San José State University
College of Social Sciences / Department of Psychology
PSYC 110, Abnormal Psychology, Section 04, Fall 2015

Course and Contact Information

Instructor: Leslye M. Tinson, M.S.
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Email: Leslye.Tinson@sjsu.edu
Office Hours: Wednesday and Thursday 5:30pm – 6pm and at other times by appointment via Skype and Google Hangouts
Class Days/Time: Thursdays 6:00 pm – 8:45pm
Classroom: DMH 356
Prerequisites: PSYC 001 General Psychology

Course Format

This course will be conducted through weekly classroom lectures, which will be enhanced through audio-visual, films, and online learning and resources distributed to students via email and/or the Canvas online learning system. To use Canvas, students will need access to an electronic device such as computer, and will need to login via SJSU websites. Canvas will be used to enhance student’s learning outside of the classroom. These activities may include quizzes, chat room discussion or posting on message boards.

Faculty Web Page and MYSJSU Messaging

Course materials such as syllabus, handouts, notes, assignment instructions, etc. can be found on the Canvas learning management system course website. Students are responsible for regularly checking with the messaging system through MySJSU (or other communication system as indicated by the instructor) to learn of any updates.

Course Description

What is considered normal and abnormal in human behavior and psychological functioning. Emphasis on psychological, social and biological determinants of human behavioral and psychological deviance. Prereq: PSYC 001.

Learning Outcomes (Required) and Course Goals

The two primary goals of the course are to provide students with a broad understanding of psychological problems and develop critical thinking skills applicable to the study of abnormal behavior. In particular, my goal for this term is to foster critical thinking about the classification of psychopathology and how that affects treatment and research strategies.
Course Learning Outcomes (CLO)

Upon successful completion of this course, students will be able to:

1. **CLO1** – *Critical thinking development: Historical context* - to understand the importance of history and context when examining and classifying psychological distress.
2. **CLO2** – *Knowledge based and application development: Understanding paradigms* - to have a basic familiarity with the major paradigms as used in the assessment, classification, and treatment of psychological problems.
3. **CLO3** – *Research Methods development: Clinical science* - to understand the role of science (with its varying methods) in the study of abnormal behavior.
4. **CLO4** – *Critical thinking and application: Assessment and classification* – to understand the process of classification and its dependence on theoretical paradigms.
5. **CLO5** – *Critical thinking and application: Assessment and classification* - to be familiar with and critical of different types of assessment of abnormal behavior.
6. **CLO6** – *Knowledge base and application development - Interventions* – to develop a broad knowledge base of the different types of psychopathology and corresponding psychological, social, and biological interventions.

Program Learning Outcomes (PLO)

Upon successful completion of the psychology major requirements…

1. **PLO1** – *Knowledge Base of Psychology* – Students will be able to identify, describe, and communicate the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology.
2. **PLO2** – *Research Methods in Psychology* – Students will be able to design, implement, and communicate basic research methods in psychology, including research design, data analysis, and interpretations.
3. **PLO3** – *Critical Thinking Skills in Psychology* – Students will be able to use critical and creative thinking, skeptical inquiry, and a scientific approach to address issues related to behavior and mental processes.
4. **PLO4** – *Application of Psychology* – Students will be able to apply psychological principles to individual, interpersonal, group, and societal issues.
5. **PLO5** – *Values in Psychology* – Students will value empirical evidence, tolerate ambiguity, act ethically, and recognize their role and responsibility as a member of society.

Required Texts/Readings

**Textbook**


ISBN: 978-1-133-95635-8

**Other Readings**

Additional articles and resources will be posted online via Canvas website.

**Other equipment / material requirements**

Testing forms required (i.e. Scantron) will be announced in class prior to exams.
Course Requirements and Assignments

SJSU classes are designed such that in order to be successful, it is expected that students will spend a minimum of forty-five hours for each unit of credit (normally three hours per unit per week), including preparing for class, participating in course activities, completing assignments, and so on. More details about student workload can be found in University Policy S12-3 at http://www.sjsu.edu/senate/docs/S12-3.pdf.

