

SAN JOSE STATE UNIVERSITY  
School of Nursing  
DIVERSE POPULATIONS AND HEALTH CARE  
NURS. 204.01, 3 Units  
Spring 2006 (22167) IRC 302 4:30 – 7:20PM

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Office Hours: Mon. 3:30 – 4:30 PM; Tues. 2:00 – 4:00PM; Fri. 10:00am – noon

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Course Calendar

| DATE   | TOPIC/ACTIVITIES   | PREPARATION   |
|--|--|---|
| January 31, 2006   | <p>Course Overview and Expectations: Assignments</p> <p>Complete Locator cards &amp; Demographics</p> <p>Responsibilities for Webcasting: responding to Questions to Consider on Discussion Board WebCT</p>  | <p>Purchase &amp; Read Course Reader; Purchase textbooks</p> <p>Check out e-campus for check of home computer and congruence with WebCT<br/> <a href="http://online.sjsu.edu/welcome/">http://online.sjsu.edu/welcome/</a></p> <p>Read course syllabus</p>  |
| <p>February 7</p> <p>IS134A</p> <p>4:30 – 6:00PM</p> <p>6:15 PM – 7:20PM IRC 302</p> | <p>Orientation to WebCT Shell</p> <p>Pretest cultural competence (Campinha-Bacote, J. (1999).</p> <p>Knowing ones own culture, race, ethnicity, &amp; values;</p> <p>Discussion of Personal Culture “Brief paper” Paper</p> <p>Assignments of Class Readings</p> <p>Selection of population for presentation</p> | <p>Complete Introduction WebCT Module</p> <p>Go to the sites below and read the definitions provided<br/> <a href="http://www.air.org/cecp/cultural/Q_how_different.htm">http://www.air.org/cecp/cultural/Q_how_different.htm</a><br/> <a href="http://gucchd.georgetown.edu/nccc/framework.html#lc">http://gucchd.georgetown.edu/nccc/framework.html#lc</a></p> <p>Post on the Discussion Board for Class Feb. 7, TODAY what you understand about cultural competency and cultural sensitivity</p> |

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| <b>February 14</b><br><b>King Library,</b><br><b>Room 219</b><br><b>4:30PM –</b><br><b>6:00PM</b><br><br>IRC 6:15 -<br>7:20PM<br>C. Mao | Tina Peterson, Library Research<br><a href="mailto:Tina.Peterson@sjsu.edu">Tina.Peterson@sjsu.edu</a><br><br>Culturally Competent Systems of Care<br><br>Culture of Nursing<br><br>Transcultural Diversity<br><br>Discussion of Presentations on Individual Poster or Power Point<br><br>Discussion of Individual Papers<br><br>Reading assignments<br><br>Selection of Cultures for Individual Paper and Poster Presentation<br><br>Negotiation for dates for individual poster presentations<br><br><i>Selection of groups for group , health promotion project and presentation</i><br><br><i>Selection of Healthy Behavior for group consideration</i><br><br><i>Criteria for evaluation of group member participation</i> | Go to Diversity RX at<br><a href="http://www.diversityrx.org/BEST/index.html">http://www.diversityrx.org/BEST/index.html</a><br><br>Select one of the topics in the Best Practices read and describe briefly what you understand needs to be done. In your current practice site is this being done to provide culturally competent care? Post your answer on the <b>Discussion Board for by February 10 by 5:00PM.</b><br><br><b>Respond to one of your peers' postings by February 12 by 5:00PM.</b><br><br>deChesnay, Ch. 1, 2 , 3<br><br>Jackson, K., & Sheldon, L. (2000). Demystifying the academic aura: Preparing a poster. <i>Nurse Researcher</i> , 7(3), 70 –73. |

