Instructor: Dr. Steven Del Chiaro
Office Location: DMH 342
Email: Through Canvas (Please indicate on the subject line of the email: class date and time)
Office Hours: By appointment (request through Canvas)
Wed. 8:00-8:45 a.m. & email.
Class Days/Time: Monday / Wednesday 9:00 a.m. – 10:15 a.m.
Classroom: Dudley Moorhead Hall 359
GE/SJSU Studies Category: GE-D1

Course Web Page
Canvas

Logging Into Canvas
Canvas Login URL: https://sjsu.instructure.com/. Please note that it should NOT have the "www" at the start of the URL like many other websites. All students and faculty must first set up their SJSUOne account before accessing Canvas. To do so, go to http://its.sjsu.edu/services/sjsuone/. The Username for Canvas then is your 9 digit SID and your PW is the one you chose when you established your SJSUOne account. You will see the courses you are taking (assuming the instructor is using Canvas).

Further Assistance with Canvas
Students should go first to http://guides.instructure.com/m/4212 with problems and then to the University Help Desk for Canvas problems, including logging in (http://www.sjsu.edu/helpdesk/).

Course Description
This course provides an overview of the scientific study of human behavior. Topics include history, methodology, biopsychology, development, consciousness, learning, motivation & emotion, stress & health, abnormal behavior, personality theory, social psychology, treatment, and other relevant topics. Upon completion, students should be able to demonstrate a basic knowledge of the science of psychology.
Required Texts/Readings

Textbook


Amazon, Chegg, Half, Bookrenter, CampusBookRental, Valorebooks = rental under $25 for the semester.

Other Readings

As assigned by instructors on an as needed basis

Learning Outcomes

Course Learning Outcomes (CLOs)

Upon successful completion of this course, students will be able to:

1. **Students shall be able to identify and analyze the social dimension of society as a context for human life, the processes of social change and social continuity, the role of human agency in those processes, and the forces that engender social cohesion and fragmentation.**

   This objective is met through material presented in Chapters 2, 3, 5, 14 in Feist & Rosenberg (2012), lectures, and multimedia presentations (e.g., films/videos, internet activities/assignments). General topics addressed: sensing, organizing, identifying, and recognizing; reality, ambiguity, and illusions; sensory knowledge of the world; organizational processes in perception; identification and recognition processes; cognitive development across the lifespan, acquiring language, social development across the lifespan, gender development, moral development, learning to age successfully; constructing social reality, attitudes, attitude change and action, prejudice, social relationships; the power of the situation; roles and rules, social norms, conformity, situational power; altruism and prosocial behavior; aggression, evolutionary perspectives, individual differences, cultural constraints; obedience to authority, and the psychology of conflict and peace.

Assessment example of a potential writing assignment for this learning objective:

Aggression, hostility, and violence are social problems the world over. It is easy enough to say that individuals who harm or even kill others (rapists, murders, etc) do these things because society made them that way. In this assignment, I want you to write about the “Mind of a Killer” and review the evidence that people who kill others are made by their environment (nurture). But I also want you to review evidence that these behaviors have some basis in their biological make-up (nature). By reviewing evidence, I mean find at least 5 scientific journal articles that study people who killed. Summarize the methods
and results of these papers. After reviewing evidence for both the nature and nature of murderous violence, summarize in a final paragraph, your own view for the cause of this major social problem. That is, state clearly your own conclusion about “what causes someone to murder.”

2. **Students will be able to place contemporary developments in cultural, historical, environmental, and spatial contexts.**
   
   This objective is met through material presented in Chapters 1, 2, 5, 15, and 16 in Feist & Rosenberg (2012), as well as material presented in lectures and multimedia presentations (e.g., films/videos, internet activities/assignments). General topics addressed: evolution of modern psychology, historical foundations, and current cultural perspectives; the processes of research, psychological measurements, historical and current ethical issues in human and animal research; analyzing psychological research with descriptive and inferential statistics, becoming a wise consumer of research; intelligence and intelligence assessment, basic features of formal assessment, the origins of intelligence testing, the history and politics of intelligence testing, heredity and IQ, environments and IQ, culture and the validity of IQ tests; the nature of psychological disorders, deciding what is normal, historical perspectives of mental illness, etiology of psychopathology, the stigma of mental illness; the therapeutic context, goals and major therapies, historical and cultural contexts, treatment evaluation and prevention strategies, therapies and brain activity.

