San José State University  
Department of Psychology  
PSYC 190, Psychological Trauma in Childhood & Adolescence, Sec. 03  
Spring 2012

Instructor: Joanna H. Fanos, Ph.D.
Office Location: DMH 320
Telephone: 408-924-5622
Email: Joanna.Fanos@sjsu.edu
Office Hours: Mon & Wed 3:00-4:00 p.m.; Mon 6:00 to 7:00 p.m.;  
Other times by appointment
Class Days/Time: Mon Wed Wednesday 4:30 – 5:45 p.m.
Classroom: DMH 347
Prerequisites: Prerequisite: PSYC 100W and senior standing.  
Pre/Co-requisite: PSYC 18 or 120.

Faculty Web Page
Copies of the course materials such as the syllabus, major assignment handouts, etc. may be found on my faculty web page at http://www.sjsu.edu/people/joanna.fanos/

Course Description
Psychology 190: Capstone course.  
Integrative survey of current viewpoints and issues in psychology, how they developed and likely future directions of psychology.

Learning Outcomes
1. The understanding of various sources of psychological trauma in childhood and adolescence, and their possible long-term effects;
2. The development of knowledge of current research in the field from major areas of psychology.
Course Learning Outcomes (CLOs)

Upon successful completion of this course, students will be able to:

CLO1 possess a comprehensive understanding of the multiple sources of psychological trauma in childhood and adolescence, their long-term effects;

CLO2 have an extensive knowledge of current research in the field from major areas of psychology.

Program Learning Outcomes (PLO)

Upon successful completion of the psychology major requirements…

PLO1 – Knowledge Base of Psychology – Students will be able to identify, describe, and communicate the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology.

PLO2 – Research Methods in Psychology – Students will be able to design, implement, and communicate basic research methods in psychology, including research design, data analysis, and interpretations.

PLO3 – Critical Thinking Skills in Psychology – Students will be able to use critical and creative thinking, skeptical inquiry, and a scientific approach to address issues related to behavior and mental processes.

PLO4 – Application of Psychology – Students will be able to apply psychological principles to individual, interpersonal, group, and societal issues.

PLO5 – Values in Psychology – Students will value empirical evidence, tolerate ambiguity, act ethically, and recognize their role and responsibility as a member of society.

Required Texts/Readings

Textbooks

There are 2 required texts and one recommended. In addition, each group will develop a list of References for their topic and will email it to any student upon request. Required texts include:


Recommended

King Library Research Services

Bernd Becker is the Reference Librarian assigned to assist Psychology students in using databases, helping with key word searches, etc. He is available throughout the semester to meet with individual students. His phone number is 408-808-2348 and his email is Bernd.Becker@sjsu.edu.

Classroom Protocol

I expect that you will attend regularly and participate in class discussions. Please arrive on time; it is disruptive to everyone else when someone arrives late. Turn your cell phone off or, if necessary, place in vibrate mode. Text messaging will not be tolerated. Laptops are strongly discouraged. If you absolutely must use one, you have to sit in the front row. The material covered in this class is highly personal to many students and it is rude not to give each other complete attention.

Dropping and Adding

Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Refer to the current semester’s Catalog Policies section at http://info.sjsu.edu/static/catalog/policies.html. Add/drop deadlines can be found on the current academic calendar web page located at http://www.sjsu.edu/academic_programs/calendars/academic_calendar/. The Late Drop Policy is available at http://www.sjsu.edu/aars/policies/latedrops/policy/. Students should be aware of the current deadlines and penalties for dropping classes.

Information about the latest changes and news is available at the Advising Hub at http://www.sjsu.edu/advising/.

Assignments and Grading Policy

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Percentage</th>
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</thead>
<tbody>
<tr>
<td>Seminar on Selected Topic</td>
<td>50 %</td>
</tr>
<tr>
<td>Final Exam</td>
<td>25 %</td>
</tr>
<tr>
<td>Individual Research Paper</td>
<td>25 %</td>
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</tbody>
</table>

Final Exam

Questions on the exam will be multiple choice. Test will be in-class. Please bring an 882-E Scantron form and #2 pencil.

PowerPoint Presentation

The class will be divided into groups comprised of approximately 2-4 individuals. Each student will be able to choose the topic of most relevance to his/her life. The group will research the topic and present a PowerPoint presentation to the class. The group will also
responsible for providing their PowerPoint presentation, including a list of References, to other students in the group upon request. In addition, each group must turn in to Dr. Fanos a hard copy of their presentation, including References, the afternoon of their seminar. These will not be accepted over email.

**Individual Research Paper**

One paper, 5 total pages in length (Title page, 3 pages of body, Reference page). Students are to select one situation that falls within the field of Trauma that has personal meaning in their own lives & critique relevant theory and literature. I must approve all topics well in advance of the due date. References must be in APA style. I encourage showing me early outlines, drafts etc. Points will be deducted for each day late.

**Grading**

A+/97-100, A/93-96, A-/ 90-92; B+/ 87-90, B/83-86, B-/80-82; and so forth.

**Extra Credit**

There are 18 classes that represent student presentations. Students will turn in comments on the presentations at the end of each of these classes, and will receive extra credit points on the Final Exam. For every 4 classes, 1 point will be earned, with a total of 4 points possible.

**University Policies**

**Academic integrity**

Your commitment as a student to learning is evidenced by your enrollment at San Jose State University. The [University’s Academic Integrity policy](http://www.sjsu.edu/senate/S07-2.htm), located at http://www.sjsu.edu/senate/S07-2.htm, requires you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The [Student Conduct and Ethical Development website](http://www.sjsu.edu/studentconduct/) is available at http://www.sjsu.edu/studentconduct/.