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| February 21 | <p>Theories applied to vulnerable populations</p> <p>Cultural competence, resilience &amp; advocacy</p> <p>Literacy</p> <p>VT 10</p>                   | <p>deChesnay, Ch. 4;<br/>Eric, B. in de Chesnay Ch. 5<br/>deChasnay, Ch. 44</p>   |
| February 28 | <p>Models of Cultural Competency<br/>For professionals</p> <p><b><i>Brief Paper Due Submit into<br/>Assignment area of WebCT by<br/>5:00PM</i></b></p> | <p>Campinha-Bacote (2003) Ch. 1-4</p> <p>Zoucha in de Chesnay, Ch. 8</p> <p>Morris in de Chesnay, Ch. 10</p> <p>Leininger (1993). Towards conceptualization of transcultural health care systems: Concepts and a model. <i>Journal of Transcultural Nursing</i>, 4(2), 32-40.</p> <p>Salimbene, S. (1999). Cultural competence: A priority for performance improvement action. <i>Journal of Nursing Care Quality</i>, 13(3), 23 – 35.</p>              |
| March 7     | <p>Models for Cultural Assessments</p> <p>Ethnic pharmacology issues</p> <p>End of life issues</p> <p>Mental Health</p> <p>Denial: A cultural view</p> | <p>Campinha-Bacote (2003) Ch.-5 - 7</p> <p>Fritz-Millard in de Chesnay, Ch. 11</p> <p>Purnell &amp; Paulanka (2005)</p> <p>Munoz, C. &amp; Hilgenberg, C. (2005). Ethnopharmacology: Understanding how ethnicity can affect drug response is essential to providing culturally competent care. <i>AJN</i>, 105(8), 40 – 48.</p> <p>Ethnic pharmacology: Describe one experience you have had that reflects one of the issues described by Campinha-</p> |

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|          |  | <p>Bacote under “Cultural Knowledge” what did you understand in the past what will you do in your future practice? Describe the model that you apply when doing a cultural assessment <b>Post on the Discussion Board by 3/3/06 by, 5:00PM; Respond to one of your peers and post by 3/5/06, 5:00PM</b></p> <p>Read the Report found in the WebCT shell,<br/>Mental Health: Culture, race &amp; ethnicity (2001) Select any one of the groups discussed within the report and briefly describe the implications for nursing practice. <b>Post on the Discussion Board by 3/5/06, 5:00PM</b></p>   |
| March 14 | <p>Advanced Practice Nursing Roles in Health Promotion &amp; Disease Prevention</p> <ul style="list-style-type: none"> <li>• Teaching - Coaching</li> <li>• Advocacy</li> <li>• Collaboration</li> <li>• Helping</li> <li>• Consulting</li> <li>• Management of rapidly changing systems</li> <li>• Ensuring quality health care practices</li> <li>• Helping role</li> <li>• Administering/Monitoring therapeutic interventions and regimens</li> </ul> <p>Literacy issues</p> <p>Evaluation and utilization of world wide web health information resources</p> | <p>Fenton, M., Brykczynski, K. (1993). Qualitative distinctions and similarities in the practice of clinical nurse specialists and nurse practitioners. <i>Journal of Professional Nursing</i>, 9(6), 313-326.</p> <p>Connolly, P. (1999). Consumer advocacy. In C. Shea, L. Pelletier, L. Poster, G. Stuart, &amp; M. Verhey (Eds.) <i>Advanced practice nursing in psychiatric &amp; mental health care</i> (pp. 387 – 407) St. Louis: Mosby.</p> <p>Vezeau in de Chesnay Ch. 44</p> <p>Health on the Net Code of Conduct <a href="http://www.hon.ch/HONcode/index.html">http://www.hon.ch/HONcode/index.html</a><br/>Review the site for information about how to check a website for HON accreditation. Search for a site that provides consumer health care information and determine whether or not it has HON certification. Describe how the site addresses the literacy issues</p> |

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|                            | Return of Brief Culture Paper   | <p>discussed by Vezeau. <b>Post your findings on the Discussion Board by 3/12/06 by 5:00PM</b></p> <p>Eysenbach, G., &amp; Kohler, C. (March 2002). How do consumers search for and appraise health information on the world wide web? Qualitative study using focus groups, usability tests, and in-depth interviews. <i>BMJ</i>, 321, 573 – 577.</p> <p>Pealer, L., &amp; Dorman, S. (1997). Evaluating health-related web sites. <i>Journal of School Health</i>, 67(6), 232 – 225.</p> <p>Kim, H., Kim, E., &amp; Kim, J. (2001). Development of a breast self-examination program for the internet. <i>Cancer Nursing</i>, 24(2), 156 – 161.</p> |
| March 21                   | <p><b>Individual Poster Presentations</b></p> <p>Images of health</p> <p>9 Healthy Behaviors</p> <p>Models of health promotion</p> <p>Contexts</p> <p>Change Theories</p> | <p>Gorin &amp; Arnold (1998), , Ch. 1, 2 &amp; 3</p> <p>Review the Module on Change in the WebCT shell for this course. You do not need to carry out the assignments in the module, however consider how you will use the theories and strategies to bring out the changes in your health promotion programs.</p>   |
| March 27 –<br><br>March 31 | <b>SPRING BREAK</b>   |   |

