Instructor: Ellyn Herb, Ph.D.
Office Location: DMH 315
Telephone: (408) 296-9600
Email: Ellyn52@gmail.com
Office Hours: Wed. 11:45-12:15-appt. only
Class Days/Time: Mon/Wed 10:30 to 11:45 a.m.
Classroom: SH 314
Prerequisites: Psychology 001

Course Description
This course introduces the student to the world of mental disorders and provides students with tools necessary to think critically about abnormal behavior. There is an emphasis on the psychological, social, biological and multicultural determinants of human behavior and psychological deviance. We will briefly discuss the assessment, diagnosis and treatment of mental disorders as well as examine research in the field of psychopathology.

Course Goals and Student Learning Objectives
1. Understand the concept of abnormality as it relates to human behavior.
2. Comprehend the historical, cultural, social implications of the diagnosis and treatment of abnormal behavior.
3. Explore assessment, diagnosis and treatment of mental disorders.

Course Content Learning Outcomes
Upon successful completion of this course, students will be able to:
1. Explain the role of assessment in conceptualizing abnormal behavior.
2. Describe research results in the field of abnormal psychology.
3. Identify the distinctive features of the major psychological disorders in the DSM-IV.
4. Articulate the advantages and disadvantages of using a diagnostic system.
5. Demonstrate facility in using the Multiaxial approach used in the DSM-IV.
6. Increase knowledge of the psychological, social and biological factors related to various mental disorders.
7. Discuss the ethics of diagnosis in clinical practice.

Required Texts/Readings

Textbook


It is highly recommended that you look at the Diagnostic and Statistical Manual published by the American Psychiatric Association (called the DSM-IV). It is not necessary that you purchase this publication. The library has copies of this volume.

Classroom Protocol

This syllabus is subject to change at the discretion of the instructor. You are responsible for assigned reading and participating in classroom discussions. There will be in-class assignments and a group project.

Professional Communication

The best way to contact me is to leave a message on my private practice voice mail. The number is (408) 296-9600. You can also email me at Ellyn52@gmail.com. I generally don’t read texts from students on a regular basis. Since I teach on multiple campuses, please communicate the following information when you contact me:

Your full name, college name, course name, section number and phone number where I can reach you. Please don’t use abbreviations (as in texting), as I might not understand what you are trying to say. You do not need to notify me if you will not be in class, however, if you know, in advance, that you will miss a class you can let me know.

NOTE: I do not accept assignments by email.
Personal Computer (Laptop Use)

You can use your computer to take notes during class if you check with me first. Please do not surf the net, check your emails or otherwise engage in interactive pursuits while in class (playing games!)

Classroom Etiquette

1. Be polite and respectful to other people in the class, particularly when engaging in classroom discussions. Disrespectful behavior will not be tolerated and will be grounds for dismissal from class.
2. Do not carry on conversations with others during lecture. If you have a question or comments, please raise your hand so you can be heard.
3. All electronic devices must be turned off during class. If you need to make or take an emergency call, let me know, in advance, and please leave the classroom to do so. Texting is not allowed in class at any time.

Dropping and Adding

Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Refer to the current semester’s Catalog Policies section at http://info.sjsu.edu/static/catalog/policies.html. Add/drop deadlines can be found on the current academic calendar web page located at http://www.sjsu.edu/academic_programs/calendars/academic_calendar/. The Late Drop Policy is available at http://www.sjsu.edu/aars/policies/latedrops/policy/. Students should be aware of the current deadlines and penalties for dropping classes.

Information about the latest changes and news is available at the Advising Hub at http://www.sjsu.edu/advising/.

Assignments and Grading Policy

Grading is based on the sum of 4 quizzes and one final exam. Each quiz will have 15 questions (2 points each) and the final will have 50 questions (2 points each). Review sessions will be provided during class. Total points = 220

Group Project – students will be assigned to a work group. Each group will be researching a specific problem/issue, submitting a written report and presenting their report to the class. Additional information will be forthcoming. Total points = 80
### Grading:

A = 270-300 points  
B = 240-269 points  
C = 210-239 points  
D = 180-209 points  
F = below 180 points

### Extra Credit

Opportunities for extra credit will be available. Additional information will be forthcoming.

