San José State University
Department of Psychology
Psyc 139 (1) Psychology of the Person;

Section 40800 Fall 2012

Instructor: Naomi Wagner, Ph.D

Office Location: DMH #315

Telephone: (408) 924-5646

Email: Psychprofl@yahoo.com Please note it is #1 not lower-case L (preferred)
Naomi.wagner@sjsu.edu

The best way to contact me is via e-mail. In the subject line please specify the title of the class. If you leave a phone message, speak slowly and clearly, and when you leave a phone number speak VERY clearly, and repeat the number.

Website: http://www.sjsu.edu/people/naomi.wagner/

Office Hours:
- MW 08:45-10:30 DMH 315
- By e-mail- responses to your mail sent same day

Class Days/Time: MW 07:30-8:45

Classroom: DMH 355

Prerequisites: PSYC 100

Important notice: I will NOT be in school on Monday, September 17, 2012 and on Wed. September 26, 2012

Faculty Web Page and MYSJSU
Copies of the course materials such as the syllabus, major assignment handouts, etc. may be found on my faculty web page
You are responsible for regularly checking with the messaging system through MySJSU (or other communication system as indicated by me).

Course Description
This course introduces the student to theories and research exploring the nature of the “person”—the nature and the sources of our consistent behavioral patterns and intrapersonal processes. We will examine historically-relevant and current theories and assess their current status on the basis of research. We will examine applications of theoretical concepts into applied contexts—such as psychotherapy, the job—market, and the dating scenes.

Course Content Learning Outcomes
Upon successful completion of this course, students will be able to:

LO1: be familiar with six approaches to understanding personality and individual differences in behavioral characteristics,

LO2: address the strengths and weaknesses of each approach

LO3: critically examine relevant empirical evidence associated with each theoretical approach

LO4: recognize the application of theoretical concepts into real life issues and in psychotherapy

Program Learning Outcomes (PLO)
Upon successful completion of the psychology major requirements…

PLO1 – Knowledge Base of Psychology – Students will be able to identify, describe, and communicate the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology.

PLO2 – Research Methods in Psychology – Students will be able to design, implement, and communicate basic research methods in psychology, including research design, data analysis, and interpretations.

PLO3 – Critical Thinking Skills in Psychology – Students will be able to use critical and creative thinking, skeptical inquiry, and a scientific approach to address issues related to behavior and mental processes.

PLO4 – Application of Psychology – Students will be able to apply psychological principles to individual, interpersonal, group, and societal issues.

PLO5 – Values in Psychology – Students will value empirical evidence, tolerate ambiguity, act ethically, and recognize their role and responsibility as a member of society.
Important Information:

• Success in this course is based on the expectation that students will spend, for each unit of credit, a minimum of forty-five hours over the length of the course (normally 3 hours per unit per week with 1 of the hours used for lecture) for instruction or preparation/studying or course related activities including but not limited to internships, labs, clinical practica. Other course structures will have equivalent workload expectations as described in the syllabus.

• The credit hour is defined as "the amount of work represented in intended learning outcomes and verified by evidence of student achievement that is an institutionally established equivalency that reasonably approximates not less than:

1) one hour of classroom or direct faculty instruction and a minimum of two hours of out-of-class student work each week for approximately fifteen weeks for one semester..."

2) a credit hour is assumed to be a 50-minute (not 60-minute) period.

• As an example, the expectation of work for a 3-credit course is 150-minutss of direct faculty instruction and six hours of out-of-class student work each week.

• Recording: Common courtesy and professional behavior dictates that you notify someone when you are recording him/her. You must obtain the instructor’s permission to make audio or video recordings in this class. This permission allows the recordings to be used for your private, study purposes only. The recordings are the intellectual property of the instructor; you have not been given any rights to reproduce or distribute the material.