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| April 4  | <b>Individual Poster Presentations</b><br>Agents for Health Promotion<br>Economic considerations<br>Program Evaluation<br>Communication<br>Collaboration<br>Research<br>Health Promotion Matrix  | Gorin & Arnold (1998), Chapters 4 & 5, 15<br>Osterbur in de Chesnay Ch. 27<br><b>Review WebCt Module on Communication;</b> you do not need to do the assignments.<br>You do need to describe how you could use the 3 As of Effective Listening discussed in the Module when communicating with patients from a culture other than yours.<br><b>Post your response on the Discussion Board by 4/1/06 by 5:00PM</b><br><b>Respond to one of your peer's postings by 14/2/06 by 5:00PM</b>  |
| April 11 | <b>Individual Poster Presentations</b><br><b>Individual Papers Due</b><br><b>Submit into the Assignment Area of WebCT LATE PAPERS WILL NOT BE ACCEPTED</b><br><br>Nursing Standards, Code of Ethics for providing culturally competent care<br><br>Ethical Principles & theories<br>Ethical Issues: analysis & decision making | Husted & Husted in de Chesnay, Ch 7<br>Donnelly, P. (2000). Ethics and cross-cultural nursing. <i>Journal of Transcultural Nursing</i> , 11(2), 119 – 126.<br>ANA 2001, Code of Ethics<br><a href="http://nursingworld.org/ethics/ecode.htm">http://nursingworld.org/ethics/ecode.htm</a><br>Review Web Module Ethics and Nursing Administration<br>Describe one ethical issue that you have experienced in your nursing practice and what ethical theory you used or now would use to resolve the conflict. <b>Post on the Discussion Board by 4/09/06 5:00PM</b><br>If you need more review in understanding Ethical Theories and Principles, please review the following videos in the NLRC |

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|          |  | VT 223 Ethical Theories<br><br>VT 228 Scarce Resources  |
| April 18 | Eating Well<br><br>Teaching nurses about cultural competency for pain management   | Gorin & Arnold, Chap. 7<br><br>Describe an effective method of teaching (support from literature to support your methods) nurses in practice about cultural competency around pain management for a specific ethnic group.<br><b>Post on the Discussion Board by 4/14/06 by 5:00PM.</b><br><br><b>Respond to one of your peers postings by 4/16/06 by 5:00PM</b><br><br>You may want to review this site for some examples for curriculum:<br><a href="http://futurehealth.ucsf.edu/cnetwork/resources/curricula/diversity.html">http://futurehealth.ucsf.edu/cnetwork/resources/curricula/diversity.html</a><br><br>and de Chesnay Ch. 38 - 40 |
| April 25 | <b>Individual Poster Presentations</b><br><br>Sexual Awareness<br><br>HIV/AIDS<br><br><b>Return of individual papers</b> | Gorin & Arnold, Chap. 9<br><br>Delamater, J., Wagstaff, D., & Havens, K (2000). The impact of a culturally appropriate STD/AIDS education intervention on black male adolescents' sexual and condom use behavior. <i>Health Education &amp; Behavior</i> , 27(4), 454 – 501.<br><br>deChesnay, Ch. 21   |
| May 2    | <b>Culturally Competent Health Care Program Group Presentation(s)</b><br><br>Physical Activity                           | Gorin & Arnold, Ch. 6, 8, 10  |

