San José State University
Department of Psychology
PSYC 190-01, Psychological Trauma in Childhood & Adolescence

Summer 2013

Instructor: Joanna H. Fanos, Ph.D.
Office Location: DMH 320
Telephone: 408-924-5622
Email: Joanna.Fanos@sjsu.edu
Office Hours: 12:00 p.m. to 1:00 p.m. & other times by appointment
Class Days/Time: Mon & Wed 1:00 – 4:45 p.m.
Classroom: Clark Hall 231
Prerequisites: Prerequisite: PSYC 100W and senior standing.
Pre/Co-requisite: PSYC 18 or 120.

Faculty Web Page
Copies of the course materials such as the syllabus, major assignment handouts, etc. may be found on my faculty web page at http://www.sjsu.edu/people/joanna.fanos/

Course Description
Psychology 190: Capstone course.
Integrative survey of current viewpoints and issues in psychology, how they developed, and likely future directions of psychology.

Learning Outcomes
1. The understanding of various sources of psychological trauma in childhood and adolescence, and their possible long-term effects;
2. The development of knowledge of current research in the field from major areas of psychology.
Course Learning Outcomes (CLOs)

Upon successful completion of this course, students will be able to:

- **CLO1** – possess a comprehensive understanding of the multiple sources of psychological trauma in childhood and adolescence, their long-term effects;
- **CLO2** – have an extensive knowledge of current research in the field from major areas of psychology.

Program Learning Outcomes (PLO)

Upon successful completion of the psychology major requirements...

- **PLO1** – Knowledge Base of Psychology – Students will be able to identify, describe, and communicate the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology.
- **PLO2** – Research Methods in Psychology – Students will be able to design, implement, and communicate basic research methods in psychology, including research design, data analysis, and interpretations.
- **PLO3** – Critical Thinking Skills in Psychology – Students will be able to use critical and creative thinking, skeptical inquiry, and a scientific approach to address issues related to behavior and mental processes.
- **PLO4** – Application of Psychology – Students will be able to apply psychological principles to individual, interpersonal, group, and societal issues.
- **PLO5** – Values in Psychology – Students will value empirical evidence, tolerate ambiguity, act ethically, and recognize their role and responsibility as a member of society.

Required Texts/Readings

Textbooks

There are 2 required texts and one recommended. In addition, each group will develop a list of References for their topic and will email it to any student upon request. Required texts include:


Recommended

Definition of a Credit Hour

Success in this course is based on the expectation that students will spend, for each unit of credit, a minimum of forty-five hours over the length of the course (normally 3 hours per unit per week with 1 of the hours used for lecture) for instruction or preparation/studying or course related activities including but not limited to internships, labs, clinical practica. Other course structures will have equivalent workload expectations as described in the syllabus.

As an example, the expectation of work for a 3-credit course is 150-minutes of direct faculty instruction and six hours of out-of-class student work each week.

King Library Research Services

Bernd Becker is the Reference Librarian assigned to assist Psychology students in using databases, helping with key word searches, etc. He is available throughout the semester to meet with individual students. His phone number is 408-808-2348 and his email is Bernd.Becker@sjsu.edu.

Classroom Protocol

I expect that you will attend regularly and participate in class discussions. Please arrive on time; it is disruptive to everyone else when someone arrives late. Turn your cell phone off or, if necessary, place in vibrate mode. Text messaging will not be tolerated. Laptops are strongly discouraged. If you absolutely must use one, you have to sit in the front row. The material covered in this class is highly personal to many students and it is rude not to give each other complete attention.

Dropping and Adding

Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Refer to the current semester’s Catalog Policies section at http://info.sjsu.edu/static/catalog/policies.html. Add/drop deadlines can be found on the current academic calendar web page located at http://www.sjsu.edu/academic_programs/calendars/academic_calendar/. The Late Drop Policy is available at http://www.sjsu.edu/aars/policies/latedrops/policy/. Students should be aware of the current deadlines and penalties for dropping classes.

Information about the latest changes and news is available at the Advising Hub at http://www.sjsu.edu/advising/.

Policy on Recording of Lectures and Intellectual Property

Common courtesy and professional behavior dictates that you notify someone when you are recording him/her. You must obtain the instructor’s permission to make audio or video recordings in this class. This permission allows the recordings to be used for your
private, study purposes only. The recordings are the intellectual property of the instructor; you have not been given any rights to reproduce or distribute the material. Permission must be obtained in writing on either a class- by- class basis or for the whole semester.

In classes where active participation of students or guests may be on the recording, permission of those students or guests should be obtained as well. Course material developed by the instructor is the intellectual property of the instructor and cannot be shared publicly without his/her approval. You may not publicly share or upload instructor generated material for this course such as exam questions, lecture notes, or homework solutions without instructor consent.

Assignments and Grading Policy

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Seminar on Selected Topic</td>
<td>50</td>
</tr>
<tr>
<td>Final Exam</td>
<td>20</td>
</tr>
<tr>
<td>Individual Research Paper</td>
<td>20</td>
</tr>
<tr>
<td>Critique of Group Presentations</td>
<td>10</td>
</tr>
</tbody>
</table>

Final Exam

Questions on the exam will be multiple choice. Test will be in-class. Please bring an 882-E Scantron form and #2 pencil.

PowerPoint Presentation

The class will be divided into groups comprised of approximately 3-4 individuals. Each student will be able to choose the topic of most relevance to his/her life. The group will research the topic and present a PowerPoint presentation to the class. The group will also responsible for providing their PowerPoint presentation, including a list of References, to other students in the group upon request.

