San Jose State University/ Department of Psychology  
20648, 24477, Psychology of Personality, Sections 3 & 4, Spring, 2016

Contact Information

Instructor: Dr. Neelam Rattan
Office Location: DMH 342
Telephone: (408) (924-5653)
Email: Email Mail function through course Canvas site or neelam.rattan@sjsu.edu
Office Hours: Monday & Wednesday 12:00P.M-1:00P.M.  
Tuesdays 12:00P.M.-12:30P.M.  
Or by appointment  
Office Hours End On 5/16/2016

Class Days/Time: Mondays & Wednesdays 1:30 P.M.-2:45 P.M. (Section 3)  
Mondays & Wednesdays 3:00P.M. - 3:15P.M. (Section 4)  
You are encouraged to see me during office hours or to contact me whenever a need arises. Please discuss with me any concerns you may have regarding our class as soon as possible (before the quiz, exam, etc.) & do not wait too long to see me.

Classroom: DMH 355 (Section 3)  
DMH 356 (Section 4)

Prerequisites: PSYC 001
Faculty Web Page and MYSJSU Messaging
You are responsible for regularly checking with the messaging system through MYSJSU and Canvas. Copies of the course materials such as the syllabus, lecture outlines, and review sheets can be found on Canvas. Homework assignments, instructions regarding assignments and announcements are posted on the homepage of this class so you are required to check this page daily.

Course Description
SJSU Course Catalog Description: “Current approaches to the study of Personality processes.”

Specific Course Description: The purpose of this course is to introduce students to current approaches to the study of personality and personality processes. Students will be exposed to various paradigms on personality, for example psychodynamic theories, trait theories, biological approaches to personality, humanistic/existential theories, learning theories, social cognitive theories. The course will also provide an overview of the relationship among these perspectives and how these apply to individuals in contemporary society.

Learning Outcomes
This class is designed to address 5 broad Course Learning Outcomes (CLOs). These CLOs are outcomes students will have demonstrated upon successful completion of the course.

The SJSU Psychology Major is designed to address 5 broad Program Learning Outcomes (PLOs). These PLOs are outcomes students should be able to demonstrate after having successfully completed the Psychology Major.

Course Learning Outcomes (CLOs)
Upon successful completion of this course, students will be able to:

CLO1: describe and identify the major theoretical perspectives, historical trends, empirical findings in personality psychology as these apply to understanding personality and individual differences in behavioral characteristics.

CLO2: critically examine the strengths and weaknesses of the major theoretical approaches.

CLO3: to evaluate strengths and limitations of research methods, used in the study of personality.

CLO4: apply principles and theoretical constructs of personality psychology to individual, group and societal issues.

CLO5: to identify and highlight ethical issues pertaining to research in the domain of personality psychology.
Program Learning Outcomes (PLO)

Upon successful completion of this course students will be able to …

PLO1 – Knowledge Base of Psychology – Students will be able to identify, describe, and communicate the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology.

PLO2 – Research Methods in Psychology – Students will be able to design, implement, and communicate basic research methods in psychology, including research design, data analysis, and interpretations.

PLO3 – Critical Thinking Skills in Psychology – Students will be able to use critical and creative thinking, skeptical inquiry, and a scientific approach to address issues related to behavior and mental processes.

PLO4 – Application of Psychology – Students will be able to apply psychological principles to individual, interpersonal, group, and societal issues.

PLO5 – Values in Psychology – Students will value empirical evidence, tolerate ambiguity, act ethically, and recognize their role and responsibility as a member of society.

Textbooks


Suggested Readings:


Useful Websites Web Resources

For more information about Personality Theory, the following resources contain a wealth of information

Two sites with online tests:

http://www.similarminds.com/big5.html

http://www.outofservice.com/bigfive/

http://www.personality-project.org/

A large and informative Web site from the Psychology Department at Northwestern University. It contains discussions of the major approaches to personality theory, recommended readings, advice for students and information about personality tests.

http://personalityresearch.org/

This contains information on personality theory research programs, journals and professional societies.

http://webspace.ship.edu/cgboer/perscontents.html
A personality theories e-text with chapters on personality theory, major approaches in personality, personality tests, and links to other sites about personality.

http://ipip.ori.org/ipip/
This web site provides comprehensive information about personality measures. Follow the link under “IPIP scales” on the left side of the page.

http://personalityresearch.org/
It contains information on personality theory research programs, journals and professional societies.

http://webspace.ship.edu/cgboer/perscontents.html
A personality theories e-text with chapters on personality theory, major approaches in personality, personality tests, and links to other sites about personality.

http://spsp.org/
The Society for Personality and Social Psychology website contains information for students and links to other relevant sites.


http://www.holah.karoo.net/freud.htm

http://www.humanmetrics.com/cgi-win/JTypes2.asp

Other equipment / material requirements
882e Scantrons
Regular and reliable access to a computer and internet connection that can support typical multimedia applications (e.g., streaming audio/video).