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|  | <p>Injury Prevention</p> <p>Smoking Cessation</p>   |  |
| May 9                                  | <p><b>Culturally Comptent Health Care Program Group Presentations</b></p> <p>Research Agenda</p>  | <p>Select one of the research studies in de Chesnay, Unit III and describe how it supports the Agenda for Research found in AHRQ. <b>Post your response on the Discussion Board by May 7 by 5:00PM</b></p> <p>AHRQ Setting the Agenda for Research on Cultural Competence in Health Care <a href="http://www.ahrq.gov/research/cultural.htm#Overview">http://www.ahrq.gov/research/cultural.htm#Overview</a></p> <p>Plowden, K. (2001). Stranger to friend enable: Creating a community of caring in African American research using ethnonursing methods. <i>Journal of Transcultural Nursing</i>, 12(1), 34 – 39.</p> <p>Koniak-Griffin, Flaskeud &amp; Nyamathi in de Chesnay, Ch. 13</p> |
| May 16                                 | <p><b>Culturally Competent Health Care Program Group Presentation (s)</b></p> <p>Economic Considerations in Health Promotion</p> <p>Future Directions for Health Promotion</p> <p>Public Policy</p> | <p>Gorin &amp; Arnold, Ch. 15, 16</p> <p>Koniak-Griffin, Flaskerud &amp; Nyamathi, in de Chesnay, Ch 13</p> <p>deChesnay, Ch. 47</p>   |
| <b>May 23<br/>FINAL<br/>EVALUATION</b> | <p>Course Evaluation</p> <p>Reassess cultural competencies</p>  | <p>Review of course concepts, objectives and synthesis of material</p>   |

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|---|-----------------------|-------------|
| <b>ALL<br/>STUDENTS<br/>MUST ATTEND</b> | Campinha-Bacote, tool |             |

### Required Readings

American Nurses Association (2001). *ANA code of ethics for nurses with interpretive statements*.

Washington, DC: ANA. Also available read only at

<http://nursingworld.org/ethics/ecode.htm>

Camphinha-Bacote, J. (2003). *The process of cultural competence in the delivery of*

*health care services: A culturally competent model of care*. Cincinnati,

OH: Transcultural C. A. R. E. Associates.

Connolly, P. (1999). Consumer advocacy. In C. Shea, L. Pelletier, L. Poster, G. Stuart, & M.

Verhey (Eds.) *Advanced practice nursing in psychiatric & mental health care* (pp. 387 – 407) St. Louis: Mosby.

deChesnay, M. (Ed.) (2005). *Caring for the vulnerable: Perspectives in nursing theory,*

*practice, and research*. Sudbury, MA: Jones & Bartlett.

Delamater, J., Wagstaff, D., & Havens, K (2000). The impact of a culturally appropriate

STD/AIDS education intervention on black male adolescents' sexual and condom use behavior. *Health Education & Behavior*, 27(4), 454 – 501.

Donnelly, P. (2000). Ethics and cross-cultural nursing. *Journal of Transcultural Nursing*, 11(2), 119 – 126.

Eysenbach, G., & Kohler, C. (March 2002). How do consumers search for and appraise health information on the world wide web? Qualitative study using focus groups, usability tests, and in-depth interviews. *BMJ*, 321, 573 – 577.

Fenton, M., Brykczynski, K. (1993). Qualitative distinctions and similarities in the practice of clinical nurse specialists and nurse practitioners. *Journal of Professional Nursing*, 9(6), 313-326.

- Gorin, S., & Arnold, J. (1998). *Health promotion handbook*. St. Louis: Mosby.
- Jackson, K., & Sheldon, L. (2000). Demystifying the academic aura: Preparing a poster. *Nurse Researcher*, 7(3), 70 –73.
- Kim, H., Kim, E., & Kim, J. (2001). Development of a breast self-examination program for the internet. *Cancer Nursing*, 24(2), 156 – 161.
- Leininger, M. (1993) Towards conceptualization of transcultural health care systems: Concepts and a model. *Journal of Transcultural Nursing*, 4(2), 32-40.
- Munoz, C. & Hilgenberg, C. (2005). Ethnopharmacology: Understanding how ethnicity can affect drug response is essential to providing culturally competent care. *AJN*, 105(8), 40 – 48.
- Office of Minority Health Resource Center (2004). *Setting the agenda for research on cultural competence in health care*. Publication #474, Author.
- <http://www.ahrq.gov/research/cultural.htm#Overview>
- Pealer, L., & Dorman, S. (1997). Evaluating health-related web sites. *Journal of School Health*, 67(6), 232 – 225.
- Plowden, K. (2001). Stranger to friend enable: Creating a community of caring in African American research using ethnonursing methods. *Journal of Transcultural Nursing*, 12(1), 34 – 39.
- Purnell, L. & Paulanka, B. (2005). *Guide to culturally competent health care*. Philadelphia: F. A. Davis.
- Salimbene, S. (1999). Cultural competence: A priority for performance improvement action. *Journal of Nursing Care Quality*, 13(3), 23 – 35.
- U.S. Department of Health and Human Services, Public Health Service (2000). *Healthy people*

*2010: National health promotion and disease prevention objectives summary report.*

[DHHS publication No {PHS} 981-50213]. Washington, DC: U.S. Government Printing Office.