Individual Research Paper

One paper, 5 total pages in length (Title page, 3 pages of body, Reference page). Students are to select one situation that falls within the field of Trauma that has personal meaning in their own lives & critique relevant theory and literature. I must approve all topics well in advance of the due date. References must be in APA style. I encourage showing me early outlines, drafts etc. Points will be deducted for each day late.

Grading

A+/97-100, A/93-96, A-/ 90-92; B+/ 87-90, B/83-86, B-/>80-82; and so forth.
**Extra Credit**

There are 4 classes that represent student presentations. Students will turn in comments on the presentations at the end of each of these classes, and will receive points. For every class, 2.5 points will be earned, with a total of 10 points possible.

**University Policies**

**Academic Integrity**

Your commitment as a student to learning is evidenced by your enrollment at San Jose State University. The [University’s Academic Integrity policy](http://www.sjsu.edu/senate/S07-2.htm), located at http://www.sjsu.edu/senate/S07-2.htm, requires you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The [Student Conduct and Ethical Development website](http://www.sjsu.edu/studentconduct/) is available at http://www.sjsu.edu/studentconduct/.

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person’s ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include your assignment or any material you have submitted, or plan to submit for another class, please note that SJSU’s Academic Policy S07-2 requires approval of instructors.

**Campus Policy in Compliance with the American Disabilities Act**

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 requires that students with disabilities requesting accommodations must register with the [Disability Resource Center](http://www.drc.sjsu.edu/) (DRC) at http://www.drc.sjsu.edu/ to establish a record of their disability.

**Student Technology Resources**

Computer labs for student use are available in the Academic Success Center located on the 1st floor of Clark Hall and on the 2nd floor of the Student Union. Additional computer labs may be available in your department/college. Computers are also available in the Martin Luther King Library.

A wide variety of audio-visual equipment is available for student checkout from Media Services located in IRC 112. These items include digital and VHS camcorders, VHS and Beta video players, 16 mm, slide, overhead, DVD, CD, and audiotape players, sound systems, wireless microphones, projection screens and monitors.
SJSU Peer Connections

The Learning Assistance Resource Center (LARC) and the Peer Mentor Program have merged to become Peer Connections. Peer Connections is the new campus-wide resource for mentoring and tutoring. Our staff is here to inspire students to develop their potential as independent learners while they learn to successfully navigate through their university experience. Students are encouraged to take advantage of our services which include course-content based tutoring, enhanced study and time management skills, more effective critical thinking strategies, decision making and problem-solving abilities, and campus resource referrals.

In addition to offering small group, individual, and drop-in tutoring for a number of undergraduate courses, consultation with mentors is available on a drop-in or by appointment basis. Workshops are offered on a wide variety of topics including preparing for the Writing Skills Test (WST), improving your learning and memory, alleviating procrastination, surviving your first semester at SJSU, and other related topics. A computer lab and study space also are available for student use in Room 600 of Student Services Center (SSC).

Peer Connections is located in three locations: SSC, Room 600 (10th Street Garage on the corner of 10th and San Fernando Street), at the 1st floor entrance of Clark Hall, and in the Living Learning Center (LLC) in Campus Village Housing Building B. Visit Peer Connections website at http://peerconnections.sjsu.edu for more information.

SJSU Writing Center

The SJSU Writing Center is located in Room 126 in Clark Hall. It is staffed by professional instructors and upper-division or graduate-level writing specialists from each of the seven SJSU colleges. Our writing specialists have met a rigorous GPA requirement, and they are well trained to assist all students at all levels within all disciplines to become better writers. The Writing Center website is located at http://www.sjsu.edu/writingcenter/about/staff/.

Student Success and Wellness

Attending to your wellness is critical to your success at SJSU. I strongly encourage you to take advantage of the workshops and programs offered through various Student Affairs Departments on campus such as Counseling Services, the SJSU Student Health Center/Wellness & Health Promotion Dept., and Career Center. See http://www.sjsu.edu/wellness or http://www.sjsu.edu/counseling/Workshops/ for workshop/events schedule and links to many other services on campus that support your wellness! You may go to http://events.sjsu.edu to register for any one of the workshops.
# Table 1 Tentative Course Schedule*

<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Topics, Readings, Assignments, Deadlines—Tentative</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Mon July 3</td>
<td>Introduction to class</td>
</tr>
<tr>
<td></td>
<td>Wed June 5</td>
<td>Trauma theory and research Group Presentations Discussion</td>
</tr>
<tr>
<td>2</td>
<td>Mon June 10</td>
<td>Attachment theory and research Group Presentations Discussion</td>
</tr>
<tr>
<td></td>
<td>Wed June 12</td>
<td>Discussion and Individual Paper Topics Due</td>
</tr>
<tr>
<td>3</td>
<td>Mon June 17</td>
<td>Sources of Trauma: Parent Illness Sources of Trauma: Parent Loss</td>
</tr>
<tr>
<td></td>
<td>Wed June 19</td>
<td>Sources of Trauma: Divorce Sources of Trauma: Community/War</td>
</tr>
<tr>
<td>4</td>
<td>Mon June 24</td>
<td>Sources of Trauma: Family Abuse</td>
</tr>
<tr>
<td></td>
<td>Wed June 26</td>
<td><strong>Individual Papers Due</strong>  *Review for Final Exam</td>
</tr>
<tr>
<td>5</td>
<td>Mon July 1</td>
<td>Intervention</td>
</tr>
<tr>
<td></td>
<td>Wed July 3</td>
<td><strong>Final Exam</strong>—in class, multiple choice. Please bring a Scantron form # 882-E &amp; #2 pencil.</td>
</tr>
</tbody>
</table>

*Specific topics to be decided upon by class the first meeting.

The schedule is subject to change with fair notice via announcement in class or email.