San José State University
College of Social Sciences / Psychology Department
PSYC 160-05, Clinical Psychology, Section 5, Spring, 2020

Course and Contact Information

Instructor: Alen Yaghoubi, Ph.D.
Office Location: Dudley Moorhead Hall (DMH) 232
Telephone: None, email preferred
Email: alen.yaghoubi@sjsu.edu
Office Hours: Fridays, 3:45 – 4:45p, by appointment
Class Days/Time: Fridays, 1:00 – 3:45p
Classroom: Clark 234
Prerequisites: PSYC 001

Canvas: SJSU Course Management
Course materials such as syllabus, handouts, notes, and assignment instructions can be found on Canvas learning management system course website. You are responsible for regularly checking the Canvas course shell to learn of any updates.

Course Description
Survey of clinical psychology as a profession. Emphasis placed on training models, specializations within the field, the scientific study of psychological interventions, and the graduate school admissions process for masters and doctoral level psychotherapists.

Course Learning Outcomes (CLO)

Upon successful completion of this course, students will be able to:

CLO1 – Knowledge Base and Critical Thinking Skills – Survey of the Field of Clinical Psychology

Upon successful completion of this course, you will be able to describe the historical roots of clinical psychology and current issues facing the field (e.g. training psychotherapists, cultural competency, the role of diagnosis in treatment planning, evidence-based treatment approaches).

CLO2 – Application and Critical Thinking Skills – Graduate Training, Licensing, and Careers in Clinical Psychology

Upon successful completion of this course, you will be able to identify the different types of training programs that lead to different degrees (masters and doctorate), corresponding licenses (MFT, LCSW, licensed clinical
psychologist), and the advantages and challenges in each of these professional paths. Describe the different specializations within clinical psychology.

**CLO3 – Research Methods – Science of Clinical Psychology**

Upon successful completion of this course, you will be able to describe the role of science in the study of clinical psychology and the unique approaches to documenting clinical change and its use in evidence-based practice including single case methodology, randomized trials, and the concept of clinical vs. statistical significance. Discuss application of science in evaluating treatments as a consumer.

**CLO4 – Knowledge Base, Critical Thinking Skills, and Application – Theoretical Paradigms and General Issues in Psychotherapy**

Upon successful completion of this course, you will be able to describe and identify the major theories/models used in the assessment, classification, treatment of psychological problems, the rationale for treatment or technique selection, as well as general issues in psychotherapy.

**CLO5 – Knowledge Base and Values – Cultural Sensitivity and Contextual Variables**

Upon successful completion of this course, you will be able to identify the role that culture, gender, racial identity, sexual orientation, and other contextual variables play in case conceptualization and psychological interventions, as well as the training of mental health professionals.

**CLO6 – Knowledge Base and Values – Ethics in Clinical Psychology**

Upon successful completion of this course, you will be able to demonstrate familiarity with the code of ethics and ethical principles for practicing psychotherapists and the limitations of confidentiality.

**CLO7 – Knowledge Base and Application of Psychology – Assessment in Clinical Psychology**

Upon successful completion of this course, you will be able to identify the types of assessments administered by psychotherapists and the role of assessment in identifying psychological problems and determining psychotherapy interventions. Discuss the scientific evaluation of assessment devices (including reliability and validity) and the importance of these data in determining the value and applicability of these instruments in clinical work.

**Program Learning Outcomes (PLO)**

Upon successful completion of the psychology major requirements:

**PLO1 – Knowledge Base of Psychology** – Students will be able to identify, describe, and communicate the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology.

**PLO2 – Research Methods in Psychology** – Students will be able to design, implement, and communicate basic research methods in psychology, including research design, data analysis, and interpretations.

**PLO3 – Critical Thinking Skills in Psychology** – Students will be able to use critical and creative thinking, skeptical inquiry, and a scientific approach to address issues related to behavior and mental processes.

**PLO4 – Application of Psychology** – Students will be able to apply psychological principles to individual, interpersonal, group, and societal issues.
PLO5 – Values in Psychology – Students will value empirical evidence, tolerate ambiguity, act ethically, and recognize their role and responsibility as a member of society.