Exam 1 50 pts
Exam 2 50 pts
Exam 3 (final exam) 50 pts
Case Study paper 50 pts
Observation/thought exercises 25 pts
In-class participation - group assignments 25 pts
**Total course points possible: 250 points**

Examinations - 3 exams worth 50 points each

There will be 3 exams during this course. Exams will be administered to help measure student's understanding and mastery of course material. Exams may include multiple choice, true - false, and short answer/ mini-essay questions.

The readings and class lectures in the weeks prior (or as identified by instructor) will be covered. All material (assigned readings and lectures) are equally important and will be represented in the exams.

Students who miss exams will not be able to make up the exam without documentation of a **serious emergency** that prohibited attendance for that class period (police report, verified letter from employer, hospital note). The missed exam must be taken within one week of the scheduled exam date, or the student will receive 0 points. Documentation will be verified before the test is rescheduled. Upon approval, the instructor will arrange for the test to be proctored during normal business hours in the Psychology Department Office.

If the emergency/illness prohibits taking the exam within the 1-week timeframe, the student may wish to complete the "Optional Assignment" so that some course points are earned. The student may also consider course incomplete or withdrawal options.

Case Study Paper – 50 points

Students must identify a disorder and case study to analyze. More detailed instructions will be given on this assignment through the Canvas website. The paper must use APA format.

Observation/thought exercises – 25 points

Throughout the semester, the instructor will randomly assign observation/thought exercises in which students will have an opportunity to apply course material discussed in class and assigned readings. Submission of these assignments will be evaluated for credit.

Class Participation and Group In-Class Assignments

Interactive activities will be assigned as part of the course’s pedagogical framework. During these assignments, students will earn points toward their final grade by actively participating in small groups and or larger classroom discussions and with written exercises. Students must be present for credit. Being absent during these activities cannot be made up.

All students are expected to participate in in-class group discussions and assignments. Points will be earned toward class participation. Students will be divided into small groups and asked to work together on an in-class project. Examples of exercises include: reviewing a case study to identify diagnosis and strategies for treatment,
or generating ideas on the etiology of a certain patient’s clinical presentation. **In-class group projects cannot be made-up.** Attendance is required for group project credit. During group assignments, the group will submit one sheet of paper. All members of the group are expected to contribute to the final product.

**Grading Policy**

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<thead>
<tr>
<th>Grade</th>
<th>Points</th>
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<tbody>
<tr>
<td>A+</td>
<td>245-250 points</td>
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<tr>
<td>A</td>
<td>238-244 points</td>
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<tr>
<td>A-</td>
<td>225-237 points</td>
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<tr>
<td>B+</td>
<td>220-224 points</td>
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<tr>
<td>B</td>
<td>208-219 points</td>
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<tr>
<td>B-</td>
<td>200-207 points</td>
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<tr>
<td>C+</td>
<td>195-199 points</td>
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<td>C</td>
<td>183-194 points</td>
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<tr>
<td>C-</td>
<td>175-182 points</td>
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**CR = Credit grade is 70% or more; requires a minimum 175 points for Credit.**

**NC = No Credit grade is 69% or less; 174 points or below will receive No Credit.**

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<th>Grade</th>
<th>Points</th>
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<tr>
<td>D+</td>
<td>170-174 points</td>
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<tr>
<td>D</td>
<td>158-169 points</td>
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<tr>
<td>D-</td>
<td>150-157 points</td>
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<td>F</td>
<td>0-149 points</td>
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**Course Incomplete/ Withdrawal/ Grade Change Policy**

It is the student’s responsibility to monitor their progress in the class using the course points system listed in the syllabus. Students who are having difficulty should consult the instructor during office hours for guidance or see other academic assistance (tutoring, disability accommodations, counseling, etc.). Grade changes after the semester is over will only be allowed for instructor clerical error.

Sometimes students are not performing well (having a "bad" semester) or have other emergencies that prohibit them from completing the course on time. If this happens, a student may wish to Petition for Incomplete Grade or consider pursuing Course/University Withdrawal options. For more information on course withdrawal or Incompletes, see the University Catalog.

**Enrollment Policy + Important Student Deadlines**

For this course, psychology majors have priority enrollment. If space is available in the class, starting after the first class, I will add students from the official waitlist. Then verified graduating senior PSY majors, senior standing PSY majors, junior standing PSY majors and then others. If space permits after that, non-PSY majors will be allowed to enroll.