3. **Students will be able to identify the dynamics of ethnic, cultural, gender/sexual, age-based, class, regional, national, transnational, and global identities and the similarities, differences, linkages, and interactions between them.**
   
   This objective is met through Chapters 3, 5, 8, 11, 12, 14, and 15 in Feist & Rosenberg (2012), lectures, and multimedia presentations (e.g., films/videos, internet activities/assignments). General topics addressed: the biological and evolutionary bases of behavior, heredity and behavior, evolution and natural selection, variation in the human genotype, biology and behavior; cognitive processes, studying cognition, discovering the processes of mind, mental processes and mental resources, language use, language production, language understanding, language, thought and culture, visual cognition, problem solving and reasoning; judgment and decision making; physical development across the life span, cognitive development across the life span, perceiving speck and perceiving words, learning word meanings, acquiring grammar, social development across the life span, gender development, sex and gender, the acquisition of gender roles, gender and cultural perspectives on moral reasoning, learning to age successfully; functions of motivational concepts, sources of motivation, sexual behaviors, nonhuman sexual behaviors, human sexual arousal and response, the evolution of sexual behaviors, sexual norms, homosexuality, motivation for personal achievement, need to achievement, attributions for success and failure, work and organizational psychology; understanding human personality.

4. **Students will be able to evaluate social science information, draw on different points of view, and formulate applications appropriate to contemporary social issues.**
   
   This objective is met through material presented in Chapters 2, 6, 13, and 16 in Feist & Rosenberg (2012), lectures, and multimedia presentations (e.g., films/videos, internet
activities/assignments). General topics addressed: analyzing psychological research, descriptive statistics, inferential statistics, becoming a wise consumer of statistics; the study of learning, evaluating the effectiveness of different learning procedures, the experimental analysis of behavior, observational learning; basic emotions and culture, functions of emotions, stress of living, physiological stress reactions, psychological stress reactions, coping with stress, health promotion, personality and health, job burnout and the health-care system.

5. **Students will be able to recognize the interactions of social institutions, culture, and environment with the behavior of individuals.**
   This objective is met through Chapters 14, 15, and 16 in Feist & Rosenberg (2012) and lectures, and multimedia presentations (e.g., films/videos, internet activities/assignments). General topics addressed: the power of the situation, altruism and prosocial behavior, the psychology of peace and conflict; constructing social reality, attitudes and attitude change, prejudice, social relationships; deciding who is abnormal, the problem of objectivity in defining abnormal behaviors, classifying psychological disorders, the etiology of psychopathology, anxiety disorders (types and causes), mood disorders (types and causes), gender differences in depression, suicide, psychological disorders in childhood, schizophrenic disorders, the stigma of mental illness.

**Program Learning Outcomes (PLO)**

Upon successful completion of the psychology major requirements…

*PLO1 – Knowledge Base of Psychology* – Students will be able to identify, describe, and communicate the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology.

*PLO2 – Research Methods in Psychology* – Students will be able to design, implement, and communicate basic research methods in psychology, including research design, data analysis, and interpretations.

*PLO3 – Critical Thinking Skills in Psychology* – Students will be able to use critical and creative thinking, skeptical inquiry, and a scientific approach to address issues related to behavior and mental processes.

*PLO4 – Application of Psychology* – Students will be able to apply psychological principles to individual, interpersonal, group, and societal issues.

*PLO5 – Values in Psychology* – Students will value empirical evidence, tolerate ambiguity, act ethically, and recognize their role and responsibility as a member of society.

**Library Liaison**

Bernd Becker
Phone: (408) 808-2348
Email: Bernd.becker@sjsu.edu
Classroom Protocol

Course requirements

1. Classes: This class covers a large amount of material; therefore, attending lectures is crucial for your success in this class. There is too much information discussed in class that cannot be found in text for you to do well in this course, without you attending regularly. If you want to do well, you will have to attend most every class. If you miss a class, you are responsible for getting the information from that class from a classmate. Please do NOT ask the instructor what was missed.

