San José State University
Department of Psychology

PSYC 160 (1) Clinical Psychology, Section 42173

Fall 2015

Instructor: Naomi Wagner, PhD

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Office Hours: Mon- Wed 8:45-10:30 AM

Class Days/Time: Mon-Wed 12:00-1:15 PM

Classroom: DMH # 348

Prerequisites: PSYC 100

Important message: I will NOT be in school on Monday, September 14, 2015, and on Wednesday, September 23, 2015

Faculty Web Page and MYSJSU Messaging

Copies of the course materials such as the syllabus, chapter lecture notes, major assignment or handouts and study guides are posted on my faculty web page at http://www.sjsu.edu/people/naomi.wagner/

You are responsible for regularly checking with the messaging system through MySJSU (or other communication system as indicated by the instructor).
Catalogue Description
This course introduces the student to theories and research exploring the field of Clinical Psychology. The course provides a survey of Clinical Psychology as a profession and the role of the clinical psychologist as a diagnostician, therapist, administrator, scientist, and an agent of individual and social change.

Course Goals and Student Learning Objectives

Upon the successful completion of this course the student will be able to show knowledge in the following areas:

- LO1: The definition and scope of the field of Clinical Psychology
- LO2: The current categories of mental-health professionals and their identifying features in terms of training, license, and target client-populations.
- LO3: The historical roots of Clinical Psychology and the current shift toward evidence-based practice, requiring the quantification of many variables that by nature are of more subjective quality, such as severity of problem, or the success of an intervention.
- LO4: The activities of the clinical psychologist in the areas of assessment, intervention, and prevention, with attention to variables of ethnicity, gender, and SES.
- LO5: The current definition of a mental disorder and a survey of the main mental health categories on the basis of the DSM5, with attention to issues of the dimensional approach and of co-morbidity
- LO6: A basic survey of research methods in the field of Clinical Psychology
- LO7: An overview of the main assessment methods
- LO8: The Code of Ethics that Mental Health professional must abide by, including issues of confidentiality and its limitations.
- LO9: The relevance of this course for those students wishing to pursue a professional career in the field of mental health.

Measurement of the course learning outcomes will be achieved via evaluation of the student’s written assignment for each chapter, midterms, and a cumulative final exam.
GE learning Outcomes
Upon the completion of this course students should be able to demonstrate

- GELO 1 A broad understanding of issues related to the social sciences
- GELO 2 An ability to communicate ideas effectively both in speaking and in writing
- GELO 3 The capacity for critical and creative thinking;
- GELO 4 The ability to assess information
- GELO 5 The ability for creative and critical thinking

Class activities linked to these outcomes are:
- The identification of the main questions asked by researchers in this area
- The examination of the multiple explanations provided to the questions
- The exploration of yet unknown issue waiting for subsequent research

Program Learning Outcomes (PLO)
Upon successful completion of the psychology major requirement:

PLO1 – Knowledge Base of Psychology – Students will be able to identify, describe, and communicate the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology.

PLO2 – Research Methods in Psychology – Students will be able to design, implement, and communicate basic research methods in psychology, including research design, data analysis, and interpretations.

PLO3 – Critical Thinking Skills in Psychology – Students will be able to use critical and creative thinking, skeptical inquiry, and a scientific approach to address issues related to behavior and mental processes.

PLO4 – Application of Psychology – Students will be able to apply psychological principles to individual, interpersonal, group, and societal issues.

PLO5 – Values in Psychology – Students will value empirical evidence, tolerate ambiguity, act ethically, and recognize their role and responsibility as a member of society
Required Texts/Readings

Textbook (required)

- Student Companion Site with Practice tests: You can take the practice tests online and submit them for automatic grading and indication of the right answers in case of errors. This is a very helpful process.

http://bcs.wiley.com/hebcs/Books?action=index&itemId=111836001X&bcsId=8713

- Instructor’s website: You will find lecture-notes (power-points) and learning objectives for each chapter. The power-points are to help you in your study, but you do NEED to get the textbook! In addition, the power-points CANNOT replace regular class attendance.

http://www.sjsu.edu/people/naomi.wagner/

Please view the calendar at the end of this syllabus for assignments, dues dates, and exams.

