San José State University
Department of Psychology
Psyc 110 (5) Abnormal Psychology

Section 25432, Spring Semester 2012

Instructor: Naomi Wagner, Ph.D
Office Location: DMH #315
Telephone: (408) 924-5646
Email: Psychprof1@yahoo.com Note: it is the digit 1, not lower case L
Office Hours: MW 08:45-10:30

Class Days/Time: MW 10:30-11:45
Classroom: DMH 359
Prerequisites: PSYC 100

Course Description:
This course aims at introducing the student to the world of mental disorders and at providing the student with tools necessary to think critically about abnormal behavior. After the completion of the course, the student will be familiar with the various models of mental disorders, and will hopefully understand the connection between a model's principles and the studies, assessment tools, and the treatment approaches that stem from that model. The strengths and weaknesses of the various theories of abnormal psychology will be explored. The presentation of the material will be organized around the diagnostic system of the DSM-IV-TR (2000). We will discuss various diagnostic categories, their symptoms, etiology, and interventions, primarily the interventions that were found to be effective for a given disorder.
Required Texts/Readings


Note the McGraw-Hill website for this book: www.mhhe.com/halgin6e. Log in as a student to find chapter objectives and quizzes, flashcards and video segments, etc.

Power -points for each chapter are posted on my website http://www.sjsu.edu/people/naomi.wagner/

Classroom Protocol:
This course is based on the active participation of the student, and the main requirement is READING and ATTENDANCE. You are expected to read the assigned materials before class, so that the teacher can elaborate and expand. Because of time constraints it may not be impossible to cover all the segments of a given unit. However, you are responsible for all the assigned reading, as the exams will include questions from ALL the parts of the unit. We will cover one chapter per week, and follow the sequence of the textbook, chapter-by-chapter. Some parts of the chapters will be skipped, please see reading list below. Dropping and Adding

Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Refer to the current semester’s Catalog Policies section at http://info.sjsu.edu/static/catalog/policies.html. Add/drop deadlines can be found on the current academic calendar web page located at http://www.sjsu.edu/academic_programs/calendars/academic_calendar/. The Late Drop Policy is available at http://www.sjsu.edu/aars/policies/latedrops/policy/. Students should be aware of the current deadlines and penalties for dropping classes.

Information about the latest changes and news is available at the Advising Hub at http://www.sjsu.edu/advising/.

Review sessions: Approximately every two weeks we will have review session for the previously studied material. We will divide into groups, led by students. Your participation is highly encouraged.

The best way to contact me is via e-mail. In the subject line please specify the title of the class. If you leave a phone message, speak slowly and clearly, and when you leave a phone number speak VERY clearly, and repeat the number.

Attendance:
Your regular attendance and participation are factors contributing to the successful completion of this course. If you do not attend class you will miss on the opportunity to ask questions and to get clarifications. In addition, please make all effort to come to class on time. Tardiness disturbs the instructor and other students, and also deprives you of the short reviews of the previous lecture that are presented at the beginning of each class.
If you hold a full time job, please make all effort to attend class regularly, and to study each night for at least an hour and a half. Cramming before the test has not been very effective for most students. As you read, take notes and go over the material that has been discussed in class, pay attention to concepts, and examples of these concepts. Be familiar with important studies. Chapter summaries are posted on my website (see address above).

**Dropping and Adding**
Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Refer to the current semester’s Catalog Policies section at http://info.sjsu.edu/static/catalog/policies.html. Add/drop deadlines can be found on the current academic calendar web page located at http://www.sjsu.edu/academic_programs/calendars/academic_calendar/. The Late Drop Policy is available at http://www.sjsu.edu/aars/policies/latedrops/policy/. Students should be aware of the current deadlines and penalties for dropping classes.

Information about the latest changes and news is available at the Advising Hub at http://www.sjsu.edu/advising/.

**Distractions:**
You cannot surf the Internet, text-message, check your messages or respond to cell-phone during class.

**Course Learning Outcomes (CLOs)**
Upon successful completion of this course, students will be able to:

- CLO1: Identify the criteria to assess abnormality of a given behavior
- CLO2: Trace the history of attitudes toward and perception of abnormality
- CLO3: Understand how is research conducted in this field
- CLO4: be familiar with the structure and features of the DSM-IV-TR
- CLO5: for every mental illness, identify the criteria for diagnosis, possible causes, and treatment
- CLO5: recognize the changing nature of the field and the challenges it faces

**Program Learning Outcomes (PLO)**
Upon successful completion of the psychology major requirements…

*PLO1 – Knowledge Base of Psychology –* Students will be able to identify, describe, and communicate the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology.

