"The Power of You: Making a Difference"
Student Affairs’ Annual Professional Development Day
March 14, 2014

Teamwork Makes Dream Work
By Mr. Bob Just and Ms. Kait Mahler, University Housing Services
Are you in charge of a team or part of a team/office? Ever wonder how to get other people motivated to do their best and fulfill their responsibilities? Come learn some effective strategies and innovative techniques for developing a culture of accountability through this interactive presentation and discussion!

Student Panel: Simple Actions that Make A Difference
By Student Panelists and Dr. Wei-Chien Lee, Counseling Services
Does a hug or eye contact really help? Is "You are so thin" really a compliment? Come and listen to our student voices in this engaging student panel discussion where the findings from a recent survey of 200 SJSU members about "what hurts" and "what helps" are presented. Student panelists will also share insights into how we can make a positive or negative difference.

Help Save a Life: QPR Training Workshop
By Ms. Tova Feldmanstern, Counseling Services
Have you ever encountered a student, friend, family member or stranger who was considering suicide? Do you know some of the warning-signs? Would you like to know how to actively respond? You can. This 75-minute seminar will provide information and tools for recognizing and responding to people who are or may be considering suicide. Participation is limited to 20.

Tweeters are Leaders! What does your virtual leadership say about you?
By Ms. Natina Gurley, University Housing Services
As this generation becomes more comfortable and reliant on social media, technology, and virtual community membership, we must “adapt” how we lead to consider these arenas. What does your leadership look like online? We will discuss that and ways to translate your leadership to the virtual world!

“GENERATE”: An Innovative Outreach Supporting First-Generation College Students
By Dr. Jennifer Morazes, Counseling Services
“GENERATE” combines relational, validation, anti-bias, and wellness frameworks to support first-generation college students. Since fall 2011, over half of incoming students belong to this group. But who are our first-generation students and what do they need from us in order to succeed at SJSU? Come hear them in their own voices in a student-directed video, “I Relate,” and learn about support needs for academic success of this growing population.