Assignments: Weekly homework consists of the assigned reading, and taking the on-line quizzes that are found on the Student Companion Website (see link above), in the Wiley website for this book. After you complete the quiz and submit it, you get the results- the wrong answers are pointed out to you together with the correct answers. These assignments are designed to enable the student to process the information more efficiently and to retain it better. They cover main concepts and issues related to these concepts. Please note that we DO NOT cover all the
topics in a given chapter- please note the reading list by page-numbers (below).
You are not obligated to do these assignments, and you do NOT get any credit point. However, this is a very important step toward the processing and retention of the content area.
It is expected that you read the weekly assigned reading before class, so the teacher can expand and elaborate.

NOTE that University policy F69-24, “Students should attend all meetings of their classes, not only because they are responsible for material discussed therein, but because active participation is frequently essential to insure maximum benefit for all members of the class. Attendance per se shall not be used as a criterion for grading.”

Definition of a Credit Hour
Success in this course is based on the expectation that students will spend, for each unit of credit, a minimum of forty-five hours over the length of the course (normally 3 hours per unit per week with 1 of the hours used for lecture) for instruction or preparation/studying or course related activities including but not limited to internships, labs, clinical practica. Other course structures will have equivalent workload expectations as described in the syllabus.

As an example, the expectation of work for a 3-credit course is 150-minutes of direct faculty instruction and six hours of out-of-class student work each week.

Classroom Protocol
This course is based on the active participation of the student, and the main expectations are READING and ATTENDANCE. You are expected to read the assigned materials before class, so that the teacher can elaborate and expand. Because of time constraints it may not be impossible to cover all the segments of a given unit. However, you are responsible for all the assigned reading, as the exams will include questions from all part of the reading. Some parts of the chapters will be skipped, please see reading list below.
Students are expected to:
- Maintain polite and considerate behavior toward their fellow students and the instructor.
- Refrain from text-message during class
- Refrain from making or receiving phone calls during class
- Refrain from surfing the Internet during class.
- Refrain from leaving class to use their cell-phone.
Recording of Class Lectures

Common courtesy and professional behavior dictates that you notify someone when you are recording him/her. You must obtain the instructor’s permission to make audio or video recordings in this class. This permission allows the recordings to be used for your private, study purposes only. The recordings are the intellectual property of the instructor; you have not been given any rights to reproduce or distribute the material.

Course material developed by the instructor is the intellectual property of the instructor and cannot be shared publicly without his/her approval. You may not publicly share or upload instructor-generated material for this course such as exam questions, lecture notes, or homework solutions without instructor consent.

Attendance: Your regular attendance and participation are factors contributing to the successful completion of this course. If you do not attend class you will miss on the opportunity to ask questions and to get clarifications. In addition, please make all effort to come to class on time. Tardiness disturbs the instructor and other students, and also deprives you of the short reviews of the previous lecture that are presented at the beginning of each class.

If you hold a full time job, please make all effort to attend class regularly, and to study each night for at least an hour and a half. Cramming before the test has not been very effective for most students. As you read, take notes and go over the material that has been discussed in class, pay attention to concepts, and examples of these concepts. Be familiar with important studies.

Teacher Availability:
Do not hesitate to e-mail me or to come by with questions. If you have not done so well on any of the tests, please come to see me ASAP, in order to go over test questions that you missed, so we can understand how you interpreted the questions, and devise strategies for doing better on the next test.

Dropping and Adding

Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Refer to the current semester’s Catalog Policies section at http://info.sjsu.edu/static/catalog/policies.html. Add/drop deadlines can be found on the current academic calendar web page at http://www.sjsu.edu/provost/Academic_Calendar/. The Late Drop Policy is available at http://www.sjsu.edu/aars/policies/latedrops/policy/. Students should be aware of the current deadlines and penalties for dropping classes.

Information about the latest changes and news is available at the Advising Hub at http://www.sjsu.edu/advising/.
Extra Credit:
Please note that I do not give extra-credits. You mastery of the subject matter as measured on the exams is the factor that counts.

Grading:
We will have 3 midterms and a final. Each midterm will consist of 50 multiple-choice questions. Each question is worth 2 points. The questions are factual (specific information), conceptual (assigning a concept to a scenario), and applied (use the information to offer solution to a problem). Each midterm will cover about 3 to 4 chapters. Please bring a scantron (#882) and a pencil. The final will include 100 multiple-choice questions and will be selectively cumulative; that is, it will cover the central themes for each topic studied (you will receive a study guide).