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person’s ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include your assignment or any material you have submitted, or plan to submit for another class, please note that SJSU’s Academic Policy S07-2 requires approval of instructors.
Campus Policy in Compliance with the American Disabilities Act

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 requires that students with disabilities requesting accommodations must register with the Disability Resource Center (DRC) at http://www.drc.sjsu.edu/ to establish a record of their disability.

Student Technology Resources

Computer labs for student use are available in the Academic Success Center located on the 1st floor of Clark Hall and on the 2nd floor of the Student Union. Additional computer labs may be available in your department/college. Computers are also available in the Martin Luther King Library. A wide variety of audio-visual equipment is available for student checkout from Media Services located in IRC 112. These items include digital and VHS camcorders, VHS and Beta video players, 16 mm, slide, overhead, DVD, CD, and audiotape players, sound systems, wireless microphones, projection screens and monitors.

Learning Assistance Resource Center

The Learning Assistance Resource Center (LARC) is located in Room 600 in the Student Services Center. It is designed to assist students in the development of their full academic potential and to inspire them to become independent learners. The Center's tutors are trained and nationally certified by the College Reading and Learning Association (CRLA). They provide content-based tutoring in many lower division courses (some upper division) as well as writing and study skills assistance. Small group, individual, and drop-in tutoring are available. Please visit the LARC website for more information at http://www.sjsu.edu/larc/.

SJSU Writing Center

The SJSU Writing Center is located in Room 126 in Clark Hall. It is staffed by professional instructors and upper-division or graduate-level writing specialists from each of the seven SJSU colleges. Our writing specialists have met a rigorous GPA requirement, and they are well trained to assist all students at all levels within all disciplines to become better writers. The Writing Center website is located at http://www.sjsu.edu/writingcenter/about/staff/.
Peer Mentor Center

The Peer Mentor Center is located on the 1st floor of Clark Hall in the Academic Success Center. The Peer Mentor Center is staffed with Peer Mentors who excel in helping students manage university life, tackling problems that range from academic challenges to interpersonal struggles. On the road to graduation, Peer Mentors are navigators, offering “roadside assistance” to peers who feel a bit lost or simply need help mapping out the locations of campus resources. Peer Mentor services are free and available on a drop-in basis, no reservation required. The Peer Mentor Center website is located at http://www.sjsu.edu/muse/peermentor/

Student Success and Wellness

Attending to your wellness is critical to your success at SJSU. I strongly encourage you to take advantage of the workshops and programs offered through various Student Affairs Departments on campus such as Counseling Services, the SJSU Student Health Center/Wellness & Health Promotion Dept., and Career Center. See http://www.sjsu.edu/wellness or http://www.sjsu.edu/counseling/Workshops/ for workshop/events schedule and links to many other services on campus that support your wellness! You may go to http://events.sjsu.edu to register for any one of the workshops.
Table 1 Course Schedule

<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Topics, Readings, Assignments, Deadlines</th>
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<tbody>
<tr>
<td>1</td>
<td>Jan 25</td>
<td>Introduction to class</td>
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<tr>
<td>2</td>
<td>Jan 30 &amp; Feb 1</td>
<td>Trauma theory and research</td>
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<tr>
<td>3</td>
<td>Feb 6 &amp; 8</td>
<td>Attachment theory and research</td>
</tr>
<tr>
<td>4</td>
<td>Feb 13 &amp; 15</td>
<td>Paper topics due (individual meetings)</td>
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<tr>
<td>5</td>
<td>Feb 20 &amp; 22</td>
<td>Sources of Trauma: Parent/ Illness/Loss</td>
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<tr>
<td>6</td>
<td>Feb 27 &amp; 29</td>
<td>Sources of Trauma: Sibling Illness/Loss</td>
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<tr>
<td>7</td>
<td>March 5 &amp; 7</td>
<td>Sources of Trauma: Parental Divorce</td>
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<tr>
<td>8</td>
<td>March 12 &amp; 14</td>
<td>Sources of Trauma: Abuse in the Family</td>
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<tr>
<td>9</td>
<td>March 19 &amp; 21</td>
<td>Sources of Trauma: Bullying</td>
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<tr>
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<td>March 26 &amp; 28</td>
<td><strong>SPRING BREAK</strong></td>
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<tr>
<td>10</td>
<td>April 2 &amp; 4</td>
<td>Sources of Trauma: Community</td>
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<tr>
<td>11</td>
<td>April 9 &amp; 11</td>
<td>Sources of Trauma: Emigration</td>
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<tr>
<td>12</td>
<td>April 16 &amp; 18</td>
<td>Sources of Trauma: War: Returning Student Veterans</td>
</tr>
<tr>
<td>13</td>
<td>April 23 &amp; 25</td>
<td>Coping &amp; Resilience</td>
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<tr>
<td>14</td>
<td>April 30 &amp; May 2</td>
<td>Support &amp; Intervention</td>
</tr>
<tr>
<td>15</td>
<td>May 7 &amp; 9</td>
<td><strong>Papers Drafts Due</strong></td>
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<tr>
<td>16</td>
<td>May 14</td>
<td><strong>Papers Due</strong></td>
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<td><strong>Review for Final Exam</strong></td>
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<td>May 22 (Tues)</td>
<td><strong>FINAL EXAM In Class, Multiple Choice, 2:45-5:00 p.m.</strong></td>
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*The schedule is subject to change with fair notice via announcement in class or email.*