2. Exams: There will be two unit exams and one cumulative final exam, all of which consist of multiple-choice questions. You will have 1 1/4 hrs to complete each unit exam. You have 2 hrs to complete the final exam. **No bathroom breaks** will be allowed. In most cases, the exams will require no more than 45 minutes to one hour, so please take care of business before the exam.

   Make-up exams will be given **ONLY** when there is a documented excuse that must be approved by the professor (medical notes, etc.). A make-up exam will not be the same multiple choice exam that is given in class. The make-up exam will consist of 5 to 8 essay questions on topics covered in the text book and lecture, and it will be worth the same point value as the original exam.

   **If you show up more than 15 minutes late for ANY exam, you will not be allowed to complete your exam, and you will immediately get a zero with no opportunity for a makeup.** Exams will be given within the first 5 minutes of class start time and will be collected exactly 1 hour and 15 minutes from start time.

3. Quizzes: Complete the assigned quizzes on Canvas. You have to complete a quiz for each of the assigned chapters on the syllabus. There is a time-limit of 20 minutes; once you start you have 20 minutes to complete. No starts and stops and coming back hours or days later. There are **NO MAKE-UPS on quizzes** (NO EXCEPTIONS). You must do them during the time period they are assigned. You will take 10 quizzes throughout the semester. Each quiz is worth 10 points for a total of 100 quiz points for the semester.


   *Online and in-person (hard copy) submissions*

   You must turn in your assignments in two ways: (1) in person, printed copy of the completed paper; and (2) online upload on Canvas. This is a plagiarism detection and originality analysis system. You will receive feedback about the amount of copying you may have done in your paper before you turn in your final version. You can still correct any mistakes or plagiarism based on this feedback BEFORE you turn in your final paper by the deadline. Once the deadline has arrived, the last version uploaded will be your final paper. The
following file types are compatible with the online process: MS Word, WordPerfect, PostScript, Acrobat PDF, HTML, RTF, and Plain Text. If you plagiarize your paper it will be detected here. Plagiarism will result in a failure in the course and possible dismissal from the university. I assume that you have completed the plagiarism (tutorial available here: http://tutorials.sjlibrary.org/tutorial/plagiarism/index.htm) by the time you have taken this class. If not, please do so as it will help you avoid making costly mistakes.

5. **Participation:** Students should expect to participate in class discussions, small group work, and homework. Although attendance in class is not mandatory, students must be present to participate in class work and obtain homework assignments. Students who engage in class tend to do better on quizzes and tests. Each in class participation and homework activity will be worth an assigned point value that will go towards your participation points.

6. **Grade Checks:** Throughout the semester you may need to obtain your current grade for your major, athletic eligibility, or for a fraternity/sorority. In order to accommodate you with the information you need you MUST – Email your request a minimum of 24 hours in advance of class so your grade can be calculated, and that information can then be brought to class for your form. You MUST provide the necessary form to fill out. No grade checks will be provided outside of these guidelines. NO EXCEPTIONS!

7. **Expectation of Work Load:** It is important that you understand what the official CSU definition of a unit is. For every unit, it is expected that you spend 1 hour in class and 2 hours outside of class per week. That means for this course (3 units) that you be spending a total of at least 9 hours per week (3 in class and 6 outside of class).

8. **Recording Lectures:** Common courtesy and professional behavior dictates that you notify someone when you are recording him/her. You must obtain the instructor’s permission to make audio or video recordings in this class. This permission allows the recordings to be used for your private, study purposes only. The recordings are the intellectual property of the instructor; you have not been given any rights to reproduce or distribute the material.

   - It is suggested to include the instructor’s process for granting permission, whether in writing or orally and whether for the whole semester or on a class by class basis.
   - In classes where active participation of students or guests may be on the recording, permission of those students or guests should be obtained as well.
   - Course material developed by the instructor is the intellectual property of the instructor and cannot be shared publicly without his/her approval. You may not publicly share or upload instructor generated material for this course such as exam questions, lecture notes, or homework solutions without instructor consent.