### Selected Bibliography

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APNA: Washington, DC
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- Bergren Dewey, M. (1995). Professional presentations with posters. *Journal of school Nursing*, 11(2), 6 – 7.
- Camphinha-Bacote, J. (1999). A model and instrument for addressing cultural competence in health care. *Journal of Nursing Education*, 38(5), 203 – 207.
- Campinha-Bacote, J. (1994). Cultural competence in psychiatric mental health nursing: A conceptual model. *Nursing Clinics of North America*, 29(1), 1-9.
- Forchuk, C., & Westwell, J. (1987). Denial. *Journal of Psychosocial Nursing*, 25(6), 9 – 13.
- Giger Newman, J., & Davidhizar, R. (1999). *Transcultural nursing: Assessment and intervention* (3<sup>rd</sup> ed.). St. Louis: Mosby.
- Journal of Transcultural Nursing.*
- Journal of Cultural Diversity, An Interdisciplinary Journal.*
- Lee, E. (Ed.). (1997). *Working with Asian Americans: A guide for clinicians*. New York: Guilford Press.
- Leininger, M. (Ed.). (1991). *Culture care diversity and universality: A theory of nursing*. New York: National League for Nursing Press.
- Lipson, J., Dibble, S. & Minarik, P. (1996) *Culture and nursing care*. San Francisco: UCSF School of Nursing.
- Mascara, C., Czar, P., & Hebda, T. (1999). *Internet resource guide for nurses & health care*

- professionals*. Menlo Park, CA: Addison Wesley.
- McClung Juhling, H., Murray, R., & Heitlinger, L. (1998). The internet as a source for current patient information. Pediatrics [On-Line], 101(6), Available:  
<http://www.pediatrics.org/cgi/content/full/101/6/e2>.
- Murphy, P., & Price, D. (1999). Ethical perspectives and issues in advanced practice nursing. In C. Shea, L. Pelletier, L. Poster, G. Stuart, & M. Verhey (Eds.) *Advanced practice nursing in psychiatric & mental health care* (pp. 409 - 433) St. Louis: Mosby.
- Pope-Davis, D., Eliason, M., Ottavi, T. (1994). Are nursing students multiculturally competent? An exploratory investigation. *Journal of Nursing Education*, 33(1), 31-33.
- Purnell, L., & Paulanka, B., (Eds.). (1998). *Transcultural health care: A culturally competent approach*. Philadelphia: Davis.
- Simpson, R. L. (2004). Measuring change: How technology increases nursing's diversity. *Nursing Management*, 35(8) 12, 14.
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- Spector, R. E (1996). *Cultural diversity in health and illness* 4<sup>th</sup> ed. Stamford, CT: Appleton & Lange.
- Spector, R. E. (1996). *Guide to heritage assessment and health traditions*. Stamford, CT: Appleton & Lange.
- Uba, L. (1994). *Asian Americans: Personality patterns, identity, and mental health*. New York: Guilford Press.
- Wendler, M. C., Struthers, R. (2002). Bridging culture on-line: Strategies for teaching cultural sensitivity. *Journal of Professional Nursing*, 18(6), 320 – 327.

Werner, D., Thuman, C., & Maxwell, J. (1992). *Where there is no doctor:*

*A village health care handbook.* (Rev. ed.). Palo Alto, CA: The Hesperian Foundation.

Werner, D. & Bower B. (1982). *Helping health workers learn.* Palo Alto, CA: The Hesperian Foundation. P.O. Box 1692, Palo Alto, CA 94302

**Additional reading may be assigned and may be found in the Nursing Learning Resource Center (NLRC - HB 301) under NURS 204.**

<http://www.sjlibrary.org/services/distance>

<http://130.65.109.143/InfoPower/index.html>