Faculty and Course Web Page

The materials for this class (i.e., textbook, assignments, handouts, etc.) will be made available through the Course Web Page. We are using MindTap from Cengage which allows immediate access to the textbook and support materials. You can get there directly through the above link or through my faculty web page accessible through the SJSU home page (search my last name). Your grades, however, will be posted through Canvas. A link to Canvas is available on my faculty web page.

Course Description

From SJSU Catalog: What is considered normal and abnormal in human behavior and psychological functioning. Emphasis on psychological, social, and biological determinants of human behavioral and psychological deviance. Prerequisite PSYC 001.

This course will provide you with an overview of abnormal human behavior and psychological processes. We will examine definitions of abnormality, historical perspectives on abnormal behavior, and models of understanding abnormal behavior. We will study different psychological disorders, including their assessment and treatment.
Learning Outcomes

Course Learning Outcomes:

Upon successful completion of this course, students will be able to:
CLO1: understand the importance of historical and sociocultural context when classifying and treating psychological disorders. (Critical thinking development)
CLO2: understand different paradigms used in the classification, assessment and treatment of psychological disorders. (Knowledge base and application development)
CLO 3: understand the role of science and research in studying abnormal behavior (Research methods development).
CLO4: understand how definitions and classifications of abnormal behavior are dependent on theoretical paradigms. (Critical thinking application)
CLO5: understand the role of psychological, social, and biological interventions in treating psychological disorders. (Knowledge based and application development)

Program Learning Outcomes (PLO)

Upon successful completion of the psychology major requirements:
PLO1 – Students will be able to identify, describe, and communicate the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology. (Knowledge base of psychology)
PLO2 – Students will be able to design, implement, and communicate basic research methods in psychology, including research design, data analysis, and interpretations. (Research methods in psychology)
PLO3 – Students will be able to use critical and creative thinking, skeptical inquiry, and scientific approaches to address issues related to behavior and mental processes. (Critical thinking in psychology)
PLO4 – Students will be able to apply psychological principles to individual, interpersonal, group, and societal issues. (Application of Psychology)
PLO5 – Students will value empirical evidence, tolerate ambiguity, act ethically, and recognize their role and responsibility as a member of society. (Values in Psychology)

Required Texts/Readings

Textbook

Access to your textbook and support materials (videos, quizzes, reviews, etc) are available through MindTap from Cengage. For a third of the price of a hardcover textbook, you can get immediate access to the textbook and class resources. You can purchase the
materials through this link: [http://www.cengagebrain.com/micro/1-1VZJ5V9](http://www.cengagebrain.com/micro/1-1VZJ5V9). You can also purchase or rent the printed edition through the bookstore.

Other equipment / material requirements

Students will be required to watch several videos (available through MindTap) as well as popular movies available on DVD’s or through itunes, Amazon, or Netflix.

Definition of a Credit Hour

Success in this course is based on the expectation that students will spend, for each unit of credit, a minimum of 45 hours over the length of the course (normally 3 hours per unit per week with 1 of the hours used for lecture) for instruction or preparation/studying or course related activities including but not limited to internships, labs, clinical practica. Other course structures will have equivalent workload expectations as described in the syllabus.

As an example, the expectation of work for a 3-credit course is 150-minutes of direct faculty instruction and six hours of out-of-class student work each week.

Classroom Protocol

Communication

The best way to reach me is via email. Please allow 1-2 business days for a response. I do not typically respond to email on weekends.

Please do not use email to obtain extensive help with an assignment or to explain your class attendance or performance. If you would like to discuss something, please come to my office hours or set up an appointment. If you have two very different questions, please draft two different emails. Make sure put the following information in the subject line: Last name (if it’s not reflected in your email address), Course #/Section #, and specific issue your are emailing about (e.g., Smith, Psy110/04 – absence on 9/2)

You are encouraged to develop your style of professional communication with faculty, staff, and other students. This is especially important when it comes to email. Here are some important considerations when it comes to communicating via email. These tips will serve you well in future professional exchanges.

- Please have an email address that includes your name.
- Use the subject line to specify the nature of your communication. Avoid vague subject tags like “update”, “question”, etc.
- Make sure to keep the greeting professional (Dr., Mr., Professor) and keep the tone polite and respectful.
- Be sure to correct grammar and spelling in your message. Use complete sentences and use both upper and lower case letters. Email is not a text message.
• Be clear and concise in your communication. Again, Email is different than texting. Clarity is more important than efficiency and speed.

• Consider your message/request before you make it. If you are emotionally or physically compromised (e.g., angry or tired), you may want to wait to send the email.

• If you need a reply, please make this request clearly. If you do not hear back from me within 48 hours, then resend the original message with a gentle reminder.

**Attendance**

With only one class per week, attendance is strongly encouraged. If you do not attend classes, you will miss material that will appear on the exams. You are expected to be on time to class and from breaks during the class. If you need to miss a class, let me know by email as soon as possible. Missing more than one class during the semester is a significant problem. Due dates cannot be changed except for medical reasons.