**Dropping and Adding**

Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Refer to the current semester’s Catalog Policies section at http://info.sjsu.edu/static/catalog/policies.html. Add/drop deadlines can be found on the current academic calendar web page located at http://www.sjsu.edu/academic_programs/calendars/academic_calendar/. The Late Drop Policy
Assignments and Grading Policy

Your grade will be determined by the total number of points you earn throughout the semester. Points will be assigned as follows:

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Points</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Quizzes: 10 Quizzes</td>
<td>10 x 5 pts = 50</td>
<td>12.5%</td>
</tr>
<tr>
<td>1st Exam:</td>
<td>100 pts  = 100</td>
<td>25%</td>
</tr>
<tr>
<td>2nd Exam</td>
<td>100 pts  = 100</td>
<td>25%</td>
</tr>
<tr>
<td>Research Paper</td>
<td>50 pts.  = 50</td>
<td>12.5%</td>
</tr>
<tr>
<td>Final Exam:</td>
<td>100 pts  = 100</td>
<td>25%</td>
</tr>
<tr>
<td>Total possible points</td>
<td></td>
<td>100%</td>
</tr>
</tbody>
</table>

If SONA or the alternative assignment is not completed, your course grade will be reduced by 6%. This is a school policy. Instructors have no authority on this matter.

Course Grading scale

<table>
<thead>
<tr>
<th>Grade</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>A+</td>
<td>100%</td>
</tr>
<tr>
<td>A</td>
<td>94-99%</td>
</tr>
<tr>
<td>A-</td>
<td>90-91%</td>
</tr>
<tr>
<td>B+</td>
<td>87-89%</td>
</tr>
<tr>
<td>B</td>
<td>82-86%</td>
</tr>
<tr>
<td>B-</td>
<td>80-81%</td>
</tr>
<tr>
<td>C+</td>
<td>77-79%</td>
</tr>
<tr>
<td>C</td>
<td>72-76%</td>
</tr>
<tr>
<td>C-</td>
<td>70-71%</td>
</tr>
<tr>
<td>D</td>
<td>60-69%</td>
</tr>
<tr>
<td>F</td>
<td>&lt; 60%</td>
</tr>
</tbody>
</table>

Late Work: No Late Work Accepted. No exceptions!

Electronics Policy: There is absolutely no cell phone use during class. Phones must be kept in your bag and turned off; not on your desk or sloly on your lap. I can see you.

Many students utilize their laptops and tablets to take notes during class. If you have your laptop open during class, it can only be for note taking during lecture. If you use your computer in any other way (i.e. web surfing), there will be a no electronics rule for the entire class for the remainder of the semester. If you are expecting an urgent call you must notify the instructor before class, and then take your call outside of class without interruption to the classroom. If you are found using your cell phone in class you will lose participation points, if there are more than 5 incidents throughout the semester of people using their electronics inappropriately in the classroom than the entire class will start losing participation points. Notifications will go out via email to inform the class of violations of this policy.

Research shows that Websurfing/texting during class directly lowers your grade (and disrupts those around you). Go to:
http://chronicle.com/blogs/wiredcampus/students-stop-surfing-after-being-shown-how-in-class-laptop-use-lowers-test-scores/4576
University Policies

Academic integrity

Your commitment as a student to learning is evidenced by your enrollment at San Jose State University. The University’s Academic Integrity policy, located at http://www.sjsu.edu/senate/S07-2.htm, requires you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The Student Conduct and Ethical Development website is available at http://www.sjsu.edu/studentconduct/.

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person’s ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include your assignment or any material you have submitted, or plan to submit for another class, please note that SJSU’s Academic Policy S07-2 requires approval of instructors.

Campus Policy in Compliance with the American Disabilities Act

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 requires that students with disabilities requesting accommodations must register with the Accessible Education Center (AEC) at http://www.sjsu.edu/aec/ to establish a record of their disability.

Student Technology Resources

Computer labs for student use are available in the Academic Success Center located on the 1st floor of Clark Hall and on the 2nd floor of the Student Union. Additional computer labs may be available in your department/college. Computers are also available in the Martin Luther King Library.

