
3. How does death and dying impact service delivery?
4. What’s gone well with your group work on the Family Assessment & Treatment –Interventions? What’s been challenging?

**December 5**

1. Of the treatment modalities or theory approaches listed below, which one are you most comfortable using to best meet the needs of your clients and why? Make sure to state the need.
   * Feminist Models (or gender-sensitive including working with non-passing transgender and other gender non-conforming clients)
   * Natural Systems Theory Approach
   * Experiential Approach
   * Structural Approach
   * Strategic/Systemic Approach and the Milan Influence
   * Postmodern Approach
   * Internal Family Systems Model
   * The Gottman Couples Counseling Approach
2. Write up a request to consult with a colleague about a challenge you have working with a client from a different culture than yours.
3. What was a highlight of the Family Assessment & Treatment-Intervention Plan assignment?

**December 19**

1. Discuss how you have used evidence informed or evidence based social work to deliver services.
2. Reflect on the progress you have made toward your educational goals this semester.
3. Reflect on and discuss of how you have applied the transcultural model throughout the semester.

**Optional/Additional Journal Entry** (Dettlaff & Wallace, in press):

1. Describe interaction with client/colleague/constituent for analysis
2. Describe social work skills used
3. Describe social work knowledge needed/utilized
4. Describe social work values involved

**SCWK 232 Field Journal**

**Student Name: FFL: \_\_\_\_\_**

**Week of: FI:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Entry:**