San José State University

Psychology 139: Psychology of Personality
Summer, 2011

Office Location: DMH 318
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Email: neelam.rattan@sjsu.edu
Class Days/Time: Tuesday&Thursday 1:00 P.M. -4:45 P.M.
Office hours: Tuesdays 11:30P.M.-12:45 P.M.
Classroom: CL 224
Prerequisite: PSYC 1.

Faculty Web Page and MYSJSU Messaging (Optional)
Copies of the course materials such as the syllabus, major assignment handouts, etc. may be found on Desire2Learn accessible through http:sjsu.desire2learn.com. You are responsible for regularly checking with the messaging system through MySJSU.

Course Description
The purpose of this course is to introduce students to current approaches to the study of personality and personality processes. Students will be exposed to various paradigms on personality, for example psychodynamic theories, trait theories, biological approaches to personality, humanistic/existential theories, learning theories, social cognitive theories. The course will also provide an overview of the relationship between these perspectives and how they apply to individuals in contemporary society.

Course Goals and Student Learning Objectives
Upon successful completion of this course, students will be able to:
- Explain and distinguish among the major theoretical approaches to studying personality.
- Evaluate the strengths and limitations of the major theoretical approaches.
- Develop an understanding of current research in the domain of personality.
- Apply personality theory and research to understand individual functioning within the social context.

Required Texts/Readings
Suggested Reading

Additional Readings
You will be provided additional articles by your Instructor on the first day of class.

Other required materials
- Scantron forms 882 e
- Regular access to a computer with Internet connection, and possession of a word processor program (MS Word or Corel WordPerfect)

Web Resources
For more information about Personality Theory, the following resources contain a wealth of information:

Two sites with online tests:
- [http://www.similarminds.com/big5.html](http://www.similarminds.com/big5.html)

- [http://www.personality-project.org/](http://www.personality-project.org/)
  A large and informative Web site from the Psychology Department at Northwestern University. Contains discussions of the major approaches to personality theory, recommended readings, advice for students and information about personality tests.

- [http://personalityresearch.org/](http://personalityresearch.org/)
  Contains information on personality theory research programs, journals and professional societies.

- [http://webspace.ship.edu/cgboer/perscontents.html](http://webspace.ship.edu/cgboer/perscontents.html)
  A personality theories e-text with chapters on personality theory, major approaches in personality, personality tests, and links to other sites about personality.

- [http://spsp.org/](http://spsp.org/)
  The Society for Personality and Social Psychology. Contains information for students and links to other relevant sites.

- [http://ipip.ori.org/ipip/](http://ipip.ori.org/ipip/)
  This web site provides comprehensive information about personality measures. Follow the link under “IPIP scales” on the left side of the page.

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http://www.holah.karoo.net/freud.htm

http://www.humanmetrics.com/cgi-win/JTypes2.asp

About Desire2Learn
Check this site regularly for announcements and assignments, and any other required course material that needs to be posted.
You can access this site by going to http://sjsu.desire2learn.com

Classroom Protocol
In this class you are expected to be prepared by doing all of your class readings and assignments. You are expected to be active participants by asking questions, taking notes, and also by interacting with your peers. Check the course desire2learn site regularly.
Please turn off (not on vibrate) your cell phone. You may not use your laptops in class unless we are doing a particular assignment which requires a laptop. Be considerate toward your peers. Be courteous. Be punctual.

Dropping and Adding
Students are responsible for understanding the policies and procedures about add/drops, academic renewal, etc. Students should be aware of the current deadlines and penalties for adding and dropping classes. Information on add/drop deadlines is available at http://www.sjsu.edu/registrar/calendar/. Information about late drops is available at: http://www.sjsu.edu/sac/advising/latedrops/policy/.
Assignments and Grading Policy

There will be lectures, readings, discussions of the course text as well as studying additional material provided to you in class. There will also be class presentations by students. There will also be video and film presentations, role play, experiential exercises, class discussions, to enhance your understanding of the course material. All the written assignments are to be proof-read your paper before turning it in and checked for Punctuation, Grammar, Spellings. Your papers are to be typewritten, double-spaced, 12 pitch font, one-inch margins, using Times New Roman font. On a sheet attached to the front of all your papers, Title of your paper, your Name, Course, Course Number, Semester/Year, and Due Date are to be included.

Class Participation (35 points): Points will be awarded for asking good questions, participating in class debates and discussions, experiential exercises, pop quizzes, in-class writing assignments. The success of this class is directly dependent on your participation.

Personality Analytical & Reflective Paper (50 points): Students will write a 8-9 page Personality Analytical & Reflective Paper. Detailed instructions for writing this paper will be provided on D2L.

Group presentations (35 points): Students will present viewpoints of different theorists in an interactive and engaging manner.

Exams-150 points (2 Mid Terms and a Final)
Each exam will comprise of 50 multiple –choice questions, worth one point each.

Grades:
Grading will be based on the sum of the following:
1. Personality Analytical & Reflective Paper – This is worth 50 points.
2. Two Mid Term Exams – Each worth 50 points (2x50=100).
3. Final Exam – This is worth 50 points.
4. Group presentations- This is worth 35 points
5. In-class activities and participation - This is worth 35 points.