- **Tuesday, September 1:** Last day to drop a class without a "W" grade.
- **Wednesday, September 9:** Last day to add

**Extra Credit Policy**

There are no “extra credit” or “makeup assignments” in this course.

**Classroom Behavior and Decorum**

Please be respectful of others around you by refraining from side conversations, answering cell phones, or participating in other disruptive behavior during class. If problems arise, the instructor will ask the student to
leave the classroom. All policies of SJSU regarding student conduct, including the CSU and Education Codes must be followed.

Course Policy on Cheating and Plagiarism

Students are expected to submit college-level original work, with proper credit and in-text citations given to external sources using American Psychological Association (APA) 6th edition format. A list of references must also be provided for each typewritten assignment. For more information on proper citations in APA format, visit www.apastyle.org.

All exams will be proctored in class on the dates scheduled in the syllabus. Students found to be copying answers from others, submitting work other than their own, improperly paraphrasing content without citing sources, and/or other forms of cheating or plagiarism, will automatically receive 0 points for that assignment.

Examples of cheating or plagiarism include, but are not limited to:

- The use of electronic devices or textbooks to look up answers during the test.
- Leaving during the test to look at a textbook in the hallway or bathroom.
- Copying answers off another student's form.
- Bringing in unauthorized test sheets, notes, and note cards.
- Writing test material on hands, body, clothing.
- When a student turns in the work of another student and represents it as his or her own work.
- When a student knowingly permits another to turn in his or her work.
- When a student copies answers from another student.
- When a student steals or obtains examinations, answer keys, or program samples from the instructors’ files or computer directories.
- When a student uses content from other sources like Internet and includes it in his/her work or projects without proper citation
- When a student uses Internet or other services to post assignments and seek solutions
- When Internet resources are used verbatim and/or "cut and pasted" into students work regardless whether they are acknowledged or not.

Cheating or plagiarism has not occurred when:

- When students have permission to collaborate on a project, and list all collaborators.
- When students receive advice from instructors, teaching assistants, or staff members involved in the course.
- When students engage in a general discussion of the nature of an assignment, the requirements for an assignment, or general strategies for completing the assignment
- When students engage in discussion of course concepts or strategies in preparation for an assignment or examination.

All incidences of cheating or plagiarism will be reported to the Chair of the Psychology Department, College Dean and the case will be referred to the Office of Student Affairs/Dean of Students – Office of Student Conduct for disciplinary action. Cheating and/or plagiarism will result in automatic 0 points on that assignment.
Research Participation
On occasion, there may be opportunities to be a research participant. These announcements may be announced in class or distributed via email. Participation in experimental research or other activities is optional. No course credit or grade points will be added for students who participate.

University Policies

General Expectations, Rights and Responsibilities of the Student
As members of the academic community, students accept both the rights and responsibilities incumbent upon all members of the institution. Students are encouraged to familiarize themselves with SJSU’s policies and practices pertaining to the procedures to follow if and when questions or concerns about a class arises. See University Policy S90–5 at http://www.sjsu.edu/senate/docs/S90-5.pdf. More detailed information on a variety of related topics is available in the SJSU catalog, at http://info.sjsu.edu/web-dbgen/narr/catalog/rec-12234.12506.html. In general, it is recommended that students begin by seeking clarification or discussing concerns with their instructor. If such conversation is not possible, or if it does not serve to address the issue, it is recommended that the student contact the Department Chair as a next step.

University policy F69-24 at http://www.sjsu.edu/senate/docs/F69-24.pdf states that “Students should attend all meetings of their classes, not only because they are responsible for material discussed therein, but because active participation is frequently essential to insure maximum benefit for all members of the class.”

Dropping and Adding
Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Refer to the current semester’s Catalog Policies section at http://info.sjsu.edu/static/catalog/policies.html. Add/drop deadlines can be found on the current academic year calendars document on the Academic Calendars webpage at http://www.sjsu.edu/provost/services/academic_calendars/. The Late Drop Policy is available at http://www.sjsu.edu/aars/policies/latedrops/policy/. Students should be aware of the current deadlines and penalties for dropping classes.

Information about the latest changes and news is available at the Advising Hub at http://www.sjsu.edu/advising/.