Required Texts/Readings

Textbook

Library Liaison
San José State University Library (408) 924-2823, [http://library.sjsu.edu](http://library.sjsu.edu)
Christa Bailey, Reference Librarian and Liaison for the Psychology Department
[Christa.Bailey@sjsu.edu](mailto:Christa.Bailey@sjsu.edu), (408) 808-2422

Course Requirements and Assignments

SJSU classes are designed such that in order to be successful, it is expected that students will spend a minimum of forty-five hours for each unit of credit (normally three hours per unit per week), including preparing for class, participating in course activities, completing assignments, and so on. More details about student workload can be found in [University Policy S12-3](http://www.sjsu.edu/senate/docs/S12-3.pdf).

**For all assignments:**
- More information and detailed grading guidelines are posted on Canvas.
- APA 6th edition formatting is required for all coursework (double spaced, 1” margins, 12 pt Times New Roman font). Outside sources should be scholarly and should be cited in accordance with APA 6th edition requirements.

Class Participation (20 points)
According to University policy F69-24, “Students should attend all meetings of their classes, not only because they are responsible for material discussed therein, but because active participation is frequently essential to ensure maximum benefit for all members of the class. Attendance per se shall not be used as a criterion for grading.”

Throughout the course, students will have to engage in four Discussions on Canvas, worth five (5) points each. Students are expected to have completed reading and homework assignments before each class to be able to discuss course content.

Quizzes (3 x 10 points = 30 points)
1. You will have three quizzes throughout the semester to test your knowledge on various psychological concepts, principles, and facts. Quizzes will compromise of questions from, but not limited to, lectures, textbook, and journal articles.

Cultural Diversity Paper (15 points)
In a brief paper, students will address the following questions:
1. Identify a specific culture you’d like to discuss.
2. Discuss three issues a Clinical Psychologist should be aware of when working with that selected culture.
3. Identify two ethical principles that are relevant to diversity.
4. Describe two methods in which someone can pursue cultural competence.
Final Specialty Presentation (35 points)
Students will present on a Specialty field within Psychology addressing the following information:
1. Identify a specialty.
2. Provide the historical context as to why the specialty was created and what need it addressed.
3. What is the prevalence of this specialty?
4. Explain the purpose of the specialty
   a. Which population does it serve?
   b. What unique treatment(s) are provided?
   c. What unique assessments are provided?
5. What specific ethical considerations are relevant?
6. Discuss if the specialty requires an additional certification and/or accreditation before practicing.

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<thead>
<tr>
<th>Assignment</th>
<th>CLOs</th>
<th>Due Dates</th>
<th>Points / Percentage of Grade</th>
<th>Your Points</th>
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<tbody>
<tr>
<td>Participation (Canvas)</td>
<td>CLOs 1, 2, 3, 6, 7</td>
<td>1/31, 2/13, 2/20, 4/17</td>
<td>20 / 20%</td>
<td></td>
</tr>
<tr>
<td>Quizzes</td>
<td>CLOs 1, 2, 3, 4, 5, 6, 7</td>
<td>3/6, 3/27, 5/1</td>
<td>3 x 10 = 30 / 30%</td>
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</tr>
<tr>
<td>Cultural Diversity Paper</td>
<td>CLO 4, 5, 6, 7</td>
<td>3/20</td>
<td>15 / 15%</td>
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<tr>
<td>Specialty Final</td>
<td>CLOs 2, 4, 6, 7</td>
<td>5/8 or 5/14</td>
<td>35 / 35%</td>
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<td>Total</td>
<td></td>
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<td>100 / 100%</td>
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Grading Policy
A = 95-100%  A- = 90-94%  B+ = 87-89%  B = 83-86%
B- = 80-82%  C+ = 77-79%  C = 73-76%  C- = 70-72%
D+ = 67-69%  D = 63-66%  D- = 60-62%  F = 0-59%

Note: A minimum aggregate 3.0 GPA is required to maintain satisfactory status as a graduate student within the department and university.

Note: “All students have the right, within a reasonable time, to know their academic scores, to review their grade-dependent work, and to be provided with explanations for the determination of their course grades.” See University Policy F13-1 at http://www.sjsu.edu senate/docs/F13-1.pdf for more details.

Note: No late assignments will be accepted. Exceptions can be made with instructor approval.

Classroom Protocol
Active participation and positive engagement are essential to the quality of the course. You are expected to attend every scheduled class on time and actively engage in class discussions and exercises relevant to the course content. You are also expected to listen attentively to your classmates’ ideas and provide constructive feedback when appropriate. Please avoid cell phone use or other electronic communication while in class.

