San José State University  
Department of Psychology  
PSYC 110, Abnormal Psychology, Sec. 1  
Summer, 2012

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Office Hours:       TBA  
Class Days/Time:    Mondays & Wednesdays 9:00 am – 1:10pm  
Classroom:          Clark 205  
Prerequisites:      Psychology 001

Desire2Learn
Copies of the course materials such as the syllabus, major assignment handouts, powerpoints from lectures, etc. may be found on this course’s Desire2Learn webpage (https://sjsu.desire2learn.com). Seven days prior to the start of the course, your Desire2Learn username can be found by logging into your mySJSU account. Click on Self Service > Campus Personal Information > Names, and locate your Desire2Learn name (look for Name Type called D2L) from the list. Your initial D2L password is your 9 digit SJSU ID number. For help with any problems related to D2L it is best to contact the University Help Desk (http://www.sjsu.edu/helpdesk/).

Office Hours & Communication
You do not need an appointment to stop by my office during office hours, although letting me know ahead of time by email is appreciated. The best way to contact me is by email. I check my email much more frequently than I check my voicemail. Also, I share a telephone line and voicemail with other faculty and sometimes phone messages may be delayed in reaching me.

If you send me an e-mail, I will usually get back to you within 48 hours (except on weekends; I do not check my email on weekends). As a general rule I check email Monday through Friday between 8am and 4pm. If you do not hear from me within 48 hours during weekdays, chances are I didn’t get the message and you should to re-send it.
**Course Description**
This course is designed to provide you with an overview of the range of human behaviors described as “abnormal.” We will discuss the definition of normality and abnormality, how these definitions have changed over time, and models of understanding human behavior and suffering. This course will help you begin to appreciate the complexity of thought, feelings and behavior through an examination of what can happen when these processes become dysfunctional. We will also discuss specific syndromes and diagnostic categories of psychopathology and will survey some of the treatments used for these disorders.

**Course Goals and Student Learning Objectives**
The two primary goals of the course are to provide students with a broad understanding of psychological problems and develop critical thinking skills applicable to the study of abnormal behavior.

Specifically, our course objectives are as follows:
1. to understand the importance of history and context when examining and classifying psychological distress.
2. to have a basic familiarity with the major paradigms as used in the assessment, classification, and treatment of psychological problems.
3. to develop a broad knowledge base of the different types of psychopathology.
4. to be familiar and critical of various theories of etiology.
5. to be familiar of the psychological, social, and biological interventions and treatments for specific disorders.

**Required Texts/Readings**

**Textbook** --- An APLIA Access Code is mandatory for this class. See info below ***

Loose Leaf Bundle with Aplia Access Code ISBN: 9781133798033

*** You must have an Aplia Access Code because homework assignments will be completed through this program. The Aplia Access Code comes with an ebook of the required textbook. Therefore, purchasing the Aplia Access Code will give you all the materials required for the course. If you would like a paper version of the textbook along with the ebook you can purchase one of the “bundles,” which is listed above and carried by the SJSU bookstore.

**Classroom Protocol**

**Attendance:** Students are responsible for everything that is said and done in class. I strive to make my classes both educational and enjoyable. It is important to note that it is the student’s responsibility to withdraw from a course they do not wish to take. If you simply stop coming to the class and do not withdraw from the course, then you will still
receive a grade that will be based on the completed work. Additionally, I encourage students to arrive on time for the class. A portion of your grade is based on participation, and tardiness affects participation. Many important pieces of information are discussed in class, and students are responsible for knowing and complying with this information, including changes to assignments.

**Classroom Courtesy & Disruptions:** The information in the syllabus is for your convenience. Any portion of it may change as seems appropriate to the professor, especially the dates on which the tests occur (except the last exam). You are responsible for keeping current on any deviations from the class syllabus, again, particularly rescheduling of tests.

Class participation is highly encouraged. Participation makes the class much more interesting and allows you to develop your critical thinking skills. Questions are welcome at any time.

Class disruptions are not tolerated. Students will be asked to leave if they are being disruptive to fellow students or the professor. Disruptions include but are not limited to cell phones going off, texting, talking when not participating in an instructor-assigned activity, and not paying attention (e.g., reading the newspaper, sleeping). In addition, please place electronic communication devices (e.g., pagers, cell phones) in the “off” position or on silent mode during class. If you must make or answer a call, please excuse yourself from class. In accordance with university policies on student conduct, it is expected that you will treat other students and the instructor with courtesy and respect.