Consent for Recording of Class and Public Sharing of Instructor Material
University Policy S12-7, http://www.sjsu.edu/senate/docs/S12-7.pdf, requires students to obtain instructor’s permission to record the course and the following items to be included in the syllabus:

• “Common courtesy and professional behavior dictate that you notify someone when you are recording him/her. You must obtain the instructor’s permission to make audio or video recordings in this class. Such permission allows the recordings to be used for your private, study purposes only. The recordings are the intellectual property of the instructor; you have not been given any rights to reproduce or distribute the material.”
  o It is suggested that the greensheet include the instructor’s process for granting permission, whether in writing or orally and whether for the whole semester or on a class by class basis.
  o In classes where active participation of students or guests may be on the recording, permission of those students or guests should be obtained as well.
• “Course material developed by the instructor is the intellectual property of the instructor and cannot be shared publicly without his/her approval. You may not publicly share or upload instructor generated material for this course such as exam questions, lecture notes, or homework solutions without instructor consent.”
Academic integrity

Your commitment, as a student, to learning is evidenced by your enrollment at San Jose State University. The University Academic Integrity Policy S07-2 at http://www.sjsu.edu/senate/docs/S07-2.pdf requires you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The Student Conduct and Ethical Development website is available at http://www.sjsu.edu/studentconduct/.

Campus Policy in Compliance with the American Disabilities Act

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 at http://www.sjsu.edu/president/docs/directives/PD_1997-03.pdf requires that students with disabilities requesting accommodations must register with the Accessible Education Center (AEC) at http://www.sjsu.edu/aec to establish a record of their disability.

Accommodation to Students' Religious Holidays

San José State University shall provide accommodation on any graded class work or activities for students wishing to observe religious holidays when such observances require students to be absent from class. It is the responsibility of the student to inform the instructor, in writing, about such holidays before the add deadline at the start of each semester. If such holidays occur before the add deadline, the student must notify the instructor, in writing, at least three days before the date that he/she will be absent. It is the responsibility of the instructor to make every reasonable effort to honor the student request without penalty, and of the student to make up the work missed. See University Policy S14-7 at http://www.sjsu.edu/senate/docs/S14-7.pdf.

Student Technology Resources

Computer labs for student use are available in the Academic Success Center at http://www.sjsu.edu/at/asc/ located on the 1st floor of Clark Hall and in the Associated Students Lab on the 2nd floor of the Student Union. Additional computer labs may be available in your department/college. Computers are also available in the Martin Luther King Library. A wide variety of audio-visual equipment is available for student checkout from Media Services located in IRC 112. These items include DV and HD digital camcorders; digital still cameras; video, slide and overhead projectors; DVD, CD, and audiotape players; sound systems, wireless microphones, projection screens and monitors.

SJSU Peer Connections

Peer Connections, a campus-wide resource for mentoring and tutoring, strives to inspire students to develop their potential as independent learners while they learn to successfully navigate through their university experience. You are encouraged to take advantage of their services which include course-content based tutoring, enhanced study and time management skills, more effective critical thinking strategies, decision making and problem-solving abilities, and campus resource referrals.

In addition to offering small group, individual, and drop-in tutoring for a number of undergraduate courses, consultation with mentors is available on a drop-in or by appointment basis. Workshops are offered on a wide variety of topics including preparing for the Writing Skills Test (WST), improving your learning and memory, alleviating procrastination, surviving your first semester at SJSU, and other related topics. A computer lab and study space are also available for student use in Room 600 of Student Services Center (SSC).
Peer Connections is located in three locations: SSC, Room 600 (10th Street Garage on the corner of 10th and San Fernando Street), at the 1st floor entrance of Clark Hall, and in the Living Learning Center (LLC) in Campus Village Housing Building B. Visit Peer Connections website at http://peerconnections.sjsu.edu for more information.

**SJSU Writing Center**

The SJSU Writing Center is located in Clark Hall, Suite 126. All Writing Specialists have gone through a rigorous hiring process, and they are well trained to assist all students at all levels within all disciplines to become better writers. In addition to one-on-one tutoring services, the Writing Center also offers workshops every semester on a variety of writing topics. To make an appointment or to refer to the numerous online resources offered through the Writing Center, visit the Writing Center website at http://www.sjsu.edu/writingcenter. For additional resources and updated information, follow the Writing Center on Twitter and become a fan of the SJSU Writing Center on Facebook.