Course Requirements and Assignments
SJSU classes are designed such that in order to be successful, it is expected that students will spend a minimum of forty-five hours for each unit of credit (normally three hours per unit per week), including preparing for class, participating in course activities, completing assignments, and so on. Therefore, for every hour of classroom time or direct faculty instruction a minimum of two hours of out-of-class student work is expected each week for about fifteen weeks for one semester.

More details about student workload can be found in University Policy S12-3 at http://www.sjsu.edu/senate/docs/S12-3. pdf

Class Participation (50 points): Points will be awarded for asking good questions, participating in class debates and discussions, experiential exercises, pop quizzes, in-class writing assignments. The success of this class is directly dependent on your participation.

Personality Analytical & Reflective Paper (50 points): Personality theorists have developed a variety of theories as they had different ways of looking at personality. For
this paper students will read a biography of a personality theorist and write an analytical and reflective paper on possible ways that the early life of that theorist helped shape his or her later personality. Detailed instructions for writing this paper will be provided on canvas. This paper will be due in class on 4/6/2016.

Case Study Group presentations (30 points): Students will examine their assigned case study and apply the theoretical findings of the assigned personality theory in an interactive and engaging manner. Detailed instructions for this assignment will be provided on canvas.

Exams-150 points (2 Mid Terms and a Final)
Each exam will comprise of 60 multiple-choice questions, worth one point each. Exam 1 will be held on 3/9/2016. It will be a closed- a take-home book exam and portion covered for this exam will be Chapters 1-6.

Exam 2 will be a take-home exam and scantrons will be due in class on 4/18/2016. Portion covered for this exam will be Chapters 7,8,9,10,12.

Final Exam will comprise of 50 questions and each question will be worth 2 points and will comprise of questions from Chapters 13,14,15,16,17,18.

Final Exam for Section 3 will be held on 5/18/2016 from 12:15 P.M.-2:30 P.M. in DMH 355.

Final Exam for Section 4 will be held on 5/20/2016 from 12:15 P.M.-2:30 P.M. in DMH 356.

NOTE: THERE WILL BE NO MAKE-UP EXAMINATIONS GIVEN.

Grading Policy:

Grading will be based on the sum of the following:

1. Personality Analytical & Reflective Paper – This is worth 50 points.
2. Two Mid Term Exams – Each worth 60 points (60x2=120 points)
3. Case Study Group Presentations-worth 30 points.
4. Final Exam –worth 100 points.
5. Participation –worth 50 points.

Total Possible Points- 350

Grading Scale:
A+ = 338-350   B+ = 303-313   C+ = 268-278   D+ =233-243
Points to be noted:

- To receive complete credit on your papers, you must pay careful attention to grammar, spelling, sentence construction etc.

- All the written assignments are to be proof-read paper before being turned in and checked for Punctuation, Grammar, Spellings. Your papers are to be typewritten, double-spaced, 12 pitch font, one-inch margins, using Times New Roman font. On a sheet attached to the front of all your papers, Title of your paper, your Name, Course, Course Number, Semester/Year, and Due Date are to be included. Written work should follow the guidelines described in the American Psychological Association Publication Manual (6th Ed.). For some assignments students may be required to upload their work to Turnitin.com to ensure that material is not plagiarized. In case of material being found to be plagiarized the student will be accorded a failing grade (F). The student will also be referred to the Office of Student Conduct and Ethical Development for further action.

- Papers handed in late will lower your grade by five points for each day late.

- Assignments which are more than three weekdays late will not be accepted. There will be no exceptions to this and the assignments will be submitted personally. No credit will be awarded for emailed assignments.

- This course will follow this syllabus to the extent possible. However timing and specific nature of topics and activities may change, these changes, will be clearly stated and mentioned in class. You are responsible for noting down any changes made to the class syllabus.

- Extra credit will not be given.

