San José State University
Department of Psychology

PSYC 112 (2) Psychology of the Adolescence, Section 20441

Spring 2018

Instructor: Naomi Wagner, PhD

Office Location: DMH # 310

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Office Hours: Mon, Wed 11:00 AM -12:00 Noon and by appointment

Class Days/Time: Mon, Wed 12:00-1:15 PM

Classroom: DMH # 355

Prerequisites: PSYC 001 General Psychology

Course on Canvas

Copies of the course materials such as the syllabus, chapter lecture notes, major assignment or handouts and study guides are posted on the class webpage on Canvas.

You are responsible for regularly checking with the messaging system through the Canvas in box (or other communication system as indicated by the instructor).
Canvas:
The course Canvas site is an online resource supplement for this course. Use of this site and the information provided is not a substitute for attending lectures. The site will be updated regularly throughout the semester.

To access the Canvas site go to http://www.sjsu.edu/at/ec/canvas/ and click on “Log in to Canvas”
Username = SJSU 9-digit ID
Password = your current SJSUOne password
For additional information or help with logging in:

Canvas Student Tutorial:
http://www.sjsu.edu/at/ec/canvas/

SJSU Course Catalogue Description:
“Adolescent personality as the product of cultural and psychological factors, emphasizing normal behavior and development.”

Course Description

- This course introduces the student to the experience of adolescence in today’s changing world, as we have entered a new millennium. Young people of today need to be ready to meet the challenges of the Information Age- technological revolution.
- The purpose of this course is to introduce information about a variety of important issues and possible challenges often faced young people. There will be a few recurring themes throughout several portions of the course. One of the themes of the course is the extent to which the meaning of adolescence is culturally constructed and to what extent, at the same time, it has become more uniform on the background of globalization and the inevitable exposure to information world-wide via social media platforms.
- A second general theme is whether and how adolescence may serve as a “transitional” period between childhood and later development, and to what extent the Emerging Adulthood concept is affecting the concept of what adolescence is.
- Finally, a third general theme will examine the importance of the adolescent years for the development of a sense of identity, especially on the background of the rapid social changes we are witnessing today.
- The textbook and lectures will be the main source of information. It is expected that you will have completed the assigned readings before each class meeting
Course Goals and Student Learning Objectives

Upon successful completion of this course, students will be able to:

CLO1: Understand the biological, cognitive, social, and emotional changes that take place during adolescence

CLO2: Recognize the diversity in pubertal timing and pace, and its impact on the adolescent

CLO3: Be familiar with changing family structure and its impact on the adolescent

CLO4: Identify conditions and situations that may facilitate survival and success in today’s economic and social environment

CLO5: Describe the process of identity formation in adolescence

CLO6: Become familiar with socializations goals for boys and girls in different cultures

CLO7: Recognize factors that lead to risky behaviors in adolescence

CLO8: Be familiar with mental disorders that afflict adolescents, and with interventions

Measurement of the course learning outcomes will be achieved via evaluation of the student’s performance on chapter review questions, the midterms, term-paper, and a cumulative final exam.

Program Learning Outcomes (PLO)

Upon successful completion of the psychology major requirement

The following goals are expected to be accomplished:

PLO1 – Knowledge Base of Psychology – Students will be able to identify, describe, and communicate the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology.

PLO2 – Research Methods in Psychology – Students will be able to design, implement, and communicate basic research methods in psychology, including research design, data analysis, and interpretations.

PLO3 – Critical Thinking Skills in Psychology – Students will be able to use critical and creative thinking, skeptical inquiry, and a scientific approach to address issues related to behavior and mental processes.
**PLO4 – Application of Psychology** – Students will be able to apply psychological principles to individual, interpersonal, group, and societal issues.

**PLO5 – Values in Psychology** – Students will value empirical evidence, tolerate ambiguity, act ethically, and recognize their role and responsibility as a member of society.

**Required Texts/Readings**

**Textbook**

![Adolescence and Emerging Adulthood: A Cultural Approach](image)

by Jeffrey Jensen Arnett

- **Publisher:** Pearson
- **Print ISBN:** 9780134005942, 0134005945
- **eText ISBN:** 9780134006048, 0134006046
- **Edition:** 6th
- **Copyright year:** 2018

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NOTE that University policy F69-24, “Students should attend all meetings of their classes, not only because they are responsible for material discussed therein, but because active participation is frequently essential to insure maximum benefit for all members of the class. Attendance per se shall not be used as a criterion for grading.”
Definition of a Credit Hour
Success in this course is based on the expectation that students will spend, for each unit of credit, a minimum of forty-five hours over the length of the course (normally 3 hours per unit per week with 1 of the hours used for lecture) for instruction or preparation/studying or course related activities including but not limited to internships, labs, clinical practica. Other course structures will have equivalent workload expectations as described in the syllabus. As an example, the expectation of work for a 3-credit course is 150-minutes of direct faculty instruction and six hours of out-of-class student work each week.