*PLO2 – Research Methods in Psychology –* Students will be able to design, implement, and communicate basic research methods in psychology, including research design, data analysis, and interpretations.
**PLO3 – Critical Thinking Skills in Psychology** – Students will be able to use critical and creative thinking, skeptical inquiry, and a scientific approach to address issues related to behavior and mental processes.

**PLO4 – Application of Psychology** – Students will be able to apply psychological principles to individual, interpersonal, group, and societal issues.

**PLO5 – Values in Psychology** – Students will value empirical evidence, tolerate ambiguity, act ethically, and recognize their role and responsibility as a member of society.

**Teacher Availability:**
Do not hesitate to e-mail me or to come by with questions. If you have not done so well on any of the tests, please come to see me ASAP, in order to go over test questions that you missed, so we can understand how you interpreted the questions, and devise strategies for doing better on the next test.

**Dropping and Adding**

Students are responsible for understanding the policies and procedures about add/drops, academic renewal, etc. [Information on add/drops are available at](http://info.sjsu.edu/web-dbgen/narr/soc-fall/rec-298.html). Information about late drop is available at [http://www.sjsu.edu/sac/advising/latedrops/policy/](http://www.sjsu.edu/sac/advising/latedrops/policy/). Students should be aware of the current deadlines and penalties for adding and dropping classes.

**Assignments and Grading Policy**

**Extra Credit:**
Please note that I do not give extra-credits. Your mastery of the subject matter as measured on the exams is the factor that counts.

**Homework:** Weekly reading assignments and studying of main concepts and examples of these concepts.

**Grading:**
We are going to have 3 multiple choice midterms, of 50 questions each, and a final, of 100 multiple-choice questions. The questions are factual, conceptual, and applied. The final grade is calculated as the number of correct items on the 4 tests, divided by 250 (total number of questions)

**The grading scale:**
- A+ 98-100%
- A  93-97
- A-  90-92
- B+ 87-89
- B  83-86
- B-  80-82
Exams:
We will have 3 midterms and a final. Each midterm will consist of 50 multiple-choice questions. Each question is worth 2 points. The questions are factual (specific information), conceptual (assigning a concept to a scenario), and applied (use the information to offer solution to a problem). Each midterm will cover about 3 to 4 chapters. Please bring a scantron (#882) and a pencil. The final will include 100 multiple-choice questions and will be selectively cumulative; that is, it will cover the central themes for each topic studied (you will receive a study guide).

Exam Dates:

Exam 1: Wed. February 29, 2012
Exam 3: Wed., May 9, 2012
Final: Friday, May 18, 2012, 09:45-12:00

Make up exams:
Please note exam dates and plan your trips and events accordingly. You will be allowed to reschedule an exam ONLY upon the presentation of documented medical reason, or if you have a mandatory, documented school activity.

University Policies

Academic integrity
Students should know that the University’s Academic Integrity Policy is available at http://www.sa.sjsu.edu/download/judicial_affairs/Academic_Integrity_Policy_S07-2.pdf. Your own commitment to learning, as evidenced by your enrollment at San Jose State University and the University’s integrity policy, require you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The website for Student Conduct and Ethical Development is available at http://www.sa.sjsu.edu/judicial_affairs/index.html.
Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person’s ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include in your assignment any material you have submitted, or plan to submit for another class, please note that SJSU’s Academic Policy F06-1 requires approval of instructors.

**Campus Policy in Compliance with the American Disabilities Act**

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 requires that students with disabilities requesting accommodations must register with the DRC (Disability Resource Center) to establish a record of their disability.

**Student Technology Resources**

Computer labs for student use are available in the Academic Success Center located on the 1st floor of Clark Hall and on the 2nd floor of the Student Union. Additional computer labs may be available in your department/college. Computers are also available in the Martin Luther King Library.

A wide variety of audio-visual equipment is available for student checkout from Media Services located in IRC 112. These items include digital and VHS camcorders, VHS and Beta video players, 16 mm, slide, overhead, DVD, CD, and audiotape players, sound systems, wireless microphones, projection screens and monitors.