A wide variety of audio-visual equipment is available for student checkout from Media Services located in IRC 112. These items include digital and VHS camcorders, VHS and Beta video players, 16 mm, slide, overhead, DVD, CD, and audiotape players, sound systems, wireless microphones, projection screens and monitors.

Learning Assistance Resource Center

The Learning Assistance Resource Center (LARC) is located in Room 600 in the Student Services Center. It is designed to assist students in the development of their full academic potential and to inspire them to become independent learners. The Center's tutors are trained and nationally certified by the College Reading and Learning Association (CRLA). They provide content-based tutoring in many lower division courses (some upper division) as well as
writing and study skills assistance. Small group, individual, and drop-in tutoring are available. Please visit the LARC website for more information at http://www.sjsu.edu/larc/.

**SJSU Writing Center**
The SJSU Writing Center is located in Room 126 in Clark Hall. It is staffed by professional instructors and upper-division or graduate-level writing specialists from each of the seven SJSU colleges. Our writing specialists have met a rigorous GPA requirement, and they are well trained to assist all students at all levels within all disciplines to become better writers. The Writing Center website is located at http://www.sjsu.edu/writingcenter/about/staff/.

**Peer Mentor Center**
The Peer Mentor Center is located on the 1st floor of Clark Hall in the Academic Success Center. The Peer Mentor Center is staffed with Peer Mentors who excel in helping students manage university life, tackling problems that range from academic challenges to interpersonal struggles. On the road to graduation, Peer Mentors are navigators, offering “roadside assistance” to peers who feel a bit lost or simply need help mapping out the locations of campus resources. Peer Mentor services are free and available on a drop –in basis, no reservation required. The Peer Mentor Center website is located at http://www.sjsu.edu/muse/peermentor/.

**Student Success and Wellness**
Attending to your wellness is critical to your success at SJSU. I strongly encourage you to take advantage of the workshops and programs offered through various Student Affairs Departments on campus such as Counseling Services, the SJSU Student Health Center/ Wellness & Health Promotion Dept., and Career Center. See http://www.sjsu.edu/wellness or http://www.sjsu.edu/counseling/Workshops/ for workshop/events schedule and links to many other services on campus that support your wellness! You may go to http://events.sjsu.edu to register for any one of the workshops.

**Psychology Department Writing Policy**

“The Department of Psychology has adopted the policy that designated written assignments will be returned ungraded for errors in organization, grammar, syntax, punctuation, misspelled words, and APA style. Returned paper may suffer a penalty of 10% on the final grade on the rewritten work. The revised paper must be returned within a maximum of seven calendar days and submitted with a copy of the original. This policy is in effect for all 100W and above and by instructor discretion for courses under 100.”

► Use APA style to cite your source in your text-paper. That is, when you paraphrase or quote from your source, at the end of the sentence or paragraph you must give the source(s) in parentheses, with last names of all authors and the date of publication. Do NOT do this in footnotes. HINT: any and all quotes must include the page numbers along with the author’s names and date of publication. Do not give page numbers unless you are quoting directly.
NOTE: Be careful not to lean too much on the words of the authors. When you paraphrase you need to use almost completely your own words. Plagarism is when 50% or more of the words from a sentence are not your own. Too many students often just change a word here and there from what the authors are writing. Read the article paragraph by paragraph and then sit down and summarize what you just read without really looking at the text.

You must:
- Double-space the entire paper (no exceptions)
- Have 1” margins and 12pt font size in Times New Roman
- Have a header with page # (in the “View” menu in Microsoft Word)
- Have a title page and reference page
  - Title page: title of article, your name, and education institution name
  - (note: title page and reference page do NOT count in the page total)

Include a reference section with your reference fully cited and referenced in APA style. The easiest way to know what APA style is to LOOK IN OUR TEXTBOOK. That is APA style.

Make sure you edit your own paper. Print it out after you finish it, read it out loud, and clarify sentences that are poorly structured or that are missing a smooth transition. Also, remember the Learning Assistance Resource Center (LARC)-- http://www.sjsu.edu/larc/. For instance, under the link at LARC for “WRC Writing Info” there are multiple grammar assistance websites, such as http://www.englishplus.com/grammar/. This site helps you understand all of the basics of writing, from run-on sentences to sentence fragments, etc. Make use of resources available. Good writing is a skill that doesn’t just happen. You have to work at it. The more you write and the more feedback you receive, the better writer you will be.

