San José State University
School of Social Sciences: Psychology
Psychology 190-04 Psychological Trauma in Childhood & Adolescence, Spring 2011

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Email: Joanna.Fanos@sjsu.edu
Office Hours: Mon & Wed 12:15-1:30 p.m.; Mon 5:45-7:00 p.m.;
Tues 12:30 -1:30 p.m.; 4:45-6:00 p.m.;
Thur 2:45 -3 p.m.
Other times by appointment
Class Days/Time: Wednesday 3:00 – 5:45 p.m.
Classroom: Hugh Gillis Hall Room 120
Prerequisites: PSYC 100W
Faculty Website: http://www.sjsu.edu/people/Joanna.fanos/

Course Description

Psychology 190: Capstone course.
Integrative survey of current viewpoints and issues in psychology, how they developed
and likely future directions of psychology.
Prerequisite: PSYC 100W and senior standing.
Pre/Corequisite: PSYC 18 or 120.

Course Goals and Student Learning Objectives

1. The understanding of the theories and research in the long-term effects of
psychological trauma in childhood and adolescence, and the application for issues
confronted in one's own life;

2. The development of theoretical and analytical skills for understanding research in the
field.
Required Texts/Readings

Textbooks
There are 2 required texts. In addition, each group will develop a list of References for their topic and will distribute it to the class a week before their presentation. Required texts include:


Recommended
ISBN-13 9780805817782

Classroom Protocol
I expect that you will attend regularly and participate in class discussions. Please arrive on time; it is disruptive to everyone else when someone arrives late. Turn your cell phone off or, if necessary, place in vibrate mode. Text messaging will not be tolerated. Laptops are strongly discouraged. If you absolutely must use one, you have to sit in the front row. The material covered in this class is highly personal to many students and it is rude not to give each other complete attention.

Dropping and Adding
Students are responsible for understanding the policies and procedures about add/drops, academic renewal, etc. Information on add/drops are available at [http://info.sjsu.edu/web-dbgen/narr/soc-fall/rec-298.html](http://info.sjsu.edu/web-dbgen/narr/soc-fall/rec-298.html). Information about late drop is available at [http://www.sjsu.edu/sac/advising/latedrops/policy/](http://www.sjsu.edu/sac/advising/latedrops/policy/). Students should be aware of the current deadlines and penalties for adding and dropping classes.

Assignments and Grading Policy

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Weight</th>
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</thead>
<tbody>
<tr>
<td>Seminar on Selected Topic</td>
<td>1/3</td>
</tr>
<tr>
<td>Final Exam</td>
<td>1/3</td>
</tr>
<tr>
<td>Individual Research Paper</td>
<td>1/3</td>
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</tbody>
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Final Exam
Questions on the exam will be multiple choice.
**PowerPoint Presentation**

The class will be divided into groups comprised of approximately 2-4 individuals. Each student will be able to choose the topic of most relevance to his/her life. The group will research the topic and present a PowerPoint presentation to the class. The group will also be responsible for providing their PowerPoint presentation, including a list of References, to other students in the group upon request. In addition, each group must turn in to Dr. Fanos a hard copy of their presentation, including References, the afternoon of their seminar. These will not be accepted over email.

**Individual Research Paper**

One paper, 5 total pages in length (Title page, 3 pages of body, Reference page). Students are to select one situation that falls within the field of Trauma that has personal meaning in their own lives & critique relevant theory and literature. I must approve all topics well in advance of the due date. References must be in APA style. I encourage showing me early outlines, drafts etc.

**Grading**

A+/97-100, A/93-96, A-/ 90-92; B+/ 87-90, B/83-86, B-/80-82; and so forth.

**Extra Credit**

There are 9 classes that represent student presentations. Students will turn in comments on the presentations at the end of each of these classes, and will receive extra credit points on the Final Exam. For every 3 classes, 1 point will be earned, with a total of 3 points possible.

**University Policies**

**Academic integrity**

Students should know that the University’s Academic Integrity Policy is available at http://www.sa.sjsu.edu/download/judicial_affairs/Academic_Integrity_Policy_S07-2.pdf. Your own commitment to learning, as evidenced by your enrollment at San Jose State University and the University’s integrity policy, require you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The website for Student Conduct and Ethical Development is available at http://www.sa.sjsu.edu/judicial_affairs/index.html.

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person’s ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include in your assignment any material you have submitted, or plan to submit for another class, please note that SJSU’s Academic Policy F06-1 requires approval of instructors.

**Campus Policy in Compliance with the American Disabilities Act**

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an
appointment with me as soon as possible, or see me during office hours. Presidential
Directive 97-03 requires that students with disabilities requesting accommodations must
register with the DRC (Disability Resource Center) to establish a record of their disability.

Table 1 Course Schedule

<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Topics, Readings, Assignments, Deadlines</th>
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</thead>
<tbody>
<tr>
<td>1</td>
<td>Jan 26</td>
<td>Introduction to class</td>
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<tr>
<td>2</td>
<td>Feb 2</td>
<td>Introduction cont.</td>
</tr>
<tr>
<td>3</td>
<td>Feb 9</td>
<td>Trauma theory and research</td>
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<tr>
<td>4</td>
<td>Feb 16</td>
<td>Attachment theory and research</td>
</tr>
<tr>
<td>5</td>
<td>Feb 23</td>
<td>Sources of Trauma: Parent Illness/Loss</td>
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<tr>
<td>6</td>
<td>March 2</td>
<td>Sources of Trauma: Abuse in the Family</td>
</tr>
<tr>
<td>7</td>
<td>March 9</td>
<td>Sources of Trauma: Divorce</td>
</tr>
<tr>
<td>8</td>
<td>March 16</td>
<td>Sources of Trauma: Bullying</td>
</tr>
<tr>
<td>9</td>
<td>March 23</td>
<td>Sources of Trauma: Community Trauma</td>
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<tr>
<td>10</td>
<td>March 30</td>
<td><strong>SPRING BREAK</strong></td>
</tr>
<tr>
<td>11</td>
<td>April 6</td>
<td>Sources of Trauma: Emigration</td>
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<tr>
<td>12</td>
<td>April 13</td>
<td>Paper Topics Due: Individual Meetings</td>
</tr>
<tr>
<td>13</td>
<td>April 20</td>
<td>Sources of Trauma: War</td>
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<tr>
<td>14</td>
<td>April 27</td>
<td>Intervention &amp; Support</td>
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<td>15</td>
<td>May 4</td>
<td><strong>Papers Due</strong></td>
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<td><strong>Review for Final Exam</strong></td>
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<tr>
<td>16</td>
<td>May 11</td>
<td><strong>Exam, in class, multiple choice</strong></td>
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