San José State University
College of Social Sciences
Psychology 110 (07)
Adult Psychopathology (Abnormal Psychology)
Fall 2018

Instructor: Erin Woodhead, Ph.D.
Office Location: DMH 316
Telephone: (408) 924-5654
Email: Erin.Woodhead@sjsu.edu
Office Hours: Thursdays 1:30-3:30
Class Days/Time: T/Th 9-10:15
Classroom: DMH 358
Prerequisites: PSYC 1

You are responsible for all of the material in this syllabus including due dates and times, location of assignments on Canvas, and the course and university’s policy on academic integrity.

Course Description
From the SJSU Catalog: Description: Nature, causes, assessment, and treatment of behavioral, emotional, and personality problems of adults. Emphasis on psychological, social, and biological determinants of human behavioral and psychological disturbance. Prerequisite: PSYC 001.

This course is designed to provide you with an overview of the range of human behaviors described as “abnormal.” We will discuss the definition of normality and abnormality, how these definitions have changed over time, and models of understanding human behavior and suffering. We will also discuss specific syndromes and diagnostic categories of psychopathology and will survey some of the treatments used for these disorders. You need to have taken Psychology 1 to enroll in and get credit for this course.

Course Goals and Student Learning Outcomes
The two primary goals of the course are (1) to provide students with a general understanding of the various types of psychological disorders discussed within the field of psychological science, (2) to provide a basic familiarity with evidence based
treatments for some disorders, (3) to recognize the important role of culture and contextual variables in the assessment, diagnosis, and treatment of psychopathology, and (4) to develop an ability to think critically about these disorders and the study of them as abnormal behavior.

Specifically, our course outcomes are as follows:

**CLO1 – Critical thinking development: Historical context**

Upon successful completion of this course, students will be able to discuss the importance of history and context when examining and classifying psychological disorders and their treatments.

**CLO2 – Knowledge based and application development: Understanding paradigms**

Upon successful completion of this course, students will be able to describe the major paradigms (biological, cognitive, behavioral, psychodynamic, and sociocultural) used in understanding the etiology, assessment, classification, and treatment of psychological problems.

**CLO3 – Research Methods development: Clinical science**

Upon successful completion of this course students will be able to describe the role of science (with its varying methods) in the study of “normal” and “abnormal” behavior.

**CLO4 – Critical thinking and application: Classification**

Upon successful completion of this course students will be able to identify the process of classification and explain its dependence on theoretical paradigms including the use of the current diagnostic system for psychopathology.

**CLO5 – Critical thinking and application: Assessment**

Students will be able to name different purposes of assessment of abnormal behavior, and to identify different modalities appropriate to these purposes.

**CLO6 – Knowledge base and application & Values in psychology - Evidence based interventions development**

Students will be able to identify different types of psychological, social, and biological interventions used in treating psychological problems and clinical disorders and the value of empirical evidence for those interventions.

These goals will be evidenced through the following assessment strategies:

1. Three exams (multiple choice and short answer) will cover topics from all of the above CLOs.
2. In class, collaborative quizzes will determine critical thinking and application of concepts to clinical situations (asses all CLOs).
3. In class activities will help students apply the material to clinical cases and other current issues in the field (asses all CLOs).

**Program Learning Outcomes (PLO)**

Upon successful completion of the psychology major requirements:

**PLO1 – Knowledge Base of Psychology** – Students will be able to identify, describe, and communicate the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology.

**PLO2 – Research Methods in Psychology** – Students will be able to design, implement, and communicate basic research methods in psychology, including research design, data analysis, and interpretations.

**PLO3 – Critical Thinking Skills in Psychology** – Students will be able to use critical and creative thinking, skeptical inquiry, and a scientific approach to address issues related to behavior and mental processes.

**PLO4 – Application of Psychology** – Students will be able to apply psychological principles to individual, interpersonal, group, and societal issues.

**PLO5 – Values in Psychology** – Students will value empirical evidence, tolerate ambiguity, act ethically, and recognize their role and responsibility as a member of society.

**Required Texts/Readings**

There is one text required for the course and it can be purchased from the bookstore or on-line at your favorite used (or new) book site. I expect you to have completed the readings prior to the class meeting for that topic. You will need to do this to complete the in class, collaborative quizzes. In addition, this will greatly facilitate our discussions and will help you get answers to questions that will arise while you read the material.


**Library Liaison**

The library liaison for the Psychology Department is Bernd Becker. You can contact him at (408) 808-2348 or at Bernd.Becker@sjsu.edu if you have library research questions, or questions about accessing library resources.