**Taking Notes:** Since a portion of the lectures will not come from the assigned readings, taking lecture notes is VERY IMPORTANT. Coming to class prepared (e.g., having thoroughly read the assigned material) and paying close attention to lecture will benefit the student. Preparation through reading the assigned material will help the student with taking notes during class as the student will recognize some of the material as coming from the readings and as a result will not need to take copious notes on that portion. Should you happen to miss a class, you are welcome to obtain notes from a peer in the course. Also, please ask your peers in the course if you “missed anything important,” and do not ask the instructor. It is important to mention that those students who regularly attend class tend to do significantly better in the course.

**Professional Communication:** As a University student, you are encouraged to engage in professional communication with faculty, staff, and your fellow students. This is especially important in electronic mail that you might send. When sending email, be certain to include your full name in the correspondence. Please be sure to follow the basic guidelines below when communicating in a professional capacity:

1. In the Subject line, state what specific issue you are emailing about (e.g., exam 3, HW due 6/18/12, absence on 6/6/12).
2. In the greeting, please address your professor by his or her title (e.g., Dr. or Professor).
3. Be sure to identify yourself clearly by stating your full name and the specific course and section number you are in.
4. Be clear in your statement about what you are asking for or of what you are informing the reader.
5. Consider your request before you make it. If you believe you can make that request in a professional way and support your reasons for your request, please ask. If you have overslept, are tired, hungover, etc., please do not make requests based on those reasons.
6. Use a polite and respectful tone.
7. Use complete sentences and correct grammar and spelling in your message.
8. Do not use abbreviations for words that are often used in text messages.
9. If you need a reply to the email you have sent, please request that clearly. I strongly encourage you to request a response back if you send something that needs to be graded in a timely matter to be certain it was received.
10. If you do not hear back within a reasonable amount of time from the person you sent the email to, politely request a response and resend the original message (you can use the forward function here)

**Grade Checks:** All grade check requests should be made by email with at least 24 hours advanced notice.

**Diversity Statement:** Consistent with the mission of San Jose State University, I welcome persons of differing backgrounds and experiences including but not limited to age, disability and health status, ethnicity and race, family structure, geographic region, language, religious/spiritual and secular beliefs, resident status, sex, sexual orientation and gender identity/expression, and socioeconomic status.

It is my goal to foster an environment in which diversity is recognized and embraced and every person is treated with dignity, respect, and justice. I hope that your academic experience in this course and at San Jose State University will provide the opportunity to gain knowledge and experiences necessary to thrive in a diverse, global environment.

**Internet, WWW, & E-mail Access:** This course involves use of the Internet for student research, homework, and assigned readings. All students are required to have access to the Internet via some means as well as an active/current e-mail address. If you do not have a computer or access to the Internet, you can use the computers in the computer lab on campus. Labs are typically open late on some evenings and also open on weekends.

**IMPORTANT WEB ADDRESSES:**

| San Jose State University Web site         | http://www.sjsu.edu                              |
| Department of Psychology’s Web site       | http://psych.sjsu.edu                             |
| American Psychological Association        | http://www.apa.org/                               |
| SJSU Library’s Psychology Website         | http://www.sjlibrary.org/research/databases/sguide_subjectList.htm?subID=60&getType=5 |
| APA Diagnostic Classification DSM-IV       | http://www.behavenet.com/capsules/disorders/dsm4classification.htm |
| Abnormal, Clinical, and Counseling Resources | http://psych.athabascau.ca/html/aupr/clinical.shtml#Personality%20Disorders |
Syllabus Policy: The course syllabus presented in this document will be followed as closely as possible. However, the course syllabus, schedule, policies, and procedures are subject to change at the discretion of the instructor or in the event of extenuating circumstances. This includes the dates listed. Any changes will be announced in advance by the instructor as soon as possible. Since such announcements are typically made during class, it is the student’s responsibility to find out about any of these changes that may have been made when the student is absent.