Make-up Policy:
A make-up or extension on a course requirement will be given only under extraordinary and well-documented circumstances. Where such circumstances exist, it is your responsibility to notify me by leaving me a voicemail or email message including your name and telephone number as soon as possible and no later than two (2) days before only the scheduled Exam/Quiz date. APPROPRIATE WRITTEN DOCUMENTATION (e.g., a physician’s note) WILL BE REQUIRED FOR A MAKE-UP TO RECEIVE THE FULL MAKE-UP CREDIT. If you are not able to obtain such documentation and you have a serious and extenuating circumstance that has prevented you from fulfilling a requirement as scheduled, notify me as soon as possible. Depending on the circumstances, you may be allowed a make-up. However, a make-up without appropriate written documentation will result in partial credit (i.e., points will be deducted). If you have questions about this policy, please see me.
**Attendance:** Attending lectures is of prime importance for your success in the course. You are expected to be regular in your attendance. However, attendance per se shall not be used as a criterion for grading according to Academic Policy F-69-24.

**About Canvas:**
Our course, PSYC 139, will be using San Jose State’s online learning management system Canvas for the upcoming semester. The course Canvas site is an online resource supplement for this course. This site will be updated regularly throughout the semester. The site contains:
Use of this site and the information provided is not a substitute for attending lectures. The site will be updated regularly throughout the semester. This site contains:

- Discussion Board (Course Announcements, student questions)
- Links to webpages that will be of use to you throughout the course
- Powerpoint slides
- Handouts and articles
- Dropbox for Assignment submission
- Assignment feedback from instructor
- Grade roster

**Login URL:** https://sjsu.instructure.com

Please note that it should NOT have the “www” at the start of the URL like many other websites.

**Username:** SJSU 9-digit ID number.
**Password:** Self-generated password for your SJSUOne account

**Courses:** Once logged into Canvas, you will see your course or courses listed in the Courses Heading on the top of the page. From the dropdown menu, click on the course name, and you will be entered into the course. Note: That link will not be active until the start date of the course.

**It is recommended that you visit the eCampus Canvas website at** [http://www.sjsu.edu/at/ec/canvas/](http://www.sjsu.edu/at/ec/canvas/). This website offers a number of Quick Start Learning Guides to help you navigate Canvas tools. Also, detailed guides can be found at [http://guides.instructure.com/](http://guides.instructure.com/).

For questions regarding the course or course materials, please contact me, the instructor.

**For issues related to Canvas, please contact the eCampus Help Desk.** The Help Desk can give technical support for issues encountered in Canvas Courses.

- Phone: (408) 924-2337
• Submit a help ticket using the following URL: https://isupport.sjsu.edu/ecampus/ContentPages/Incident.aspx.
• While logged into Canvas, click on the word Help on the upper right corner of the screen.

Classroom Protocol

Specific Class Policy on Etiquette
In this class you are expected to be prepared by doing all of your class readings and assignments both in class and online. You are expected to be active participants by asking questions, taking notes, and also by interacting with your peers. Classes will comprise of lectures, in-class activities, online activities utilizing online mode of delivery of lectures, class material, instructions.

Special Note:
- If you miss a class, you are responsible for getting the information covered. It is not the responsibility of the instructor to update students on content they missed in class. You are responsible for all information and announcements made in class.
- It is vital that you complete all scheduled readings and assignments before each class.
- Do not talk, read, or eat during class.
- Please arrive to class on time. If you must arrive late or leave early, please do so quietly and with a minimum of distraction. Please inform me before-hand via email if you will not be in class.
- Please refrain from doing homework of other classes or preparing for an exam for another class while attending this class.

Cell Phones as well as other electronic devices

Please turn off (not on vibrate) all cell phones, pagers, any other electronic devices before entering the classroom. If found texting during the lecture you may be asked to leave for the remainder of the lecture.

**ON TEST DAYS**, be sure to turn off and put away your cell phone and take care of any personal needs before entering the classroom. On test days, you will not be able to leave the classroom during a test & then return and continue taking the test. Also, be sure to have your **SJSU ID CARD** on test days in case I ask to see it.