**Course Requirements and Assignments**

Success in this course is based on the expectation that students will spend, for each unit of credit, a minimum of 45 hours over the length of the course (normally 3 hours per unit per week with 1 of the hours used for lecture) for instruction or preparation/studying or course related activities including but not limited to internships, labs, clinical practica. Other course structures will have equivalent workload expectations as described in the
syllabus. As an example, the expectation of work for a 3-credit course is 150-minutes of direct faculty instruction and six hours of out-of-class student work each week.

For all of the assignments, late work is not accepted. This class has a total of 320 points:

<table>
<thead>
<tr>
<th>Assessment Items and Their Value</th>
<th>How Many?</th>
<th>% of Final Grade</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Exams</td>
<td>3</td>
<td>150/320=47%</td>
<td>150 total (50 each)</td>
</tr>
<tr>
<td>Quizzes</td>
<td>11</td>
<td>110/320=34%</td>
<td>120 total (10 each)</td>
</tr>
<tr>
<td>Class Activities</td>
<td>12</td>
<td>60/320=19%</td>
<td>65 total (5 each)</td>
</tr>
</tbody>
</table>

**Exams**

There are 3 exams in this class and they will be 30 multiple choice questions (1 point each) and 10 short answer questions (2 points each) for a total of 50 points per exam. You will need a number 2 pencil and a clean, unwrinkled Scantron (form no. 882-E). I will provide the materials needed for the short answer part of the exam. The exams will cover readings from both the text and the class lectures. You will have the whole class period for the exam (1 hr, 15 mins). You are allowed to bring as many pages of hand-written notes to the exam as you need (8.5x11” pages, front and back). Note pages will need to be checked by the instructor prior to the start of the exam. A study guide that lists relevant concepts will be available for each exam.

You will be allowed to re-schedule an exam only for medical reasons or if you have a mandatory school activity. However, you must bring me a note to that effect from a doctor or from the school advisor of that activity (such as the coach). Please contact me prior to the day of the exam if you cannot make the exam time.

**Final Examination or Evaluation**

The final examination will be the third exam, which is not cumulative. The final exam will count the same as any other exam, and you will be allowed to use a hand-written notes page, like the other exams. See the last page of the syllabus (course calendar) for information about the time and date of the final exam.

**In Class, Collaborative Quizzes**

In most of our Tuesday classes, you will complete a closed-notes collaborative quiz based on the reading from the textbook. Collaborative means that you will work with one other student of your choice and turn the quiz in with both of your names on it. You will receive the same points for the quiz. The format of the quiz will vary but it will always be worth 10 points. You do not need to work with the same classmate for each quiz but you
will be asked to alternate whether you write the response to the quiz or whether your partner writes the response.

Class Activities

In most of our Thursday classes, you will be asked to complete a class activity worth 5 points. This activity will most likely be completed in groups and will emphasize the applied components of our class. The instructor reserves the right to reduce the points you receive on the class activity if you arrive late to class, even if you are present for the class activity. You will not be able to make up the class activity if you miss class, unless you have provided an acceptable excuse prior to the day of the activity.

Classroom Protocol

Class disruptions are not tolerated. Students will be asked to leave if they are being disruptive to fellow students or the professor. Disruptions include but are not limited to cell phones going off for any reason (even accidental), talking when not participating in an instructor-assigned activity, and not paying attention (e.g., reading the newspaper, sleeping). Please place phones on silent mode during class. If you must make or answer a call, please excuse yourself from class for such activity. In accordance with university policies on student conduct, it is expected that you will treat other students and the instructor with courtesy and respect. Additionally, since this class is conducted where you have wireless Internet access, please do not browse the web during class. If I or other students deem your laptop use distracting to others, you will have to stop using the computer. This policy is in existence so that you do not distract me or other students. I reserve the right to ask you to put the computer or phone away at any time. Failure to do so may result in you being asked to leave the classroom and dropped from the course.

Attendance is not required, but it is strongly encouraged. Your grade will suffer if you do not attend class. If you have to miss a class, I strongly recommend that you speak with somebody in the class about what you missed and get any additional notes that they took, since the notes available for download will often only be an outline and the notes taken in class will be a better source of preparation for exams. Please do not email me and ask me what you missed.

Grading Information

Your final letter grade will be based on a percentage obtained by dividing your points by the total points for this course (335 total points). I will use the following grading rubric.

Please note that I do not round your grades:

- 97.0 to 100 = A+
- 93.0 to 96.9 = A
- 90.0 to 92.9 = A-
- 87.0 to 89.9 = B+
- 83.0 to 86.9 = B
- 80.0 to 82.9 = B-
- 77.0 to 79.9 = C+
- 73.0 to 76.9 = C
- 70.0 to 72.9 = C-
- 67.0 to 69.9 = D+
- 63.0 to 66.9 = D
- 60.0 to 62.9 = D-
- 59.9 or less = F
University Policies

Per University Policy S16-9, university-wide policy information relevant to all courses, such as academic integrity, accommodations, etc. will be available on Office of Graduate and Undergraduate Programs’ Syllabus Information web page at http://www.sjsu.edu/gup/syllabusinfo/”
## Adult Psychopathology (PSYC 110) Fall 2018

Notes: Schedule is subject to change with fair notice – if changed, I will announce it via Canvas messaging.