You are responsible for all of the material in the assigned readings. Some of the information in the readings will not be covered in class. Therefore, if there is material that is unclear to you it is highly recommended that you discuss this material with fellow classmates or with me at an appropriate time (e.g., during office hours). It is your responsibility to read the syllabus and ask questions about it so that you have a clear understanding of the expectations. If you are unclear about any of the requirements/expectations, then please set up a time to speak with me. I will be grading as though you have a clear understanding of the course requirements and material.

Dropping and Adding
Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Refer to the current semester’s Catalog Policies section at http://info.sjsu.edu/static/catalog/policies.html. Add/drop deadlines can be found on the current academic calendar web page located at http://www.sjsu.edu/academic_programs/calendars/academic_calendar/. The Late Drop Policy is available at http://www.sjsu.edu/aars/policies/latedrops/policy/. Students should be aware of the current deadlines and penalties for dropping classes.

Information about the latest changes and news is available at the Advising Hub at http://www.sjsu.edu/advising/.

Assignments and Grading Policy

EXAMS & FINAL EXAM (50 points each; 200 points total)
There are 3 exams during the semester and a final exam on the last day of class. You must bring a number 2 pencil and a clean, unwrinkled Scantron (Form No. 882-E) to the tests. Exams will be multiple-choice. The exams will have questions from the textbook, lectures, and videos. Each exam will be given during the lecture period, and you will have the class period to complete the exam. Students will not be allowed to use the restroom, talk to other students, or use their cell phone during an exam. Violation of these rules may result in a test review and/or referral to Student Conduct and Ethical Development and possibly a course grade of NC (no credit). Rescheduling an exam will only be allowed for documented medical reasons or mandatory school activities. Please contact me prior to the day of the exam if you need to reschedule.

CLASS PARTICIPATION (50 points)
Participation helps us all learn from one another. You will be assigned points based on your level of participation in class discussions and activities. Many classroom activities
and discussions will supplement the reading and students are responsible for all material, assignments, and explanations given in class, even if they were absent. Some examples of how participation is demonstrated include: in-class writing assignments, asking questions, paying attention, engaging in class activities, and engaging in class discussions.

**HOMEWORK ASSIGNMENTS (100 points)**
You’ll be assigned weekly homework assignments (most will be completed online through the Aplia website). HW is due by online submission before class on the due date. There are no make-ups.

Extra credit assignments will not be offered.

**Grading** will be based on the sum of points you accumulate during the semester through:

1) Four Exams (3 exams and a final) covering lectures, films, guest speakers, outside readings and the textbook. Each exam is worth 50 points (200 total).
2) Participation during class activities worth 50 points (50).
3) Homework assignments worth 100 points (100).

This equals a total of 350 points. There will be no extra credit in this course.

The grade scale is your percentage of possible points as follows (350 possible points):

- 97.5 – 100% = A+
- 92.5 – 97.4% = A
- 90.0 – 92.4% = A-
- 87.5 – 89.9% = B+
- 82.5 – 87.4% = B
- 80.0 – 82.4% = B-
- 77.5 – 79.9% = C+
- 72.5 – 77.4% = C
- 70.0 – 72.4% = C-
- 67.5 – 69.9% = D+
- 62.5 – 67.4% = D
- 60.0 – 62.4% = D-
- 00.0 – 59.9% = F

**University Policies**

**Academic integrity**
Your commitment as a student to learning is evidenced by your enrollment at San Jose State University. The University’s Academic Integrity policy, located at http://www.sjsu.edu/senate/S07-2.htm, requires you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The Student Conduct and Ethical Development website is available at http://www.sjsu.edu/studentconduct/.

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person’s ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include your assignment or any material you have submitted, or plan to submit for another class, please note that SJSU’s Academic Policy S07-2 requires approval of instructors.
**Campus Policy in Compliance with the American Disabilities Act**
If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 requires that students with disabilities requesting accommodations must register with the Disability Resource Center (DRC) at http://www.drc.sjsu.edu/ to establish a record of their disability.

**Student Technology Resources**
Computer labs for student use are available in the Academic Success Center located on the 1st floor of Clark Hall and on the 2nd floor of the Student Union. Additional computer labs may be available in your department/college. Computers are also available in the Martin Luther King Library.
A wide variety of audio-visual equipment is available for student checkout from Media Services located in IRC 112. These items include digital and VHS camcorders, VHS and Beta video players, 16 mm, slide, overhead, DVD, CD, and audiotape players, sound systems, wireless microphones, projection screens and monitors.