Required Texts/Readings


• Study guide recommended.
• Instructor’s website: You will find lecture-notes (power-points) and learning objectives for each chapter

http://www.sjsu.edu/people/naomi.wagner/
Companion Website: The textbook offers students online companion website for quizzes, flash cards, and chapter summaries, click on the following link, and then click on “access now” (a button below Study Skills, in green color.) We will go over quizzes in class.

http://www.cengagebrain.com/isbn/0495813966?cid=D2S

Classroom Protocol
This course is based on the active participation of the student, and the main requirement is READING and ATTENDANCE. You are expected to read the assigned materials before class, so that the teacher can elaborate and expand. Because of time constraints it may not be impossible to cover all the segments of a given unit. However, you are responsible for all the assigned reading, as the exams will include questions from ALL the parts of the unit. We will cover one chapter per week, along the sequence described below. Some parts of the chapters will be skipped, please see reading list below.

Students are expected to:
- Maintain polite and considerate behavior toward their fellow students and the instructor.
- Not to text-message during class
- Not to make or receive phone calls
- Not to surf the Internet during class.
- NOT leave class to use their cell-phone.

Attendance:
Your regular attendance and participation are factors contributing to the successful completion of this course. If you do not attend class you will miss on the opportunity to ask questions and to get clarifications. In addition, please make all effort to come to class on time. Tardiness disturbs the instructor and other students, and also deprives you of the short reviews of the previous lecture that are presented at the beginning of each class.

If you hold a full time job, please make all effort to attend class regularly, and to study each night for at least an hour and a half. Cramming before the test has not been very effective for most students. As you read, take notes and go over the material that has been discussed in class, pay attention to concepts, and examples of these concepts. Be familiar with important studies. Chapter summaries are posted on my website (see address above).

Teacher Availability:
Do not hesitate to e-mail me or to come by with questions. If you have not done so well on any of the tests, please come to see me ASAP, in order to go over test questions that you missed, so we can understand how you interpreted the questions, and devise strategies for doing better on the next test.

Dropping and Adding
Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Refer to the current semester’s Catalog Policies section at
http://info.sjsu.edu/static/catalog/policies.html. Add/drop deadlines can be found on the current academic calendar web page located at http://www.sjsu.edu/academic_programs/calendars/academic_calendar/. The Late Drop Policy is available at http://www.sjsu.edu/aars/policies/latedrops/policy/. Students should be aware of the current deadlines and penalties for dropping classes.

Information about the latest changes and news is available at the Advising Hub at http://www.sjsu.edu/advising/.

**Assignments and Grading Policy**

**Extra Credit:**
Please note that I do not give extra-credits. You mastery of the subject matter as measured on the exams is the factor that counts.

**Homework:** Weekly homework consists of the assigned reading, and responding to the Learning Assignments- sent into your mail boxes each week- (for each chapter). You need to complete the learning assignments after we have finished each chapter and send them back to me. We will go over them in class as preparation for the test. This is to benefit your learning!!

**Grading:**
We will have 3 midterms and a final. Each midterm will consist of 50 multiple-choice questions. Each question is worth 2 points. The questions are factual (specific information), conceptual (assigning a concept to a scenario), and applied (use the information to offer solution to a problem). Each midterm will cover about 3 to 4 chapters. Please bring a scantron (#882) and a pencil. The final will include 100 multiple-choice questions and will be selectively cumulative; that is, it will cover the central themes for each topic studied (you will receive a study guide).

The final grade is calculated as the number of correct items on the 4 tests, divided by 250 (total number of questions)

The grading scale:
- **A+**  98-100%
- **A**  93- 97
- **A-**  90-92
- **B+**  87-89
- **B**  83-86
- **B-**  80-82
- **C+**  77-79
- **C**  73-76
- **C-**  70-72
- **D+**  67-69
- **D**  63-66
- **D-**  60-62
- **F**  <60
Exam Dates:
Exam 1: Monday September 24, 2012 (Chapters 1, 2, 3)
Exam 2: Wed. October 24, 2012 (Chapters 5, 7, 9)
Exam 3: Wed. December 5, 2012 (chapters 10, 11)
Final: Thursday, December 13, 2012, 07:15-09:30 (Chapter 13, and selectively cumulative from previous chapters)

Make up exams:
Please note exam dates and plan your trips and events accordingly. You will be allowed to reschedule an exam ONLY upon the presentation of documented medical reason, or if you have a mandatory, documented school activity.