**Classroom structure and etiquette**

You are responsible for keeping current on any deviations/modifications to the class schedule, particularly changes in due dates. Participation in class discussion is expected and contributions must reflect a basic understanding of the reading. Participation makes the class more engaging and allows you to develop your oral communication skills. Questions and personal experiences are welcomed although careful consideration of timing, tone, and applicability is expected.

You will not be able to use your cell phone or laptop during class. (If you need to receive an emergency call, let me know about it in advance). You will be provided with an overview/outline in every class to organize your thoughts and notes. These outlines (slides) will be available electronically after class if you want to transfer your handwritten notes. This class structure has the added benefit of helping you to learn and study.

If you have a compelling reason for using a laptop in class, please talk with me. Any laptop user must sit in the first row of the classroom. You may never connect to the internet during class or use your computer for personal or entertainment purposes during class time. If you use your smart-phone or any other device to text or connect to the web during class, you will be asked to leave the class.

Please do not carry on conversations with others during the class. If you have questions or points to make, please say it so the class can hear. During class and discussions be polite and respectful of others. Be patient, wait your turn, refrain from language that may be prejudicial or hurtful to others.

**Recording of Class Lectures**

Common courtesy and professional behavior dictates that you notify someone when you are recording him/her. You must obtain the instructor’s permission to make audio or video recordings in this class. This permission allows the recordings to be used for your
Assignments and Grading Policy

Students will be graded based on their performance on the following assignments: 3 exams, weekly quizzes (10 total), and one 4-5 page paper reviewing a movie depicting psychopathology. Each assignment is described below. The grading scheme for this course is determined as follows:

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<thead>
<tr>
<th>Grade</th>
<th>Percentage Range</th>
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<tbody>
<tr>
<td>A+</td>
<td>100-99%</td>
</tr>
<tr>
<td>A</td>
<td>98-93%</td>
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<tr>
<td>A-</td>
<td>92-90%</td>
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<tr>
<td>B+</td>
<td>88-87%</td>
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<tr>
<td>B</td>
<td>86-83%</td>
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<tr>
<td>B-</td>
<td>82-80%</td>
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<tr>
<td>C+</td>
<td>79-77%</td>
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<tr>
<td>C</td>
<td>76-73%</td>
</tr>
<tr>
<td>C-</td>
<td>72-70%</td>
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<tr>
<td>D+</td>
<td>69-67%</td>
</tr>
<tr>
<td>D</td>
<td>66-63%</td>
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<tr>
<td>D-</td>
<td>62-60%</td>
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<tr>
<td>F</td>
<td>59-0%</td>
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Exams

There will be three exams. You must bring a number 2 pencil and a clean and unwrinkled Scantron (form no. 882-E) to the test. The exams will cover both readings from the text and class lectures. The exams will be in multiple choice format and each exam will have 50 questions. Exams will be given during the lecture period, and you will have 90 minutes to complete the exam. Exams typically take no longer than 60 minutes to complete.

You will be allowed to re-schedule an exam only for medical reasons, or if you have a mandatory school activity. However, you must bring me a note to that effect from a doctor or from the school advisor of that activity (such as a coach). The final exam will count the same as any other exam, and it will NOT be cumulative.

The highest score for any exam will be based on the highest score achieved on the test so that the highest score is equal to 100%. In other words, if there are 100 points possible, and the highest score is a 96, percentages will be based on 96/96=100%. Each exam will be worth 25% of your final grade (75% total).

Quizzes

Most classes will begin with a quick quiz. Each quiz will have 10 questions based on the reading and/or assignment for that week. The quiz will be presented via a projector, and
your responses will be made on a blank sheet of paper. You will turn in your answers immediately after the quiz is over. Students arriving late to class, or missing class, will not be able to make-up the quiz.

Quizzes will be graded as pass/fail. You will need to get 6 out of the 10 questions correct to get a “pass”. Each quiz is worth 1% of your final grade (10% total).

**Movie review**

Over the course of the semester you will watch several well-known movies depicting individuals with psychopathology. You are encouraged to watch all the movies (and a quiz might include a question about the movie), but you are only required to write a review about one. There are three possible submission dates for this assignment (please see the class schedule).

Your paper should be double-spaced and no more than 4 pages (and no less than 3). Please use a 12-point font and 1 inch margins, and please use the following headings:

**The film:** State the film you watched, the name of the character you will describe, and summarize the story as it relates to the character.

**The character’s behavior and diagnosis:** Identify the behaviors depicted that are consistent with a diagnosable psychological disorder covered in your text. Make sure you identify the necessary behaviors for that diagnosis.

**The etiology (source) of the character’s condition:** Address what you think might be the origins of the individual’s psychological disorder based on either the movie or your textbook.

**The management or treatment of the disorder:** Address how the psychological disorder is treated or managed in the movie, and what treatments you might recommend based on your text.