**Learning Assistance Resource Center**
The Learning Assistance Resource Center (LARC) is located in Room 600 in the Student Services Center. It is designed to assist students in the development of their full academic potential and to inspire them to become independent learners. The Center's tutors are trained and nationally certified by the College Reading and Learning Association (CRLA). They provide content-based tutoring in many lower division courses (some upper division) as well as writing and study skills assistance. Small group, individual, and drop-in tutoring are available. Please visit the LARC website for more information at http://www.sjsu.edu/larc/.

**SJSU Writing Center**
The SJSU Writing Center is located in Room 126 in Clark Hall. It is staffed by professional instructors and upper-division or graduate-level writing specialists from each of the seven SJSU colleges. Our writing specialists have met a rigorous GPA requirement, and they are well trained to assist all students at all levels within all disciplines to become better writers. The Writing Center website is located at http://www.sjsu.edu/writingcenter/about/staff/.

**Peer Mentor Center**
The Peer Mentor Center is located on the 1st floor of Clark Hall in the Academic Success Center. The Peer Mentor Center is staffed with Peer Mentors who excel in helping students manage university life, tackling problems that range from academic challenges to interpersonal struggles. On the road to graduation, Peer Mentors are navigators, offering “roadside assistance” to peers who feel a bit lost or simply need help mapping out the locations of campus resources. Peer Mentor services are free and available on a drop-in basis, no reservation required. The Peer Mentor Center website is located at http://www.sjsu.edu/muse/peermentor/.
Student Success and Wellness
Attending to your wellness is critical to your success at SJSU. I strongly encourage you to take advantage of the workshops and programs offered through various Student Affairs Departments on campus such as Counseling Services, the SJSU Student Health Center/Wellness & Health Promotion Dept., and Career Center. See http://www.sjsu.edu/wellness or http://www.sjsu.edu/counseling/Workshops/ for workshop/events schedule and links to many other services on campus that support your wellness! You may go to http://events.sjsu.edu to register for any one of the workshops. Counseling Services (located in the Admissions Building room 201) also offers counseling to students for free. Counseling can be very useful for range of issues (e.g., depression, anxiety, stress, relationship conflict, etc).
Psyc 110 / Abnormal Psychology, Section 1  
Summer 2012 Course Schedule

This course schedule is subject to change. Students will receive fair notice of any changes. Changes will be announced during class time.

<table>
<thead>
<tr>
<th>Class #</th>
<th>Date</th>
<th>Topics, Readings, Assignments, Deadlines</th>
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| 1       | 6/4/12  | Introduction, Class Business, and Syllabus Review  
Film “Madness”  
Chapter 1 (pp. 1-27)  
Chapter 2 (1st half: pp. 28-52) |
| 2       | 6/6/12  | HW on Chapt 1, 2, & 3 due online before start of class  
Chapter 2 (2nd half: pp. 52-67)  
Chapter 3 (pp. 68-97) |
| 3       | 6/11/12 | First hour of class: **EXAM #1 – Chapters 1, 2, & 3**  
Chapter 5 (1st half: pp. 122-153) |
| 4       | 6/13/12 | HW on Chapt 5 & 7 due online before start of class  
Chapter 5 (2nd half: pp. 154-171)  
Chapter 7 (pp. 208-261) |
| 5       | 6/18/12 | First hour of class: **EXAM #2 – Chapters 5 & 7**  
Chapter 6 (pp. 172-207)  
Chapter 8 (1st half: pp. 262-289) |
| 6       | 6/20/12 | HW on Chapt 6, 8, 9, & 11 due online before start of class  
Chapter 9 (1st part: pp. 310-318)  
Chapter 11 (pp. 390-431) |
| 7       | 6/25/12 | First hour of class: **EXAM #3 – Chapters 6, 8, 9, & 11**  
Chapter 12 (pp. 432-367) |
| 8       | 6/27/12 | HW on Chapt 12, 13, & 14 due online before start of class  
Chapter 13 (pp. 468-501) |
| 9       | 7/2/12  | Chapter 14 (pp. 502-433)  
Last hour and half of class: **FINAL EXAM – Chapters 12, 13, & 14** |