**Learning Assistance Resource Center**

The Learning Assistance Resource Center (LARC) is located in Room 600 in the Student Services Center. It is designed to assist students in the development of their full academic potential and to motivate them to become self-directed learners. The center provides support services, such as skills assessment, individual or group tutorials, subject advising, learning assistance, summer academic preparation and basic skills development. The LARC website is located at [http://www.sjsu.edu/larc/](http://www.sjsu.edu/larc/).

**SJSU Writing Center**

The SJSU Writing Center is located in Room 126 in Clark Hall. It is staffed by professional instructors and upper-division or graduate-level writing specialists from each of the seven SJSU colleges. Our writing specialists have met a rigorous GPA requirement, and they are well trained to assist all students at all levels within all disciplines to become better writers. The Writing Center website is located at [http://www.sjsu.edu/writingcenter/about/staff/](http://www.sjsu.edu/writingcenter/about/staff/).

**Peer Mentor Center**

The Peer Mentor Center is located on the 1st floor of Clark Hall in the Academic Success Center. The Peer Mentor Center is staffed with Peer Mentors who excel in helping students
manage university life, tackling problems that range from academic challenges to interpersonal struggles. On the road to graduation, Peer Mentors are navigators, offering “roadside assistance” to peers who feel a bit lost or simply need help mapping out the locations of campus resources. Peer Mentor services are free and available on a drop–in basis, no reservation required. Website of Peer Mentor Center is located at http://www.sjsu.edu/muse/peermentor/.
**PSYC 110 (5) / Abnormal Psychology**  
**Spring 2012 Course Schedule**

`The list presents the sequence of topics. The actual schedule is subject to change with fair notice announced in class.`

**Table 1 Course Schedule**

<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Topics, Readings, Assignments, Deadlines</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Jan. 25</td>
<td>Introduction Chapter 1</td>
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<td>2</td>
<td>Jan 30</td>
<td>Cont-d</td>
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<tr>
<td></td>
<td>Feb 1</td>
<td>Classification and Treatment Plans Chapter 2</td>
</tr>
<tr>
<td>3</td>
<td>Feb 6-Feb 8</td>
<td>Assessment (chapter 3)</td>
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<td>4</td>
<td>Feb 13-Feb 15</td>
<td>Assessment Cont-d</td>
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<td></td>
<td></td>
<td>Theoretical Perspective, only pp. 126-130</td>
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<td>5</td>
<td>Feb 20-Feb 22</td>
<td>Con-d</td>
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<tr>
<td></td>
<td></td>
<td>Anxiety Chapter 5</td>
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<tr>
<td>6</td>
<td>Feb 27-Feb 29</td>
<td>Anxiety Cont-d</td>
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<tr>
<td></td>
<td></td>
<td><strong>Midterm #1 Chaps. 1,2,3,4 (only the biological perspective in ch.4)</strong></td>
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<td>7</td>
<td>Mar 5-Mar 7</td>
<td>Somatoform Disorders chapter 6 (pp. 174-192)</td>
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<td>Cont-d</td>
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<tr>
<td>8</td>
<td>Mar 12-Mar 14</td>
<td>Mood Disorders chapter 8</td>
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<td></td>
<td>Mood Disorders cont-d</td>
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<td>9</td>
<td>Mar 19-Mar 21</td>
<td>Schizophrenia chapter 9</td>
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<td><strong>Cont-d</strong></td>
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<tr>
<td>10</td>
<td>March 26-Mar 30</td>
<td><strong>Spring Break March 26-March 30</strong></td>
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<td>11</td>
<td>April 2-April 4</td>
<td>Schizophrenia Cont-d</td>
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<td><strong>Midterm # 2 Chs. 5,6, 8,</strong></td>
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<tr>
<td>12</td>
<td>Apr 9-Apr 11</td>
<td>Personality disorders ch. 10</td>
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<td>Cont-d</td>
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<tr>
<td>Week</td>
<td>Date</td>
<td>Topics, Readings, Assignments, Deadlines</td>
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</tbody>
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| 13   | Apr 16-18    | Cont-d  
Developmental Disorders ch. 11                           |
| 14   | Apr 23-25    | Developmental Disorders cont-d  
Cont-d  |
| 15   | Apr 30-May 2 | Legal issues chapter 15  
Cont-d  |
| 16   | May 7-May 14 | Cont-d  
**Midterm #3 chapters 9,10,11**  
Review for final  |
| Final Exam | **Friday, May 18, 09:45-12:00** | Selectively cumulative plus chapter 15 |