University Policies

Academic integrity
Students should know that the University’s Academic Integrity Policy is available at http://www.sa.sjsu.edu/download/judicial_affairs/Academic_Integrity_Policy_S07-2.pdf. Your own commitment to learning, as evidenced by your enrollment at San Jose State University and the University’s integrity policy, require you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The website for Student Conduct and Ethical Development is available at http://www.sa.sjsu.edu/judicial_affairs/index.html.

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person’s ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include in your assignment any material you have submitted, or plan to submit for another class, please note that SJSU’s Academic Policy F06-1 requires approval of instructors.

Campus Policy in Compliance with the American Disabilities Act

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 requires that students with disabilities requesting accommodations must register with the DRC (Disability Resource Center) to establish a record of their disability.

Student Technology Resources

Computer labs for student use are available in the Academic Success Center located on the 1st floor of Clark Hall and on the 2nd floor of the Student Union. Additional computer labs may be available in your department/college. Computers are also available in the Martin Luther King Library.
A wide variety of audio-visual equipment is available for student checkout from Media Services located in IRC 112. These items include digital and VHS camcorders, VHS and Beta video players, 16 mm, slide, overhead, DVD, CD, and audiotape players, sound systems, wireless microphones, projection screens and monitors.

**Learning Assistance Resource Center**

The Learning Assistance Resource Center (LARC) is located in Room 600 in the Student Services Center. It is designed to assist students in the development of their full academic potential and to motivate them to become self-directed learners. The center provides support services, such as skills assessment, individual or group tutorials, subject advising, learning assistance, summer academic preparation and basic skills development. The LARC website is located at [http://www.sjsu.edu/larc/](http://www.sjsu.edu/larc/).

**SJSU Writing Center**

The SJSU Writing Center is located in Room 126 in Clark Hall. It is staffed by professional instructors and upper-division or graduate-level writing specialists from each of the seven SJSU colleges. Our writing specialists have met a rigorous GPA requirement, and they are well trained to assist all students at all levels within all disciplines to become better writers. The Writing Center website is located at [http://www.sjsu.edu/writingcenter/about/staff/](http://www.sjsu.edu/writingcenter/about/staff/).

**Peer Mentor Center**

The Peer Mentor Center is located on the 1st floor of Clark Hall in the Academic Success Center. The Peer Mentor Center is staffed with Peer Mentors who excel in helping students manage university life, tackling problems that range from academic challenges to interpersonal struggles. On the road to graduation, Peer Mentors are navigators, offering “roadside assistance” to peers who feel a bit lost or simply need help mapping out the locations of campus resources. Peer Mentor services are free and available on a drop –in basis, no reservation required. Website of Peer Mentor Center is located at [http://www.sjsu.edu/muse/peermentor/](http://www.sjsu.edu/muse/peermentor/).

**Additional Resources Important for Your Success**

The university offers Counseling Services, Health Center/Wellness and Health Promotion Department, and Career Center.

See: [http://sjsu.edu/wellness](http://sjsu.edu/wellness)
[http://sjsu.edu/counseling/workshops](http://sjsu.edu/counseling/workshops)
[http://events.sjsu.edu](http://events.sjsu.edu) (to register for any one of the workshops /)
## PSYC 139 (1) / The Psychology of the Person Fall 2012 Course Schedule