Classroom Protocol
This course is based on the active participation of the student, and the main expectations are READING and ATTENDANCE. You are expected to read the assigned materials before class, so that the teacher can elaborate and expand. Because of time constraints it may not be impossible to cover all the segments of a given unit. However, you are responsible for all the assigned reading, as the exams will include questions from all part of the reading. Some parts of the chapters will be skipped, please see reading list below.

Students are expected to:
- Maintain polite and considerate behavior toward their fellow students and the instructor.
- Refrain from text-message during class
- Refrain from making or receiving phone calls during class
- Refrain from surfing the Internet during class.
- Refrain from leaving class to use their cell-phone.

Recording of Class Lectures
Common courtesy and professional behavior dictates that you notify someone when you are recording him/her. You must obtain the instructor’s permission to make audio or video recordings in this class. This permission allows the recordings to be used for your private, study purposes only. The recordings are the intellectual property of the instructor; you have not been given any rights to reproduce or distribute the material.

Course material developed by the instructor is the intellectual property of the instructor and cannot be shared publicly without his/her approval. You may not publicly share or upload instructor-generated material for this course such as exam questions, lecture notes, or homework solutions without instructor consent.
Attendance:
Your regular attendance and participation are factors contributing to the successful completion of this course. If you do not attend class you will miss on the opportunity to ask questions and to get clarifications. In addition, please make all effort to come to class on time. Tardiness disturbs the instructor and other students, and also deprives you of the short reviews of the previous lecture that are presented at the beginning of each class.

If you hold a full time job, please make all effort to attend class regularly, and to study each night for at least an hour and a half. Cramming before the test has not been very effective for most students. As you read, take notes and go over the material that has been discussed in class, pay attention to concepts, and examples of these concepts. Be familiar with important studies.

Teacher Availability:
Do not hesitate to e-mail me or to come by with questions. If you have not done so well on any of the tests, please come to see me ASAP, in order to go over test questions that you missed, so we can understand how you interpreted the questions, and devise strategies for doing better on the next test.

Dropping and Adding
Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Refer to the current semester’s Catalog Policies section at http://info.sjsu.edu/static/catalog/policies.html. Add/drop deadlines can be found on the current academic calendar web page at http://www.sjsu.edu/provost/Academic_Calendar/. The Late Drop Policy is available at http://www.sjsu.edu/aars/policies/latedrops/policy/. Students should be aware of the current deadlines and penalties for dropping classes.

Information about the latest changes and news is available at the Advising Hub at http://www.sjsu.edu/advising/.

Extra Credit:
Please note that I do not give extra-credits. Your mastery of the subject matter as measured on the exams is the factor that counts.

Chapter Review Questions:

At the end of each chapter we will respond to review questions that are listed and the end of each chapter in the textbook. These questions are aimed at helping you process and retain the information. Part of the questions will be
covered in class, as time permits, and the rest please do on your own. This activity is also very important as preparation for the tests.

Exams:

- We will have 3 midterms and a final. Each midterm will consist of 50 multiple-choice questions and will cover 2-3 chapters. The questions are factual (specific information), conceptual (assigning a concept to a scenario), and applied (use the information to offer solution to a problem). Each midterm will cover about 3 to 4 chapters. Please bring a scantron (#882) and a pencil. The Final is selectively cumulative- that is, it will cover the central themes for topics studied earlier in the class and the 2 new chapters. The materials of midterm #3 will NOT be on the final.
- You need to being a scantron #882 and a pencil. Please make sure the scantron is not messed up, folded, wrinkled, etc- as such conditions mess-up the scantron machine.
- You will receive study guide for each exam.

No bathroom breaks will be allowed, except under dire situations and even then it may not exceed 3 minutes. In most cases, the exams will require no more than 40 minutes to one hour, so please take care of business before the exam.