University Policies
Per University Policy S16-9, university-wide policy information relevant to all courses, such as academic integrity, accommodations, etc. will be available on Office of Graduate and Undergraduate Programs’ Syllabus Information web page at http://www.sjsu.edu/gup/syllabusinfo/
<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Topics</th>
<th>Assignments/Deadlines</th>
<th>Readings</th>
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<tbody>
<tr>
<td>1</td>
<td>1/24</td>
<td>• Introductions &amp; Review Syllabus</td>
<td>No assignments due</td>
<td>Syllabus</td>
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<tr>
<td>2</td>
<td>1/31</td>
<td>• Clinical Psychology: Definition &amp; Training</td>
<td>Week 2 Discussion (1) on Canvas, due on Friday, 1/31</td>
<td>Chapter 1, Chapter 2</td>
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<td></td>
<td></td>
<td>• Evolution of Clinical Psychology</td>
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<td>3</td>
<td>2/7</td>
<td>• Current Controversies &amp; Directions in Clinical Psychology</td>
<td>No assignments due</td>
<td>Chapter 3</td>
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<tr>
<td>4</td>
<td>2/14</td>
<td>• Diversity &amp; Cultural Issues in Clinical Psychology</td>
<td>Week 4 Discussion (2) on Canvas, due on Thursday, 2/13</td>
<td>Chapter 4, See Canvas – Paper Tigers link</td>
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<td>• Paper Tigers Documentary</td>
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<td>5</td>
<td>2/21</td>
<td>• Ethical &amp; Professional Issues in Clinical Psychology</td>
<td>Week 5 Discussion (3) on Canvas, due on Thursday, 2/20</td>
<td>Chapter 5</td>
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<td>6</td>
<td>2/28</td>
<td>• Conducting Research in Clinical Psychology</td>
<td>No assignments due</td>
<td>Chapter 6</td>
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<tr>
<td>7</td>
<td>3/6</td>
<td>• Diagnosis &amp; Classification Issues: DSM 5 and more</td>
<td>Quiz 1</td>
<td>Chapter 7</td>
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<td>8</td>
<td>3/13</td>
<td>• The Clinical Interview</td>
<td>No assignments due</td>
<td>Chapter 8</td>
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<td>9</td>
<td>3/20</td>
<td>• Intellectual &amp; Neuropsychological Assessment</td>
<td>Midterm Paper</td>
<td>Chapter 9, Chapter 10</td>
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<td></td>
<td>• Personality Assessment &amp; Behavioral Assessment</td>
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<td>10</td>
<td>3/27</td>
<td>• General Issues in Psychotherapy</td>
<td>Quiz 2</td>
<td>Chapter 11</td>
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<td>11</td>
<td>4/3</td>
<td>• SPRING BREAK</td>
<td>No assignments due</td>
<td>No reading</td>
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<tr>
<td>12</td>
<td>4/10</td>
<td>• Psychodynamic Psychotherapy</td>
<td>No assignments due</td>
<td>Chapter 12, Chapter 13</td>
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<tr>
<td>Week</td>
<td>Date</td>
<td>Topics</td>
<td>Assignments/Deadlines</td>
<td>Readings</td>
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<td>13</td>
<td>4/17</td>
<td>• Behavior Therapy</td>
<td>Week 13 Discussion (4) on Canvas, due by Friday, 4/17</td>
<td>Chapter 14</td>
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<td>14</td>
<td>4/24</td>
<td>• Cognitive Psychotherapy &amp; Mindfulness-Based Therapies</td>
<td>No assignments due</td>
<td>Chapter 15</td>
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<td>15</td>
<td>5/1</td>
<td>• Group &amp; Family Therapy</td>
<td>Quiz 3</td>
<td>Chapter 16</td>
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<td>16</td>
<td>5/8</td>
<td>• Final Specialty Presentation</td>
<td>FINAL</td>
<td>Chapter 17, 18 &amp; 19</td>
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<tr>
<td>17</td>
<td>5/14</td>
<td>• Final Specialty Presentation</td>
<td>FINAL</td>
<td>Chapter 17, 18 &amp; 19</td>
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14 THUR, 1215 – 1430