The final grade is calculated as the number of correct items on the 4 tests, divided by 250 (total number of questions)

The grading scale:
A+ 98-100%
A  93-97
A- 90-92
B+ 87-89
B  83-86
B- 80-82
C+ 77-79
C  73-76
C- 70-72
D+ 67-69
D  63-66
D- 60-62
F  <60

Exam Dates:
Midterm 1: Wed. October 7, 2015
Midterm 2: Wed, November 11, 2015
Midterm 3: Monday, December 7, 2015
Final: Thursday, December 10, 2015, 09:45 AM -12:00 Noon

Make up exams:
Please note exam dates and plan your trips and events accordingly. You will be allowed to reschedule an exam ONLY upon the presentation of documented medical reason, or if you have a mandatory, documented school activity.
University Policies

Academic integrity
Your commitment as a student to learning is evidenced by your enrollment at San Jose State University. The University’s Academic Integrity policy, located at http://www.sjsu.edu/senate/S07-2.htm, requires you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The Student Conduct and Ethical Development website is available at http://www.sjsu.edu/studentconduct/.

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person’s ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include your assignment or any material you have submitted, or plan to submit for another class, please note that SJSU’s Academic Integrity Policy S07-2 requires approval of instructors.

Campus Policy in Compliance with the American Disabilities Act
If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 at http://www.sjsu.edu/president/docs/directives/PD_1997-03.pdf requires that students with disabilities requesting accommodations must register with the Accessible Education Center (AEC) at: http://www.sjsu.edu/aec to establish a record of their disability.

In 2013, the Disability Resource Center changed its name to be known as the Accessible Education Center, to incorporate a philosophy of accessible education for students with disabilities. The new name change reflects the broad scope of attention and support to SJSU students with disabilities and the University's continued advocacy and commitment to increasing accessibility and inclusivity on campus.

Student Technology Resources
Computer labs for student use are available in the Academic Success Center at http://www.at.sjsu.edu/asc/ located on the 1st floor of Clark Hall and in the Associated Students Lab on the 2nd floor of the Student Union. Additional computer labs may be available in your department/college. Computers are also available in the Martin Luther King Library.
A wide variety of audio-visual equipment is available for student checkout from Media Services located in IRC 112. These items include DV and HD digital camcorders; digital still cameras; video, slide and overhead projectors; DVD, CD, and audiotape players; sound systems, wireless microphones, projection screens and monitors.

**SJSU Peer Connections**

The Learning Assistance Resource Center (LARC) and the Peer Mentor Program have merged to become Peer Connections. Peer Connections is the new campus-wide resource for mentoring and tutoring. Our staff is here to inspire students to develop their potential as independent learners while they learn to successfully navigate through their university experience. Students are encouraged to take advantage of our services which include course-content based tutoring, enhanced study and time management skills, more effective critical thinking strategies, decision making and problem-solving abilities, and campus resource referrals.

In addition to offering small group, individual, and drop-in tutoring for a number of undergraduate courses, consultation with mentors is available on a drop-in or by appointment basis. Workshops are offered on a wide variety of topics including preparing for the Writing Skills Test (WST), improving your learning and memory, alleviating procrastination, surviving your first semester at SJSU, and other related topics. A computer lab and study space are also available for student use in Room 600 of Student Services Center (SSC).

Peer Connections is located in three locations: SSC, Room 600 (10th Street Garage on the corner of 10th and San Fernando Street), at the 1st floor entrance of Clark Hall, and in the Living Learning Center (LLC) in Campus Village Housing Building B. Visit [Peer Connections website](http://peerconnections.sjsu.edu) at http://peerconnections.sjsu.edu for more information.

**SJSU Writing Center**

The SJSU Writing Center is located in Suite 126 in Clark Hall. It is staffed by professional instructors and upper-division or graduate-level writing specialists from each of the seven SJSU colleges. Our writing specialists have met a rigorous GPA requirement, and they are well trained to assist all students at all levels within all disciplines to become better writers. The [Writing Center staff](http://www.sjsu.edu/writingcenter/about/staff/) can be found at http://www.sjsu.edu/writingcenter/about/staff/.
Reading List:

- **Chapter 1:** Introduction: pp. 4-19
- **Chapter 2:** Contemporary Clinical psychology: pp. 35-50 (skip the biography boxes); 57-61
- **Chapter 3:** Classification and Diagnosis. pp. 65-73 (skip box); pp. 83-97
- **Chapter 4:** Research survey- use only the power-points
- **Chapter 5:** Assessment overview: pp. 132-150
- **Chapter 6:** Ethical issues: pp. 167-168: Interviews pp. 168-192
- **Chapter 7:** Intellectuals assessment: pp. 200-205; pp. 209-210
- **Chapter 8:** personality measures: MMPI pp. 238-241; Projective tests pp. 254-259
- **Chapter 9:** Integrating assessment data: pp. 266-269
- **Chapter 11:** Intervention: pp. 339-348

**PSYC 160 (1) Clinical Psychology, Fall 2015 Course Schedule**

*Please note: The sequence of the topics will remain, though we may allocate different amount of times to some of the topics.*

**Table 1 Course Schedule**

<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Topics, Readings, Assignments, Deadlines</th>
</tr>
</thead>
</table>
| 1    | Aug 24 Aug 26 | Chapter 1:Introduction to the field of Clinical psychology  
Chapter 1 cont-d  
(pp. 4-19) |
| 2    | Aug 31 Sept 2 | Chapter 2: Contemporary Clinical psychology  
Chapter 2 cont-d (pp. 35-50; 57-61) |
| 3    | Sep 7 Sep 9   | School Close Labor Day  
Chapter 2 con-d |
| 4    | Sept 14 Sept 16 | **No Class teacher out**  
Chapter 3 Classification pp. 65-73 (skip box); pp. 83-97;  
Chapter 3 Cont-d |
| 5    | Sept 21 Sept 23 | **No Class teacher out**  
Chapter 3 Cont-d |
| 6    | Sept 28 Sept 30 | Chapter 4: Research – use the power-points ch 4 only  
Chapter 5; Assessment overview: pp. 132-150 |
<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Topics, Readings, Assignments, Deadlines</th>
</tr>
</thead>
<tbody>
<tr>
<td>7</td>
<td>Oct 5</td>
<td>Review for Midterm #1</td>
</tr>
<tr>
<td></td>
<td>Oct 7</td>
<td><strong>Midterm #1 Chapter 1,2,3, 4 by the specified sections above</strong></td>
</tr>
<tr>
<td></td>
<td>Oct 14</td>
<td>Chapter 6 cont-d</td>
</tr>
<tr>
<td></td>
<td>Oct 21</td>
<td>Chapter 7 cont-d</td>
</tr>
<tr>
<td>10</td>
<td>Oct 26</td>
<td>Chapter 8: personality measures MMPI pp. 238-241; Projective tests pp. 254-259</td>
</tr>
<tr>
<td></td>
<td>Oct 28</td>
<td>Chapter 8 cont-d</td>
</tr>
<tr>
<td>11</td>
<td>Nov 2</td>
<td>Chapter 9: Integrating assessment data: pp. 266-269</td>
</tr>
<tr>
<td></td>
<td>Nov 4</td>
<td>Chapter 9 cont-d</td>
</tr>
<tr>
<td>12</td>
<td>Nov 9</td>
<td>Review for midterm #2</td>
</tr>
<tr>
<td></td>
<td>Nov 11</td>
<td><strong>Midterm #2 chapters 5,6,7, by specified sections above</strong></td>
</tr>
<tr>
<td>13</td>
<td>Nov 16</td>
<td>Chapter 9 cont-d</td>
</tr>
<tr>
<td></td>
<td>Nov 18</td>
<td><strong>Chapter 11: Intervention: pp. 339-348</strong></td>
</tr>
<tr>
<td>14</td>
<td>Nov 23</td>
<td>Chapter 11 cont-d</td>
</tr>
<tr>
<td></td>
<td>Nov 25</td>
<td>Review for midterm #3</td>
</tr>
<tr>
<td>15</td>
<td>Nov 30</td>
<td>Review for final</td>
</tr>
<tr>
<td></td>
<td>Dec 2</td>
<td>Review for final</td>
</tr>
<tr>
<td>16</td>
<td>Dec 7</td>
<td><strong>Midterm #3 chapters 8,9, 11</strong></td>
</tr>
<tr>
<td>Final Exam</td>
<td></td>
<td><strong>Thursday December 10, 2015, 09:45-12:00 You will receive a study guide.</strong></td>
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</tbody>
</table>