Term paper: (See instructions on Canvas)

- This is a research paper that is based on a literature review for at least 3 studies (no more than 5)
- The Topic is Adolescents and Media Use
- See description of the topic in the PPT on Canvas
- The topic will be researched, using no more than 3-5 empirical articles from peer-reviewed psychological journals, preferably from the late 1990’s on. The paper will be double-spaced, font #12, and around 10-12 pages, not including the bibliography. The paper counts for 10% of your grade. Please see grading rubric on Canvas under Assignments.
- Please pay attention to the issue of plagiarism. A guide regarding plagiarism is posted under Modules. Canvas has a system (Turnitin) to detect plagiarism, and the paper will be disqualified if plagiarism exceeds 25%.
- The paper should be uploaded to Canvas (Go to the Assignments link) as Word Doc or Docx- Not any other format, by the deadline, May 10, 2018, at 1:59 PM. The Canvas Upload function will close at that time. You have almost to the last week of the semester, and late papers will not be accepted.
Structured of Grade:

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<th>Grade Component</th>
<th>Points Available</th>
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<tr>
<td>3 midterms (50 pts each)</td>
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The grading scale:

A+ 95-100%
A 92- 94
A- 88 -91
B+ 85- 87
B 82 - 84
B- 78 - 81
C+ 75- 77
C 72- 74
C- 69- 71
D+ 66- 68
D 63- 65
D- 60- 62
F <60

Exam Dates:
Midterm 1: Wed, February 28, 2018
Midterm 2: Wed, April 11, 2018
Midterm 3: Wed, May 9, 2018

Final: Tuesday, May 22, 2018; 12:15-14:30 PM

Make up exams:
Please note exam dates and plan your trips and events accordingly. You will be allowed to reschedule an exam ONLY upon the presentation of documented medical reason, or if you have a mandatory, documented school activity.

University Policies

Academic integrity
Your commitment as a student to learning is evidenced by your enrollment at San Jose State University. The University’s Academic Integrity policy, located at http://www.sjsu.edu/senate/S07-2.htm, requires you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The Student Conduct and Ethical Development website is available at http://www.sjsu.edu/studentconduct/.

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person’s ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include your assignment or any material you have submitted, or plan to submit for another class, please note that SJSU’s Academic Integrity Policy S07-2 requires approval of instructors.

Campus Policy in Compliance with the American Disabilities Act

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 at http://www.sjsu.edu/president/docs/directives/PD_1997-03.pdf requires that students with disabilities requesting accommodations must register with the Accessible Education Center (AEC) at: http://www.sjsu.edu/aec to establish a record of their disability.

In 2013, the Disability Resource Center changed its name to be known as the Accessible Education Center, to incorporate a philosophy of accessible education for students with disabilities. The new name change reflects the broad scope of attention and support to SJSU students with disabilities and the University's continued advocacy and commitment to increasing accessibility and inclusivity on campus.
Student Technology Resources

Computer labs for student use are available in the Academic Success Center at http://www.at.sjsu.edu/asc/ located on the 1st floor of Clark Hall and in the Associated Students Lab on the 2nd floor of the Student Union. Additional computer labs may be available in your department/college. Computers are also available in the Martin Luther King Library.

A wide variety of audio-visual equipment is available for student checkout from Media Services located in IRC 112. These items include DV and HD digital camcorders; digital still cameras; video, slide and overhead projectors; DVD, CD, and audiotape players; sound systems, wireless microphones, projection screens and monitors.

SJSU Peer Connections

The Learning Assistance Resource Center (LARC) and the Peer Mentor Program have merged to become Peer Connections. Peer Connections is the new campus-wide resource for mentoring and tutoring. Our staff is here to inspire students to develop their potential as independent learners while they learn to successfully navigate through their university experience. Students are encouraged to take advantage of our services which include course-content based tutoring, enhanced study and time management skills, more effective critical thinking strategies, decision making and problem-solving abilities, and campus resource referrals.

In addition to offering small group, individual, and drop-in tutoring for a number of undergraduate courses, consultation with mentors is available on a drop-in or by appointment basis. Workshops are offered on a wide variety of topics including preparing for the Writing Skills Test (WST), improving your learning and memory, alleviating procrastination, surviving your first semester at SJSU, and other related topics. A computer lab and study space are also available for student use in Room 600 of Student Services Center (SSC).

Peer Connections is located in three locations: SSC, Room 600 (10th Street Garage on the corner of 10th and San Fernando Street), at the 1st floor entrance of Clark Hall, and in the Living Learning Center (LLC) in Campus Village Housing Building B. Visit Peer Connections website at http://peerconnections.sjsu.edu for more information.

SJSU Writing Center

The SJSU Writing Center is located in Suite 126 in Clark Hall. It is staffed by professional instructors and upper-division or graduate-level writing specialists from each of the seven SJSU colleges. Our writing specialists have met a rigorous
GPA requirement, and they are well trained to assist all students at all levels within all disciplines to become better writers. The [Writing Center staff](http://www.sjsu.edu/writingcenter/about/staff/) can be found at http://www.sjsu.edu/writingcenter/about/staff/.

**PSYC 112 (2) Adolescence, Spring 2018 Course Schedule**

*Please note: The sequence of the topics will remain, though we may allocate different amount of times to some of the topics.*

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