Grading Scale:
A+ = 265-270
A  = 252-264
A-  = 243-251
B+ = 238-242
B  = 224-237
B- = 216-223
C+ = 211-215
C  = 198-210
C- = 189-197
D+ = 184-188
D  = 170-183
F  <  161

Peer Mentor Center
The Peer Mentor Center is located on the 1st floor of Clark Hall in the Academic Success Center. The Peer Mentor Center is staffed with Peer Mentors who excel in helping
students manage university life, tackling problems that range from academic challenges to interpersonal struggles. On the road to graduation, Peer Mentors are navigators, offering “roadside assistance” to peers who feel a bit lost or simply need help mapping out the locations of campus resources. Peer Mentor services are free and available on a drop-in basis, no reservation required. The Peer Mentor web site is located at: http://www.sjsu.edu/muse/peermentor/.

Academic integrity

Students should know that the University's Academic Integrity Policy is available at: http://www.sa.sjsu.edu/download/judicial_affairs/Academic_Integrity_Policy_S07-2.pdf. Your own commitment to learning, as evidenced by your enrollment at San Jose State University and the University’s integrity policy, require you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The website for Student Conduct and Ethical Development is available at http://www.sa.sjsu.edu/judicial_affairs/index.html.

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person’s ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include in your assignment any material you have submitted, or plan to submit for another class, please note that SJSU’s Academic Policy F06-1 requires approval of instructors.

Campus Policy in Compliance with the American Disabilities Act

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 requires that students with disabilities requesting accommodations must register with the DRC (Disability Resource Center) to establish a record of their disability.

Student Technology Resources

Computer labs for student use are available in the Academic Success Center located on the 1st floor of Clark Hall and on the 2nd floor of the Student Union. Additional computer labs may be available in your department/college. Computers are also available in the Martin Luther King Library.

A wide variety of audio-visual equipment is available for student checkout from Media Services located in IRC 112. These items include digital and VHS camcorders, VHS and Beta video players, 16 mm, slide, overhead, DVD, CD, and audiotape players, sound systems, wireless microphones, projection screens and monitors.
Learning Assistance Resource Center
The Learning Assistance Resource Center (LARC) is located in Room 600 in the Student Services Center. It is designed to assist students in the development of their full academic potential and to motivate them to become self-directed learners. The center provides support services, such as skills assessment, individual or group tutorials, subject advising, learning assistance, summer academic preparation and basic skills development. The LARC website is located at http://www.sjsu.edu/larc/.

SJSU Writing Center
The SJSU Writing Center is located in Room 126 in Clark Hall. It is staffed by professional instructors and upper-division or graduate-level writing specialists from each of the seven SJSU colleges. Our writing specialists have met a rigorous GPA requirement, and they are well trained to assist all students at all levels within all disciplines to become better writers. The Writing Center Website is located at http://www.sjsu.edu/writingcenter/.

PSYC 139 (01): Psychology of Personality
Winter, 2011
Course Schedule

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<tr>
<th>Date</th>
<th>Topics, Readings, Assignments, Deadlines</th>
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<tbody>
<tr>
<td>1</td>
<td>June 7</td>
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<tr>
<td></td>
<td>Introduction, ice breakers.</td>
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<td>Introduction to Personality Theory, Chapter 1.</td>
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<td>Psychodynamic Theories, Chapter 2</td>
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<td>2</td>
<td>June 9</td>
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<td>Adler: Individual Psychology, Chapter 3</td>
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<td>Jung: Analytical Psychology, Chapter 4</td>
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<td>3</td>
<td>June 14</td>
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<td>Horney: Psychoanalytic Theory, Chapter 6</td>
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<td>Group Discussion on a Case Study</td>
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<td>4</td>
<td>June 16</td>
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<td><strong>First Mid Term Exam (Chapters- 1, 2, 3, 4, 6)</strong></td>
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<td>Erikson: Post Freudian Theory, Chapter 9</td>
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<td>Group Presentation</td>
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<td>5</td>
<td>June 21</td>
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<td>Maslow: Holistic–Dynamic Theory, Chapter 10</td>
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<td>Rogers: Person-Centered Theory, Chapter 11</td>
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<td>Date</td>
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| 6     | June 23  
Allport: Psychology of the Individual, Chapter 13  
Eysenck, McCrae, and Costa’s Trait & Factor Theories, Chapter 14  
Group Discussion on a Case Study |
| 7     | June 28  
**Second Mid Term Exam (Chapters-9, 10, 11, 13)**  
Skinner: Behavioral Analysis, Chapter 15  
Group Presentation |
| 8     | June 30  
Bandura: Social Cognitive Theory, Chapter 16  
Group Presentation  
Self-Reflection Paper Due. |
| 9     | July 05  
Rotter and Mischel: Cognitive Social Learning Theory, Chapter 17  
Sex Differences and Jealousy Group Presentation  
Group Presentation |
| 10    | July 07  
**Final Exam (Chapters-14, 15, 16, 17)**  
Group Presentation |