Your paper is worth 15% of your final grade. It should be well organized and written. If writing is a challenge for you, make sure you meet with someone from the writing center.

**University Policies**

**Dropping and Adding**

Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Refer to the current semester’s Catalog Policies section at http://info.sjsu.edu/static/catalog/policies.html. Add/drop deadlines can be found on the current academic calendar web page located at http://www.sjsu.edu/academic_programs/calendars/academic_calendar/. The Late Drop
Policy is available at http://www.sjsu.edu/aars/policies/latedrops/policy/. Students should be aware of the current deadlines and penalties for dropping classes.

Information about the latest changes and news is available at the Advising Hub at http://www.sjsu.edu/advising/.

**Academic integrity**

Your commitment as a student to learning is evidenced by your enrollment at San Jose State University. The University’s Academic Integrity policy, located at http://www.sjsu.edu/senate/S07-2.htm, requires you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The Student Conduct and Ethical Development website is available at http://www.sjsu.edu/studentconduct/.

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person’s ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include your assignment or any material you have submitted, or plan to submit for another class, please note that SJSU’s Academic Policy S07-2 requires approval of instructors.

**Campus Policy in Compliance with the American Disabilities Act**

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 requires that students with disabilities requesting accommodations must register with the Accessible Education Center (AEC) at http://www.sjsu.edu/aec to establish a record of their disability.

**Student Technology Resources**

Computer labs for student use are available in the Academic Success Center at http://www.sjsu.edu/at/asc located on the 1st floor of Clark Hall in the Associated Students Lab on the 2nd floor of the student union. Additional computer labs may be available in your department/college. Computers are also available at Martin Luther King Library.

A wide variety of audio-visual equipment is available for student checkout from media Services located at IRC 112. These items include DV and HD digital camcorders, digital still cameras, video, slide and overhead projectors, DVD and CD players, sound systems, wireless microphones, projection screens and monitors.

**SJSU Peer Connections**

Peer Connections, a campus-wide resource for mentoring and tutoring, strives to inspire students to develop their potential as independent learners while they learn to successfully navigate through their university experience. You are encouraged to take advantage of their services which include course-content based tutoring, enhanced study
and time management skills, more effective critical thinking strategies, decision making and problem-solving abilities, and campus resource referrals.

Peer Connections is located in three locations: SSC, Room 600 (10th Street Garage on the corner of 10th and San Fernando Street), at the 1st floor entrance of Clark Hall, and the Living Learning Center (LLC) in Campus Village Housing Building B. Visit Peer Connections website at http://peerconnections.sjsu.edu for more information.

**SJSU Counseling Services**

The SJSU Counseling Services is located in the Administration Building 201, on the corner of 7th Street and San Fernando Street. Professional psychologists, social workers, and counselors are available to provide consultation on issues of student mental health, campus climate or psychological and academic issues on an individual, couple or group basis. To schedule an appointment or learn more about the counseling services, visit the Counseling Services website at http://www.sjsu.edu/counseling.
<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Topics, Readings, Assignments, Deadlines</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>8/26</td>
<td>Overview of Course</td>
</tr>
</tbody>
</table>
| 2    | 9/2  | Chapter 1: Abnormal Behavior in Historical Context  
Movie #1: One Flew Over the Cuckoo’s Nest |
| 3    | 9/9  | Chapter 2: An Integrative Approach to Psychopathology  
Video: Ghost In Your Genes (PBS) |
| 4    | 9/16 | Chapter 3: Clinical Assessment and Diagnosis |
| 5    | 9/23 | Chapter 4: Research Methods             |
| 6    | 9/30 | **Exam 1**  
**Movie #1 paper accepted** |
| 7    | 10/7 | Chapter 5: Anxiety and OCD (123-155; 163-177)  
Movie #2: As Good As It Gets |
| 8    | 10/14| Chapter 6: Trauma and Dissociative Disorders (155-163; 195-209)  
Movie #2: Born on the Fourth of July |
| 9    | 10/21| Chapter 7: Mood Disorders and Suicide  
Movie #2: Its Kind of a Funny Story |
| 10   | 10/28| Chapter 8: Eating Disorders (268-292)  
Video (not a movie): Dying to be Thin (PBS) |
| 11   | 11/4 | **Exam 2**  
**Movie #2 paper accepted** |
| 12   | 11/11| No Class – Veterans Day                 |
| 13   | 11/18| Chapter 10: Sexual Dysfunctions, Paraphilic Disorders, Gender Dysphoria  
Movie #3: Boys Don’t Cry |
| 14   | 11/25| Chapter 12: Personality Disorders  
Movie #3: Girl, Interrupted |
| 15   | 12/9 | Chapter 13: Schizophrenia Spectrum  
Chapter 16: Mental Health Services  
Movie #3: A Beautiful Mind |
| 16   | 12/16| **Exam 3 (Final) @ 5:15**  
**Movie #3 paper accepted** |