**SJSU Counseling Services**

The SJSU Counseling Services is located on the corner of 7th Street and San Fernando Street, in Room 201, Administration Building. Professional psychologists, social workers, and counselors are available to provide consultations on issues of student mental health, campus climate or psychological and academic issues on an individual, couple, or group basis. To schedule an appointment or learn more information, visit Counseling Services website at http://www.sjsu.edu/counseling.
Abnormal Psychology, PSYC 110.04, Fall 2015, Course Schedule

The following schedule outlines assigned readings and general topics that will be covered during each class meeting. Assigned readings for the week are expected to be complete before attending class lecture. Students are expected to arrive prepared to actively participate in the lecture and discussions by being familiar with the material.

This schedule is subject to change and verbal announcements of substantive changes will be made in class or sent via email.

Course Schedule

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<tr>
<th>Week</th>
<th>Date</th>
<th>Topics, Readings, Assignments, Deadlines</th>
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<tbody>
<tr>
<td>1</td>
<td>08/20/15</td>
<td>Introduction to Abnormal Psychology</td>
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<tr>
<td></td>
<td></td>
<td>Discussion: What is abnormal? Is our popular lingo accurate?</td>
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<td>Course Syllabus Review</td>
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<td></td>
<td></td>
<td>Attendance and Enrollment Adds</td>
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<tr>
<td>2</td>
<td>08/27/15</td>
<td>READINGS: Chapters 1 -2</td>
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<td>Models of Abnormal Psychology</td>
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<td>3</td>
<td>09/03/15</td>
<td>READINGS: Chapter 3</td>
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<td></td>
<td>Clinical Research and Assessment</td>
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<td>4</td>
<td>09/10/15</td>
<td>READINGS: Chapter 4</td>
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<td></td>
<td></td>
<td>Anxiety Disorders</td>
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<td>5</td>
<td>09/17/15</td>
<td>READINGS: Chapter 5</td>
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<td>** EXAM 1 (covers Week 1 -4) **</td>
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<td>Trauma</td>
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<td>6</td>
<td>09/24/15</td>
<td>READINGS: Chapter 6</td>
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<td>Somatic and Dissociative Disorders</td>
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<td>7</td>
<td>10/01/15</td>
<td>READINGS: Chapter 7-8</td>
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<td></td>
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<td>Depression, Bipolar Disorders and Suicide Risk/Prevention</td>
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<td>8</td>
<td>10/08/15</td>
<td>READINGS: Chapter 9</td>
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<td>Eating Disorders “Thin”</td>
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<td>9</td>
<td>10/15/15</td>
<td>READINGS: Chapter 11</td>
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<td>Schizophrenia</td>
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<td>10</td>
<td>10/22/15</td>
<td>READINGS: Chapter 13</td>
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<td>**Exam 2 (covers Week 5-9) **</td>
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<td></td>
<td>Sexual Dysfunctions</td>
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<td>11</td>
<td>10/29/15</td>
<td>READINGS: Chapter 12</td>
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<td></td>
<td>Neurocognitive Disorders</td>
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<td>12</td>
<td>11/05/15</td>
<td>READINGS: Chapter 10</td>
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<tr>
<td></td>
<td></td>
<td>Substance Use and Recovery</td>
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<tr>
<td>Week</td>
<td>Date</td>
<td>Topics, Readings, Assignments, Deadlines</td>
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<td>13</td>
<td>11/12/15</td>
<td><strong>READINGS: Chapter 15</strong>&lt;br&gt;Disorders diagnosed in Childhood and Adolescence&lt;br&gt;<strong>CASE PAPER DUE</strong> **</td>
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<td>14</td>
<td>11/19/15</td>
<td><strong>READINGS: Chapter 14</strong>&lt;br&gt;Personality Disorders</td>
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<td>15</td>
<td>11/26/15</td>
<td><strong>Thanksgiving Week – No class meeting; Campus is closed</strong> **</td>
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<tr>
<td>16</td>
<td>12/03/15</td>
<td><strong>READINGS: Chapter 16</strong>&lt;br&gt;Law and Ethics; Course WrapUp</td>
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<tr>
<td>Final Exam</td>
<td>12/10/15</td>
<td><strong>Exam 3/FINAL EXAM (Covers Week 10 -16)</strong>&lt;br&gt;Thursday, December 10 @ 5:30pm in DMH 365</td>
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