

**AGE-info**

# Meaning in Later Life

Theorists postulate that developing ego integrity—the acceptance of life as it is, has been, and will be—is a central later life task. Critical in this process is maintaining and generating meaning in life. Here are some links to help you think about this life task:

**Theory**

## Meaning in Later Life

[www.generationsjournal.org/gen%2023-4/gen-23-4-intro.html](http://www.generationsjournal.org/gen%2023-4/gen-23-4-intro.html)

## Psychological Development in Later Life

[www.angelacenter.com/workshops/later\\_life.html](http://www.angelacenter.com/workshops/later_life.html)

## Reconciliation at the End of Life

[info.med.yale.edu/intmed/hummed/yjhm/spirit/forgiveness/dnovak.htm](http://info.med.yale.edu/intmed/hummed/yjhm/spirit/forgiveness/dnovak.htm)

## Theory of Gerotranscendence

[www-bib.hive.no/tekster/hveskrift/notat/1998-3/index.html](http://www-bib.hive.no/tekster/hveskrift/notat/1998-3/index.html)

## Spiritual Beliefs and Existential Meaning in Later Life

[www.intelihealth.com/IH/ihtIH/WSIHW000/333/8014/345995.html](http://www.intelihealth.com/IH/ihtIH/WSIHW000/333/8014/345995.html)

**Practice**

## Approaches to Lifework Planning

[www.van.umn.edu/direction/1b4\\_corbinann.asp](http://www.van.umn.edu/direction/1b4_corbinann.asp)

## Listening to Native Americans: Making Peace with the Past for the Future

[www.op.org/DomCentral/library/native.htm](http://www.op.org/DomCentral/library/native.htm)

## The End of Life: Coping with Death and Dying in Asian Family

[www.cacf.org/wwwboard/messages/205.html](http://www.cacf.org/wwwboard/messages/205.html)

## A Gentle Means to an End: Hospice Care

[www.acs.ohio-state.edu/units/cancer/ss98front/gentle.htm](http://www.acs.ohio-state.edu/units/cancer/ss98front/gentle.htm)