Laptops

You may not use your laptops in class unless we are doing a particular assignment which requires a laptop. Laptop use is restricted to note-taking only. Connecting to the internet and using class time to check emails, visiting social networking sites, surfing the web will result in loss of laptop privilege for the remainder of the semester.
University Policies

General Expectations, Rights and Responsibilities of the Student

As members of the academic community, students accept both the rights and responsibilities incumbent upon all members of the institution. Students are encouraged to familiarize themselves with SJSU policies and practices pertaining to the procedures to follow if and when questions or concerns about a class arises. See University Policy S90-5 at http://www.sjsu.edu/senate/docs/S90-5.pdf. More detailed information on a variety of related topics is available in the SJSU catalog, at http://info.sjsu.edu/web-dbgen/narr/catalog/rec-12234.12506.html. In general, it is recommended that students begin by seeking clarification or discussing concerns with their instructor. If such conversation is not possible, or if it does not serve to address the issue, it is recommended that the student contact the Department Chair as a next step.

Dropping and Adding

Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Refer to the current semester’s Catalog Policies section at http://info.sjsu.edu/static/catalog/policies.html. Add/drop deadlines can be found on the current academic year calendars document on the Academic Calendars webpage at http://www.sjsu.edu/provost/services/academic_calendars/. The Late Drop Policy is available at http://www.sjsu.edu/aars/policies/latedrops/policy/. Students should be aware of the current deadlines and penalties for dropping classes. Information about the latest changes and news is available at the Advising Hub at http://www.sjsu.edu/advising/.

Consent for Recording of Class and Public Sharing of Instructor Material

University Policy S12-7, http://www.sjsu.edu/senate/docs/S12-7.pdf, requires students to obtain instructor’s permission to record the course. Note that “common courtesy and professional behavior dictates that you notify someone when you are recording him/her. You must obtain the instructor’s permission to make audio or video recordings in this class. This permission allows the recordings to be used for your private, study purposes only. The recordings are the intellectual property of the instructor; you have not been given any rights to reproduce or distribute the material.” Furthermore, “course material developed by the instructor is the intellectual property of the instructor and cannot be shared publicly without his/her approval. You may not publicly share or upload any instructor generated material for this course such as lecture notes, test questions discussed in class, or homework solutions without instructor consent.” If you plan to record lectures, please let me know in advance.

Academic integrity

Your commitment as a student to learning is evidenced by your enrollment at San Jose State University. The University Academic Integrity Policy S07-2 at http://www.sjsu.edu/senate/docs/S07-2.pdf requires you to be honest in all your academic course work. Faculty members are required to report all infractions to the office
of Student Conduct and Ethical Development. The Student Conduct and Ethical Development website is available at http://www.sjsu.edu/studentconduct/.

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person’s ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include your assignment or any material you have submitted, or plan to submit for another class, please note that SJSU’s Academic Integrity Policy S07-2 requires approval of instructors.

Campus Policy in Compliance with the American Disabilities Act

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 at http://www.sjsu.edu/president/docs/directives/PD_1997-03.pdf requires that students with disabilities requesting accommodations must register with the Accessible Education Center (AEC) at http://www.sjsu.edu/aec to establish a record of your disability.

In 2013, the Disability Resource Center changed its name to be known as the Accessible Education Center, to incorporate a philosophy of accessible education for students with disabilities. The new name change reflects the broad scope of attention and support to SJSU students with disabilities and the University’s continued advocacy and commitment to increasing accessibility and inclusivity on campus.

Student Technology Resources

Computer labs for student use are available in the Academic Success Center at http://www.sjsu.edu/at/asc/ located on the 1st floor of Clark Hall and in the Associated Students Lab on the 2nd floor of the Student Union. Additional computer labs may be available in your department/college. Computers are also available in the Martin Luther King Library.

A wide variety of audio-visual equipment is available for student checkout from Media Services located in IRC 112. These items include DV and HD digital camcorders; digital still cameras; video, slide and overhead projectors; DVD, CD, and audiotape players; sound systems, wireless microphones, projection screens and monitors.

SJSU Peer Connections

Peer Connections, a campus-wide resource for mentoring and tutoring, strives to inspire students to develop their potential as independent learners while they learn to successfully navigate through their university experience. You are encouraged to take advantage of their services which include course-content based tutoring, enhanced study and time management skills, more effective critical thinking strategies, decision making and problem-solving abilities, and campus resource referrals.
In addition to offering small group, individual, and drop-in tutoring for a number of undergraduate courses, consultation with mentors is available on a drop-in or by appointment basis. Workshops are offered on a wide variety of topics including preparing for the Writing Skills Test (WST), improving your learning and memory, alleviating procrastination, surviving your first semester at SJSU, and other related topics. A computer lab and study space are also available for student use in Room 600 of Student Services Center (SSC).