<table>
<thead>
<tr>
<th>Week</th>
<th>Dates</th>
<th>Lecture Topic</th>
<th>Readings</th>
<th>Assignments</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>8/21 and 8/23</td>
<td>Introduction; Syllabus Review; Start Ch. 1</td>
<td>Ch. 1</td>
<td>1) Read the syllabus</td>
</tr>
<tr>
<td>2</td>
<td>8/28 and 8/30</td>
<td>The meaning of abnormal behavior/Historical overview</td>
<td>Ch. 1</td>
<td>1) Quiz 1 (Tuesday) 2) Class Activity 1 (Thursday)</td>
</tr>
<tr>
<td>3</td>
<td>9/4 and 9/6</td>
<td>Paradigms of Abnormality</td>
<td>Ch. 2</td>
<td>1) Quiz 2 (Tuesday) 2) Class Activity 2 (Thursday)</td>
</tr>
<tr>
<td>4</td>
<td>9/11 and 9/13</td>
<td>Classification and Assessment</td>
<td>Ch. 3</td>
<td>1) Quiz 3 (Tuesday) 2) Class Activity 3 (Thursday)</td>
</tr>
<tr>
<td>5</td>
<td>9/18 and 9/20</td>
<td>Research Methods</td>
<td>Ch. 4</td>
<td>1) Quiz 4 (Tuesday) 2) Class Activity 4 (Thursday)</td>
</tr>
<tr>
<td>6</td>
<td>9/25 and 9/27</td>
<td>9/25: Exam 1 (Ch. 1-4) 9/27: Substance Use Disorders</td>
<td>Ch. 11</td>
<td>No assignments besides Exam 1</td>
</tr>
<tr>
<td>7</td>
<td>10/2 and 10/4</td>
<td>Anxiety Disorders</td>
<td>Ch. 5</td>
<td>1) Quiz 5 (Tuesday) 2) Class Activity 5 (Thursday)</td>
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<tr>
<td>8</td>
<td>10/9 and 10/11</td>
<td>Mood Disorders and Suicide</td>
<td>Ch. 7</td>
<td>1) Quiz 6 (Tuesday) 2) Class Activity 6 (Thursday)</td>
</tr>
<tr>
<td>9</td>
<td>10/16 and 10/18</td>
<td>Personality Disorders</td>
<td>Ch. 12</td>
<td>1) Quiz 7 (Tuesday) 2) Class Activity 7 (Thursday)</td>
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<tr>
<td>10</td>
<td>10/23 and 10/25</td>
<td>Eating and Sleep-Wake Disorders</td>
<td>Ch. 8</td>
<td>1) Quiz 8 (Tuesday) 2) Class Activity 8 (Thursday)</td>
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<tr>
<td>11</td>
<td>10/30 and 11/1</td>
<td>10/30: Exam 2 (Ch. 5, 7, 8, 11, 12) 11/1: Sexual Dysfunctions and Gender Dysphoria</td>
<td>Ch. 10</td>
<td>No assignments besides Exam 2</td>
</tr>
<tr>
<td>12</td>
<td>11/6 and 11/8</td>
<td>Schizophrenia and Other Psychotic Disorders</td>
<td>Ch. 13</td>
<td>1) Quiz 9 (Tuesday) 2) Class Activity 9 (Thursday)</td>
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<tr>
<td>Week</td>
<td>Dates</td>
<td>Topic</td>
<td>Chapter</td>
<td>Activity Details</td>
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| 13   | 11/13 and 11/15 | Somatic Symptom Disorder and Dissociative Disorder | Ch. 6   | 1) Quiz 10 (Tuesday)  
2) Class Activity 10 (Thursday) |
| 14   | 11/20       | Catch-up Day                               | none    | 1) Class Activity 11 (Tuesday) (no quiz)             |
| 15   | 11/27 and 11/29 | Neurocognitive Disorders                   | Ch. 15  | 1) Quiz 11 (Tuesday)  
2) Class Activity 12 (Thursday) |
| 16   | 12/4 and 12/6 | Legal and Ethical Issues                   | Ch. 16  | None                                                  |

**Final Exam:** Thursday Dec. 13, 7:15-9:00am (Chapters 6, 10, 13, 15, 16) not cumulative