### Table 1 Course Schedule (Sequence will be maintained, dates may be flexible)

<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Topics, Readings, Assignments, Deadlines</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Aug 22</td>
<td>Introduction to the study of personality Chapter 1</td>
</tr>
<tr>
<td></td>
<td>Aug 27</td>
<td>Research chapter 2</td>
</tr>
<tr>
<td>2</td>
<td>Aug 29</td>
<td>Research chapter 2- cont-d</td>
</tr>
<tr>
<td></td>
<td>Sep 3</td>
<td>Labor Day No Class</td>
</tr>
<tr>
<td>3</td>
<td>Sep 5</td>
<td>Research chapter 2 con-d</td>
</tr>
<tr>
<td></td>
<td>Sep 10</td>
<td>The Psychoanalytic Approach Chapter 3</td>
</tr>
<tr>
<td>4</td>
<td>Sep 12</td>
<td>The Psychoanalytic Approach (con-d)</td>
</tr>
<tr>
<td></td>
<td>Sep 17</td>
<td>No class- teacher out</td>
</tr>
<tr>
<td>5</td>
<td>Sep 19</td>
<td>Psychoanalytic Approach –cont-d and review for test</td>
</tr>
<tr>
<td></td>
<td><strong>Sep 24</strong></td>
<td><strong>Exam 1 chapters 1,2,3</strong></td>
</tr>
<tr>
<td>6</td>
<td>Sep 26</td>
<td>No class –teacher out</td>
</tr>
<tr>
<td></td>
<td>Oct 1</td>
<td>Neo-Freudians chapter 5</td>
</tr>
<tr>
<td>7</td>
<td>Oct 3</td>
<td>The Trait Approach chapter 7</td>
</tr>
<tr>
<td></td>
<td>Oct 8</td>
<td>Trait Approach cont-d</td>
</tr>
<tr>
<td>8</td>
<td>Oct 10</td>
<td>Trait Approach cont-d</td>
</tr>
<tr>
<td></td>
<td>Oct 15</td>
<td>The Biological Approach chapter 9</td>
</tr>
<tr>
<td>9</td>
<td>Oct 17</td>
<td>The Biological Approach cont-d</td>
</tr>
<tr>
<td></td>
<td>Oct 22</td>
<td>The Biological Approach cont-d / review for test</td>
</tr>
<tr>
<td>10</td>
<td><strong>Oct 24</strong></td>
<td><strong>Exam 2 chapters 5,7, 9</strong></td>
</tr>
<tr>
<td></td>
<td>Oct 29</td>
<td>Biological Research chapter 10</td>
</tr>
<tr>
<td>11</td>
<td>Oct 31</td>
<td>Biological Research –cont-d</td>
</tr>
<tr>
<td></td>
<td>Nov 5</td>
<td>Biological research- cont-d</td>
</tr>
<tr>
<td>12</td>
<td>Nov 7</td>
<td>The Humanistic Approach chapter 11</td>
</tr>
<tr>
<td></td>
<td>Nov 12</td>
<td>Veterans Day Campus closed</td>
</tr>
<tr>
<td>13</td>
<td>Nov 14</td>
<td>The Humanistic Approach chapter 11</td>
</tr>
<tr>
<td></td>
<td>Nov 19</td>
<td>The Humanistic Approach chapter 11</td>
</tr>
<tr>
<td>14</td>
<td>Nov 21</td>
<td>The Behavioral approach chapter 13</td>
</tr>
<tr>
<td></td>
<td>Nov 26</td>
<td>The behavioral approach cont-d</td>
</tr>
<tr>
<td>15</td>
<td>Nov 29</td>
<td>The behavioral approach cont-d</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Review for test #3</td>
</tr>
<tr>
<td>Week</td>
<td>Date</td>
<td>Topics, Readings, Assignments, Deadlines</td>
</tr>
<tr>
<td>------</td>
<td>------------</td>
<td>-----------------------------------------------------------------------------</td>
</tr>
<tr>
<td></td>
<td>Dec 3</td>
<td></td>
</tr>
<tr>
<td>16</td>
<td>Dec 5</td>
<td>Exam 3 Chapters 10.11</td>
</tr>
<tr>
<td></td>
<td>Dec 10</td>
<td>Review of class</td>
</tr>
<tr>
<td>Final</td>
<td>Thursday,</td>
<td>Final is selectively cumulative and cover the highlights (main concepts) of</td>
</tr>
<tr>
<td></td>
<td>December</td>
<td>the previous chapters, plus all of chapter 13.</td>
</tr>
<tr>
<td></td>
<td>13, 2012</td>
<td></td>
</tr>
<tr>
<td></td>
<td>0715-0930</td>
<td></td>
</tr>
</tbody>
</table>