How to search for Articles:
It's easiest and best to get articles from PsychINFO (a database for psychology journals):
1. GO to www.sjlibrary.org
2. Then go to the “SJSU Students and Faculty Services” link on the left side of the page.
3. Then go to "Databases" under "Find Articles."
4. Then follow the "P" link to "PsychINFO." From home or off campus you will need to enter your SJSU SID and a library PIN code.
5. From the library you won’t need IDs or PWs.
6. Now you are in PsychINFO and can find your particular articles by author and/or journal title.
7. Just enter last name of first author and pull down “select a field” for “ AU author”;
   AND journal title “select a field” for “SO Publication Name”,
   AND year in “select field” for “PY Year of Publication”.
8. Once you locate the particular reference, follow the links to "get text" or click on the pdf directly. If you have to go to get text, then search for the PDF.
9. Download it to your computer.

Psychology Departmental Writing Policy

“The Department of Psychology has adopted the policy that designated written assignments will be returned ungraded for errors in organization, grammar, syntax, punctuation, misspelled
words, and APA style. Returned papers will suffer a **minimum penalty of 10%** on the final grade on the rewritten work. The revised paper must be returned within a maximum of **seven calendar days** and submitted with a copy of the original. This policy is in effect for all courses 100W and above and by instructor discretion for courses under 100.”
Reading Topics, Exams and Dates: Psych1, Spring 2017

Note: This course will follow this syllabus to the extent possible. The timing and specific nature of topics and activities may change. You are responsible for keeping informed of any changes made to the class syllabus. Such changes will be clearly stated in class and will be posted on the class web site. You are responsible for checking the class web site before each class. Therefore, it is extremely important to check the website before each class.