Peer Connections is located in three locations: SSC, Room 600 (10th Street Garage on the corner of 10th and San Fernando Street), at the 1st floor entrance of Clark Hall, and in the Living Learning Center (LLC) in Campus Village Housing Building B. Visit Peer Connections website at http://peerconnections.sjsu.edu for more information.

**SJSU Writing Center**

The SJSU Writing Center is located in Clark Hall, Suite 126. All Writing Specialists have gone through a rigorous hiring process, and they are well trained to assist all students at all levels within all disciplines to become better writers. In addition to one-on-one tutoring services, the Writing Center also offers workshops every semester on a variety of writing topics. To make an appointment or to refer to the numerous online resources offered through the Writing Center, visit the Writing Center website at http://www.sjsu.edu/writingcenter. For additional resources and updated information, follow the Writing Center on Twitter and become a fan of the SJSU Writing Center on Facebook. (Note: You need to have a QR Reader to scan this code.)

**SJSU Counseling Services**

The SJSU Counseling Services is located on the corner of 7th Street and San Fernando Street, in Room 201, Administration Building. Professional psychologists, social workers, and counselors are available to provide consultations on issues of student mental health, campus climate or psychological and academic issues on an individual, couple, or group basis. To schedule an appointment or learn more information, visit Counseling Services website at http://www.sjsu.edu/counseling

**Tentative Course Schedule for 20648, 24477 Psychology of Personality, Spring, 2016**

*Note: The schedule is subject to change with fair notice. You will be notified in class, as well as via email, and announcements posted on canvas.*

<table>
<thead>
<tr>
<th>Dates</th>
<th>Topics</th>
<th>Readings</th>
<th>Assignments</th>
<th>Due Dates</th>
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<tbody>
<tr>
<td>February 1</td>
<td>Introduction to Personality</td>
<td>Theory, Chapter 1.</td>
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<tr>
<td>Date</td>
<td>Chapter/Section</td>
<td>Notes</td>
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<td>Freud Chapter 2</td>
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<td>Freud continued</td>
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<td>Adler Chapter 3</td>
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<td>Adler continued</td>
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<td>Jung Chapter 4</td>
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<td>22</td>
<td>Jung continued</td>
<td>Introducing Case Studies</td>
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<td>Klein Chapter 5</td>
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<td>29</td>
<td>Klein continued</td>
<td>Case Study 1 Presentation</td>
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<td>March</td>
<td>Horney Chapter 6</td>
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<td>Horney continued</td>
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<td>Exam 1</td>
<td>Chapters 1-6</td>
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<td>Erich Fromm Chapter 7</td>
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<td>16</td>
<td>Chapter 7 continued</td>
<td>Case Study 2 Presentation</td>
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<td>Erikson Chapter 8</td>
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<td>23</td>
<td>Chapter 8 continued</td>
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<td>April</td>
<td>Maslow Chapter 9</td>
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<td>6</td>
<td>Chapter 9 continued</td>
<td>Personality Analytical &amp; Reflective Paper Due</td>
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<td>11</td>
<td>Rogers Chapter 10</td>
<td>Case Study 3 Presentation</td>
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<td>Allport Chapter 12</td>
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<td>18</td>
<td>McCrae &amp;Costa Chapter 13</td>
<td>Take-Home Exam 2 Scantrons Due</td>
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<td>Eysenck Chapter 14</td>
<td>Case Study 4 Presentation</td>
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<td>Buss Chapter 15</td>
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<td>Skinner Chapter 16</td>
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<td>May</td>
<td>Chapter 16 continued</td>
<td>Case Study 5 Presentation</td>
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<td>Bandura Chapter 17</td>
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<td>Chapter 17 continued</td>
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<td>Rotter Chapter 18</td>
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<td>Mischel Chapter 18</td>
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<td>Final Exam</td>
<td>May 18</td>
<td>Chapters 13, 14, 15, 16, 17, 18</td>
<td>12:15P.M.-2:30P.M. (DMH 355) {Section 3}</td>
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<tr>
<td>Final Exam</td>
<td>May 20</td>
<td>Chapters 13, 14, 15, 16, 17, 18</td>
<td>12:15P.M.-2:30P.M. (DMH 356) {Section 4}</td>
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