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**Psyc 110, Abnormal Psychology, Section 07**  
**Spring 2011**  
**Course Schedule**

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<thead>
<tr>
<th>Dates</th>
<th>Topic</th>
<th>Read</th>
<th>Other</th>
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<tbody>
<tr>
<td>1/26</td>
<td>Syllabus, Pre-test</td>
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<tr>
<td>1/31, 2/2</td>
<td>Introduction to Abnormal Psychology</td>
<td>Chapters 1 &amp; 2</td>
<td>Video</td>
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<tr>
<td>2/7, 2/9</td>
<td>Diagnosis, Assessment, and Prevention</td>
<td>Chapters 3 &amp; 4</td>
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<td>2/14</td>
<td>Multiaxial Diagnosis</td>
<td>DSM IV handouts</td>
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<td>2/16</td>
<td>Somatoform &amp; Dissociative Disorders</td>
<td>Chapter 6</td>
<td>QUIZ #1 (ch. 1-4)</td>
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<td>2/21, 2/23</td>
<td>Anxiety Disorders</td>
<td>Chapter 5</td>
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<td>2/28, 3/2</td>
<td>Mood Disorders &amp; Suicide</td>
<td>Chapter 7</td>
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<td>3/7, 3/9</td>
<td>Substance Disorders</td>
<td>Chapter 9</td>
<td>QUIZ #2 (ch. 5-7)</td>
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<td>3/14, 3/16</td>
<td>Eating Disorders</td>
<td>Chapter 8</td>
<td>Video</td>
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<td>3/21, 3/23</td>
<td>Personality Disorders</td>
<td>Chapter 10</td>
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<td>3/28, 3/30</td>
<td>Sexual Dysfunction/Gender Identity Disorders</td>
<td>Chapter 11</td>
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<td>4/4, 4/6</td>
<td>Schizophrenia &amp; Other Psychotic Disorders</td>
<td>Chapter 12</td>
<td>QUIZ #3 (ch. 8-11)</td>
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<td>4/11, 4/13</td>
<td>Developmental &amp; Disruptive Behavior Disorders</td>
<td>Chapter 13</td>
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<td>4/18, 4/20</td>
<td>SPRING BREAK</td>
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<td>4/25, 4/27</td>
<td>Cognitive Disorders</td>
<td>Chapter 14</td>
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<td>5/2</td>
<td>Consumer Guide to Abnormal Psychology</td>
<td>Chapter 15</td>
<td>QUIZ #4 (ch. 12-14)</td>
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<td>5/4</td>
<td>GROUP PRESENTATIONS</td>
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<td>5/9, 5/11</td>
<td>GROUP PRESENTATIONS</td>
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<td>5/16</td>
<td>GROUP PRESENTATIONS</td>
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<td>FINAL at 9:45</td>
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University Policies

Academic integrity

Your commitment as a student to learning is evidenced by your enrollment at San Jose State University. The University's Academic Integrity policy, located at http://www.sjsu.edu/senate/S07-2.htm, requires you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The Student Conduct and Ethical Development website is available at http://www.sa.sjsu.edu/judicial_affairs/index.html.

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person's ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include your assignment or any material you have submitted, or plan to submit for another class, please note that SJSU’s Academic Policy S07-2 requires approval of instructors.

Campus Policy in Compliance with the American Disabilities Act

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 requires that students with disabilities requesting accommodations must register with the Disability Resource Center (DRC) at http://www.drc.sjsu.edu/ to establish a record of their disability.

Student Technology Resources

Computer labs for student use are available in the Academic Success Center located on the 1st floor of Clark Hall and on the 2nd floor of the Student Union. Additional computer labs may be available in your department/college. Computers are also available in the Martin Luther King Library. A wide variety of audio-visual equipment is available for student checkout from Media Services located in IRC 112. These items include digital and VHS camcorders, VHS and Beta video players, 16 mm, slide, overhead, DVD, CD, and audiotape players, sound systems, wireless microphones, projection screens and monitors.

Learning Assistance Resource Center

The Learning Assistance Resource Center (LARC) is located in Room 600 in the Student Services Center. It is designed to assist students in the development of their full academic potential and to inspire them to become independent learners. The Center's tutors are trained and nationally certified by the College Reading and Learning Association (CRLA). They provide content-based tutoring in many
lower division courses (some upper division) as well as writing and study skills assistance. Small group, individual, and drop-in tutoring are available. Please visit the LARC website for more information at http://www.sjsu.edu/larc/.

**SJSU Writing Center**

The SJSU Writing Center is located in Room 126 in Clark Hall. It is staffed by professional instructors and upper-division or graduate-level writing specialists from each of the seven SJSU colleges. Our writing specialists have met a rigorous GPA requirement, and they are well trained to assist all students at all levels within all disciplines to become better writers. The Writing Center website is located at http://www.sjsu.edu/writingcenter/about/staff/.

**Peer Mentor Center**

The Peer Mentor Center is located on the 1<sup>st</sup> floor of Clark Hall in the Academic Success Center. The Peer Mentor Center is staffed with Peer Mentors who excel in helping students manage university life, tackling problems that range from academic challenges to interpersonal struggles. On the road to graduation, Peer Mentors are navigators, offering “roadside assistance” to peers who feel a bit lost or simply need help mapping out the locations of campus resources. Peer Mentor services are free and available on a drop-in basis, no reservation required. The Peer Mentor Center website is located at http://www.sjsu.edu/muse/peermentor/