Table 1 Course Schedule

<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Topics, Readings, Assignments, Deadlines</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Jan. 30</td>
<td>Course Overview – Introduction/Syllabus</td>
</tr>
<tr>
<td></td>
<td>Feb 2</td>
<td>Introduction to Psychology</td>
</tr>
<tr>
<td></td>
<td></td>
<td>CH 1</td>
</tr>
<tr>
<td>2</td>
<td>Feb 6</td>
<td>Conducting Research in Psychology</td>
</tr>
<tr>
<td></td>
<td>Feb 8</td>
<td>CH 2</td>
</tr>
<tr>
<td>3</td>
<td>Feb 13</td>
<td>Biology of Behavior</td>
</tr>
<tr>
<td></td>
<td>Feb 15</td>
<td>CH 3</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Quiz Chapter 1 Due (On Canvas 2/13)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Quiz Chapter 3 Due (On Canvas 2/13)</td>
</tr>
<tr>
<td>4</td>
<td>Feb 20</td>
<td>Human Development</td>
</tr>
<tr>
<td></td>
<td>Feb 22</td>
<td>CH 5</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Quiz Chapter 5 Due (On Canvas 2/20)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Exam 1 Review</td>
</tr>
<tr>
<td>5</td>
<td>Feb 27</td>
<td>Examination 1 (Chapters 1, 2, 3, 5)</td>
</tr>
<tr>
<td></td>
<td>Mar 1</td>
<td>Conscience</td>
</tr>
<tr>
<td></td>
<td></td>
<td>CH 6 Chapter 6 (On Canvas 3/1)</td>
</tr>
<tr>
<td>6</td>
<td>Mar 6</td>
<td>Learning</td>
</tr>
<tr>
<td></td>
<td>Mar 8</td>
<td>CH 8</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Quiz Chapter 8 Due (On Canvas 3/6)</td>
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<tr>
<td></td>
<td></td>
<td>Exam 1 Results</td>
</tr>
<tr>
<td>7</td>
<td>Mar 13</td>
<td>Learning</td>
</tr>
<tr>
<td></td>
<td>Mar 15</td>
<td>CH 8</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Continues</td>
</tr>
<tr>
<td>8</td>
<td>Mar 20</td>
<td>Spring Break!!!!</td>
</tr>
<tr>
<td></td>
<td>Mar 22</td>
<td></td>
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<tr>
<td>#</td>
<td>Date</td>
<td>Events</td>
</tr>
<tr>
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<tr>
<td>9</td>
<td>Mar 27</td>
<td>Motivation and Emotion</td>
</tr>
<tr>
<td></td>
<td>Mar 29</td>
<td>CH 11</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Quiz Chapter 11 Due (On Canvas 3/27)</td>
</tr>
<tr>
<td>10</td>
<td>April 3</td>
<td>Stress and Health</td>
</tr>
<tr>
<td></td>
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<td>CH 12</td>
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<tr>
<td></td>
<td></td>
<td>Quiz Chapter 12 Due (On Canvas 4/3)</td>
</tr>
<tr>
<td></td>
<td>April 5</td>
<td>Exam 2 Review</td>
</tr>
<tr>
<td>11</td>
<td>April 10</td>
<td>Exam 2 (Ch. 6,8,11, &amp; 12)</td>
</tr>
<tr>
<td></td>
<td>April 12</td>
<td>Personality</td>
</tr>
<tr>
<td></td>
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<td>CH 13</td>
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<tr>
<td>12</td>
<td>April 17</td>
<td>Social Behavior</td>
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<td>April 19</td>
<td>CH 14</td>
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<td>Quiz Chapter 14 Due (On Canvas 4/19)</td>
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<td>13</td>
<td>April 24</td>
<td>Draft of Research Paper Due/Peer Editing</td>
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<td>April 26</td>
<td>Exam 2 Results</td>
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<td>14</td>
<td>May 1</td>
<td>Disorders of Mind, CH 15</td>
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<td>May 3</td>
<td>Quiz Chapter 15 Due (On Canvas 5/1)</td>
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<td>15</td>
<td>May 8</td>
<td>Treatment of Disorders, CH 16</td>
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<td>May 10</td>
<td>Quiz Chapter 16 Due (On Canvas 5/8)</td>
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<td>Research Paper Due</td>
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<td>16</td>
<td>May 15</td>
<td>Finish any remaining lecture</td>
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<td>Final Exam Review</td>
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<td>Last Exam</td>
<td>Monday, May 22</td>
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<td>FINAL EXAM</td>
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Department of Psychology Research Completion

An important part of the educational experience of the Psyc 1 is not only learning about important facts and findings from scientific research in psychology but also serving as a participant in research in psychology. Broad exposure to a variety of research methodologies (experiments, correlational studies, lab studies, online studies, etc.) will provide experiential knowledge for students. This experience contributes to Course Learning Objective 4, as well aligning with Program Learning Outcome 2 (Research Methods in Psychology).

Thus, it is mandated for Psyc 1 courses that each student obtains a certain number of hours as a participant in research studies in the department. Research participation will count towards your course grade.

You can view available studies offered by the psychology department and sign up for the research participation on the SONA online system:
https://sjsu.sona-systems.com/

Details on how to set up an account in SONA in order to participate in research is included in the handout and on the psychology department’s website.

There are several requirements by the department in order to receive full credit for research participation:

1) All students will need to complete at least one hour of their required research hours by March 1st.

2) Half of your research credit participation or 2 credit hours of your 4 hours must be in-person lab studies. Lab studies that require your physical attendance of an experiment held on campus, as opposed to online studies that include virtual participation in research.

Research participation will be treated as a course assignment worth 6% of the final course grade. But to obtain the full 6%, you will need to complete 4 hours of research participation and complete a 1 page summary of your experiences in one of the research studies for which you participated (1.5% per hour).

• If you elect to not participate in research, you can consider the alternative assignment option for full or partial credit for your research hours. Please see the distributed handouts on alternative assignment for details on the requirements.

Department of Psychology Policy for Awarding Research Hours for Partial Completion

For psychology students at SJSU, research participation is a requirement for completion of the Psyc 1 General Psychology course. However, it is the view of the department that proportional credit can be given in that points awarded should be commensurate with the effort expended by participants in studies.
Consistent with IRB ethical guidelines, participants can always elect to withdraw from a study for any reason. In these cases, credit will be granted in proportion to the amount of the study completed, with a minimum credit of 0.25 hours.

In cases where participants complete a study unreasonably quickly (e.g. 60 minutes online survey is completed in 5 minutes), credit will be granted in proportion to the amount of the study completed, with a minimum credit of 0.25 hours.

**ALTERNATIVE ASSIGNMENT INSTRUCTIONS**

For those students who are unable to participate in research studies due to age, lack of time, or missing an appointment (see no-show policy), you have the option of completing an Alternative Assignment that will count towards your research requirement hours for the semester.

Please note that students CAN COMBINE Alternative Assignment credits with research study credits to meet the specified semester credit requirements.

**DUE DATE:** A hard copy of the alternative assignment must be submitted to your instructor no later than May 16th, 2017 in order to receive full credit.

Emailed copies will NOT be accepted. Please DO NOT submit alternative assignments to the department office.

**INSTRUCTIONS:**

The alternative assignment consists of reading one scholarly journal article and providing a ½ page summary of the article as well as a ½ page reflection of the article. The alternative assignment write up should never exceed more than 1 page.

**SUMMARY:**

In ½ pages, briefly state the purpose of the article and summarize the findings/results. You may also mention the method used for collecting data as well.

**REFLECTION:**

In ½ pages, provide a brief reflection of your thoughts regarding the article. You can cover such topics as: Were the results surprising to you? How do you think this study adds to the field of psychology? What was your overall opinion of the article? Did you like it? Dislike it?

The credit (in hours) you receive will be dependent upon the length of the article(s) you read. The criteria are:

- 5 to 10 page article = 1 hour of credit
- 11 to 15 page article = 2 hours of credit
- 16 to 20 page article = 3 hours of credit
- 21+ page article = 4 hours of credit

Example: An article from pages 227-241 is counted as 2 hours of credit (14 pages)
ASSIGNMENT REQUIREMENTS:

1) A copy of the article MUST be attached to your write up. The article MUST SHOW the publication it came from and the page numbers. You may not type the name and page numbers in yourself.

2) Article must be from SCIENTIFIC, PEER-REVIEWED JOURNAL. You may choose any topic to write about as long as it is psychology related. *(NOTE: Newspapers, magazines, books, book reviews, dissertations or websites articles are inappropriate for this assignment. For example, San Jose Mercury News, Psychology Today, Newsweek, and Depression.com are all unacceptable sources.)*

3) A hard copy of your assignment and article must be submitted to your professor no later than May 16th in order to receive full credit. **Assignments submitted via email WILL NOT BE ACCEPTED!**

SOME HELPFUL TIPS:

The following are good examples of good scientific journals:

- American Psychologist
- Child Development
- Journal of Personality and Social Psychology

Psychology Databases can be accessed at the following link:

- [http://library.calstate.edu/sanjose/databases/subject/psychology](http://library.calstate.edu/sanjose/databases/subject/psychology)

Need help finding scholarly or peer reviewed articles? View this online tutorial from the King Library:

- [http://library.sjsu.edu/video/finding-scholarly-peer-reviewed-articles](http://library.sjsu.edu/video/finding-scholarly-peer-reviewed-articles)

ALTERNATIVE ASSIGNMENT FORMAT:

Please adhere to the following formatting instructions for your Alternative Assignment write up. Also, don’t forget to attach your article along with the write up! Failure to follow these instructions may result in partial credit.

(Top right side of the page)

Name

SJSU ID#

Professor’s name

Section #/ Day / Time of class

Title of the Article

Summary

In ½ pages, briefly state the purpose of the article and summarize the findings/results. You may also mention the method used for collecting data as well. Paragraph may be double-spaced. Make sure you have set your margins at one inch! Paragraphs must be a minimum of at least 5 sentences.
Reflection

In ½ pages, provide a brief reflection of your thoughts regarding the article. You can cover such topics as:

Were the results surprising to you? How do you think this study adds to the field of psychology? What was your overall opinion of the article? Did you like it? Dislike it? Paragraph may be double-spaced.

Make sure you have set your margins at one inch! Paragraphs must be a minimum of at least 5 sentences.

Department of Psychology Research Completion

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